1 The impact of Acute Lung Injury, ECMO and transfusion on oxidative stress and
2 plasma selenium levels in an ovine model.

3

4 **Short title:** Oxidative stress and selenium levels during ECMO

5

6 ***Authors***

7 Charles I McDonald BSc. (Hons), DCP, CCP ^{a,b}

8

9 charles.mcdonald@health.qld.gov.au

10 Yoke Lin Fung PhD ^{a,c} ylfung@usc.edu.au

11 Kiran Shekar MB BS ^{a,d} kiran.shekar@health.qld.gov.au

12 Sara D Diab BN ^a sara_diab5@hotmail.com

13 Kimble R Dunster BSc (Hons) ^{a,e} k.dunster@qut.edu.au

14 Margaret R Passmore BSc (Hons) ^a m.passmore@uq.edu.au

15 Samuel R Foley BSc ^a samuelrfoley@gmail.com

16 Gabriela Simonova MSc ^{a,f} g.simonova@uq.edu.au

17 David Platts MD ^{a,g} david.platts@health.qld.gov.au

18 John F Fraser MB ChB PhD ^{a,d} john.fraser@health.qld.gov.au

19

20 ^a Critical Care Research Group, The Prince Charles Hospital and The University of
21 Queensland. Chermside, Queensland, Australia.

22

23 ^b Department of Anaesthesia and Perfusion, The Prince Charles Hospital. Chermside,
24 Queensland, Australia.

25

1 ^c Inflammation and Healing Research Cluster, School of Health and Sport Sciences,
2 University of the Sunshine Coast, Queensland, Australia

3

4 ^d Adult Intensive Care Service. The Prince Charles Hospital. Chermside, Queensland,
5 Australia.

6

7 ^e Biomedical Engineering and Medical Physics. Science and Engineering Faculty.
8 Queensland University of Technology. Gardens Point, Brisbane, Queensland,
9 Australia.

10

11 ^f Research and Development Division. Australian Red Cross Blood Service. Brisbane,
12 Queensland, Australia.

13

14 ^g Department of Echocardiography. The Prince Charles Hospital, Chermside,
15 Queensland, Australia.

16

17 **Corresponding author.**

18 Charles Ian McDonald

19 Department of Anaesthesia and Perfusion

20 The Prince Charles Hospital

21 Chermside

22 Queensland 4032

23 Australia.

24 Ph: +61 7 3139 4705

25 Fax: +61 7 3139 4659

1 Email: charles.mcdonald@health.qld.gov.au

2

3 **Competing Interests**

4 The authors declare that they have no competing interests.

5

6 **Funding Information**

7 This research was supported by a National Health and Medical Research Council

8 (NHMRC) grant and a Prince Charles Hospital Foundation grant. JFF is supported by

9 a Queensland Health Research Scholarship.

10

Abstract:

The purpose of this study was to determine the effects of smoke induced acute lung injury (S-ALI), extracorporeal membrane oxygenation (ECMO) and transfusion on oxidative stress and plasma selenium levels. Forty ewes were divided into (i) healthy control (n=4), (ii) S-ALI control (n=7), (iii) ECMO control (n=7) (iv) S-ALI + ECMO (n=8) and (v) S-ALI + ECMO + packed red blood cell (PRBC) transfusion (n=14). Plasma thiobarbituric acid reactive substances (TBARS), selenium and glutathione peroxidase (GPx) activity were analysed at baseline, after smoke injury (or sham) and 0.25, 1, 2, 6, 7, 12 and 24 hours after initiation of ECMO. Peak TBARS levels were similar across all groups. Plasma selenium decreased by 54% in S-ALI sheep (1.36 ± 0.20 to 0.63 ± 0.27 $\mu\text{mol/L}$, $p < 0.0001$), and 72% in sheep with S-ALI + ECMO at 24hr (1.36 ± 0.20 to 0.38 ± 0.19 , $p < 0.0001$). PRBC transfusion had no effect on TBARS, selenium levels or glutathione peroxidase activity in plasma. While ECMO independently increased TBARS in healthy sheep to levels which were similar to the S-ALI control, the addition of ECMO after S-ALI caused a negligible increase in TBARS. This suggests that the initial lung injury was the predominant feature in the TBARS response. In contrast, the addition of ECMO in S-ALI sheep exacerbated reductions in plasma selenium beyond that of S-ALI or ECMO alone. Clinical studies are needed to confirm the extent and duration of selenium loss associated with ECMO.

Key words: Extracorporeal membrane oxygenation, acute lung injury, selenium, oxidative stress, antioxidants.

Abbreviations

1 ACT, Activated clotting time; ALT, Alanine transaminase; ARDS, Acute respiratory
2 distress syndrome; CoHb, Carboxyhemoglobin; ECMO, Extracorporeal membrane
3 oxygenation; GPx, Glutathione peroxidase; ICE, Intracardiac echocardiography; ICU,
4 Intensive care unit; MDA, Malondialdehyde; MOF, Multi-organ failure; MV,
5 Mechanical ventilation; PRBC, Packed red blood cell; ROS, Reactive oxygen species;
6 TBARS, Thiobarbituric acid reactive substances.

7

8

9

1 **Introduction**

2 Patients with acute respiratory distress syndrome (ARDS) are critically ill and exhibit
3 increased oxidative stress and reduced selenium levels compared to other hospital in-
4 patients [1, 2]. Regardless of the cause of lung injury, oxidative stress is thought to be
5 a major contributor to the pathogenesis and progression of ARDS [1, 3]. The mortality
6 among patients with acute lung injury (ALI) and ARDS may be as high as 41% and in
7 severe cases of ARDS, veno-venous extracorporeal membrane oxygenation (VV
8 ECMO) provides a rescue therapy for temporary respiratory support [4, 5].

