Infectivity of *Plasmodium falciparum* in Malaria-Naive Individuals Is Related to Knob Expression and Cytoadherence of the Parasite

Danielle I. Stanisic, a John Gerrard, b James Fink, b Paul M. Griffin, c, d,a,f Xue Q. Liu, a Lana Sundac, b Silvana Sekuloski, f Ingrid B. Rodriguez, a Jolien Pingnet, a Yuedong Yang, a Yaoqi Zhou, a Katharine R. Trenholme, a Claire Y. T. Wang, g Hazel Hackett, g Jo-Anne A. Chan, b Christine Langer, e Eric Hanssen, a Stephen L. Hoffman, a James G. Beeson, b James S. McCarthy, a, f Michael F. Good a

Institute for Glycomics, Griffith University, Southport, Queensland, Australia a; Gold Coast University Hospital, Southport, Queensland, Australia a; Q-Pharm Pty. Ltd., Herston, Queensland, Australia a; Department of Infectious Diseases, Mater Health Services and Mater Research, South Brisbane, Queensland, Australia a; School of Medicine, The University of Queensland, Herston, Queensland, Australia a; Clinical Tropical Medicine Laboratory, QIMR Berghofer Medical Research Institute, University of Queensland, Herston, Queensland, Australia; Queensland Paediatric Infectious Diseases Laboratory, Centre for Children’s Health Research, South Brisbane, Australia a; Macfarlane Burnett Institute for Medical Research and Public Health, Melbourne, Victoria, Australia a; Advanced Microscopy Facility, Bio21 Molecular Science and Biotechnology Institute, University of Melbourne, Melbourne, Victoria, Australia a; Sanaria Inc., Gaithersburg, Maryland, USA f

*Plasmodium falciparum* is the most virulent human malaria parasite because of its ability to cytoadhere in the microvasculature. Nonhuman primate studies demonstrated relationships among knob expression, cytoadherence, and infectivity. This has not been examined in humans. Cultured clinical-grade *P. falciparum* parasites (NF54, 7G8, and 3D7B) and ex vivo-derived cell banks were characterized. Knob and knob-associated histidine-rich protein expression, CD36 adhesion, and antibody recognition of parasitized erythrocytes (PEs) were evaluated. Parasites from the cell banks were administered to malaria-naive human volunteers to explore infectivity. For the NF54 and 3D7B cell banks, blood was collected from the study participants for *in vitro* characterization. All parasites were infective *in vivo*. However, infectivity of NF54 was dramatically reduced. *In vitro* characterization revealed that unlike other cell bank parasites, NF54 PEs lacked knobs and did not cytoadhere. Recognition of NF54 PEs by immune sera was observed, suggesting *P. falciparum* erythrocyte membrane protein 1 expression. Subsequent recovery of knob expression and CD36-mediated adhesion were observed in PEs derived from participants infected with NF54. Knobless cell bank parasites have a dramatic reduction in infectivity and the ability to adhere to CD36. Subsequent infection of malaria-naive volunteers restored knob expression and CD36-mediated cytoadherence, thereby showing that the human environment can modulate virulence.

*Plasmodium falciparum* is the most virulent of the six *Plasmodium* sp. parasites that infect humans. Its ability to cytoadhere and sequester itself in the microvasculature can result in obstruction of blood flow and organ dysfunction, and these are key processes in the development of severe falciparum malaria (1).

Parasite cytoadherence and sequestration are facilitated by parasite-encoded knoblike structures that first appear on early trophozoite-stage parasites and are formed beneath the plasma membrane of parasitized erythrocytes (PEs) (2). Cytoadherence to receptors in the deep vasculature prevents removal and destruction of the parasite by the mononuclear phagocytic system, especially the spleen. Higher knob densities have been reported on PEs collected directly from patients than on cultured PEs infected *ex vivo*. Knob expression and cytoadherence of the parasite by the mononuclear phagocytic system, especially the spleen. Higher knob densities have been reported on PEs collected directly from patients than on cultured PEs infected *ex vivo* (3). Following *in vitro* cultivation of *P. falciparum*, knob formation on PEs varies in an isolate-dependent manner (3–5), ranging from a mild reduction in density to complete ablation. The major structural protein in knobs is the knob-associated histidine-rich protein (KAHRP) (2, 6, 7). Deletion of the gene encoding KAHRP results in the loss of knobs (8, 9).

