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1 **The role of distance in peri-urban national park use: Who visits them and how far do**  
2 **they travel?**

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12

13 **Abstract**

14 There is a sizable literature about the factors shaping park visitation and use – especially for  
15 urban parks, including (i) geographic (e.g. proximity), (ii) socio-cultural (e.g. population  
16 characteristics) and to a lesser extent, (iii) individual psychometric factors (e.g. attitudes and  
17 values). Yet comparatively little is known about how factors related to distance may affect  
18 peri-urban national park use, particularly outside the United States. This paper reports on  
19 research investigating distance-related factors affecting use of a peri-urban national park in  
20 Brisbane, Australia. This study found that older visitors live closer to the park while younger  
21 visitors travel further to use it. Surprisingly, travel distance did not vary with the type of  
22 recreational activities that users were conducting in the park. These results have implications  
23 for park planning and management including user demand for different recreational activities  
24 in peri-urban national parks. Results are useful for scholars using distance decay models to  
25 explain travel behavior, evidencing the empirical veracity of the model in different places and  
26 across different service types. The findings are especially important for geographers because  
27 they demonstrate that assumptions about uniform park catchments may be unsupported and  
28 need to be empirically validated.

29 **Keywords:**

30 Urban-rural fringe, park use, visitor, distance decay, travel patterns, gravity model

31

## 32 **1. Introduction**

33 More than two decades ago, Eldridge and Jones (1991) asserted that: ‘few concepts are more  
34 central to the discipline of geography than distance decay’. The basis of this assertion was  
35 that distance affects many spatial patterns, processes and relationships, and even underpins  
36 Tobler’s (1970) observations about the relatedness of things in space – often referred to as the  
37 ‘first law of geography’. Geographers have given attention to the explicit role of distance  
38 decay across a variety of human-environment interactions, such as travel-demand behaviour  
39 for facilities including food distribution centres (LeDoux & Vojnovic, 2014), casinos  
40 (Markham, Doran, & Young, 2014), and health care (McGrail & Humphreys, 2009).  
41 Distance decay effects have also been observed in demand for recreation and tourism  
42 facilities (e.g. Burton & Veal, 1971; Elson, 1979; Hooper, 2014; Lee & Schuett, 2014; Veal,  
43 1987). And such effects have long been examined across diverse fields including business,  
44 marketing, leisure, and transport research (e.g. Brown, 1992; Cardozo, García-Palomares, &  
45 Gutiérrez, 2012; Huff, 1964; Reilly, 1931; Spinney & Millward, 2013; Vickerman, 1974).  
46 Although the relationship between urban park use and the distance that people travel to visit  
47 urban parks has generated substantial scholarly attention (Giles-Corti et al., 2005; Kaczynski,  
48 Potwarka, & Saelens, 2008a; McCormack et al., 2006b; Talen, 1997, 1998; Talen & Anselin,  
49 1998), distance decay studies of facilities such as wildland recreation sites and protected  
50 areas are less common in geography specifically and other disciplines generally (Bateman &  
51 Langford, 1997; Hanink & White, 1999; Zhang et al., 1999). Therefore, studies of distance-  
52 decay for peri-urban parks warrant closer investigation.

53 Common sense suggests that people who live nearer to a park will visit it more often than  
54 those who live further away (Stanis, Schneider, & Anderson, 2009). This idea is known as the

55 'proximity' hypothesis (Van Dijk & Van der Wulp, 2010), and has received some attention in  
56 the leisure studies and geography literature, but not as much as might be expected (Byrne &  
57 Wolch, 2009). Similarly, the observation that overall park use declines with increasing  
58 distance from a park has also attracted attention (Dee & Liebman, 1970). This is typically  
59 held to be a function of a 'distance decay' (Gregory et al., 2009; Wu & Cai, 2006).

60 Some scholars suggest that distance is also an important component of a broader construct  
61 known as park 'accessibility', because distance from a park appears to be strongly correlated  
62 with other aspects of park use, such as the frequency of visitation, or the types of activities  
63 people undertake when they visit a park (Giles-Corti et al., 2005). Distance also plays a  
64 selective role, interacting with the socio-demographic characteristics of potential park visitors,  
65 differentiating those who can readily access parks and those who cannot (e.g. (dis)ability, sex,  
66 age, race, ethnicity) (Byrne & Wolch, 2009; Nicholls, 2001; Talen, 2010; Wolch, Byrne, &  
67 Newell, 2014); see also (McKercher, 2008; McKercher, Chan, & Lam, 2008; Spinney &  
68 Millward, 2013).

69 For instance, researchers have found that people who live closer to a park tend to visit more  
70 often, but visit for shorter periods of time compared to those who live further away (Hanink  
71 & White, 1999). They also seem to undertake different types of activities when in the park,  
72 such as daily exercise routines, dog-walking and spending time alone, which may only be  
73 partly related to park design (Golicnik & Ward Thompson, 2010; McCormack et al., 2006a;  
74 McCormack et al., 2010). Conversely, people who travel further to visit a park, especially  
75 larger regional and national parks, tend to stay longer, and undertake activities based on  
76 active recreation or socialising (Arnberger & Brandenburg, 2007). This has led some scholars

77 to conclude that there are different ‘travel thresholds’ for different types of recreational  
78 activity (Spinney & Millward, 2013).

79 In this paper we examine the comparatively poorly understood issue of distance-based  
80 variations in peri-urban national park use. This is important because rapid urbanisation is  
81 reducing the amount of greenspace in many cities around the world, potentially leading to  
82 problems with physical and mental health, citizen wellbeing, and residents’ understanding of  
83 the natural world (Roy, Byrne, & Pickering, 2012). As the amount of urban greenspace (e.g.  
84 parks) declines, and urban areas expand, these trends may increase pressure on peri-urban  
85 greenspaces, such as regional and national parks and other protected areas for recreational  
86 use (Arnberger & Brandenburg, 2007). The term ‘peri-urban national parks’, in the context of  
87 this paper, refers to those parks located in the urban-rural fringe of a city, which is defined as  
88 the area between the outer edge of continuous built-up residential areas of a city or town and  
89 the rural-production space, irrespective of density of people per unit area (Lawton & Weaver,  
90 2008; Nelson, 1992; Taylor, 2011).<sup>1</sup> Our understanding of how distance affects travel to peri-  
91 urban greenspaces is limited.

92 There are broader public health and social and environmental justice implications associated  
93 with distance-based patterns of peri-urban park use. These include ethno-racial and socio-  
94 economic differentiation in who can access these important nature spaces, and potential

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<sup>1</sup> Several methods are used to distinguish peri-urban spaces from urban and rural areas including population density, urban structure characteristics, landscape patterns and/or night-time satellite images (Allen, 2003; Grosvenor & O'Neill, 2014; Sutton, Cova, & Elvidge, 2006). However, context matters, with differences in city and country characteristics, can effect the accuracy of a given classification method for distinguish among urban, peri-urban and rural areas (Allen, 2003; Grosvenor & O'Neill, 2014). For example, the population density for the same unit area can vary greatly if the same number of people are housed in three story apartments or four to nine story apartments (Griffiths, 2009).

