

## **Sequential floods drive ‘booms’ and wetland persistence in dryland rivers: a synthesis**

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### **Abstract**

Flow is a key driver regulating processes and diversity in river systems across a range of  
15 temporal and spatial scales. In dryland rivers, variability in the timing and scale of floods  
has specific ecological significance, playing a major role in sustaining biotic diversity  
across the river-floodplain mosaic. However, longitudinal effects of floods are equally  
important, delivering water progressively downstream through channels and wetland  
complexes. Interaction among the spatial distribution of these wetlands, their connecting  
20 channel and floodplain geomorphology and the temporal variation in flow events not only  
creates the spatial complexity of wetted habitat in dryland rivers but also determines their  
temporal persistence. These wetlands act as hydrological ‘sponges’, absorbing water from  
upstream and needing to fill before releasing water downstream. Sequential high flow  
events are therefore essential for the ecological persistence of riverine wetlands and the  
25 transmission of flows further downstream through the channel network. These flood  
sequences maintain aquatic refugia and drive booms in productivity that sustain aquatic  
and terrestrial biota over large spatial and temporal scales. Disrupting the sequence, due to  
modified flow regimes and water removal for anthropogenic consumption (e.g. irrigation),  
significantly reduces the opportunity for wetland replenishment. As a result, the benefits of  
30 sequential flooding to the wetland sponges and their biotic communities will be lost.

### **Key words**

Wetlands, hydrological connectivity, floodplain rivers, Cooper Creek, Murray Darling Basin, desert streams, arid-zone rivers, water resource development, boom and bust ecology

## Introduction

Flow is a key driver regulating processes and diversity in river systems across a range of temporal and spatial scales: the “maestro” of river ecology (Walker et al. 1995) (Fig. 1). Magnitude, duration, frequency and seasonality are the broad facets of flow that mediate processes in river systems (Poff et al. 1997; Olden and Poff 2003). In Australian dryland rivers, these facets reflect the most variable flow regimes in the world (Puckridge et al. 1998a), with the El Niño Southern Oscillation (ENSO) contributing significantly to this variability (Simpson et al. 1993; Walker et al. 1995; Chiew et al. 1998). There is now recognition that six facets of flow have ecological relevance to dryland rivers in Australia and perhaps elsewhere (Naiman et al. 2008): magnitude, frequency, timing, duration, variability and rate of change (Fig. 1).

Variability in timing and scale of floods in dryland rivers has specific ecological significance (Walker et al. 1995; Puckridge et al. 2000; Sheldon and Thoms 2006). Flow variability is such a strong hydroecological force that it is probably more important in structuring aquatic assemblages than biological factors (like competition among species for food and habitat) or other density-dependent regulatory processes (see Sheldon et al. 2002; Arthington et al. 2005; Poff et al. 2007; Naiman et al. 2008; Larned et al. 2010). Indeed, close association between biotic diversity and flow variability in semi-arid and arid-zone rivers has been observed in systems as far removed as North and South America and central Australia (Stanley et al. 1997; Maltchik and Medeiros 2006, Sheldon et al. 2002). In Australian dryland rivers, climatic and hydrological factors have shaped a suite of species well adapted to the dynamic conditions experienced in these systems—the wide physiological tolerances and flexible life-histories of many fish species, for example, allow for opportunistic breeding and migration to occur across the fluctuating environment (Mallen-Cooper and Stuart 2003; Balcombe et al. 2006; Balcombe and Arthington 2009; Sheldon et al. this issue).

This fluctuating nature of the surrounding floodplain has long been considered important in the ecology of large rivers (Junk et al. 1989; Tockner et al. 2000). For Australian dryland

systems, the dynamic variability in water quality (Sheldon and Fellows this issue), assemblage composition (Marshall et al. 2006; Leigh and Sheldon 2009; Arthington et al. this issue) and biogeochemical processes (Burford et al. 2008; Fellows et al. 2009) reflects the dynamic and variable interaction of the river with its floodplain. Indeed, floodplain rivers are characterised by a spatial and temporal complex of habitats that have varying levels of hydrological connectivity, both longitudinal and lateral (Ward et al. 1999; Paillex et al. 2009). Variability in this connectivity, and therefore the spatial and temporal patchiness of the habitat mosaic, is governed by channel and waterhole geomorphology, landscape topology and the nature of flows themselves, whether they be overbank (floods, *sensu* Junk et al. 1989), absent (dry periods and zero flows) or otherwise (flow pulses, *sensu* Puckridge et al. 1998a; Bunn et al. 2006) (Fig. 1). Bunn et al. (2006) described the change in productivity and food sources that accompany these events as ‘boom, bust and the bits in between’ (after Walker et al. 1997). During dry periods, algal production around the edges of floodplain waterholes provides the primary support for higher trophic levels (Bunn et al. 2003; Sheldon et al. this issue). During floods, the floodplain booms with aquatic production, providing a huge food source to aquatic and terrestrial consumers (Balcombe et al. 2005; Bunn et al. 2006). In-channel flows (flow pulses) mark the ‘in-between’ phase, when it is unlikely that either source of production is available (Bunn et al. 2006; Fellows et al. 2009). Variation in flow and flood pulse magnitudes also play a key role in sustaining diverse plant communities in these dryland river-floodplains (e.g. Capon 2007).

For large river systems, the longitudinal effects of floods on river function can be just as important as the lateral connectivity, especially in dryland rivers (Hughes 2005; Larned et al. 2010). Although small flow pulses may not penetrate far along the system, they often provide a fundamental ‘wetting’ role that allows subsequent small or large pulses to travel further and support river production and biodiversity. The role of ‘sequential flooding’ in driving incredible booms in productivity was first described by Jim Puckridge in the Coongie Lakes wetland complex, Cooper Creek, Lake Eyre Basin. Puckridge et al. (2000) showed that a cluster of five floods, over a four year La Niña period, had cumulative, positive effects on the area inundated and reproductive output of native fish populations. Serial high flow events enable hydrological ‘carry-over’ effects that ensure the ecological persistence of habitats and assemblages within the dryland river system.

In this paper we review the spatial and temporal variability in flow in large river systems and summarise its importance in driving assemblage variability through space and time. We suggest how sequences of floods can penetrate differentially through large river networks and provide a template for the incredible booms in production witnessed in these systems. We link the space and time aspects of flooding in large rivers and explore the consequences for regulated river systems when the interaction between space and time dimensions is disrupted.

### **Flow Variability in Space and Time**

Flow variations occur over a range of temporal scales in rivers, from seconds (rising and falling water levels) to periods greater than 10 000 years (incorporating the frequencies of the largest floods and longest dry periods). Walker et al. (1995) recognised three distinct temporal ‘scales’ of flow, the shortest being the ‘flow pulse’ (Fig. 2a). The flow pulse represents the annual or seasonal flow event that is important for maintaining ecological processes such as nutrient cycling, breeding and spawning responses, and dispersal. The magnitude of a particular flow event will also have specific physical and biological consequences, with high flows (overbank floods) providing a vector for lateral exchange of materials and energy between channel and floodplain environments. These lateral exchanges are of particular significance in dryland river systems (Walker et al. 1995; Hughes 2005).