*P. falciparum* isolates can lose the ability to adhere to tissue receptors *in vitro* (10). Loss of adherence is isolate dependent and can occur independently of whether the knob phenotype is retained (10). Cytoadherence involves an interaction between parasite ligands and tissue receptors, including CD36, on the vascular endothelium (11, 12). The principal parasite adhesin is *P. falciparum* erythrocyte membrane protein 1 (PfEMP1) (13), an antigenically variant product of the var gene family that is expressed on the surface of late-stage PEs and is concentrated on knobs (14–16).
able to the parasite’s ability to sequester itself and replicate without clearance (23). In contrast, in splenectomized monkeys, this knobless clone showed virulence and did not sequester. A knob-negative phenotype was stable in vivo and was not affected by the presence of the spleen (23). Infection of splenectomized monkeys with knobby P. falciparum parasites can result in either loss of knobs (22) or loss of cytoadherence in the presence of knobs (25). Cytoadherence could be restored when parasites from splenectomized animals were subsequently transferred into animals with intact spleens (25). The effect of the spleen on cytoadherence may reflect a fitness cost to the parasite. This is supported by the observation that sequential passage of P. knowlesi in splenectomized monkeys resulted in loss of agglutinability of PEs (26) and a reduction in variant surface antigen expression (24). Together, these simian studies demonstrate that knob expression and the ability to cytoadhere can be variable and affect parasite infectivity.

In humans, knobby and knobless cytoadherent P. falciparum parasites have been derived from splenectomized patients (27, 28). However, the relationship between knob expression, an adherent phenotype, and infectivity of P. falciparum has not been investigated. Controlled human malaria infection (CHMI) of malaria-naive human volunteers provides an opportunity to investigate this. CHMI can be undertaken by three means: allowing laboratory-reared Plasmodium-infected mosquitoes to feed on study participants (29–32), injecting cryopreserved sporozoites (33–36), or injecting PEs (37–40). We have recently undertaken the current good manufacturing practice production of clinical-grade cultured P. falciparum blood-stage cell banks (41). While evaluating the safety and infectivity of these cell banks in malaria-naive volunteers, we demonstrated that knobless parasites have the ability to grow normally in vivo, they have a dramatic reduction in infectivity in vitro, mirroring a similar reduction in the ability to cytoadhere to CD36 in vitro. Of note, in vivo infection in malaria-naive volunteers restored the expression of knobs and cytoadherence, thus demonstrating a major role for the human environment in the modulation and reprogramming of parasite virulence.

MATERIALS AND METHODS

Clinical studies. Studies 1 and 2 were conducted at the Gold Coast Hospital, Southport, QLD, Australia; study 3 was conducted at Griffith University, Southport, QLD, Australia; and studies 4 and 5 were conducted at Q-P Pharm, Brisbane, QLD, Australia. Study participants were healthy male Caucasians 18 to 45 years old. Key eligibility criteria are listed for each study at the Australian New Zealand Clinical Trials Registry (www.anzctr.org.au; study reference numbers are provided below). Two volunteers were enrolled in each study with a delay of >2 days between the inoculations of participants 1 and 2 in each group.

If clinical or parasitological evidence of malaria (identification of ≥2 malaria parasites on a malaria thick film, a platelet count of <100 × 10⁹/liter, or the onset of clinical features of malaria) was found or the parasitemia threshold defined in the study protocol was reached, antimalarial therapy was initiated. Study 1, antimalarial treatment was initiated as stipulated by the study protocol, despite the lack of parasite growth. Treatment of malaria entailed the administration of artmether-lumefantrine (A/L) according to its approved dosing schedule.

Adverse events (abnormal laboratory values, clinical signs or symptoms) were monitored either via telephone or at the clinical sites and graded in severity by experienced clinicians.

Ethics statement. Studies 1 to 3 were approved by the Gold Coast Hospital and Health Services District Human Research Ethics Committee (HREC) and/or the Griffith University HREC. Studies 4 and 5 were approved by the Queensland Institute of Medical Research (QIMR) HREC. The studies were registered at the Australian New Zealand Clinical Trials Registry (study 1, ACTRN126120101153808; study 2, ACTRN12613000613771; study 3: ACTRN12613001187730; study 4, ACTRN126130050669796 and study 5, ACTRN12612000824864). Written informed consent was obtained from all of the participants prior to the commencement of this study.