9

10 VV ECMO involves the insertion of large cannulas into the central venous circulation,
11 redirecting the blood through an oxygenator (artificial lung), where carbon dioxide is
12 removed and oxygen is added. (Fig. 1) Oxygenated blood is then returned through a
13 cannula to the right side of the heart before passing through the lungs. ECMO circuits
14 have a large surface area to enable efficient gaseous exchange, however exposure of
15 the patient's blood to these foreign surfaces initiates an inflammatory response [6] as
16 well as absorbing trace elements and drugs [7, 8].

17

18 *[insert Figure 1]*

19

20 Oxidative stress occurs when excessive production of reactive species of oxygen
21 (ROS) overwhelms the antioxidant system [9]. Excessive ROS production during
22 sepsis, systemic inflammation and/or ischemia-reperfusion injury has been associated
23 with cellular, tissue and ultimately organ injury [9]. Additionally, extracorporeal
24 circuits (ECMO, dialysis, cardiac bypass) involve extensive blood contact with a
25 foreign surface and this coupled with hyperoxia and massive blood transfusions have

1 the potential to augment oxidative stress [10, 11]. Whether oxidative stress in this
2 setting contributes to the morbidity/mortality risk of patients on ECMO is unclear.
3
4 Selenium is a trace element incorporated into a variety of selenoproteins involved in
5 antioxidant, thyroid, immunity and inflammatory regulation [12]. While some studies
6 have demonstrated a negative correlation between selenium and oxidative stress [13,
7 14], reduced plasma selenium levels have also been independently associated with
8 worse outcomes in some critically ill patients [15]. Glutathione peroxidase (GPx) a
9 primary antioxidant enzyme, requires selenium for normal functioning [16]. The
10 reduction of serum selenium levels during critical illness and inflammatory
11 syndromes [17] may compromise GPx activity. Despite its importance to antioxidant
12 function (as well as thyroid and immune function), the impact of ECMO on selenium
13 levels has not been previously investigated. We hypothesised that the addition of an
14 ECMO circuit to a critically ill host would result in selenium reductions and
15 exacerbate oxidative stress levels. We sought to investigate the impact of acute lung
16 injury, (i.e. critical injury), ECMO and transfusion, individually and in combination
17 on oxidant status and plasma selenium levels using an ovine model of smoke induced
18 acute lung injury (S-ALI).

20 **Materials and Methods**

21 The animal ethics committees of The University Of Queensland (QUT/194/12) and
22 The Queensland University of Technology (1100000053) approved this study that
23 adhered to the National Health and Medical Research Council (NHMRC) Code of
24 Practice for the Care and Use of Animals for Scientific Purposes [18]. Forty
25 Australian Sann Border Leicester Cross ewes (1-3 yr old) were divided into the

1 following groups: (i) healthy control (n=4), (ii) ECMO control (healthy sheep +
2 ECMO, n=7), (iii) S-ALI control (n=7), (iv) S-ALI + ECMO (n=8) and (v) S-ALI +
3 ECMO + PRBC transfusion (n=14). Half the transfused group received fresh PRBC
4 (< 5 days old) and the other half received aged PRBC (>35 days old).

5

6 ***Animal Preparation:***

7 Sheep were allocated to five different groups. Each sheep was anaesthetised and
8 instrumented as previously detailed [19]. Briefly, standard monitoring was utilised,
9 including- arterial blood pressure; three-lead electrocardiograph (ECG); oxygen
10 saturation monitoring; continuous hemodynamic monitoring; regular blood gas
11 analysis (ABL825 blood gas analyser, Radiometer, Copenhagen, Denmark); and
12 continuous cardiac output and SvO₂ monitoring (Swan-Ganz CCOmbo, Edwards
13 Lifesciences, California, USA). Sheep were ventilated through a 10Fr tracheostomy
14 tube. Normothermia (39°C) was maintained with a warming blanket.

15

16 ***Experimental Protocol***

17 Acute lung injury was delivered as previously described [20]. Cooled cotton smoke
18 was administered through a custom designed hand ventilator. Animals received a total
19 of 14 breaths of cotton smoke (or sham for controls) to achieve a carboxyHb (COHb)
20 level of 35-45%. A two hour lung injury development period was allowed prior to
21 initiating ECMO.

22

23 ***ECMO Circuits***

24 The ECMO circuits comprised a Quadrox PLS oxygenator, Bioline tubing and
25 Rotaflow pump head (Maquet Cardiopulmonary AG, Hechingen Strabe Germany).

Circuits were primed with Plasmalyte P-148 (Baxter Healthcare Pty Ltd. Toongabbie, NSW, Australia), 4% human albumin (CSL Behring. Broadmeadows, Vic, Australia), 1000IU porcine heparin (Pfizer Australia Pty Ltd. West Ryde, NSW, Australia) and warmed to 38°C. Target ECMO flows were calculated at two thirds of the pre-ECMO cardiac output. Sodium chloride (0.9%) (Baxter Healthcare Pty Ltd. Toongabbie, NSW, Australia) were administered intravenously as needed to maintain these target flows. FiO₂ was set at 100% and ECMO gas flows set to a ratio 0.8:1 of blood flow. Anticoagulation was achieved with 3000IU of heparin given to the sheep prior to ECMO cannulation and the activated clotting time (ACT) was targeted between 200-300sec. Cannulas were a 19 Fr (return cannula) and a 21Fr (access cannula) Carmeda™ bonded femoral venous cannula (Medtronic Pty Ltd, Minneapolis, MN) positioned via the right external jugular. Final cannula position was confirmed using a technique of intra-cannula echo using an intra-cardiac echocardiography probe [21].