Flow pulses that occur at different frequencies also serve different biological and biogeochemical functions. Relatively frequent flows (e.g. one year return) may be important for migration and connectivity (Poff et al. 1997), for sustaining diverse and productive propagule banks (Capon 2007; Jenkins and Boulton 2007) and for regular nutrient releases and inputs of materials from the terrestrial environment (Valett et al. 2005). Less frequent floods may be important as ecological reset phenomena and for the dispersal of invertebrates (Malmqvist 2002). Large floods (large flow pulses) tend to be even less frequent (decadal to century-scale intervals; Naiman et al. 2008). They can cover vast areas and provide water to large lake systems that are dry most of the time (e.g. Lake Eyre in the Australian arid interior). These large events are important to floodplain environments for disturbing and resetting the aquatic environment (Stanley et al. 1997; Pettit and Naiman 2005); stimulating successional processes (Fisher et al. 1982) and providing water to floodplain vegetation (Capon 2005); connecting distant waterholes;

135 flushing wetlands; flooding the broad range of habitats required for waterbird breeding and  
recruitment (Kingsford et al. this issue); transferring sediments and other materials like  
nutrients between channel and floodplain environments (Junk et al. 1989; Walker et al.  
1995; Jacobson et al. 2000); and for allowing channel species to access floodplain  
environments (Tockner et al. 1999; Junk and Wantzen 2003; Thoms 2003). Indeed,  
140 floodplain rivers typically show strong relationships between the magnitude of the annual  
flood pulse, floodplain area inundated and fish production in the same or subsequent years  
(Bayley 1991; Arthington et al. 2005; Welcomme et al. 2006).

From a biological perspective, the duration of an individual flood determines how well  
145 aquatic organisms can exploit the channel network (longitudinal connection) and lateral  
floodplain resources. In the lower reaches of many (especially unregulated) river systems,  
the duration of overbank flow may be one of the most biologically important hydrological  
features (Junk et al. 1989). Large floods are particularly important as they can have long  
durations, which create long breeding seasons and greater opportunities for production,  
150 recruitment and growth (Balcombe et al. 2007; Bunn et al. 2006; Puckridge et al. this  
issue). These long-duration floods also allow for increased levels of floodplain production  
which, in turn, may be important for community maintenance during periods when flows  
are contained within channels or waterholes are disconnected (cf. Thoms et al. 2005; Bunn  
et al., 2006; Noe and Hupp 2007; Gallardo et al 2009; Sheldon et al., this issue). For  
155 example, most fish species in Cooper Creek gain energetic subsidies from their time spent  
foraging on inundated floodplains, where food resources are more diverse and plentiful  
than in isolated waterholes (Balcombe et al. 2005; Burford et al. 2008). In addition,  
moderate floods in between these big breeding events may provide ‘maintenance’  
recruitment (Davies et al. 1993; Balcombe and Arthington 2009) and sustain adequate  
160 habitat quality, which will indirectly affect the success of breeding events in the future.

Preceding any individual flow pulse, there is a ‘flow history’ – a sequence of ecologically  
relevant facets of flow acting on the system over a longer temporal scale (Fig. 2b). Flow  
history represents the antecedent conditions relating to any one flow pulse or flood, and  
165 describes the cycling of moderate floods and dry spells within periods of above or below  
average flow magnitude. In periods of higher than average flooding, antecedent conditions  
for any flood event may be important for higher than average recruitment success and  
species abundance (Puckridge et al. 2000). Comparatively, periods of below average

170 flooding or dry periods represent times of population restriction, isolation and local  
extinction (Arthington et al. this issue). The ecological importance of a given flow event  
may be related to the length of time since the last event, or the last flow event of the same  
magnitude or duration. For example, a certain length of time may be required for riparian  
vegetation to re-establish or for successional stages to be reached in aquatic communities  
(e.g. Kingsford 2000; Pettit et al. 2001). Low flow and drought periods, and the interval  
175 between these periods, are also strong determinants of population and community structure  
for many plants and animals (e.g. Humphries et al. 1999; Bond et al. 2008).

Like floods, dry periods are natural disturbances in dryland rivers. They also act as reset  
phenomena for aquatic biota (Stanley et al. 1997; Bond et al. 2008) and can play an  
180 important role in redistributing nutrients that have become bound in the tissues of  
organisms (Burford et al. 2008). During dry periods, dryland rivers may consist of a series  
of isolated pools or refugia, with the aquatic animals and plants well adapted to these  
periods exhibiting morphological, physiological and behavioural adaptations (Stanley et al.  
1997; Arthington et al. this issue; Sheldon et al. this issue). Indeed, dry spells and low  
185 flows serve a number of important ecological functions in dryland rivers. In dry times,  
refugia provide a diverse range of habitats that allow the persistence of a diversity of  
assemblages (Dodds et al. 2004; Sheldon et al. this issue), while low channel flows provide  
short-term connections between otherwise isolated sections of the river network ; topping-  
up and sustaining permanent waterholes (cf. Lake 1995, 2003; Bunn et al. 2006) and  
190 allowing fish redistribution within the channel network.

At even longer time scales, we describe the 'flow regime' (Fig. 2c), covering the long-term  
cycles of flood and drought (unusually extended dry periods) common to many large river  
systems and controlled by climatic fluctuations and landscape features. Ecologically  
195 relevant features of the flow regime are described in terms of statistical measures,  
commonly based on mean daily flow records, such as the annual mean, minimum and  
maximum flow; various percentiles of discharge; low and high flow spell durations,  
number of zero flow days; and the frequency, timing and variability of these statistics (e.g.  
Olden and Poff 2003; Kennard et al. 2010). These hydrologic statistics can be used to  
200 classify rivers into groups with hydrologically similar flow regimes (e.g. Monk et al. 2007;  
Leigh and Sheldon 2008; Kennard et al. 2010). In fact, descriptors of long term flow  
variability show that Australian dryland rivers have the most variable flow regimes for

rivers of comparable discharge in the world (Finlayson and McMahon 1988; Puckridge et al. 1998a).

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### **Spatial Complexity in Dryland Rivers**

Spatial complexity in dryland rivers is influenced by channel and floodplain

geomorphology over the full range of spatial scales such that these systems can display a range of both lotic and lentic habitats, including in-channel waterholes, channel

210 backwaters, floodplain billabongs and wetlands (Knighton and Nanson 1997; Gibling et al. 1998; Ward et al. 1999; Heffernan 2008). At small spatial scales, sediments deposited over geological time can form multi-level floodplains within river channels, which increase the spatial and habitat complexity of the river channel itself (Sheldon and Thoms 2006).