P. falciparum malaria blood-stage cell banks. For studies 1 to 3, cultured P. falciparum NF54 (studies 1 and 2) and 7G8 (study 3) malaria blood-stage cell banks were manufactured at the Institute for Glycomics, Griffith University, as previously described (41). The P. falciparum 3D7B cultured malaria blood-stage cell bank (study 4) was manufactured at the QIMR Berghofer Medical Research Institute as previously described (41); it was derived from a vial of an ex vivo P. falciparum 3D7 cell bank that has been used in previous clinical studies (37–40, 42).

The ex vivo P. falciparum HMP02 cell bank (study 5) was derived from an Australian resident who contracted malaria in Ghana. Parasitized red blood cells were cryopreserved at the QIMR Berghofer Medical Research Institute as previously described (43).

Using methodology that has been previously described (43), P. falciparum NF54 blood-stage cell banks (NF54-S01 and NF54-S02) were prepared from the peripheral blood of both study participants infected with P. falciparum NF54 (study 2) just prior to the commencement of A/L treatment.

PCR. Sample preparation, DNA extraction, and parasitemia measurement by quantitative PCR (qPCR) were done as previously described (44), with the following modifications. A standard curve was prepared from a lyophilized WHO P. falciparum international standard (National Institute for Biological Standards and Control code 94/176) (45) that was reconstituted in 500 µl of nuclease-free water and diluted in a 1:1 solution with 1× phosphate-buffered saline (PBS; Gibco). DNA was isolated from 500 µl of this solution at a concentration of 5 × 10⁹ IU/ml. Blood samples from study participants and standards were tested in triplicate. Established modified calculations (46) were used to equate international units per milliliter to parasites per milliliter, with 1 IU/ml equivalent to 0.5 parasite/ml. The number of parasites per milliliter was calculated with the CFX96 Touch Real Time detection system software (Bio-Rad, Australia).

Measurement of antibodies to the surface of P. falciparum PEs by flow cytometry. Testing for IgG binding to the surface of PEs by flow cytometry was performed as described previously (47), with some minor modifications (see the supplemental material).

Preparation and administration of the parasite inoculum. Inocula were prepared as previously described, by taking an aliquot of the relevant cell bank and thawing, washing, and diluting it to the appropriate dose and volume with 0.9% saline for injection (42). The number of parasites present in the inoculum was verified retrospectively by qPCR assay of surplus material. The inoculums were dispensed into as many 2-ml syringes as required for administration to the study participants who were inoculated by intravenous injection.

P. falciparum adhesion assays. Adhesion assays were performed as previously described (48, 49), with P. falciparum trophozoite-stage PEs. Incubation was at 37°C for 30 min, and washing steps were performed with RPMI. Bound cells were fixed in 2% glutaraldehyde in PBS, stained with Giemsa, and counted by microscopy. Adhesion to CD36 at 20 µg/ml (rhCD36/Fc Chimera; R&D Systems) was tested in triplicate.

Scanning electron microscopy. Scanning electron microscopy was performed with P. falciparum trophozoite-stage PEs as outlined in the supplemental material.

kahrp expression assay. The level of kahrp expression in the cell bank parasites and participant blood was quantified by reverse transcription-qPCR as outlined in the supplemental material.

Statistical analysis. The R package was used to calculate the Pearson correlation coefficients for the relative kahrp gene copy number and the average binding data to CD36.
RESULTS