Bilateral 20Fr intercostal catheters were inserted two hours after commencement of ECMO to collect pleural effusion fluid. After 24 hours sheep were euthanized using sodium pentobarbitone (100mg/kg).

Ovine PRBC preparation

Sheep in the transfusion arm received two units of leukofiltered cross-match compatible ovine PRBC that was (i) less than 5 days (fresh) or (ii) 35-42 days (aged) using a previously described protocol [22]. Transfusion of the PRBC commenced after the 6 hr samples had been collected.

Blood Sample Collection

1 Arterial blood samples were collected at anaesthetic induction (baseline), after smoke
2 injury (PS), 15 minutes after ECMO start (0.25 hr) then at 1, 2, 6, 7, 12, and 24 hours.
3 Blood for selenium analysis was collected into trace free element tubes (Greiner Bio-
4 One, Monroe, North Carolina, United States), and the separated plasma was stored at
5 4°C until analysis. EDTA blood samples were immediately centrifuged 3000g x
6 10min @ 4°C and plasma stored at -80°C until analysis of thiobarbituric acid reactive
7 substances (TBARS) and GPx.

8

9 ***Measurement of Selenium, GPx and TBARS***

10 Plasma selenium levels were analysed by graphite furnace atomic absorption
11 spectrometry with Zeeman background correction (GF AAS) using a Varian AA280Z
12 analyzer (Agilent Technologies Inc, Santa Clara CA, United States) as previously
13 described.[23] Inter-assay imprecision was 5.5%. Plasma TBARS and GPx were
14 analysed using commercially available assay kits (Cayman Chemical Company, Ann
15 Arbor, MI).

16 Baseline data depicted in figure 3 (A, B and C) include baseline data from all groups
17 (i.e. n=40)

18

19 ***Statistical Analysis***

20 Summary data are displayed as mean $\pm$ standard deviation with associated 95% C.I.
21 (difference of the mean) unless otherwise stated. A two-way ANOVA with
22 unmatched pairs and a Tukey *post hoc* correction was used to compare means within
23 and between groups (Graphpad Prism 6.0a). Statistical significance was assumed
24 when $p < 0.05$. A linear regression was performed to determine the relationship
25 between selenium and GPx or selenium and TBARS (Graphpad Prism 6.0a).

1

2 **Results**

3 The sheep in this study weighed an average of 48.6 ± 6.0 kg. Table 1 summarizes
4 PaO₂, and COHb levels, heart rate, mean arterial pressure (MAP), inotrope use
5 (noradrenaline, dopamine and vasopressin) and fluid requirements across the various
6 study groups. COHb levels ranged from 25.3-53.6% after smoke injury while PaO₂
7 levels progressively declined in the S-ALI control sheep over the 24 hours period.
8 (Table 1). Heart rate was similar across all the groups, however the average MAP
9 over the study period was lower in the S-ALI control, S-ALI + ECMO and S-ALI +
10 ECMO + Tf sheep compared to healthy control and ECMO controls. Inotropes
11 (noradrenaline and dopamine) were required in the S-ALI control, S-ALI + ECMO
12 and S-ALI + ECMO + Tf sheep to maintain cardiac function and blood pressure, but
13 not in the healthy control or ECMO control sheep. Vasopressin was required in 5/8 of
14 the S-ALI + ECMO and 4/14 of the S-ALI + ECMO + Tf sheep as they were mildly
15 vasoplegic and non-responsive to noradrenaline. (Table 1). Saline was administered
16 intravenously as required to maintain ECMO flows at two thirds cardiac output. As a
17 result sheep in the S-ALI control, S-ALI + ECMO and S-ALI + ECMO + Tf groups
18 received significantly more fluids and thus had a positive fluid balance at 24hr.
19 Despite a higher positive fluid balance sheep in these groups, there was no significant
20 difference in Hb compared to the ECMO control sheep. (Figure 2).

21

22 Serial changes to relevant biochemical parameters are detailed in Figure 2. The pH
23 levels remained consistent throughout the study (Figure 2B). Albumin levels were
24 reduced significantly ($p < 0.05$) in the S-ALI control and S-ALI + ECMO groups after
25 6 hours (Figure 2C). Bilirubin levels rose significantly in the healthy control and

1 ECMO control sheep ($p < 0.05$) after 12 and 18 hours respectively but remained
2 unchanged in the S-ALI control and S-ALI + ECMO groups (Figure 2F). Samples in
3 S-ALI + ECMO +Tf group were unavailable for albumin, creatinine, ALT and
4 bilirubin analysis.

5

6 As no significant differences were detected between fresh and aged PRBC transfused
7 sheep for plasma TBARS, selenium and GPx, the data was combined into a single
8 transfusion group ($n=14$) and henceforth labelled S-ALI + ECMO + Tf.