215 Across the river-floodplain and channel network, comparatively deep parts and more permanent sections (waterholes) can serve as refugia for aquatic biota during periods between flow events (Knighton and Nanson 1994; Hamilton et al. 2005; Sheldon et al. this issue). The permanence of these refugia is controlled by the frequency, magnitude and duration of flow events as well as waterhole and channel morphology and evaporative loss (Stanley et al. 1997; Hamilton et al. 2005; Bunn et al. 2006).

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In Australia, at large spatial scales (thousands of kilometres), river systems are typified by low gradients, a consequence of the continent's low topography (Bridgewater 1987). This pattern of low relief is characteristic of Australia's large dryland rivers, both arheic and endorheic, and creates the broad floodplains and complex wetlands (both terminal and

225 riverine) found throughout these systems. Within the major river systems of the Lake Eyre Basin (Fig 3), for example, complex riverine wetlands occur on Cooper Creek in the Cooper Channel country downstream of Windorah. In addition, a series of shallow, temporary lowland lakes and channel habitats of varying depths, known as the Coongie Lakes wetlands, are fed intermittently by the Northwest Branch of the Cooper Creek and cover an area of more than 2000 km<sup>2</sup> (Puckridge et al. 1998b, Sheldon et al. 2002). Further 230 downstream are the lower Cooper lakes (Kingsford et al. 1999) and, finally, the large terminal inland Lake Eyre (Fig. 3). A similar pattern is evident within the Georgina-Diamantina catchment; the wetland complex of Diamantina Lakes occurs in the middle of the Diamantina River catchment (Fig. 3), while further downstream the river flows through another complex wetland (Goyder Lagoon; Sheldon and Puckridge 1998) before spilling 235 into Warburton Creek and its associated wetlands, terminating at Lake Eyre. Further west,

the Georgina and Mulligan Rivers flow through the complex wetlands of Eyre Creek, before reaching the Diamantina River (Fig. 3). Interaction among the spatial distribution of these shallow wetlands, their connecting channel and floodplain geomorphology and the temporal variation in flow events (magnitude, frequency, timing, duration, rate of change) not only creates the spatial complexity of wetted habitat in these dryland rivers but also determines their temporal persistence (Kingsford et al. 1999). These wetlands act as hydrological 'sponges' absorbing water from upstream, filling and then releasing water to channels and wetlands further downstream.

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A similar pattern of riverine wetland complexes can be found within the broader catchment of the Murray-Darling Basin, Australia. All the main tributaries of the Darling River have associated sponge-like wetlands in their lower reaches, which include the Gwydir Wetlands in the lower reaches of the Gwydir River, the Macquarie Marshes on the lower Macquarie River, the wetlands of the lower Balonne floodplain and Narran Lakes on the lower Condamine-Balonne, the lower Paroo Wetlands on the Paroo River, the Macintyre and Weir River wetland on the Border Rivers, and the Namoi River floodplain (Kingsford 2004). Further downstream on the Darling River itself, the Menindee Lakes, now a regulated water storage, acted historically as a large sponge-like wetland composed of a series of lakes of different flooding frequency, similar to the Coongie Lakes on the lower Cooper Creek in the Lake Eyre Basin (Puckridge et al. this issue). Tributaries of the River Murray also contain similar wetlands, including the Lowbidgee Wetlands on the Murrumbidgee River, Great Cumbung Swamp on the Lachlan River, and Hattah Lakes and Barmah-Millewa Forest on the River Murray itself (Fig. 3).

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These complex riverine wetlands systems, situated within river catchments rather than restricted to river termini, are not exclusive to Australian dryland rivers. For example, the Tarim River in arid-zone China has a similarly diverse suite of wetland habitats (lakes, ponds and marshes) throughout its middle and lower reaches that provide habitat and refuge for many local and migratory species (Zhao et al. 2009). In other parts of the globe, many rivers also have complex wetland and/or floodplain features. Examples include the peat bog wetlands of rivers in northern temperate continents; the inland Delta of the Okavango River, the Hadejia-Nuguru wetlands of the Yobe-Komadugu Basin, and the wetland habitats of the Nile River in Africa; the Pantanal Wetlands of the Paraguay River in South America; and the Mesopotamian Marshlands of the Tigris and Euphrates Basins

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in the Middle East (e.g. Hamilton et al. 1997; Williams 1999; Richardson et al. 2005; Milzow et al. 2009). These wetlands are all likely to act as hydrological sponges within their respective river-floodplain networks, retaining water for varying durations before it can be released to the channels downstream (Davies et al. 1993).

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### **Sequential Flooding: the Link between Space and Time**

Sequential high flow events are essential for the ecological persistence of these sponge-like riverine wetlands within large river systems and for the transmission of flows further downstream through the channel network. Their benefit to aquatic ecosystems, in terms of productivity, was described by Puckridge et al. (2000) for a series of five floods that occurred over a four year period corresponding with positive values of the Southern Oscillation Index (SOI) (i.e. La Niña years, when rainfall and flooding tends to increase in Australia, see Philander 1990):

280 *Areas inundated in the Coongie Lakes region in 1987–1991 increased each year, and there was more than an order of magnitude difference between 1987–1988 and 1989–1990. This reflected successive increases in flood magnitude and also the retention of water from prior floods. Thus, while the volume of the 1991 flood was 36% of that in 1989, its maximal extent (22 April 1991) was 64% of that in 1989 (7 July 1989) (Puckridge et al. 2000: 392-3).*

290 In turn, these sequential floods had cumulative, positive effects on the reproductive output of four native fish species: *Nematalosa erebi* (Clupeidae), *Hypseleotris klunzingeri* (Eleotridae), *Melanotaenia splendida tatei* (Melanotaeniidae) and *Retropinna semoni* (Retropinnidae). Interestingly, the magnitude of the response in exotic *Gambusia holbrooki* (Poeciliidae) was reduced compared to that of the native species. This suggests that the native species possess a recruitment advantage over the exotic *Gambusia* during the serial floods (see Costelloe et al. this issue). These floods also had significant value for the support of waterbird communities (Kingsford and Porter 1993; Kingsford et al. 1999).

300 An analysis of SOI values and simulated, mean daily flow data (1924 – 2005) from gauging stations in the Darling River system under ‘natural’ conditions (before European settlement and river regulation) shows similar correlations between positive SOI values and increased flow magnitudes. In fact, an increasing amount of variation in total annual flow is explained by mean annual SOI values when discharge is cumulatively combined from upstream gauges and those further downstream (Macintyre River at Goondiwindi

305 alone,  $R^2 = 0.21$ ; Goondiwindi + Barwon River at Mungindi,  $R^2 = 0.25$ , Goondiwindi +  
Mungindi + Darling River at Bourke,  $R^2 = 0.26$ ; Goondiwindi + Mungindi + Bourke +  
Darling River at Wilcannia,  $R^2 = 0.30$ ) (Fig. 4). This amount of variation explained by the  
SOI (21-30%) is typical of rivers throughout the world and supports the findings of  
Puckridge et al. (2000). In addition, the positive correlation between discharge at upstream  
310 gauging stations (from upstream to downstream: Goondiwindi, Mungindi and Bourke) and  
Wilcannia (most downstream) is increased when analysed cumulatively (Fig. 5). These  
relationships may seem obvious; however, they confirm the critical dependence of  
downstream aquatic habitats on upstream flows. For example, floodplain wetlands within  
the Murray–Darling Basin receive the majority of their fresh water inputs from their  
315 corresponding main channel during times of high flow (Maheshwari et al. 1995). In fact,  
the sustained biodiversity of both floodplain and terminal wetlands in this system, and their  
role as refugia during periods of low or high flow disturbance, relies on flows delivered  
from upstream channels (Kingsford 2000).