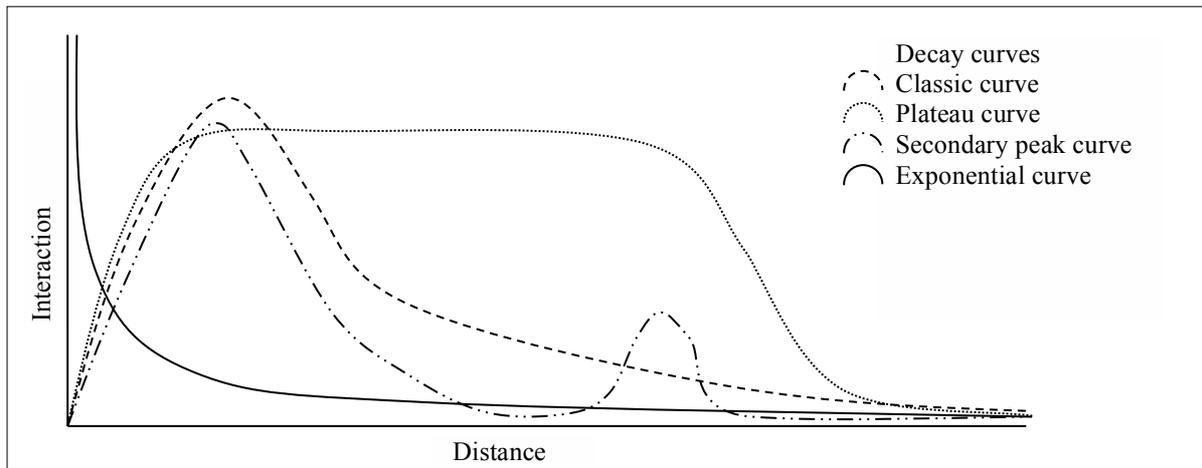
95 health consequences that stem from limited access (Byrne & Wolch, 2009; Dai, 2011; Wolch,  
96 Byrne, & Newell, 2014). Here, ‘access’ refers to “the ease with which a site or service may  
97 be reached or obtained” and has been found to be related to, among other things, objectively  
98 measured and perceived distance (Nicholls, 2001). By better understanding how travel  
99 patterns and distance affect park utilization, geographers can begin to devise strategies to  
100 assist park managers and urban planners in taking steps to redress social and environmental  
101 inequalities arising from differentiated park access and potentially to help improve transport  
102 options for more distant parks and greenspaces.

103 This paper examines the distance decay relationship between visitors’ characteristics  
104 including socio-demographic and visitation patterns, the distance travelled to a park, and  
105 visitors’ place of residence, for a large peri-urban national park in Australia. Specifically it  
106 addresses five inter-related questions: (1) who visits this park? (2) how far do they travel to  
107 the park? (3) how is visitation affected by distance? (4) does the distance travelled to the park  
108 vary with visitors’ characteristics? and (5) does the spatial distribution of park visitors’ place  
109 of residence vary with visitors’ characteristics? The paper is divided into five sections. First  
110 we examine the concept of ‘distance decay’ and how it has been understood by geographers,  
111 before focusing on distance decay effects in park use. We then discuss the methods we used  
112 in this study, before analysing our results. Following this, we consider the policy implications  
113 of our findings, and provide recommendations for further research. Importantly, we have  
114 found an age-effect in peri-urban park visitation where older visitors live nearby, and  
115 younger visitors travel further to visit the park. We discuss the implications of this result in  
116 the discussion and conclusion sections of this paper.

117 **1.1. Distance decay models**

118 Distance decay models in geography originated from the mathematical ‘gravity’ model,  
119 which was used to represent spatial interactions and to denote the attenuation of a spatial  
120 relationship with increasing distance (Brown, 1992; Eldridge & Jones, 1991; Huff, 1964;  
121 Huff & Jenks, 1968; Reilly, 1931). Also called the ‘friction of distance’, the idea of distance  
122 decay is based on the notion that as distance from a destination increases, the frequency of  
123 visitation declines. These concepts are implicit in Tobler’s (1970) ‘first law of geography’,  
124 which states that everything is spatially related, but things that are spatially closer are more  
125 related than distant things (Gregory et al., 2009).

126 Scholars have identified four different distance decay curves, which have been used to  
127 explain spatial effects related to distance: exponential, classic, plateau and secondary peak  
128 curves (Figure 1). The exponential function of distance decay (Figure 1), where the strength  
129 of the interaction decreases dramatically with increasing distance, is arguably the most  
130 common form of this model (Gregory et al., 2009; Skov-Petersen, 2001). Importantly,  
131 scholars have observed that distance decay effects are not uniform, and are subject to spatial  
132 variation produced by “geographic differences in transport technology or network  
133 accessibility” (Eldridge & Jones, 1991, p. 501; see also Fotheringham & Pitts, 1995; Huff &  
134 Jenks, 1968). Moreover, distance decay effects are related not only to physical space, but also  
135 to socio-demographic factors (income, race, age) and psychometric factors (values, attitudes,  
136 perceptions) associated with socio-cultural spaces (Van Acker, Van Wee, & Witlox, 2010). It  
137 should be noted that distance decay models are different to travel cost models. The latter  
138 estimate the non-market value of a good or services (e.g. a park) based on the distance that  
139 users travel to access that good or service (e.g. Benson et al., 2013).



140

141 Figure 1. Different distance decay curves commonly used in Human Geography to represent  
 142 spatial interactions. Diagram adapted from Gregory et al. (2009); McKercher (2008); and  
 143 McKercher, Chan, and Lam (2008).

144 A wide variety of studies have investigated spatial effects related to distance decay. They  
 145 include health care utilization (Arcury et al., 2005; Jia, Xierali, & Wang, 2015), hospital  
 146 catchment travel times (McGrail & Humphreys, 2014; Schuurman et al., 2006), tourism  
 147 (Hooper, 2014), and retail catchments (Brown, 1992; Reilly, 1931; Reynolds, 1953; Young,  
 148 1975). One area that has attracted considerable attention is recreation and tourism (Hall &  
 149 Page, 2002). Studies examining suburban recreation and tourism demand and provision have  
 150 found distance decay patterns where there are two peaks, or even a plateau pattern (Figure 1)  
 151 (Hooper, 2014; McKercher, 2008; McKercher, Chan, & Lam, 2008; Wu & Cai, 2006).  
 152 Researchers have found that “urban dwellers have a higher probability of participating in  
 153 recreation near the city than going to remote locations” (Wu & Cai, 2006). An area that is  
 154 receiving increasing attention is the effect of distance on travel patterns and park use (e.g.  
 155 Zhang et al., 1999).

156 *1.1.1. Distance and park use*

157 Researchers have suggested three reasons why park use varies with distance: (1) the  
158 characteristics of a park, such as its naturalness or different services it offers can stimulate  
159 travel; (2) travelling to a distant park may provide a unique experience not offered by nearby  
160 parks; and (3) park visitors' motivations and preferences for specific activities may impel  
161 shorter or longer travel (Golicnik & Ward Thompson, 2010; Hanink & White, 1999; Haugen  
162 & Vilhelmson, 2013; Hooper, 2014).

163 Researchers have however, also found that socio-demographic factors can affect the distance  
164 that people are willing to travel to a particular park or recreational setting, including age, sex  
165 and income (Peschardt, Schipperijn, & Stigsdotter, 2012; Schipperijn et al., 2010; Spinney &  
166 Millward, 2013). A sizable body of research from the United States suggests that people who  
167 live closer to urban parks tend to be more affluent and older (Byrne & Wolch, 2009). The  
168 distance that people travel to a park has also been found to be related to other factors, such as  
169 frequency of visit, mode of transportation, time spent in the park, day of the visit and type of  
170 activity undertaken in the park (Byrne, Wolch, & Zhang, 2009).

171 Indeed, some scholars suggest that distance decay may vary according to different park sizes,  
172 features and facilities. For example, Low Choy and Prineas (2006) devised hypothetical  
173 distance decay curves for different types of parks. Local parks, they suggested, have peak  
174 travel distances under 400 m, district parks under 1 km, metropolitan parks under 5 km,  
175 regional parks under 10 km and national parks under 25 km.<sup>2</sup> Although research by  
176 Neuvonen et al. (2010) suggests that European national parks may have larger peak travel  
177 distances (up to 100 km), a distance decay model for parks has never been empirically

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<sup>2</sup> Similar relationships have been postulated for multiple use recreational trails (Gobster, 1995; Lindsey, 1999).