9

10 *[insert table 1]*

11 *[insert figure 2]*

12

13

14 **Plasma Thiobarbituric Acid Reactive Substances (TBARS)**

15 Plasma TBARS levels remained unchanged in the healthy control sheep (Figure 3A).
16 Compared to healthy control sheep, plasma TBARS were significantly higher at
17 corresponding time points between 0.25h and 24h for all groups ($p < 0.001$). Plasma
18 TBARS were significantly elevated in S-ALI control sheep, peaking at 2h (1.32 ± 0.40
19 to $2.90 \pm 0.35 \mu\text{M}$, 95% CI -2.78 to -1.16; $p < 0.001$). Plasma TBARS rose rapidly with
20 the initiation of ECMO in ECMO control sheep, peaking at 6h (1.32 ± 0.40 to
21 $3.11 \pm 0.70 \mu\text{M}$, 95% CI -2.60 to -0.98; $p < 0.0001$). In S-ALI + ECMO sheep plasma
22 TBARS were 155% above baseline (1.32 ± 0.40 vs $3.37 \pm 0.35 \mu\text{M}$, 95% CI -2.82 to -
23 1.29; $p < 0.0001$) and 200% above baseline in S-ALI + ECMO + Tf sheep at 24h,
24 (1.32 ± 0.40 vs $3.97 \pm 0.44 \mu\text{M}$, 95% CI -3.27 to -2.04; $p < 0.0001$), but this was not
25 significantly higher than S-ALI control or ECMO control. No differences were

1 detected due to PRBC transfusion between 7h and 24h in the S-ALI + ECMO + Tf
2 group.

3

4 *[insert figure 3]*

5

6 **Plasma Selenium levels**

7 Baseline plasma selenium levels were similar amongst all sheep. In ECMO control
8 sheep, plasma selenium levels declined at 2h to 46% (1.36 ± 0.20 to 0.73 ± 0.21 $\mu\text{mol/L}$,
9 95% CI 0.29 to 0.97; $p < 0.0001$), they rose after 6h but were still below baseline at
10 24h (0.96 ± 0.17 $\mu\text{mol/L}$, 95% CI 0.06 to 0.74; $p < 0.01$). In S-ALI control sheep
11 plasma selenium began to decline at 6h and were significantly below baseline levels at
12 24h (54% reduction; 1.36 ± 0.20 to 0.63 ± 0.27 $\mu\text{mol/L}$ at 24h, 95% CI, 0.39 to 1.07; $p <$
13 0.0001) (Figure 3B). The double insult of S-ALI followed by ECMO produced the
14 greatest decline in plasma selenium of 72% at 24h (1.36 ± 0.20 to 0.38 ± 0.19 , 95% CI
15 0.66 to 1.3; $p < 0.0001$). Between group comparisons of plasma selenium results
16 detected a significant difference between S-ALI + ECMO vs ECMO control at 24h
17 (0.38 ± 0.19 vs 0.96 ± 0.17 $\mu\text{mol/L}$, 95% CI 0.15 to 1.01; $p < 0.001$). PRBC transfusions
18 did not cause any change.

19

20 Pleural effusion fluid collected from S-ALI+ ECMO sheep had selenium levels of
21 0.5 ± 0.1 $\mu\text{mol/L}$ (n=16). Linear regression revealed that decreased plasma selenium
22 was associated with increased plasma TBARS for S-ALI + ECMO sheep ($r^2 = 0.50$, p
23 < 0.0001). This association was reduced when data from all sheep on ECMO was
24 combined (healthy and S-ALI; $r^2 = 0.39$, $p < 0.001$).

25

Plasma Glutathione Peroxidase activity

No changes in plasma GPx activity occurred in healthy control sheep (Figure 3C).

Though not statistically significant, the following trends were observed: (i) Smoke injury (S-ALI control) induced a rapid but transient increase in plasma GPx, (1.93 ± 0.55 to 2.67 ± 0.32 nmol/min/ml), returning to baseline levels at 24h (1.94 ± 0.41 nmol/min/ml). (ii) ECMO-control experienced a similar increase in plasma GPx (1.93 ± 0.55 to 2.63 ± 0.47 nmol/min/ml) after ECMO initiation, trending back to baseline levels at 24h. (iii) S-ALI + ECMO produced peak plasma GPx responses similar to ECMO control (2.86 ± 0.6 nmol/min/ml), which then declined 1h after ECMO began, being below baseline at 24h (1.43 ± 0.24 vs 1.93 ± 0.55 nmol/min/ml). (iv) plasma GPx activity was elevated after smoke injury and during the initial stages of ECMO in ECMO + S-ALI + Tf group. No effect of PRBC transfusion was detected.

Discussion

This ovine model has generated two significant findings. First, we found that both S-ALI and ECMO independently increased oxidative stress, but when conducted sequentially (i.e. S-ALI followed by ECMO) the latter caused no additional impact on oxidative stress. Secondly, S-ALI caused significant reductions in plasma selenium and subsequent ECMO support exacerbated this loss.

ARDS is associated with a dramatic and uncontrolled increase in ROS production that contributes to morbidity and mortality [3, 24]. When conventional medicine fails in

1 these patients, ECMO is one of the few remaining life-saving options [4]. Previous
2 ECMO studies in pediatrics, [25] rabbits, [26] lambs [27] sheep [28] and pigs [29]
3 have shown significant elevations in lipid peroxides. However it is difficult to
4 translate these findings to critically ill adult patients as (i) pediatric patients have
5 significantly different bodyweight to ECMO surface area ratios and (ii) (with the
6 exception of the sheep study [28]) in all the other animal models ECMO was initiated
7 in a healthy host. Thus the impact of acute illness on overall oxidative stress could not
8 be determined.