To test the infectivity of the NF54 strain of *P. falciparum*, two volunteers were inoculated with 1,800 PEs. This number had been previously used for CHMI studies with volunteers infected with an *ex vivo* bank of the 3D7 clone of NF54 (38). Parasites were not detected by qPCR in the blood of volunteers for up to 10 days (Fig. 1A), at which time participants commenced antimalaria treatment with A/L, in accordance with the study protocol. Six months later, the same volunteers were reinoculated with 30,000 NF54 PEs. We observed parasites in both individuals on day 6 (Fig. 1B). Parasite growth kinetics were similar to those previously reported for *ex vivo*-initiated infections with 1,800 PEs (38). A/L treatment was initiated on days 10 and 11. We then tested the infectivity of three other parasite lines with a dose of 1,800 PEs: a cultured 7G8 line (41), a 3D7 line referred to as 3D7B (41) that had only recently been cultured from the *ex vivo* 3D7 bank (43), and a novel *ex vivo* parasite, HMP02. The growth curves are shown in Fig. 1C to E. The parasite growth kinetics were similar to those of 30,000 NF54 PEs (Fig. 1B). No serious adverse events were observed in any volunteers. Minor adverse events and laboratory abnormalities are listed in Tables S1 and S2 in the supplemental material.

During the infectivity studies, new parasite isolates were derived directly *ex vivo* from the peripheral blood of the volunteers who received 30,000 NF54 PEs (NF54-S01 and NF54-S02) and from one of the volunteers who received 1,800 3D7B PEs (3D7-S102). These were used for further studies (described below) that were performed after six or seven cycles of *in vitro* culture.

To understand why the infectivity of NF54 was lower, we used

---

**FIG 1** Course of parasitemia in study participants inoculated with *P. falciparum* cell banks. Shown are the parasite levels in study participants following inoculation with the different *P. falciparum* cell bank parasites. (A) Study 1, *P. falciparum* NF54 (cultured cell bank). (B) Study 2, *P. falciparum* NF54 (cultured cell bank). (C) Study 3, *P. falciparum* 7G8 (cultured cell bank). (D) Study 4, *P. falciparum* 3D7B (cultured cell bank). (E) Study 5, *P. falciparum* HMP02 (*ex vivo* cell bank). Arrows indicate the times of administration of drug treatment. Note the different y-axis scale for *P. falciparum* 3D7B. In each study, n = 2.
scanning electron microscopy to examine the surface composition of the PEs for the expression of knobs. A 3D7 parasite line that was regularly selected by gelatin flotation to maintain knob expression was used as a positive control and displayed numerous prominent knobs on the erythrocyte surface (50) (Fig. 2A). In comparison, the NF54 PEs exhibited a smooth surface, similar to what has been observed in kahrp knockout lines (18) (Fig. 2B). Knobs were present on the surface of the cultured 3D7B PEs (Fig. 2E), on the P. falciparum 7G8 PEs (Fig. 2G), on the ex vivo HMP02 PEs (Fig. 2H), and on PEs from the three ex vivo parasite lines (NF54-S01, NF54-S02, and 3D7-S102) derived from the study participants (Fig. 2C, D, and F). Thus, infection with NF54 PEs resulted in the selection of knob-expressing parasites in the two volunteers.

Knobs and PfEMP1 play an important role in parasite adhesion and virulence, with CD36 being an important receptor for PfEMP1. Thus, we performed static binding assays to examine the adhesion of PEs from the different parasite lines to CD36. Adhesion was evaluated relative to that of the same 3D7 control parasite used to characterize knob expression. No adhesion of P. falciparum NF54 PEs to CD36 was observed (Fig. 3), whereas adhesion comparable to that of the 3D7 control was observed in all of the other parasites. This included ex vivo parasite lines NF54-S01 and NF54-S02, indicating that in vivo infection with NF54 also altered the adhesive phenotype of the parasite.

KAHRP is essential for knob formation, and deletion of the kahrp gene from one end of chromosome 2 has been observed in long-term-cultured isolates (8). Thus, we examined the levels of kahrp gene transcription in the parasite lines by qPCR, aiming to determine if the lack of knobs and CD36 receptor binding by NF54 PEs was due to deletion of the kahrp gene or downregulation of gene expression. Expression of kahrp was observed in all of the parasite lines, including P. falciparum NF54, which did not express knobs (Fig. 4). There was no relationship between the relative copy numbers of the kahrp gene present in the parasites and adhesion to CD36 (r = −0.18; P = 0.7).