178 validated. Our understanding of the role of distance in park use remains poor, especially for  
179 peri-urban national parks, and there is little work that examines distance decay of peri-urban  
180 national parks outside the United States (Hanink & White, 1999; Zhang et al., 1999). This  
181 paper seeks to address that knowledge gap.

## 182 **2. Methods**

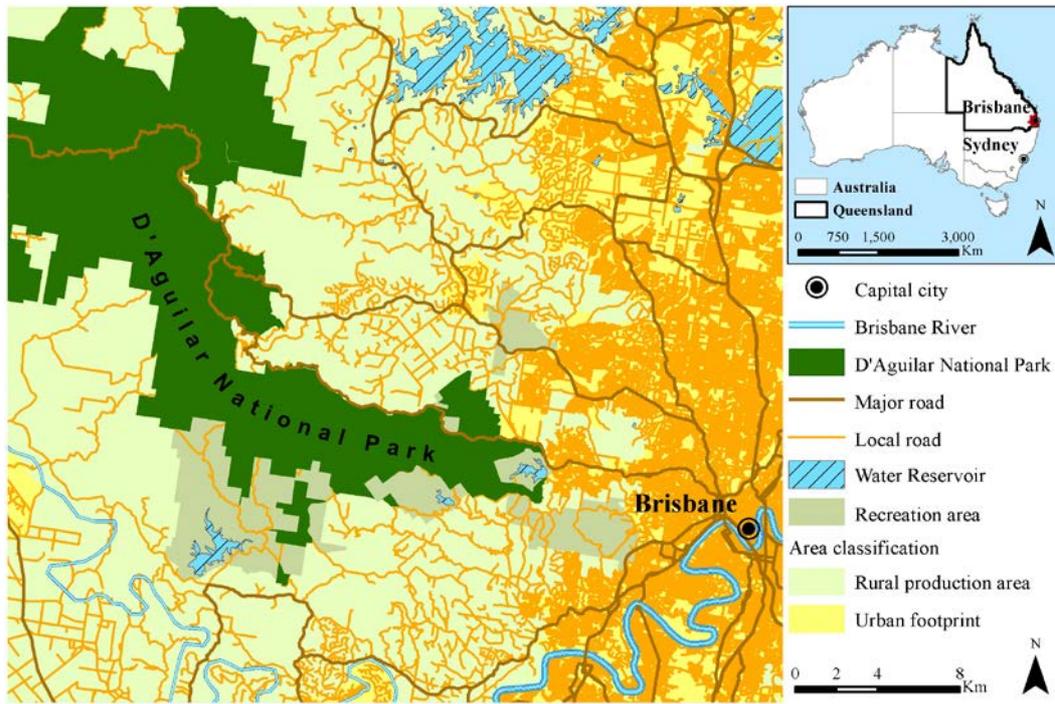
### 183 **2.1. Study area**

184 Brisbane is the third largest city in Australia with a population of approximately 2 million  
185 residents (ABS, 2013). Centred along the Brisbane River, in the subtropical zone of south-  
186 eastern Australia, the city area covers around 138,000 ha (Figure 2). The median age for the  
187 population is 34 years old with around 45% of the population with a technical or university  
188 degree (ABS, 2014b). Three national parks are located in close proximity to the city.  
189 Together with 27 conservation parks and nature refuges, they cover an area of 43,170 ha  
190 (AGDE, 2012).

191 This research was conducted in the largest national park close to Brisbane: D'Aguilar  
192 National Park. This site area was declared a national park in 2009 to protect 40,000 ha of  
193 natural vegetation (DNPRSR, 2012; Rossi, Pickering, & Byrne, 2013). It contains an  
194 extensive network of multiple-use recreation trails and single-use walking trails (Rossi,  
195 Pickering, & Byrne, 2013). The 189 km of multiple-use trails in the park consist of  
196 management roads that are used for recreational activities including hiking, mountain biking  
197 and running (Fairfax, Dowling, & Neldner, 2012; Rossi, Pickering, & Byrne, 2012, 2013).  
198 Visitation to the surveyed trails in D'Aguilar National Park is lower than visitation for some  
199 popular trails and parks in the United States and Europe. For example, Wienerberg recreation

200 area in Vienna receives around 1.24 million visits annually (Arnberger & Haider, 2005). For  
201 the surveyed trails in D'Aguilar National Park, there were an average of  $15 \pm 4$  visits per day  
202 on weekdays and  $79 \pm 5$  visits per day on weekends (Fairfax, Dowling, & Neldner, 2012)  
203 with an approximate annual estimation of over 12,000 visits.

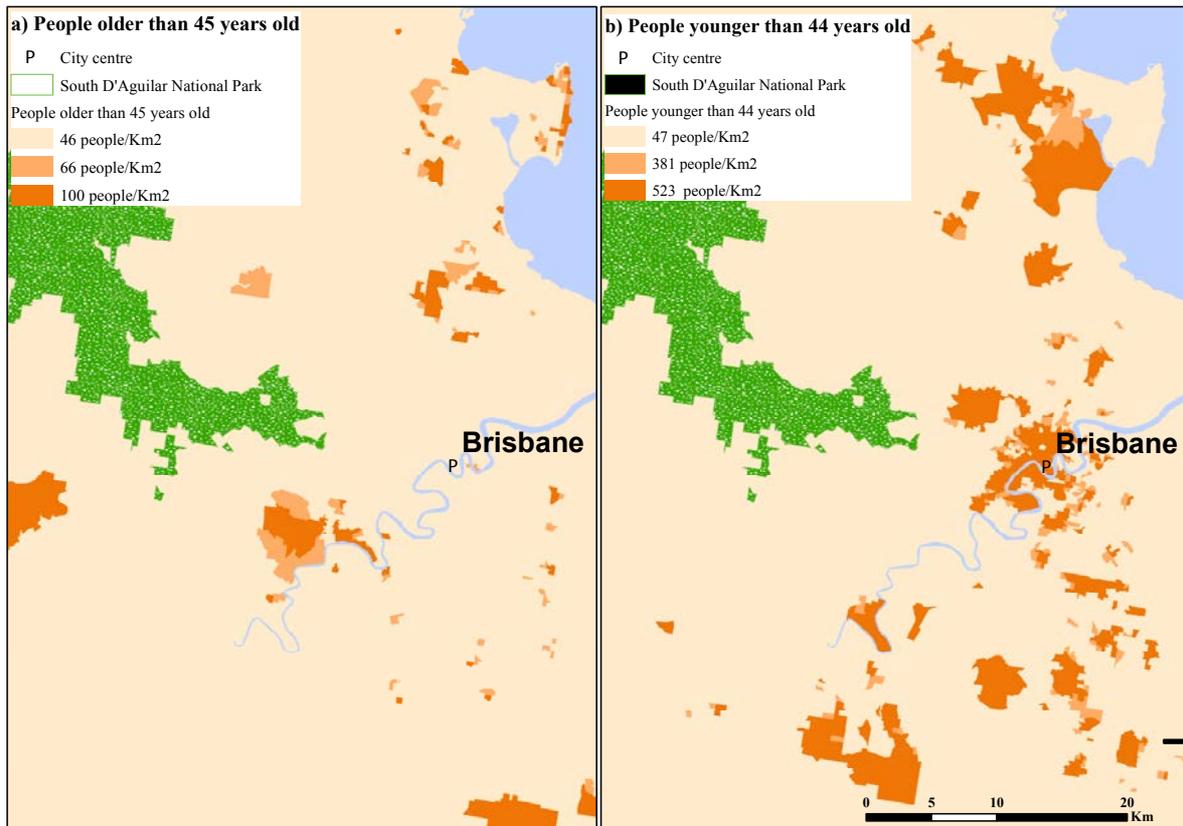
204 The southern section of the park, where visitors were surveyed, is only 12 km from the centre  
205 of Brisbane City and hence is relatively accessible by car for many residents of Brisbane and  
206 the surrounding metropolitan areas (Figure 2). Rural properties close to the park have an  
207 average population density of 50 people per square kilometre, while urbanized areas close to  
208 the park have an average density of 2,100 people per square kilometre. In contrast to many  
209 cities in the United States, in Brisbane as with many other Australian cities, younger single  
210 people tend to live in the inner city – closer to jobs and amenities such as universities and  
211 cultural facilities, whereas older people increasingly live in middle ring suburbs as well as  
212 growing numbers in peri-urban areas, close to this park (Figure 3) (Bohnet & Moore, 2010;  
213 Chhetri, Stimson, & Western, 2009; Lim, 2013; McGuirk & Argent, 2011; Ragusa, 2010).  
214 This pattern has implications for park visitation.