9

10 We demonstrated that both S-ALI and ECMO independently increased lipid
11 peroxidation in plasma. Over the 24h study period, we found that while ECMO use in
12 sheep with S-ALI resulted in an increase in lipid peroxides, the levels were not
13 significantly greater than for S-ALI or ECMO alone. Our results contradict the
14 findings of an earlier similar study, [28] which measured lipid peroxides in a model of
15 S-ALI and veno-arterial ECMO, and demonstrated significant increases in lipid
16 peroxides after ECMO was initiated in a S-ALI animal. As that study was conducted
17 20 years ago their ECMO circuit was significantly different, which may account for
18 the disparity in results to our study. Their circuit included a silicon membrane
19 oxygenator with a large surface area (4.5 m^2), a servo controlled roller pump and
20 venous blood drainage reservoir in a venous arterial ECMO configuration. In
21 comparison, our study utilised a low volume closed circuit, polymethylpentene fibre
22 oxygenator, (surface area 1.8 m^2), with centrifugal pump and coated tubing in a VV
23 ECMO configuration. We speculate that the improvements in ECMO technology and
24 circuit biocompatibility have reduced the trauma associated with continual blood

1 exposure to the foreign circuit and consequently dampened any increase in lipid
2 peroxidation.
3
4 Independent of oxidative stress, reductions in serum or plasma selenium during sepsis
5 and ARDS are associated with multi-organ failure, inflammatory syndromes,
6 increased infections and increased mortality [3, 15, 24, 30, 31]. Some studies have
7 shown that selenium replacement in critically ill patients is beneficial in reducing
8 infections (such as ventilator acquired pneumonia) and mortality [32, 33]. This led us
9 to investigate the impact of ECMO on plasma selenium levels. We demonstrated that
10 S-ALI and ECMO independently led to significant reductions in plasma selenium (54
11 and 46% respectively). Notably the “two-hit” combination of S-ALI + ECMO
12 resulted in a greater loss (72%). We postulate that the observed plasma selenium
13 reductions may be attributed to an acute phase response, circuit absorption and
14 hemodilution (due to the ECMO priming solution and ongoing fluid replacement).
15 The acute phase response seen during inflammatory syndromes increases the
16 permeability of cellular membranes to proteins and micronutrients, that are
17 redistributed to tissues [34]. Hypoalbuminaemia, ascites, high volume requirement
18 and significant pleural effusions confirm this response in the sheep of this current
19 study. Measurement of the selenium concentration in the pleural effusion fluid also
20 confirms this fluid to be one avenue of significant selenium loss. This may have some
21 clinical relevance as pleural effusions are not uncommon in VV ECMO patients.
22
23 We have previously demonstrated that cardiopulmonary bypass circuits absorb trace
24 elements [7]. Given the similarities between cardiopulmonary bypass and ECMO
25 circuits this presents another mechanism for the loss of trace elements such as

1 selenium. In addition because patients on ECMO are critically ill, the associated
2 altered gut motility and absorption may compromise dietary intake of trace elements
3 [35]. Since ECMO support often lasts for over a week, the combination of acute phase
4 redistribution, decreased dietary intake and loss through circuits absorption could lead
5 to a true selenium deficiency .

6

7 While many studies cite plasma or serum selenium reductions in the critically ill as an
8 independent predictor of poor outcome, it is important to recognise that plasma
9 selenium levels provide limited information regarding functional selenium status.

10 Selenium in plasma exists in several forms, 40-70% is in the functional form
11 selenoprotein P, GPx-3 accounts for another 20-40% and 6-10% is bound to albumin
12 [36]. Unfortunately in this present study we did not have the capacity to measure
13 selenoprotein P. Plasma GPx (GPx-3) is an important extracellular antioxidant and
14 can be used at times as a surrogate marker of selenium status. GPx is produced
15 primarily in the kidneys and secondarily in the liver [37] and while the association
16 between selenium and GPx activity is well established, how rapidly GPx synthesis in
17 the kidneys and liver is altered by acute reductions in selenium is largely unknown.

18 We attempted to measure kidney (creatinine) and liver function (bilirubin and ALT).
19 Creatinine levels remained stable in all groups, however there were increased
20 bilirubin levels in the healthy control and ECMO control sheep but theses were stable
21 in the S-ALI control and S-ALI + ECMO sheep (Figure 2 E). In contrast ALT levels
22 were similar across the study groups (Figure 2 F). The inconsistency between
23 bilirubin and ALT levels suggests that the high positive fluid balance in the S-ALI
24 control and S-ALI + ECMO sheep has possibly diluted both bilirubin and ALT levels.
25 For GPx activity our data suggests a trend towards GPx reductions after 6 hours in S-

ALI + ECMO sheep, which we may be indicative of a delayed response to the reductions in plasma selenium.

ECMO patients often required multiple transfusions [38, 39], which may convey an increased risk of transfusion related complications. Previous studies in neonates and animals have demonstrated increases in lipid peroxidation after PRBC transfusions [40-43]. We and others have shown that PRBC contain low selenium levels [44] and reduced antioxidant capacity [45]. Despite these observations, in this model PRBC transfusions had no significant impact on oxidative stress, selenium or GPx. One reason for the lack of response may be because of the small volume of PRBC transfused and the period of observation too short. In addition, the magnitude of the S-ALI induced oxidative stress and selenium alterations could have masked any transfusion related effect. Thus the effect of massive PRBC transfusion during a prolonged ECMO course remains to be investigated.

Investigations into the *in vivo* impact of ECMO using modern adult ECMO cannulas and circuits can only be performed with a large animal model. Sheep models have the advantage of weight ranges, pulmonary and cardiac physiology, coagulation and inflammatory systems which are similar to humans [19]. However, large animal models are expensive and this restricted the sample size of each group in our study. The incremental design of this *in vivo* study enabled the differentiation of the effect of ECMO from that of other variables such as S-ALI and transfusion but had several limitations. The complexity of maintaining a critically ill animal restricted the duration of the experiment to 24 hours, thus preventing the study of longer-term effects on oxidative stress. While this study utilised a common measure of lipid

peroxidation (TBARS), it may have benefited from analysing F₂-isoprostanes or protein carbonyl measurements. The analysis of tissue samples from specific organs may have also revealed localized decreases in selenium as well as consequences of oxidative stress that were not apparent using systemic blood samples, however in an ECMO model where sheep are anticoagulated, serial tissue samples are not practical due to the risk of catastrophic bleeding.