320 Further to this, we believe that a sequence of flow events is necessary to sustain functional  
river ecosystems in arid environments. Cooper Creek in Australia's Lake Eyre Basin  
experienced a large flood event in March 2000, covering nearly 14 000 km<sup>2</sup> (Bunn et al.  
2006). Prior to this, the last major flood occurred in 1990. However, there was a sequence  
of three flow events in upland reaches (in the Darr, Thomson, Alice and Barcoo Rivers)  
325 leading up to the 2000 flood event in the lower Cooper Creek (Fig. 6). Although there was  
a longitudinal reduction in total discharge from approximately 980 000 ML at Thomson  
River (Stonehenge gauge) to 360 000 ML at Cooper Creek (Cullyamurra gauge), the  
sequential flood events still resulted in the transport of water down through the system. It is  
these events that we propose are necessary for the replenishment of riverine, floodplain and  
330 terminal wetlands. Indeed, the significant evaporation and transmission losses from  
northern parts of the Cooper Creek catchment (where most of the run-off is generated) to  
lowland reaches (Knighton and Nanson, 1994), where surface water replenishes alluvial  
groundwater via percolation through sandy beds, make these events and their wetting  
effect on wetlands vital for maintaining the biodiversity and ecological function of the  
335 whole river system.

Similar sequential flooding occurred in Cooper Creek in 2008, 2009 and now in 2010. In  
2008, small flows within the Cooper caused minor flooding and filling of floodplain

wetlands and channel systems; in 2009, further flows filled the riverine wetlands of the  
340 channel country, made their way to Coongie Lakes and then continued on to partially fill  
Lake Eyre (Fig. 3). Similar flooding was observed in the Georgina-Diamantina river  
system in the western part of the Lake Eyre Basin (in 2009). In 2010, the sequence now  
seems complete: another major rainfall event has again delivered water to all the major  
345 rivers of the Lake Eyre Basin, and with the riverine wetland ‘sponges’ already partially  
filled, the water will be able penetrate further, possibly filling the terminal Lake Eyre for  
the first time since 1990.

### **Breaking the Sequence and Preventing the Boom**

The amount of water received by the major wetlands of the Murray-Darling Basin (e.g.  
350 Gwydir wetlands, Macquarie Marshes, Barmah-Millewa Forest and Moira Marshes,  
Menindee Lakes and Chowilla floodplain; Fig. 3) has declined considerably since the  
advent of water resource development (Kingsford and Thomas 1995; 2004); a phenomenon  
observed in or predicted for many river systems throughout the world (see Zhao et al.  
2009; Larned et al. 2010). In the Murray-Darling Basin, dams, diversions and river  
355 management have diminished flooding to the wetlands, changing their ecology and  
resulting in the death, or poor health, of aquatic biota (Kingsford 2000; Reid and Brooks  
2000; Kingsford et al. 2004). If these wetlands are acting as ‘sponges’ that must fill before  
water can be released and move further downstream, the loss of sequential floods in this  
system suggests that the wetlands, particularly those further downstream, have little chance  
360 of being replenished with flood waters.

To demonstrate, we use a hypothetical series of drought and flood years to compare the  
hydrological effects of sequential flooding on the major tributaries, rivers and wetlands of  
the Murray-Darling Basin under a natural flow regime and a water resource development  
365 scenario (Fig. 7). A five year sequence comprised of drought, three floods and drought  
under natural (anthropogenically unmodified) flow conditions fills the wetland ‘sponges’  
progressively from uplands to lowlands. This culminates in major flooding of rivers and  
wetlands in the third flood year, followed by a year of receding in-channel water levels but  
sustained aquatic habitat in the wetland refugia. In contrast, the same sequence of drought  
370 and floods under the water resource development scenario, where water is extracted from  
the upstream river supply in each of the flood years, provides a noticeably different  
outcome. If upland wetlands are filled during the first flood year but water is removed such

that downstream reaches are not wetted, the lower wetlands will not fill during the second flood year, unless of course local rainfall generates an exceptionally large flood. If water is continually removed from upland wetlands, consecutive flood events may be of little benefit to lowland habitats and major flooding of the lowland wetland system is unlikely to occur.

For regulated dryland rivers such as the Murray-Darling, an environmental flow plan could be developed that would allow for sequential flooding to be re-instated so that the wetland sponges could be replenished and water transferred down the system for ecosystem and biodiversity outcomes. Such a plan would allow for a scaled, proportional removal of water, depending on the river system in question (*sensu* Arthington et al. 2006) and at which point in the natural hydrological sequence the water is removed. For example, a small flood that occurs in the headwaters of a river may only allow for an appropriately small proportion of water to be removed, particularly if it was preceded by a dry period. This would allow a substantial amount of the floodwaters to wet the channel and wetland sediments in the system's upper reaches. A larger proportion of water could be removed from a subsequent flood event, but not so much that the wetlands and channels had little chance of being re-wetted. Using this scaled approach, the largest amount of water that could be removed would be proportional to the largest flood, occurring at the end of a series of (smaller) flood events.

However, if the sequence of wetland flooding is prevented and major flooding events are inhibited, the productivity booms typical of unregulated dryland rivers will be unlikely to eventuate. Indeed, evidence shows that when floodplains are left dry for long periods, post-flood booms are diminished (Capon 2007; Jenkins and Boulton 2007). Many species rely on these booms; in unregulated Cooper Creek, native fish utilize the floodplain during periods of massive inundation, which provides an environment rich in both autochthonous and allochthonous food resources (e.g. Balcombe et al. 2005; Balcombe and Arthington 2009). Australian waterbirds also depend on these floodplain resources, moving en masse to productive habitat and breeding zones when flooding triggers production booms in fish, frogs, aquatic invertebrates and macrophytes (Kingsford et al. 1999; Kingsford et al. this issue). These events are of major importance to the persistence of assemblages in aquatic refugia and overall ecosystem function.