215

216 Figure 2. Location of the D'Aguiar National Park in relation to Brisbane city and  
 217 surrounding urban areas.

218



219

220 Figure 3. Spatial distribution of the Brisbane population based on residents' age using the Hot  
 221 Spot analysis tool in ArcGIS, a) hot spot locations for people older than 45 years old, and b)  
 222 hot spot locations for people younger than 44 years old.

223 **2.2. Visitor survey**

224 Information about who visits the park and where they live was obtained from an on-site  
 225 survey of visitors conducted at the main park entrances closest to Brisbane City. On-site  
 226 respondent-completed surveys are one of the most appropriate and commonly used methods  
 227 for surveying park visitors (Veal, 2011). They have several advantages, for example: (i) they  
 228 are comparatively inexpensive to conduct; (ii) have the potential to gather data on many  
 229 visitors at the same time; and (iii) can provide data about community catchments for  
 230 recreational amenities and parks (Veal, 2011). However, such surveys have some  
 231 disadvantages too. They include the potential for low response rates and poorly completed  
 232 questionnaires, when respondents self-complete without their answers being checked by the

233 interviewer (e.g. missing a ‘skip prompt’) (Ewert, Chavez, & Magill, 1993; Fink, 2003; Veal,  
234 2011).

235 To address these potential limitations, we took several steps including survey administrators  
236 checking all questionnaires to minimize errors or missing information. To ensure that  
237 measures were robust and reliable, the survey instrument was adapted from previous surveys  
238 used to examine visitation among peri-urban park visitors (Byrne, Wolch, & Zhang, 2009;  
239 Healy, 2009). To address potential pseudo-replication issues associated with temporal and  
240 seasonal variations in park use, data were collected during periods of high visitation (i.e. 22-  
241 24 April, 26 April, 30 April-2 May, 2011). This is a common approach when sampling  
242 visitors’ characteristics in protected areas that maximizes resources by obtaining a good  
243 sample size at lower cost (English, Zarnoch, & Kocis, 2004). It, also, enables researchers to  
244 maximize response rates where previous research indicates no seasonal (monthly) variation in  
245 visits (Fairfax, Dowling, and Neldner (2012). A previous trail camera monitoring survey  
246 conducted over one and half years (2009-2011) has shown that, for the trails surveyed, there  
247 is an average of  $15 \pm 4$  visits on weekday days while on weekend days is  $79 \pm 5$  thus, 84% of  
248 visits per day are on the weekend and public holidays. Overall weekend visits represent 67%  
249 of all visits to these trails, with the majority of visitation occurring early in the morning  
250 (Fairfax, Dowling, & Neldner, 2012). The questionnaire was approved by the home  
251 institution’s human subjects ethics committee following the Australian National Statement in  
252 Ethical Conduct in Human Research (ENV/19/10/HREC).

253 The survey instrument consisted of 24 questions, including closed-ended questions designed  
254 to collect information on visitor characteristics such as visitor demographics (sex, level of  
255 education and age) and park visitation patterns (activity, frequency and duration of visit,

256 group size and type, mean of transportation). To assess where visitors to the park live and,  
257 therefore, the distance they travelled to use the park, visitors were asked to provide the  
258 closest street intersection to their usual place of residence and their postcode (zip code) (Lin  
259 & Lockwood, 2014). To comply with ethics procedures and privacy policies from the home  
260 institution (i.e. maintaining anonymity) residential addresses were not obtained.

261 All visitors arriving or leaving the park at the two main entrances to multiple-use trails were  
262 counted. In total, 508 people (including 47 children under 15 years old) visited the park  
263 during the survey period. Two interviewers approached all visitors older than 15 years of age  
264 and after introducing the project and obtaining respondents' consent, participants were  
265 provided with a self-completion questionnaire. A total of 234 out of the 461 adults, who were  
266 approached, completed the questionnaire in full, resulting in a 51% response rate.

### 267 **2.3. Data analysis**

268 Information from the surveys was entered and analysed in Excel, the Statistical Package for  
269 Social Science (SPSS version 22) and the Geographical Information System ArcGIS (version  
270 10.1). To calculate how far visitors live from the park, a road network was developed using  
271 the South East Queensland road network shapefile (QDNRM, 2012) and the street  
272 intersection for each visitor was geocoded using ArcGIS. The geocoding was completed by  
273 matching respondents' street intersection with the road network intersection nodes. To  
274 calculate the distance from visitor's residences to the park, we used the Manhattan distance  
275 metric in the Closest Facility tool, with the resulting distance data added to the survey dataset  
276 for analysis.

277 To determine if the distance travelled to the park varied with visitor characteristics (socio-  
278 demographic and visitation patterns), a series of One-Way ANOVAs were performed. Socio-  
279 demographic data (sex, level of education and age) and visitation characteristics (activity,  
280 frequency and duration of visit, group size and type, mean of transportation) were used as  
281 independent variables and distance to the park as the dependent variable. For age, a non-  
282 parametric Kruskal Wallis test was employed because the data did not satisfy the assumptions  
283 of parametric tests.

284 For all the analyses, the variables *frequency of visit*, *day of visit* and *level of education* were  
285 condensed into two categories each. *Frequent* visitors are those who use the park weekly or  
286 more than twice a year, while *non-frequent* visitors use the park less than once a year.

287 Categories for visit day were *weekend only* and *mixed day* which includes people visiting the  
288 park on weekdays and weekends. Categories for visitors' level of education consisted of  
289 '*vocational/technical*' including those holding primary or some secondary, secondary,  
290 vocational or technical studies, and '*tertiary/university*' which includes those with higher  
291 levels of education.

292 To determine if visitor characteristics were related to each other, and with how far visitors  
293 live from the park, a Categorical Principal Component Analysis (CATPCA) was conducted.  
294 Categorical Principal Component Analysis is analogous to Linear Principal Component  
295 Analysis (PCA), except that it is suitable for the analysis of categorical variables (nominal or  
296 ordinal) and non-linear relationships. In CATPCA variables' categories are transformed into  
297 numerical values and then analysed as a conventional linear PCA (Linting et al., 2007;  
298 Manisera, Van der Kooij, & Dusseldorp, 2010). All visitor characteristic variables were  
299 included in the analysis. The distance that people live from the park was computed as a

300 multiple nominal supplementary variable and all other variables as nominal. Subsequently,  
301 the variable 'level of education' was excluded for further analysis as the *Variance Accounted*  
302 *For* (VAF) value was very low (<0.2), suggesting limited contribution to the model (Linting  
303 & Van der Kooij, 2011).

304 To determine if there were spatial clusters among visitors who share the same characteristics,  
305 the Grouping Analysis tool in ArcGIS was used (ESRI, 2013). Only those variables identified  
306 in the ANOVAs and CATPCA analyses as associated with the distance that people travel to  
307 access the park were included. In addition, to identify if the spatial distribution of park visitor  
308 place of residence follows a similar pattern to that of the general community, data for  
309 Brisbane and surrounding areas were obtained from the most recent population census for  
310 Australia (ABS, 2014a) and entered into ArcGIS. Hot Spot analyses were conducted using  
311 census data to identify spatial clusters within the census data, based on the age of residents.  
312 To conduct the analysis, the smallest statistical area containing population age data was used  
313 with "polygon contiguity" in the Spatial Statistics, Hot Spot Analysis tool in ArcGIS.  
314 Distance band-width of 5 km (e.g. 0-5 km, 5-10 km, 10-15 km, 15-20 km) were used to  
315 calculate the proportion of people using the park based on the population of each distance  
316 band-width classified by age.