During VV ECMO, blood flow is a key determinant of oxygenation as significant shunting can occur in injured lungs, and suboptimal ECMO flows may result in systemic hypoxia. Clinically, patients with a high cardiac output who are dependent on higher ECMO flows for oxygenation require a degree of fluid resuscitation. Alternatives to optimise oxygenation and minimize fluid resuscitation in these patients include pharmacological interventions to reduce cardiac output, deep sedation, paralysis or induced hypothermia. To avoid additional confounders in this study we chose to maintain ECMO flows to 2/3 of cardiac output across all sheep and to only use fluids and vasoactive agents to achieve this. Despite the high dose vasopressor and inotrope drugs in the S-ALI sheep (Table 1) the excessive capillary leak necessitated significant fluid resuscitation to maintain target ECMO blood flows. Notwithstanding this effort, we acknowledge that the resulting higher fluid balance in S-ALI + ECMO $\pm$ Tf sheep (Table 1) may have contributed to lower selenium levels and a blunted TBARS response.

Conclusions

We have demonstrated that 24 hours of ECMO induced increased plasma TBARS in a healthy host. However in a S-ALI animal, ECMO did not cause any additional

1 TBARS increase. Nevertheless the combination of S-ALI and ECMO lead to
2 profound reductions in plasma selenium. It is unclear if this represents a true
3 deficiency or is a result of fluid shifts associated with the acute phase response. In
4 addition to influencing antioxidant function, reductions in plasma selenium may also
5 compromise the function of thyroid and immune function. Clinical studies are now
6 needed to confirm if these effects on selenium, and oxidative stress are augmented or
7 diminished with longer periods of ECMO support, and to assess if normalisation of
8 selenium through supplementation is beneficial.

11 **Competing Interests**

12 The authors declare that they have no competing interests.

14 **Author Contributions**

15 CIM, YLF, KS and JFF participated in the study design, manuscript drafting and
16 critically editing the manuscript. CIM, SDD, KRD, MRP, SRF, GS and DP and JFF
17 and KS were involved with data acquisition and analysis as well as manuscript
18 drafting. CIM performed the statistical analysis. All authors read and approved the
19 final manuscript and agree to be accountable for all aspects of the work.

21 **Acknowledgments**

22 This research was supported by a National Health and Medical Research Council
23 (NHMRC) grant and a Prince Charles Hospital Foundation grant. JFF is supported by
24 a Queensland Health Research Scholarship. We would like to acknowledge the

valuable assistance of Barbara Mathews of the Chemical Pathology Laboratory, Royal Brisbane and Women's Hospital, Brisbane.

References

- [1]. Lang JD, McArdle PJ, O'Reilly PJ, Matalon S. Oxidant-antioxidant balance in acute lung injury. *Chest*. 2002;122:314S-20S.
- [2]. Metnitz PG, Bartens C, Fischer M, Fridrich P, Steltzer H, Druml W. Antioxidant status in patients with acute respiratory distress syndrome. *Intens Care Med*. 1999;25:180-5.
- [3]. Chow CW, Herrera Abreu MT, Suzuki T, Downey GP. Oxidative stress and acute lung injury. *Am J Respir Cell Mol Biol*. 2003;29:427-31.
- [4]. Brodie D, Bacchetta M. Extracorporeal membrane oxygenation for ARDS in adults. *N Engl J Med*. 2011;365:1905-14.
- [5]. Rubenfeld GD, Caldwell E, Peabody E, Weaver J, Martin DP, Neff M, et al. Incidence and outcomes of acute lung injury. *N Engl J Med*. 2005;353:1685-93.
- [6]. Mc IRB, Timpa JG, Kurundkar AR, Holt DW, Kelly DR, Hartman YE, et al. Plasma concentrations of inflammatory cytokines rise rapidly during ECMO-related SIRS due to the release of preformed stores in the intestine. *Lab Invest*. 2010;90:128-39.
- [7]. McDonald CI, Fung YL, Fraser JF. Antioxidant trace element reduction in an in vitro cardiopulmonary bypass circuit. *ASAIO J*. 2012;58:217-22.
- [8]. Shekar K, Roberts JA, McDonald CI, Fisquet S, Barnett AG, Mullany DV, et al. Sequestration of drugs in the circuit may lead to therapeutic failure during extracorporeal membrane oxygenation. *Crit Care*. 2012;16:R194.
- [9]. Giustarini D, Dalle-Donne I, Tsikas D, Rossi R. Oxidative stress and human diseases: Origin, link, measurement, mechanisms, and biomarkers. *Crit Rev Clin Lab Sci*. 2009;46:241-81.
- [10]. McDonald CI, Fraser JF, Coombes JS, Fung YL. Oxidative stress during extracorporeal circulation. *Eur J Cardiothorac Surg*. 2014;46:937-43.
- [11]. Hayes R, Shekar K, Fraser J. Is hyperoxaemia helping or hurting patients during extracorporeal membrane oxygenation? Review of a complex problem. *Perfusion*. 2013;28:184-93.
- [12]. Gill HaW, G. Selenium, immune function and resistance to viral infections. *Nutrition and Dietetics*. 2008;Suppl 3:S41-S7.
- [13]. Miyamoto Y, Koh YH, Park YS, Fujiwara N, Sakiyama H, Misonou Y, et al. Oxidative stress caused by inactivation of glutathione peroxidase and adaptive responses. *Biol Chem*. 2003;384:567-74.
- [14]. Toussaint O, Houbion A, Remacle J. Relationship between the critical level of oxidative stresses and the glutathione peroxidase activity. *Toxicology*. 1993;81:89-101.
- [15]. Sakr Y, Reinhart K, Bloos F, Marx G, Russwurm S, Bauer M, et al. Time course and relationship between plasma selenium concentrations, systemic inflammatory response, sepsis, and multiorgan failure. *Br J Anaesth*. 2007;98:775-84.