Since 1857, thousands of weirs (3600 in the Murray-Darling Basin alone) and floodplain levee banks, 446 large dams (> 10 m crest height) and over 50 intra- and inter-basin water transfer schemes have been implemented to secure water for human consumption within  
410 Australia (Arthington and Pusey 2003). Much of the water stored by large dams is diverted upstream of floodplain wetlands, and the majority of floodplain wetlands on developed rivers may no longer flood (Kingsford 2000). For the Murray-Darling Basin, the sequence of flooding has been severely disrupted. In fact, the Coorong, Lower Lakes and Murray Mouth wetland system, listed as a Wetland of International Significance under the Ramsar  
415 Convention, now receives so little input of freshwater that restoration may require environmental flow releases of at least 500 gigalitres from upstream barrages during dry periods (Brookes et al. 2009).

This drying of wetlands due to water abstraction and diversion is not unique to the  
420 Murray–Darling Basin. Dramatic ecological impacts and fish losses have been observed in many regulated dryland floodplain rivers, for example, the Aral Sea in Uzbekistan and Kazakhstan, the Mesopotamian Marshes in Iran and Lake Mono in California, USA (Kingsford et al. 2006). A recent study of wetlands in the Tarim River in arid-zone China (Zhao et al. 2009) demonstrates the adverse effects that dams and irrigation practices can  
425 have on dryland river biodiversity, as mediated through the loss of flood sequences and the parching of wetland ‘sponges’. The area covered by wetlands in this system, particularly off-channel lakes and marshes upon which migratory bird species depend, has dwindled substantially in the last several decades, along with a decline in freshwater and river-margin biodiversity. For example, a dam constructed across the river’s lower reaches in  
430 1972 resulted in the drying of a 321-km stretch of river below the dam wall (Chen et al. 2006) and a 3–12-m decline in groundwater levels, subsequently shrinking the area covered by riparian wetlands. Thus, our sequential flooding concept, and that of wetland ‘sponges’, apparently has a ubiquitous application to dryland river systems worldwide.

## 435 **Conclusions**

We propose that sequential high flow events that generate significant flooding and progressively fill the wetland ‘sponges’ of arid landscapes are essential for the ecological persistence of wetland habitats within dryland river systems. These flood sequences drive booms in the productivity that sustain aquatic and terrestrial biota over large spatial and  
440 temporal scales and subsidise assemblages in isolated aquatic habitats during dry periods.

By artificially removing water from upland wetlands or in-channel flows, water from flood events will not saturate the sponges and move down the system to wet downstream sediments. As a result, the benefits of sequential flooding to downstream wetlands and their biotic communities will be greatly reduced or lost completely.

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## Figure captions

715 Figure 1: Flow drives river function across a range of temporal and spatial scales, interacting with landscape and local environment characteristics to affect local assemblage characteristics, water quality and ecosystem processes.

720 Figure 2: Various features of the (a) flood pulse, (b) flow history and (c) flow regime that have ecological significance, modified from Walker et al. (1995).

Figure 3: Maps of (a) Lake Eyre and (b) Murray Darling Basins in Australia, showing their river systems and major wetland complexes.

725 Figure 4: Correlation between mean annual values of the Southern Oscillation Index (SOI) and simulated, total annual discharge ( $\text{ML y}^{-1}$ ,  $\log(x+1)$  transformed) in the Darling River system under conditions of pre-European settlement (1924 – 2005), cumulatively combined from upstream gauges to those further downstream (Goondiwindi, Goondiwindi + Mungindi, Goondiwindi + Mungindi + Bourke, Goondiwindi + Mungindi + Bourke + Wilcannia).

730 Figure 5: Cumulative, positive correlations between total annual discharge ( $\text{ML y}^{-1}$ ) at upstream gauging stations (from upstream to downstream: Goondiwindi, Mungindi and Bourke) and Wilcannia gauging station (most downstream) in the Darling River system 1924 – 2005, simulated for pre-European settlement conditions.

735 Figure 6: Sequential flooding in Cooper Creek river system: a sequence of three flow events (dark arrows), following a large flood event c. 1990, in the period leading up to the c. 2000 flood event in Cooper Creek. From top to bottom, hydrographs of total annual discharge ( $105 \text{ ML y}^{-1}$ ) are shown for upland (Darr River at Darr and Thomson River at Longreach), mid (Thomson River at Stonehenge; 1994 to 1999 data are missing) and lowland gauging stations (Cooper Creek at Cullyamurra). Schematic of river system depicts relative position of gauging stations in the network and is not to scale.

745 Figure 7: Sequential flooding: conceptual diagram for major tributaries, rivers and wetlands of a large river system (e.g. Murray Darling Basin). In the left panel, from top to bottom, a five year sequence of a dry year, three floods and another dry year is depicted

under natural (anthropogenically unmodified) flow conditions, where floodplain and terminal wetlands (closed circles) are progressively filled from uplands to lowlands (thick lines). This culminates in major flooding of rivers and wetlands in the third flood year, followed by a year of receding in-channel water levels but sustained aquatic habitat in the wetland refugia. This is contrasted with the same sequence under an irrigation scenario: upland wetlands are filled during the first flood year, but water is removed for irrigation (closed rectangles) so that lower wetlands do not fill and major flooding of the system does not eventuate, even after three consecutive years of upland flooding.