### 317 **3. Results**

#### 318 **3.1. Visitors' characteristics**

319 Most respondents were male (71%), well educated (83%) and aged between 25 and 54 years  
320 old (86%). They tended to visit the park mainly on weekends (76%), engaging in a range of  
321 recreational activities. Hiking (39%), mountain biking (34%) and running (15%) were the

322 most common activities. Most visited early in the morning with 93% of visitors using the  
323 park before midday. There were an average of 72.6 visitors per weekend/holiday using the  
324 trails. The data from our survey of visitors is consistent with a previous study by Fairfax,  
325 Dowling, and Neldner (2012) that found similar pattern of visitation with respect to timing of  
326 visitation, activity type and number of visitors/visits per weekend/holiday day. Visitors  
327 tended to visit the park very frequently (76%), typically travelling by car (76%), in groups of  
328 two or more people (89%) and spending more than two hours (75%) in the park (Table 1).

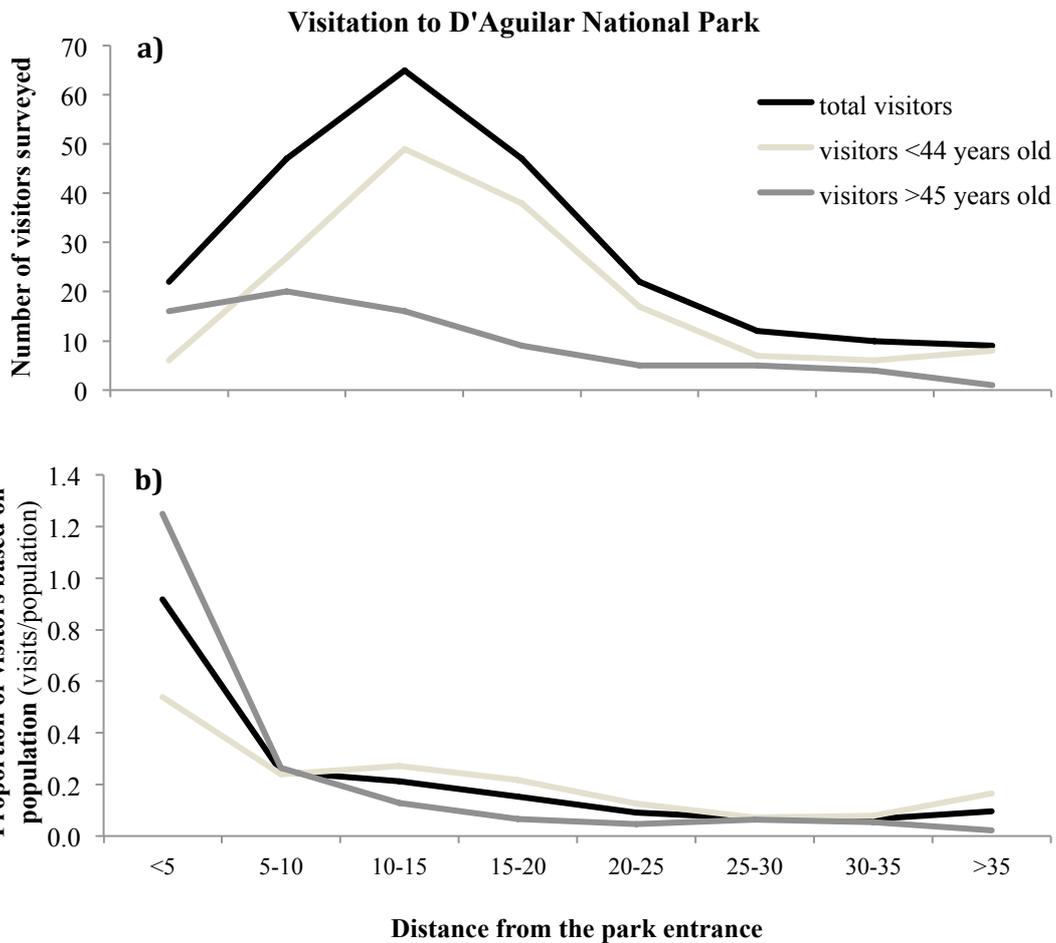
### 329 **3.2. *Distance effects upon visitation***

330 As expected, the number of people who visited the park decreased with distance (Figure 4)  
331 but the peak of visitation was not for those living closest to the park, but rather for those  
332 living between 10 and 15 km away. As a result, people travelled 15 km on average to the  
333 park, although some people travelled much further, with five visitors travelling over 40 km.  
334 This distance effect is even greater when comparing younger and older people. People older  
335 than 45 years of age appear to be more sensitive to distance than younger people (Figure 4a).

336 When we calculated the proportion of the general population living at different distances to  
337 the park, we found that the proportion of people who visit the park declines markedly with  
338 distance, and that the pattern fits the exponential distance decay function (Figure 4b). Thus,  
339 the classic curve pattern of visitation based on the number of visitors is due to fewer people  
340 living within 10 km to the park, compared to those living 10 – 15 km away.

341 When the data was analysed based on age, we found that the distance decay pattern was not  
342 the same for younger and older visitors, as a proportion of the general population (Figure 4b).  
343 Older people living within 5 km of the park were more than twice as likely to visit the park as

344 younger people in the same area. Although the proportion of people visiting the park declines  
 345 markedly after 5 km, younger people living 10 km to 25 km from the park were more likely  
 346 than their older neighbours to visit the park (Figure 4b).



347

348

349 Figure 4. The a) number of visitors travelling different distances to visit D'Aguilar National  
 350 Park, and the b) proportion of people living at different distances (e.g. 0-5 km, 5-10 km) from  
 351 the park who visit the park.

352 *3.2.1. Relationship between distance travelled and visitors' characteristics*

353 The distance that people travelled to the park was related to visitation and socio-demographic  
 354 characteristics. This is apparent both from the CATPCA with a Cronbach's alpha > 0.85  
 355 (Table 2 and Figure 5) and from One-Way ANOVA tests on individual characteristics (Table

356 1). The two components in the CATPCA analysis explained 46% of the total variance (Table  
357 2). The first component, which represented those living more than 10 km away from the park  
358 was explained by group size and type, frequency and day of visit and means of transportation  
359 (Table 2). People travelling more than 10 km tended to be non-frequent visitors who travelled  
360 by car, in groups of more than three people, accompanied by friends, and visited the park  
361 mainly on weekends (Figure 5). The second component, which represented visitors travelling  
362 less than 10 km to the park, was mainly explained by age and time spent in the park (Table  
363 2). People travelling shorter distances to the park tended to be older (> 45 years), and spent  
364 less than two hours in the park (Table 2 and Figure 5). Sex and the recreational activity  
365 undertaken in the park were not significantly related to the distance that people travelled to  
366 the park (Table 1 and Figure 5).

367

368 Table 1. Characteristics of visitors to south D’Aguilar National Park near Brisbane, Australia.  
 369 This includes the results from One-Way ANOVAs comparing visitors’ characteristics with  
 370 the distance travelled to the park. \* Non-parametric Kruskal Wallis (H) test was used as data  
 371 did not comply with assumptions of parametric tests.