- [16]. Agarwal A, Khanna, P., Baidya, D.K. and Arora, M.K. Trace Elements in Critical Illness. *J Endocrinol Metab.* 2011;1:57-63.
- [17]. Strachan S, Wyncoll, D. Selenium in critically ill patients. *J Intensive Care Soc.* 2009;10:38-43.
- [18]. ; Australian code for the care and use of animals for scientific purposes 8th Edition 2013.
https://www.nhmrc.gov.au/files_nhmrc/publications/attachments/ea28_code_care_use_animals_131209.pdf: [updated July 2013; cited April 2014].
- [19]. Shekar K, Fung YL, Diab S, Mullany DV, McDonald CI, Dunster KR, et al. Development of simulated and ovine models of extracorporeal life support to improve understanding of circuit-host interactions. *Crit Care Resusc.* 2012;14:105-11.
- [20]. Riedel T, Fraser JF, Dunster K, Fitzgibbon J, Schibler A. Effect of smoke inhalation on viscoelastic properties and ventilation distribution in sheep. *J Appl Physiol.* 2006;101:763-70.
- [21]. Platts D HA, Diab S, McDonald C, Turnbridge M, Chemonges S, Dunster K, Shekar K, Burstow D and John Fraser. A novel echocardiographic imaging technique, intracatheter echocardiography, to guide veno-venous extracorporeal membrane oxygenation cannulae placement in a validated ovine model. *Intens Care Med Exp.* 2014;2.
- [22]. Simonova G, Tung JP, Fraser JF, Do HL, Staib A, Chew MS, et al. A comprehensive ovine model of blood transfusion. *Vox Sang.* 2014;106:153-60.
- [23]. G. R. Carnrick DCMaWS. Determination of selenium in biological materials with platform furnace atomic-absorption spectroscopy and Zeeman background correction. *Analyst.* 1983;108:1297-312.
- [24]. Gutteridge JM, Mitchell J. Redox imbalance in the critically ill. *Br Med Bull.* 1999;55:49-75.
- [25]. Hirthler M, Simoni J, Dickson M. Elevated levels of endotoxin, oxygen-derived free radicals, and cytokines during extracorporeal membrane oxygenation. *J Pediatr Surg.* 1992;27:1199-202.
- [26]. Trittenwein G, Rotta AT, Gunnarsson B, Steinhorn DM. Lipid peroxidation during initiation of extracorporeal membrane oxygenation after hypoxia in endotoxemic rabbits. *Perfusion.* 1999;14:49-57.
- [27]. Moller J, Gilman JT, Sussmane J, Raszyński A, Wolfsdorf J. Changes in plasma levels of oxygen radical scavenging enzymes during extracorporeal membrane oxygenation in a lamb model. *Biol Neonate.* 1993;64:134-9.
- [28]. Zwischenberger JB, Cox CS, Jr., Minifee PK, Traber DL, Traber LD, Flynn JT, et al. Pathophysiology of ovine smoke inhalation injury treated with extracorporeal membrane oxygenation. *Chest.* 1993;103:1582-6.
- [29]. Chen Q, Yu W, Shi J, Shen J, Hu Y, Gong J, et al. The effect of extracorporeal membrane oxygenation therapy on systemic oxidative stress injury in a porcine model. *Artif Organs.* 2014;38:426-31.
- [30]. Geoghegan M, McAuley D, Eaton S, Powell-Tuck J. Selenium in critical illness. *Curr Opin Crit care.* 2006;12:136-41.
- [31]. Stoppe C, Schalte G, Rossaint R, Coburn M, Graf B, Spillner J, et al. The intraoperative decrease of selenium is associated with the postoperative development of multiorgan dysfunction in cardiac surgical patients. *Crit Care Med.* 2011;39:1879-85.
- [32]. Huang TS, Shyu YC, Chen HY, Lin LM, Lo CY, Yuan SS, et al. Effect of parenteral selenium supplementation in critically ill patients: a systematic review and meta-analysis. *PloS one.* 2013;8:e54431.