Using serum samples from adults residing in a region of Papua New Guinea where malaria is endemic, we examined antibody recognition of the surface of PEs from the different parasite lines by flow cytometry. Antibodies to the surface of PEs predominantly recognize PfEMP1 (50). The 3D7 parasite was again used as a control. PEs from all of the parasite lines were recognized by the Papua New Guinea serum samples (Fig. 5; see Fig. S1 in the supplemental material), suggesting that the NF54 PEs continued to express PfEMP1 and other variant surface antigens. It was of interest that PEs from the ex vivo-derived lines (NF54-S01, NF54-S02, and 3D7-S102) were not as well recognized by antibodies in the serum as PEs from the parental parasites with which the volunteers were infected (NF54, 3D7B), perhaps reflecting a switch to the expression of a new PfEMP1-encoding gene during infection.

**DISCUSSION**

Here, using novel P. falciparum cultured and ex vivo-derived blood-stage cell banks (41), we have demonstrated, for the first time in malaria-naive individuals, a relationship between knob expression, cytoadhesion, and the in vivo infectivity of P. falciparum. This is also the first time that blood-stage parasites from clinical-grade P. falciparum cultured cell banks (41) have been administered to human volunteers to evaluate their safety and infectivity.

Following the administration of 1,800 NF54 PEs to two malaria-naive study participants, parasite growth was not detected in their blood up to day 10 postinoculation. We cannot exclude the possibility that if we had continued to monitor these individuals, parasites would have been detected. However, the study protocol required initiation of antimalarial treatment at that time. Limit-
ing-dilution analysis of this cell bank has demonstrated that the viability of these parasites is approximately 50% (41), thereby excluding the possibility that lack of parasite growth was due to unhealthy/dead parasites. We subsequently administered 30,000 NF54 PEs to the same volunteers and observed parasite growth. Infectivity was observed for all other cultured and ex vivo-derived cell banks.

In vitro characterization of the NF54 PEs demonstrated that they lacked knobs and were unable to adhere to CD36 but were still recognized by antibodies present in the serum of malaria-exposed individuals, suggesting that PfEMP1 and/or other vari-
and malaria vaccine candidates, provided the phenotype and infectivity of the parasites are known. We observed that NF54 infectivity is related to cytoadherence and knob expression. However, loss of these characteristics is isolate dependent.

In conclusion, by using a novel approach to CHMI, we have demonstrated that the human environment can directly modulate the virulence of P. falciparum by altering the surface phenotype of PEs. While we have studied a single virulence phenotype, it seems likely that other virulence phenotypes may also be under selective pressure from the human host. CHMI with cultured malaria parasites provides an exciting opportunity to study malaria pathogenesis in humans.

ACKNOWLEDGMENTS

We gratefully acknowledge the study participants. We thank Tanya Forbes for regulatory support and Michael Batzloff and Chris Davis for advice and support throughout this study (Griffith University). We thank Kate Thorpe and Gem Mackenroth of Q-Pharm, Tammy Schmidt and Rachael Dunning of Gold Coast Hospital, and Judy Coote of Griffith University for assistance with project management. We thank Dennis Shanks and Qin Cheng (Australian Army Malaria Institute) for kindly providing the P. falciparum 7G8 parasites from which the P. falciparum 7G8 cell bank was derived. We also thank Dennis Shanks for serving on the safety review team.

FUNDING INFORMATION

This work, including the efforts of Michael F. Good, was funded by The Merchant Foundation. This work, including the efforts of Michael F. Good, was funded by Department of Health | National Health and Medical Research Council (NHMRC) (597476). This work, including the efforts of Michael F. Good and James S. McCarthy, was funded by Department of Health | National Health and Medical Research Council (NHMRC) (1037304). This work, including the efforts of James G. Beeson, was funded by Department of Health | National Health and Medical Research Council (NHMRC) (637406). This work, including the efforts of James G. Beeson, was funded by Department of Health | National Health and Medical Research Council (NHMRC) (1077636). This work, including the efforts of James S. McCarthy, was funded by Department of Health | National Health and Medical Research Council (NHMRC) (496636). This work, including the efforts of Michael F. Good, was funded by Atlantic Philanthropies. This work, including the efforts of Michael F. Good, was funded by The Merchant Foundation. This work, including the efforts of Michael F. Good, was funded by The Atlantic Philanthropies.

The funders had no role in study design, data collection and interpretation, or the decision to submit the work for publication.

REFERENCES

6. Kilejian A. 1979. Characterization of a protein correlated with the production of knob-like protrusions on membranes of erythrocytes infected...