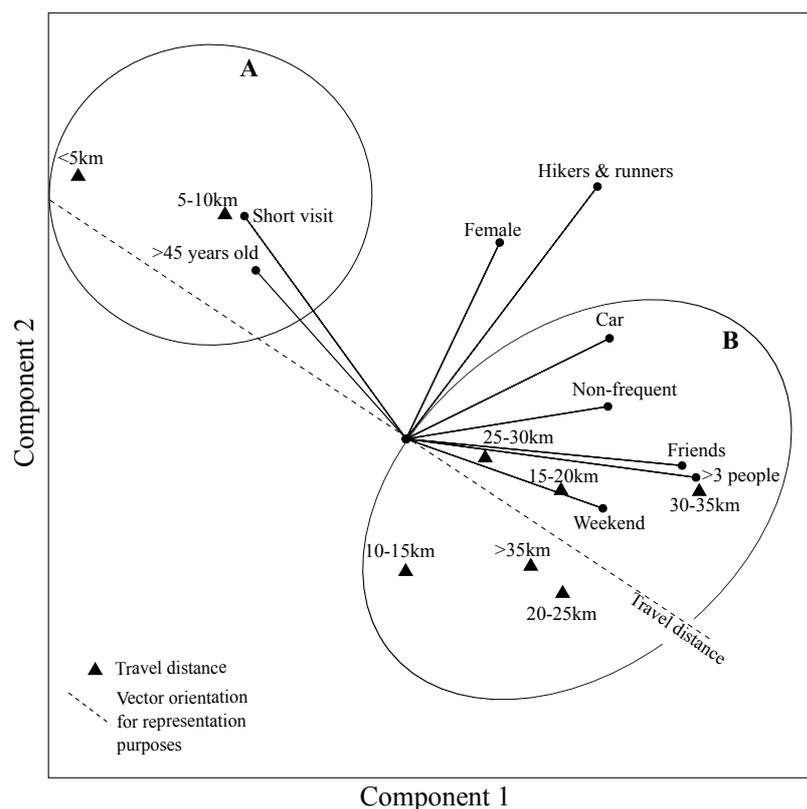
	Visitors’ characteristics	Categories	<i>n</i>	Percentage of respondents	Mean kilometres to park	ANOVA
Visitation patterns	Frequency of visit	Frequent	177	76%	14 ± 0.64	F= 12.79, <b>p &lt; 0.001</b>
		Non-frequent	57	24%	19 ± 1.25	
	Visit day	Weekend only	179	76%	16 ± 0.67	F= 14.07, <b>p &lt; 0.001</b>
		Mixed days	55	24%	12 ± 1.06	
	Time spent	Less than 2 hrs	58	25%	9 ± 0.95	F= 31.53, <b>p &lt; 0.001</b>
		Between 2 to 4 hrs	118	50%	16 ± 0.74	
		More than 4 hrs	58	25%	19 ± 1.24	
	Means of transportation	By car	177	76%	17 ± 0.68	F= 24.49, <b>p &lt; 0.001</b>
		By other means	56	24%	11 ± 0.93	
	Group size	1 person	48	21%	11 ± 1.06	F= 9.15, <b>p &lt; 0.001</b>
2 persons		82	35%	14 ± 1.05		
3-4 persons		73	31%	18 ± 0.91		
>5 persons		31	13%	19 ± 1.79		
Group type	Traveling alone	38	17%	12 ± 1.36	F= 4.0, <b>p &lt; 0.05</b>	
	Adult couple	34	15%	14 ± 1.90		
	With friends	110	48%	16 ± 0.82		
	Other	47	21%	15 ± 1.11		
Main Activity	Mountain biking	78	34%	15 ± 1.02	F= 1.57, <b>p &gt; 0.05</b>	
	Hiking	91	39%	16 ± 0.88		
	Running	35	15%	15 ± 1.77		
	Other	28	12%	12 ± 1.69		
Socio-demographics	Sex	Male	167	71%	15 ± 0.68	F= 0.334, <b>p &gt; 0.05</b>
		Female	67	29%	15 ± 1.17	
	Age*	<=24	15	6%	20 ± 3.36	H= 18.91, <b>p &lt; 0.001</b>
		25-34	60	26%	16 ± 0.91	
		35-44	83	35%	16 ± 1.01	
		45-54	59	25%	14 ± 1.14	
		>=55	17	7%	10 ± 0.59	
	Education	<Vocational/technical	39	17%	20 ± 1.76	F= 13.43, <b>p &lt; 0.001</b>
		Tertiary/University	193	83%	14 ± 0.59	

372

373 Table 2. Principal component loadings and variance accounted for (VAF) in the Categorical  
 374 Principal Component Analysis. Loadings in bold indicate a good contribution of the variable  
 375 to the component.

Variables loadings	Component 1	Component 2	VAF
Group size	<b>0.776</b>	-0.104	0.614
Group type	<b>0.739</b>	-0.072	0.552
Frequency of visit	<b>0.541</b>	0.088	0.300
Visit day	<b>0.527</b>	-0.188	0.313
Mean of transportation	<b>0.545</b>	0.272	0.371
Main activity	0.512	<b>0.683</b>	0.729
Time spent in the park	-0.433	<b>0.603</b>	0.551
Age	-0.403	<b>0.456</b>	0.370
Sex	0.251	<b>0.531</b>	0.345
Eigenvalue	2.691	1.453	4.145
% of variance explained	<b>30</b>	<b>16</b>	<b>46</b>

376



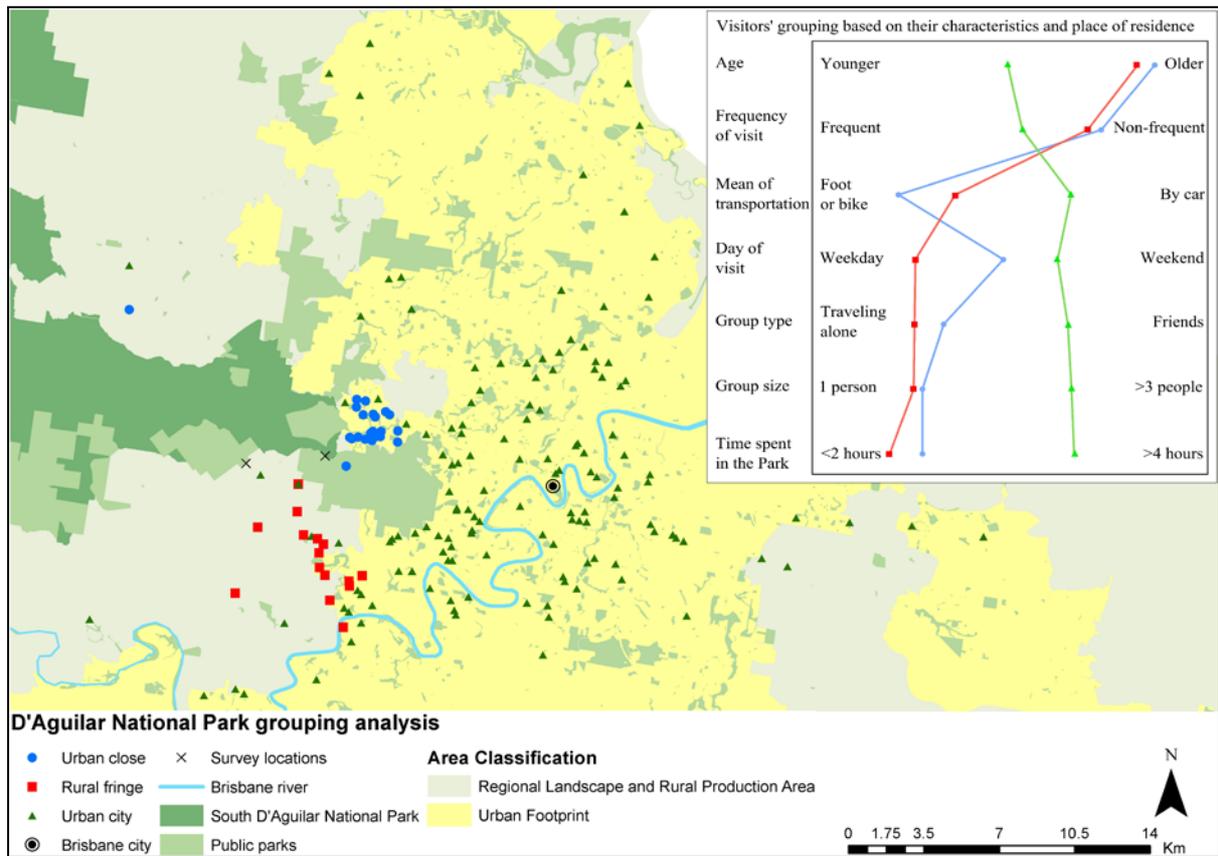
377

378 Figure 5. Categorical Principal Component Analysis of visitors' characteristics, visitation  
 379 patterns and the distance travelled to visit D'Aguiar National Park. The projection of the  
 380 variables shows the relationship among them and with distance. Variables close together are  
 381 positive related (i.e. A = short travel distance and B = long travel distance) and variables at  
 382 90° angle are not related with distance (i.e. female and hiker & runners) (Linting et al., 2007).