- [33]. Manzanares W, Biestro A, Torre MH, Galusso F, Facchin G, Hardy G. High-dose selenium reduces ventilator-associated pneumonia and illness severity in critically ill patients with systemic inflammation. *Intens Care Med.* 2011;37:1120-7.
- [34]. de Oliveira Iglesias SB, Leite HP, Paes AT, de Oliveira SV, Sarni RO. Low plasma selenium concentrations in critically ill children: the interaction effect between inflammation and selenium deficiency. *Crit Care.* 2014;18:R101.
- [35]. Hill LH. Gut dysfunction in the critically ill – mechanisms and clinical implications. *S Afr J Crit Care.* 2013;29:11-5.
- [36]. Deagen JT, Butler JA, Zachara BA, Whanger PD. Determination of the distribution of selenium between glutathione peroxidase, selenoprotein P, and albumin in plasma. *Anal Biochem.* 1993;208:176-81.
- [37]. Zachara BA, Gromadzinska J, Wasowicz W, Zbrog Z. Red blood cell and plasma glutathione peroxidase activities and selenium concentration in patients with chronic kidney disease: a review. *Acta Biochim Pol.* 2006;53:663-77.
- [38]. Ang AL, Teo D, Lim CH, Leou KK, Tien SL, Koh MB. Blood transfusion requirements and independent predictors of increased transfusion requirements among adult patients on extracorporeal membrane oxygenation -- a single centre experience. *Vox Sang.* 2009;96:34-43.
- [39]. Smith A, Hardison D, Bridges B, Pietsch J. Red blood cell transfusion volume and mortality among patients receiving extracorporeal membrane oxygenation. *Perfusion.* 2013;28:54-60.
- [40]. Collard KJ, Godeck S, Holley JE. Blood transfusion and pulmonary lipid peroxidation in ventilated premature babies. *Pediatr Pulmonol.* 2005;39:257-61.
- [41]. McDonald CI, Fraser JF, Shekar K, Dunster KR, Thom O, Fung YL. Transfusion of packed red blood cells reduces selenium levels and increases lipid peroxidation in an in vivo ovine model. *Transfus Med.* 2014;24:50-4.
- [42]. Rosa S, Bristor, M., Topanotti, M., Tomasi, C., Felisberto, F., Vuolo, F., Pertoniho, F., Pizzol, F. and Ritter, C. Effect of red cell transfusion on parameters of inflammation and oxidative stress in critically ill patients. *Rev bras ter intensiva.* 2011;23:30-5.
- [43]. Wardle SP, Drury J, Garr R, Weindling AM. Effect of blood transfusion on lipid peroxidation in preterm infants. *Arch Dis Child Fetal Neonatal Ed.* 2002;86:F46-8.
- [44]. McDonald C, Colebourne, K., Faddy, HM., Flower, R. and Fraser, JF. Plasma Selenium status in a group of Australian blood donors and fresh blood components. *J Trace Elem Med Biol.* 2013;27:352-4.
- [45]. Neamtu MC, Parvu A, Parvanescu H, Neamtu LR, Vrabete M. Could stored blood transfusions (SBT) alter the mechanisms implied in wound healing, in burned patients? *Rom J Morphol Embryol.* 2011;52:599-604.

1 **Header: Table 1. Comparison of basic physiological variables.**

2 **Footer:** COHb- carboxyhemoglobin; Tf- transfusion; MAP- mean arterial pressure.

3 COHb values are after smoke breath cycles completed. Heart rate, MAP and Inotrope
4 values are mean±S.D. for the period between smoke injury/SHAM (2 hrs prior to
5 ECMO) and 24 hrs ECMO. Asterisk denotes comparison between S-ALI control and
6 S-ALI+ECMO / S-ALI+ECMO+transfusion ($p < 0.05$).

7

8 **Figure 1. Schematic diagram of sheep on VV ECMO.** ECMO cannulas are inserted
9 via right internal jugular vein (RIJV). Reproduced with permission [19]

10

11 **Figure 2. Effect of ECMO and/or S-ALI on parameters of Hemoglobin (A), pH**
12 **(B), Albumin (C), Creatinine (D), Alanine Transaminase (E) and Bilirubin (F).** B,
13 baseline; PS, post-smoke injury, numbers represent hours of ECMO support. a and b
14 (Fig C.) indicate significant difference ($p < 0.05$) with respect to healthy control and
15 ECMO control. Asterisks indicate significant difference ($p < 0.05$) with respect to
16 baseline.

17

18

19 **Figure 3. Effects of smoke injury (S-ALI) ± ECMO ± transfusion (Tf) on (A)**
20 **plasma thiobarbituric acid reactive substance (TBARS), (B) selenium and (C)**
21 **glutathione peroxidase (GPx) levels.** The mean baseline data is represented by a full
22 horizontal line. Dashed horizontal line is ± 1SD. PS-2h post smoke/sham injury.
23 Numbers represent hours after initiation of ECMO support. Data are mean±SD.
24 Asterisks indicate significant within group difference compared to baseline levels.

25

26

1 Table.1

	Healthy Control (n=4)	ECMO control (n=7)	S-ALI Control (n=7)	S-ALI + ECMO (n=8)	S-ALI + ECMO + Tf (n=14)
PaO₂ (mmHg)					
Pre-ECMO	533±39	395±162	562±27	409±120	403±172
24 hr	526±23	148±40	169±148	161±48	139±24
COHb (%)	4.0±0.4	4.2±0.6	43.3±8.8	44.2±5.6	39.35±6.40
[range]	[3.6 – 4.3]	[3.5 – 4.7]	[30.5 – 53.6]	[35.0 – 51.4]	[25.3 – 48.4]
Heart Rate	108±16	102±17	114±17	103±17	100±15
MAP (mmHg)	120±15	108±18	85±22	81±22	89±22
Inotropes					
Noradrenaline (µg/min)	0	0	11.9±9.3 (n=5/7)	11.6±4.4 (n=8/8)	9.17±3.9 (n=13/14)
Dopamine (µg/min)	0	0	220±92 (n=4/7)	163±103 (n=7/8)	136±49 (n=9/14)
Vasopressin (unit/hr)	0	0	0	3.3±1.1 (n=5/8)	3.4±1.3 (n=4/14)
Fluid Balance @ 24hr (ml)	378±251	1289±820	4346±1270	9226±2244*	9698±2514*

2

3