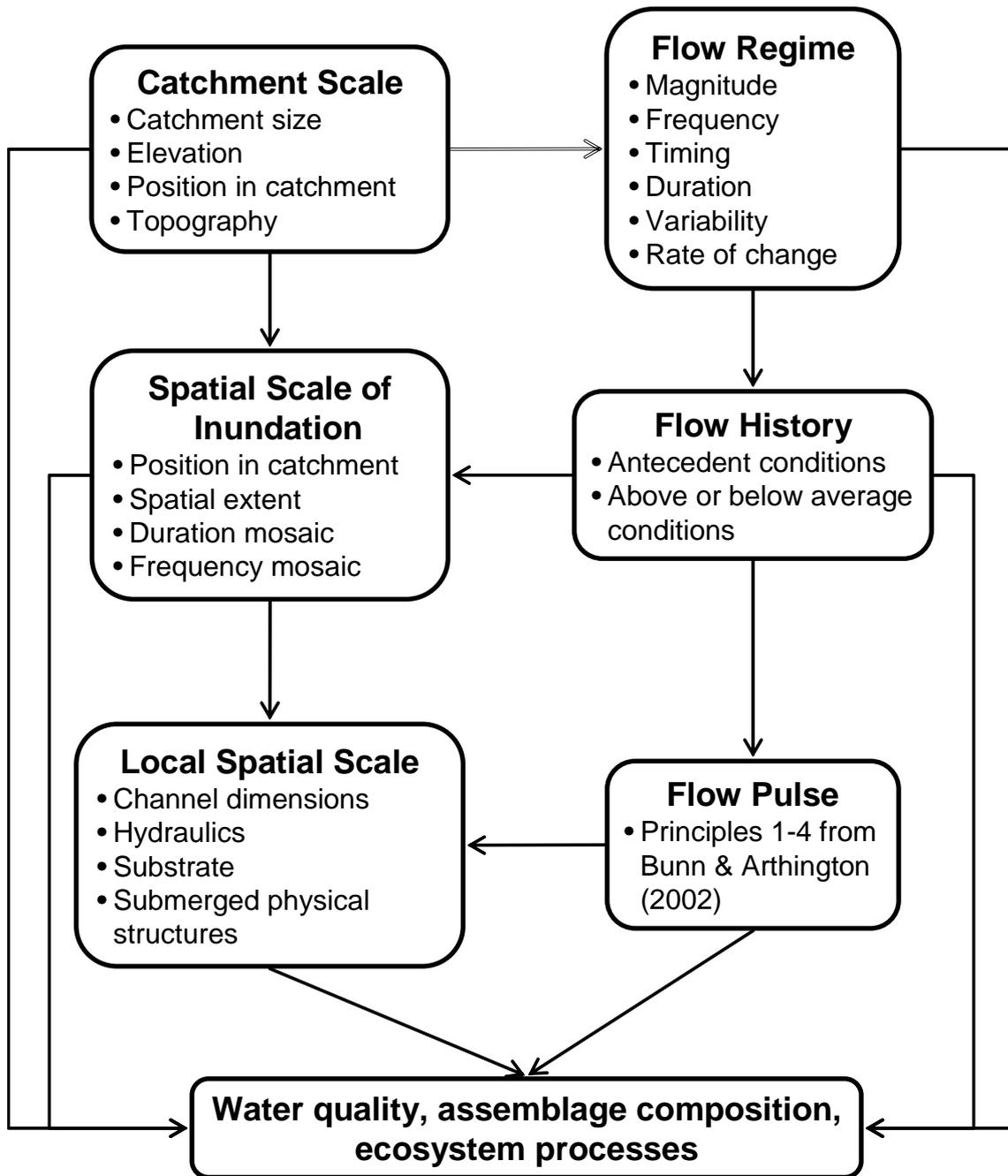
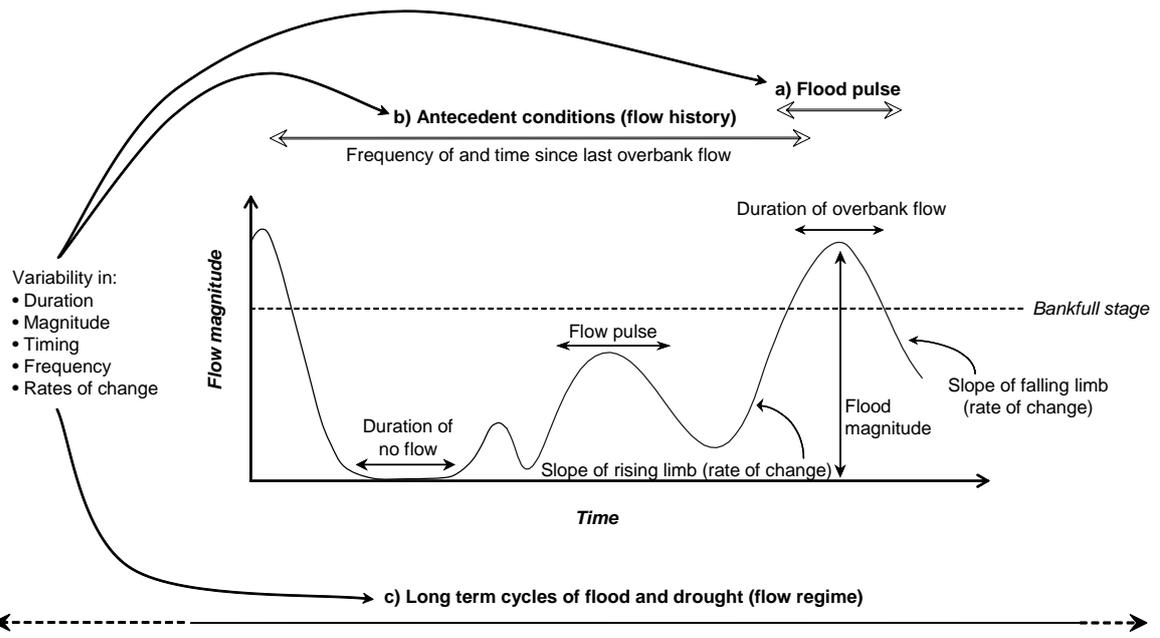
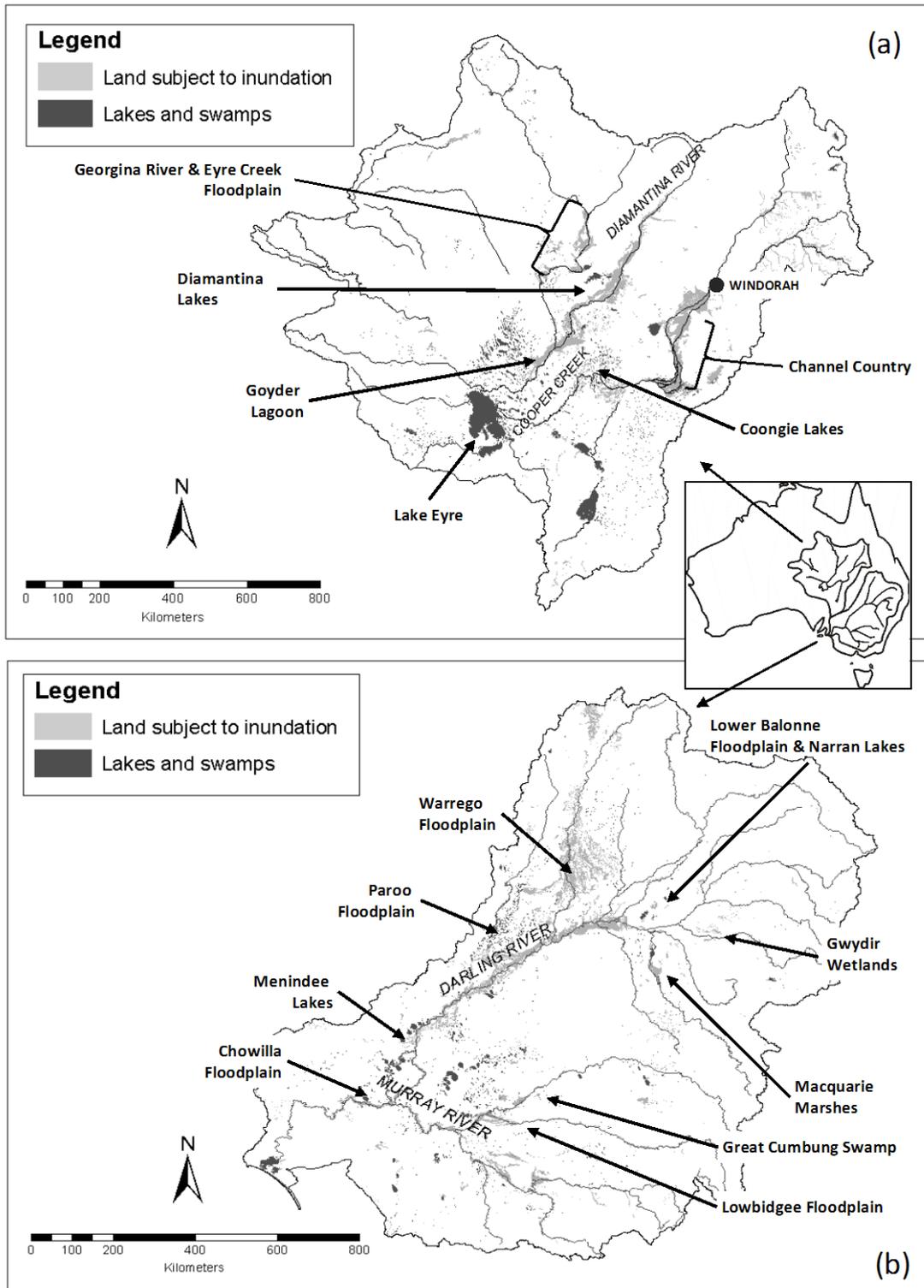