383

384 3.2.2. *Relationship between visitors' characteristics and where they live*

385 When assessing *where* people live in relation to the park, rather than just how far away they  
386 live, three groups of visitors were identified (Figure 6). Visitors close to the park included  
387 those who live in rural areas to the south of the park (19 users), and those who lived in urban  
388 areas to the north-east of the park (30 users). These two groups differed in when they visited,  
389 and how they got to the park. Visitors from urban areas north-east of the park, visited the  
390 park mainly on weekends and tended not to travel by car to the park. In contrast, visitors from  
391 rural areas south of the park visited the park both on weekends and weekdays and mainly  
392 drove to the park (Figure 6). A third group consisted of visitors living further east of the park  
393 in urban areas close to the centre of the city. They differed from those living closer to the  
394 park in most socio-demographic and visitation characteristics (Figure 6). This city group was  
395 characterised by younger people who travelled by car to the park, often in groups of three or  
396 more people. They also tended to visit the park mostly on weekends and spent more than four  
397 hours in the park, but were not as frequent visitors as those living closer to the park.



398

399 Figure 6. Residence location of the three groups of visitors to south D'Aguilar National Park  
 400 identified in the grouping analysis by ArcGIS.

401 **4. Discussion**

402 **4.1. Importance of the study**

403 This study contributes to our knowledge about how distance decay affects park visitation,  
 404 including the influence of visitor characteristics, especially age and to a lesser extent activity  
 405 type. Most of the recent research on these issues has been conducted in publicly accessible  
 406 urban green spaces such as urban parks (Byrne & Wolch, 2009), with comparatively less  
 407 research for more naturalistic settings such as peri-urban national parks (Hanink & White,  
 408 1999). This is despite the fact that peri-urban national parks and their surroundings have often  
 409 been placed under increased pressure due to rapid urban growth and concomitant outdoor

410 recreation demand (Arnberger & Brandenburg, 2007; Frick, Degenhardt, & Buchecker,  
411 2007). Determining visitor usage and travel patterns for such parks is important because it  
412 can greatly assist land managers in facility provision and demand-management for peri-urban  
413 sites, which in-turn affects the residential amenity of surrounding communities (Allen, 2003).  
414 In this study we found that the frequency and day of the visit vary, depending on how far  
415 away people live from the park. We also found that age affected the distance that people  
416 travelled to the park both in absolute terms and also as a proportion of the population. Unlike  
417 other studies (Spinney & Millward, 2013), the recreational activity that people were engaged  
418 in was not associated with the distance that they travelled to the park, and did not appear to  
419 affect park use.

#### 420 **4.2. *Distance decay model and park visitation***

421 The results of this study corroborate findings from previous studies on the effects of distance  
422 decay on park use and activity involvement (Haugen & Vilhelmson, 2013; Schipperijn et al.,  
423 2010; Spinney & Millward, 2013). To the best of our knowledge, this is one of the first  
424 studies to explicitly investigate distance decay effects upon the use of a peri-urban national  
425 park. It should be noted however, that the use of the exponential function of the distance  
426 decay model for assessing park visitation patterns is correct only when adjusted for the  
427 population living at different distances from the park. In absolute terms (number of visitors),  
428 the peak of visitation to D'Aguilar National Park was not for those living closest to the park,  
429 but rather for those living 10-15 km away.

430 We also found that in absolute numbers and as a proportion of the population, the effect of  
431 distance on visitation was strongly influenced by age. For example, older people (> 44 years  
432 old) living within 5 km of the park were more than twice as likely to visit the park as their

433 younger neighbours, while younger people living 10 to 25 km from the park were more likely  
434 to visit the park than their older neighbours. As a result, the decay model for younger people  
435 as a proportion of the population was much flatter than it was for older people. These  
436 findings contrast with some previous studies investigating the use of parks by older people.  
437 Several studies have reported that as age increases, especially above 50 years of age, the  
438 overall level of park use declines (Bedimo-Rung, Mowen, & Cohen, 2005; Kemperman &  
439 Timmermans, 2006; Payne, Mowen, & Orsega-Smith, 2002). Scholars have also reported that  
440 the frequency of visits to parks also declines with age (though Payne et al. (2005) is a notable  
441 exception). Our findings complement those of some researchers, who have found that older  
442 people living in neighbourhoods with higher proportions of younger people are less likely to  
443 visit and use parks (Moore et al., 2010).

444 Age and distance also interacted with other aspects of visitation. For example, older visitors  
445 tended to visit the park more frequently, but for shorter visits during weekdays, as well as  
446 weekends. In contrast, younger people were less frequent visitors, but visited for longer, and  
447 mainly on weekends. So how can we explain these findings?

#### 448 *4.2.1. Age-related variations in travel distance?*

449 The differences in travel distance with age and the resulting visitation pattern may be due to  
450 two reasons: (1) the type of recreational opportunities that the park provides for residents, and  
451 (2) the cost of travelling to the park (money or time) (Hanink & White, 1999). These findings  
452 suggest that D'Aguilar National Park may be acting as a '*user-oriented*' or local park for  
453 'local' residents who live close to it. This is similar to a finding by Byrne, Wolch, and Zhang  
454 (2009) and Arnberger and Brandenburg (2007) who found that some large peri-urban parks  
455 may function as a local park for nearby residents. User-oriented settings like these parks are

456 characterized by their proximity to users and are normally visited frequently for shorter  
457 periods of time (Hanink & White, 1999).

458 The opportunity to use the park may vary among those living close to the park, with older  
459 locals potentially having more opportunities to visit the park than their younger neighbours,  
460 who may have less leisure time due to work commitments and time constraints associated  
461 with raising families. It is also possible that one of the attractions for older people of living  
462 further from the centre of the city is being closer to nature. In many Australian cities, older  
463 people increasingly tend to live outside the densely populated inner city areas (Lim, 2013;  
464 McGuirk & Argent, 2011), and are attracted specifically to more rural and natural settings.  
465 This reflects more general amenity migration trends in Australia known as the tree-change  
466 phenomenon (Ragusa, 2010). Jorgensen and Steadman have also noted that older people may  
467 be more attached to places like national parks, especially if they have lived nearby for many  
468 years (Jorgensen & Stedman, 2006).

469 For younger people, living closer to Brisbane, the park may be acting as a '*resource-based*'  
470 destination providing recreational opportunities that are not available closer to the city.

471 Resource-based parks are normally large natural settings, located further from the city where  
472 activities such as hiking are undertaken (Hanink & White, 1999). These areas are normally  
473 visited less frequently, but for longer periods of time per visit. Also, it is possible that people  
474 with 'nature oriented' values may be more likely to visit parks in Brisbane than those with  
475 more anthropocentric values, irrespective of the distance that they live from the park (Lin et  
476 al., 2014).

477 The spatial effects of travel distance also appear to affect the visitation patterns of younger  
478 people, who are predominantly travelling from the city, because travel cost and time  
479 availability are known to affect visitation patterns (Wu & Cai, 2006). For example, those  
480 visitors living in the inner city need more time to travel to the park than those living close to  
481 the park, due to factors such as traffic congestion, hence they tend to visit mostly on  
482 weekends, when they appear to be able to spend more time in the park.