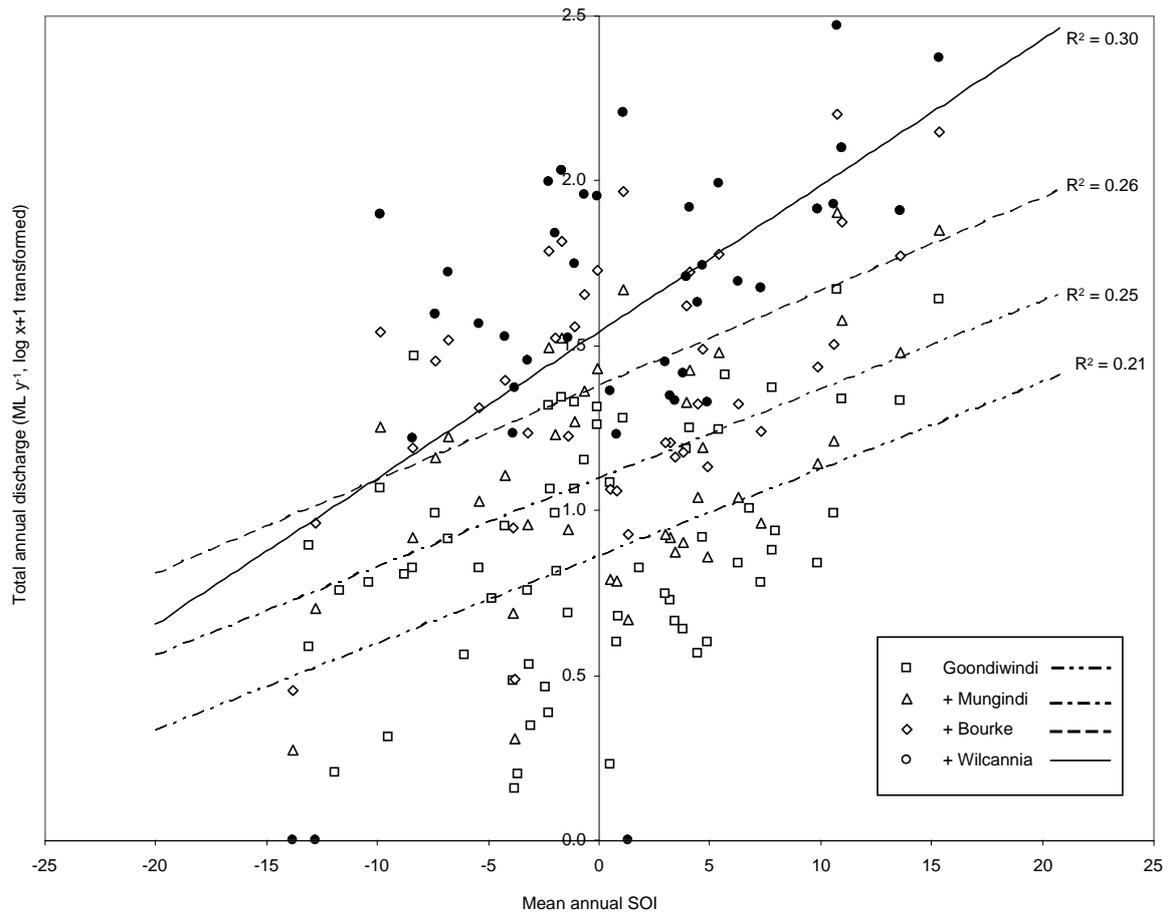
Figure 1



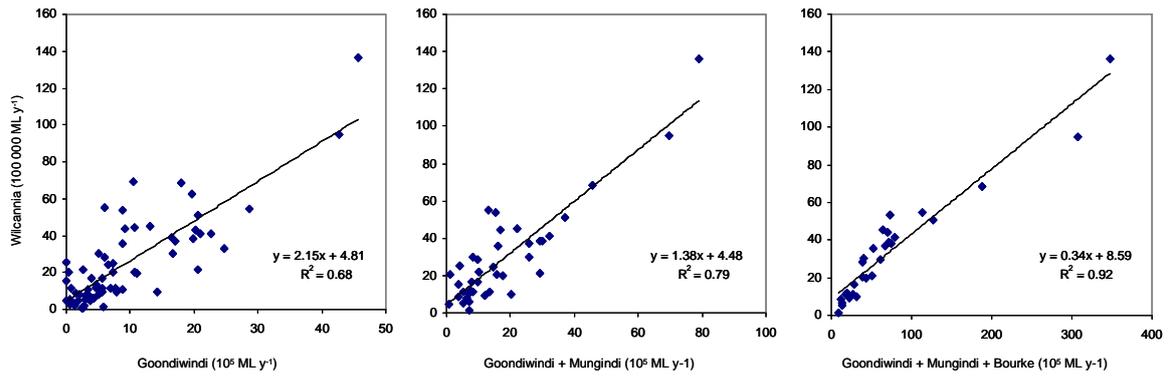
**Figure 2**



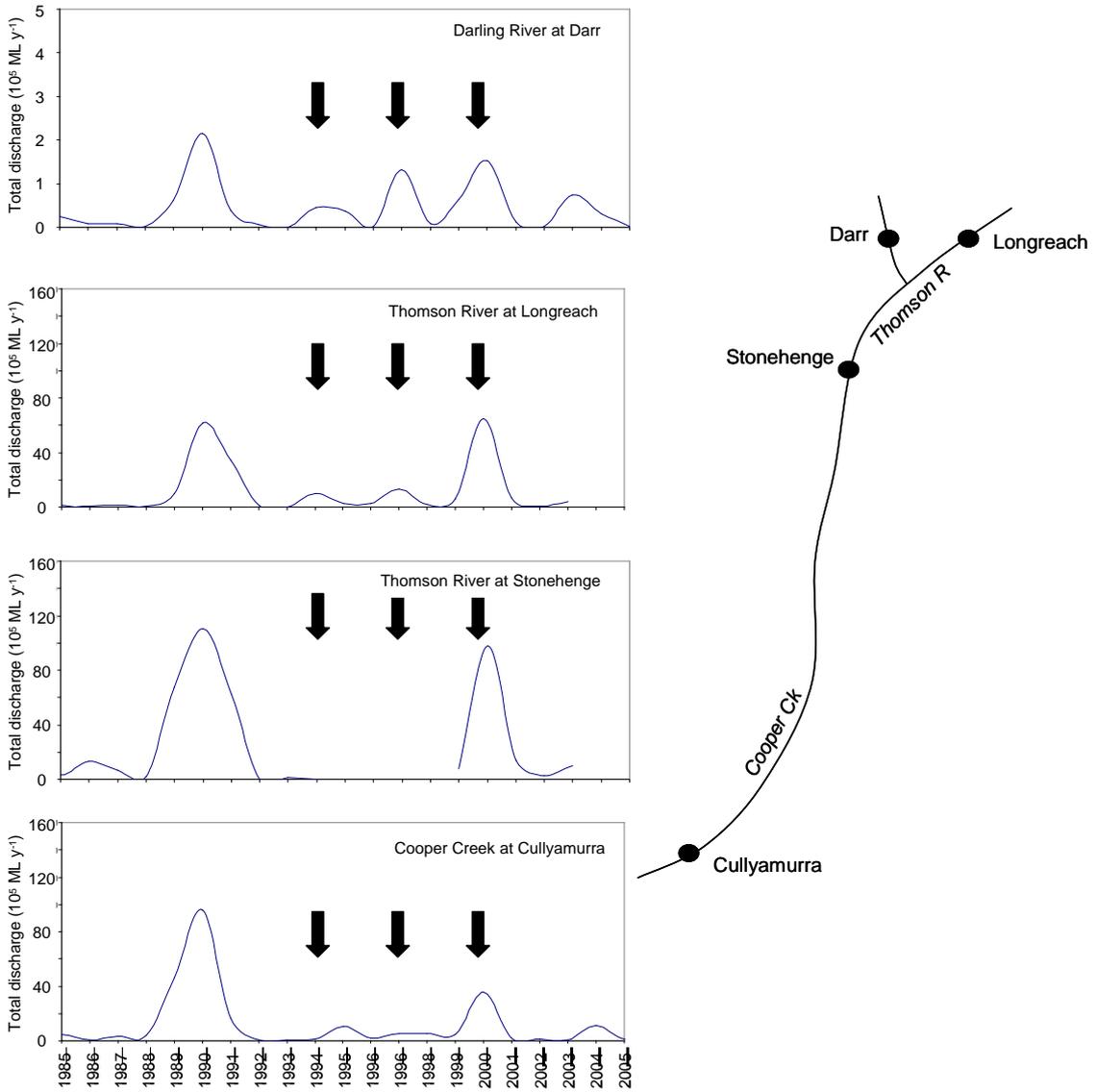
**Figure 3**



**Figure 4**



770 **Figure 5**



**Figure 6**

Flood sequence under the natural flow regime

Flood sequence under anthropogenic alteration

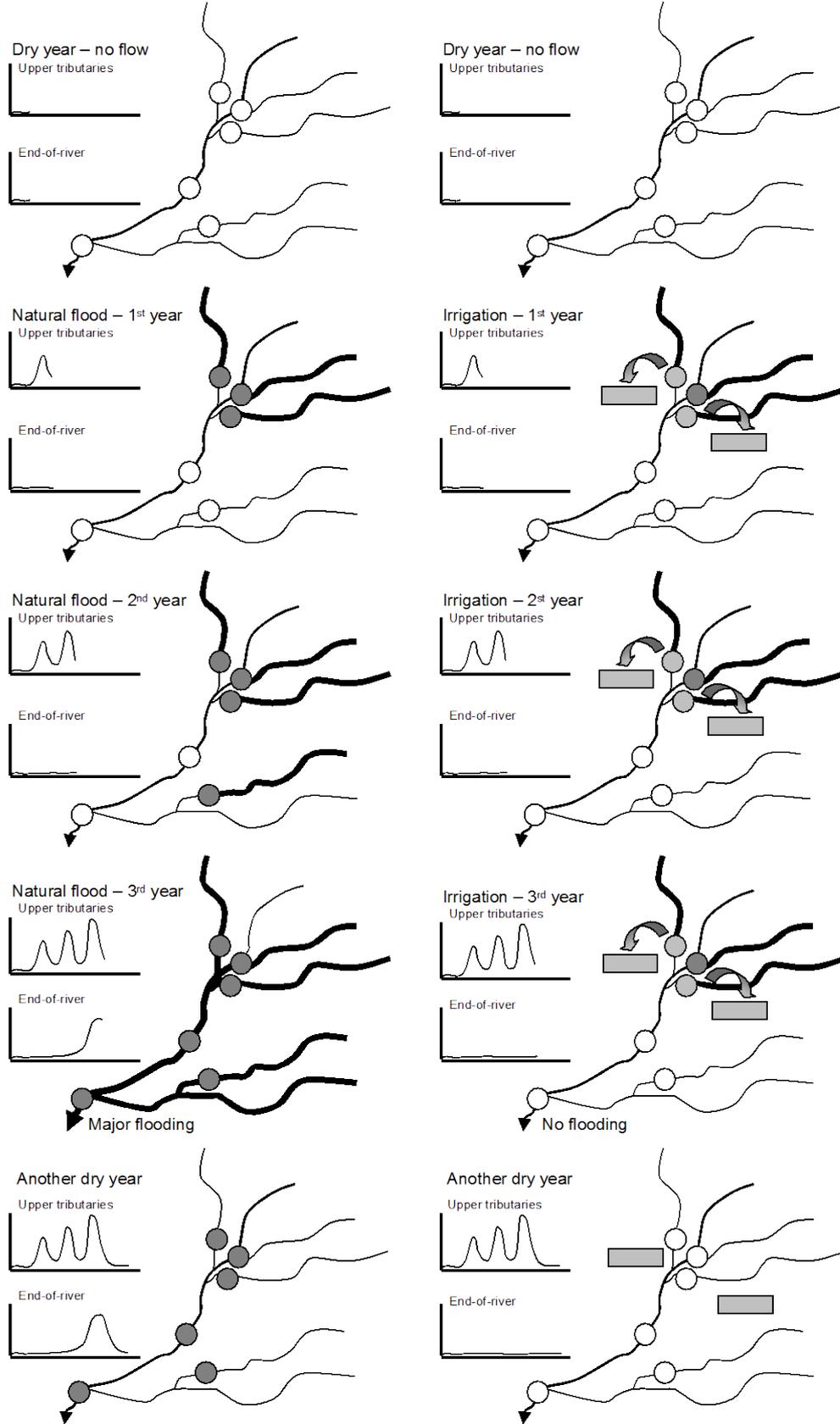


Figure 7