#### 483 *4.2.2. Distance decay and activity type*

484 We did not find any relationship between the distance travelled to the park and the activities  
485 that people engaged in, with no differences in the distance travelled between those going  
486 hiking, running or mountain biking. This differs from other studies which have found  
487 difference in the distance travelled to amenities based on recreational activities (Gobster,  
488 1995; Spinney & Millward, 2013). For example, in a study on different types of trails in the  
489 Chicago metropolitan region (Gobster, 1995) trails further from the population centre (> 9  
490 km) were more popular with cyclists than walkers or runners in comparison to trails close to  
491 the population centre.

492 The lack of differences in the distance travelled based on the activity could be due to the  
493 characteristics of this peri-urban park. D'Aguilar National Park may be acting as an activity  
494 destination area because it is the largest protected area in the Brisbane region and offers a  
495 range of recreational opportunities, including an extended network of multiple-use trails for  
496 hikers, runners and mountain bikers (Rossi, Pickering, & Byrne, 2013). It may therefore  
497 potentially attract different types of visitors to the park who come from a range of distances  
498 (Bedimo-Rung, Mowen, & Cohen, 2005; Kaczynski, Potwarka, & Saelens, 2008b; Neuvonen  
499 et al., 2010).

## 500 **5. Conclusion**

501 This study investigated the relationship between park use and travel distance in south  
502 D'Aguilar National Park, Brisbane, Australia. It sought to test assumptions about distance  
503 decay and park visitation and use for a peri-urban national park, addressing an important  
504 knowledge gap. Our study contributes to the broader understanding of park users' travel  
505 patterns, complementing the well-established literature on distance-decay functions for a  
506 variety of different types of human activities such as: outdoor recreation (Lee & Schuett,  
507 2014); food distribution (LeDoux & Vojnovic, 2014); and healthcare services (McGrail &  
508 Humphreys, 2014). The study has produced three important findings.

509 First, we found that age played an important role. Older visitors living close to the park  
510 appeared to be significantly more likely to visit the park than older people living further  
511 away. For younger people, the effect of distance on visitation was still very important but it  
512 was not as pronounced. This is contrary to the findings of much of the park and recreation  
513 literature which has found that older people do not visit parks as often as younger people (but  
514 Kaczynski et al. (2009) found similar results to ours for urban parks). Second, we also found  
515 that distance decay does not produce one uniform 'park catchment' as has been postulated by  
516 Low Choy and Prineas (2006). Rather, distance interacts with the socio-demographic  
517 characteristics of visitors to produce multiple catchments – for example, age-based  
518 catchments and rural vs. urban catchments. Third, our finding that distance does not affect the  
519 type of activity undertaken in the park was unexpected, and also runs contrary to most  
520 recreation studies which have found an interaction effect between activity type and distance  
521 (e.g. Spinney & Millward, 2013).

522 We acknowledge that our study does have some limitations. For example, we did not collect  
523 data on the ethno-racial composition of park visitors. Research in the United States has found  
524 that visitation to national parks is ethno-racially differentiated, and that there appears to be an  
525 interaction effect between race/ethnicity and access to parks (Byrne, Wolch, & Zhang, 2009;  
526 Dai, 2011; Floyd, 1999). Nor did we address the potential effects of intervening opportunities.  
527 Kaczynski et al. (2009, p. 176), among others, have noted that “multiple proximal parks or an  
528 aggregate amount of park space nearby” could potentially affect distance decay functions in  
529 park visitation and use.

530 We also acknowledge the limitations common to intercept surveys for which, sometimes,  
531 samples may not be truly random and thus the margin of error is unknown (Fink, 2003; Veal,  
532 2011). We sought to capture a large sample based on data from the trail monitoring cameras  
533 (Fairfax, Dowling, & Neldner, 2012) where counts and estimations indicate that 67% of visit  
534 to the trails are on weekends. Although surveys were not conducted on weekdays outside of  
535 school holidays, we did collect data on many visitors who use the trails on weekdays, with  
536 24% of those surveyed by us on weekends, reporting that they also regularly visit the park on  
537 weekdays.

538 Although in the study conducted by Fairfax, Dowling, and Neldner (2012) there was no  
539 seasonal (monthly) variations in the type of recreational activity conducted on the trails, it is  
540 possible there could be some seasonal variation in visitors characteristics or travel patterns,  
541 and between weekdays and weekends. These issues should be taken into consideration when  
542 interpreting these results.

543 **5.1. *Directions for further research***

544 Further research is needed to understand how distance decay influences activities undertaken  
545 in wilderness areas and national parks, particularly those close to cities. As urban populations  
546 swell, and urban greenspaces become more congested (Sister, Wolch, & Wilson, 2010),  
547 pressure will increase on peri-urban greenspaces and protected areas to provide recreational  
548 functions. Our study has shown that two trends are observable, at least in a large Australian  
549 city: (1) older people appear to choose to live closer to natural areas, using these areas as they  
550 might use a local park, and (2) younger people appear to be prepared to trade-off weekend  
551 visitation to parks in return for living closer to the cultural and economic attractions of inner  
552 city living. If these trends apply elsewhere, it suggests that peri-urban national parks and  
553 protected areas are likely to face increasing pressure to function as recreation areas for  
554 visitors with diverse needs and expectations. Future research should examine other parks in  
555 Brisbane – and elsewhere – to enable comparative analysis, enabling a more confidence in  
556 the findings we report here.

557 It is also possible that there could be increasing conflict in peri-urban parks if the population  
558 dynamics and travel patterns that we have reported here hold true in other cities  
559 internationally. Older and younger people are known to have different values, and different  
560 recreational needs, and it is possible that these could create future conflict, especially as the  
561 proportion of older residents is increasing in most cities in the developed world (Kemperman  
562 & Timmermans, 2006). For instance, Jacob and Schreyer (1980) and Vaske et al. (1995) have  
563 found different types of conflicts related to park use such as interpersonal or social value  
564 conflicts. Additional research is required to test this possibility, because it could have  
565 repercussions for park management in the longer term. The role of intervening opportunities

566 also needs to be considered. Recent research suggests that if people do not have many options,  
567 they will travel further to access amenities like parks, but if there are more opportunities  
568 closer to home, travel distances can decline markedly (Haugen & Vilhelmson, 2013; Lin et  
569 al., 2014; Neuvonen et al., 2007). We could not test that hypothesis in our study and future  
570 research should address this limitation.

571 Future research would also do well to examine local communities near this and other national  
572 parks, to investigate what is motivating older people living near the park, and to determine  
573 what factors are motivating younger people living further away to visit the park. Future  
574 research should also consider the potential displacement effects of distance, by examining  
575 non-users. More research is required to better understand the effects of park crowding, and  
576 the role of time and income as constraints to park use, and how these variables interact with  
577 distance. Future research should also consider the role of visitors' motivations, attitudes (e.g.  
578 sense of place) and values in shaping park use – and how these interact with distance.

579 Time and budget limitations precluded a broader comparative approach to the results  
580 obtained from one peri-urban park. Further research including for more parks in Australia  
581 and other countries is required to better understand how distance decay influences visitation  
582 and use of natural areas more broadly. Such additional studies will help us to understand how  
583 the distance decay phenomenon applies to natural areas beyond D'Aguilar National Park.

584 Last, this research has practical implications for park managers due to their dual mandate for  
585 nature conservation while providing recreational opportunities to visitors. For example, the  
586 lack of difference in the travel distance based on the recreational activities highlights the  
587 demand for accommodating different recreational activities in peri-urban national parks in a

588 way to avoid potential conflicts among users. It also emphasises the need to continue to  
589 provide large regional parks, as well as protected areas such as national parks, in the peri-  
590 urban area of cities.

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598

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