OBJECTIVE. Stereotyped movements (SM) are a defining characteristic of autism but are also present in children with a range of sensory and developmental disorders. We examined whether the severity of sensory processing disorders (SPD) was associated with the severity of SM and whether SPD accounted for between-group differences in SM.

METHOD. The Short Sensory Profile and the Stereotyped and Self-Injurious Movements Interview were administered to children with autism, intellectual disability, visual impairment, and hearing impairment and to typically developing children.

RESULTS. SPD predicted the severity of SM in all samples and accounted for differences in SM between the groups. Other differences in the severity of SM were the result of diagnosis and the interaction between diagnosis and an intellectual disability.

CONCLUSION. SPD may be a source of SM, but functional connections between these phenomena will need to be tested in future research. Implications for occupational performance are addressed.


Stereotyped movements (SM)—motor responses that are repetitious; excessive in rate, frequency, or amplitude; and pursued in an invariant way—are a defining characteristic of autism (American Psychiatric Association, 2000; Schopler, 1995). They are also common among children with an intellectual disability (Rojohn & Sisson, 1990) or a substantial hearing (Murdoch, 1996) or visual impairment (Tröster, Brambring, & Beelmann, 1991). In addition to being perceived as inappropriate, odd, and lacking adaptive significance (Baumeister, 1978; Turner, 1999a), a subset of SM is clearly maladaptive because those SM may harm and even threaten the lives of the children who perform them (Matson et al., 1997). Stereotyped self-injurious behaviors are rarely evident among typically developing children but are reported in 52% of children with a serious visual impairment and 64% of children with autism (Gal, Dyck, & Passmore, 2009). Within an occupational context, these behaviors limit the capacity of such children to fully participate in the complex occupational performance demands of life that are affected by both environmental and personal factors (Baum & Christiansen, 2005).

Among typically developing children, SM have long been regarded as a necessary part of appropriate motor development (Lourie, 1949; Pick, 1995; Thelen, 1979) and are precursors to children’s development of postural control (Prechtl, 1993). Among children with a disability, however, the persistence of SM beyond early childhood is often attributed to learning (Durand & Carr, 1987) or to what are hypothesized to be the core neurocognitive deficits that are thought to
account for the disorder, such as weak central coherence—that is, the ability to understand context (Frith, 2003)—or impaired executive functioning (Turner, 1997) in the case of children with autism. An alternative view is that children with a range of disabilities also have severe sensory processing disorders (SPD) that cause them to be either overstimulated or understimulated by the environment; SM may help such children maintain an optimal or homeostatic state of stimulation (Gal, Dyck, & Passmore, 2002; Odberg, 1987).

Children and adults have characteristic ways of processing sensory information. Sensory processing involves the registration and modulation of sensory information as well as the internal organization of sensory input; it results in successful execution of adaptive responses to situational demands and, thus, meaningful engagement in daily occupations (Humphry, 2002). However, for people with SPD, a group of disorders that involve challenges in modulation, integration, organization, and discrimination of sensory input, these differences are extreme and may interfere with daily functioning and emotional–behavioral patterns (Miller, Anzalone, Lane, Cermak, & Osten, 2007; Miller, Lane, Cermak, Osten, & Anzalone, 2005). Interference will be greatest with occupations that relate to motor aspects of behavior: body position; motor coordination; fine and gross motor skills; and skills that tap into the interaction between people and objects, such as stabilizing, hand grasping, and manipulating objects (Parham & Mailloux, 2005; White, Mulligan, Merrill, & Wright, 2007). Each way of responding to or experiencing sensation may have a corresponding pattern of behavior (Huebner & Dunn, 2001).

Dysfunctional responsiveness to sensory stimulation is observed in the same disorders in which SM are observed (Miller, Reisman, McIntosh, & Simon, 2001). Children with autism have been shown to perform more SM when exposed to stimuli to which they are oversensitive (find aversive), to perform fewer SM when exposed to an attractive stimulus, and to perform an intermediate number of SM when exposed to neutral stimuli (Gal et al., 2002). The SM appear to block excessive stimulation (Wehmeyer, 1989) or to increase stimulation in an understimulating environment (Mason, 1991) and thereby help a person to remain within optimal physiological or psychological limits (Fraser & Broom, 1990).

This account has intuitive appeal in the context of autism in which the extent of SPD is well established and in the context of sensory disorders in which sensory loss entails reduced sensory input. Research with deaf children, however, has suggested that SM are not necessarily present in this group but are observed only among deaf children who have other disabilities, including an intellectual disability (Murdoch, 1996). Nor is it clear that SPD could account for the performance of SM in children with an intellectual disability, among whom SM increase in frequency and severity as the severity of the disability increases (Poustka & Lisch, 1993). Whether the one-third to two-thirds prevalence of SM in children with an intellectual disability (Rojahn & Sisson, 1990) can be accounted for by the fact that one third of children with an intellectual disability also have a pervasive developmental disorder (Kraijer, 1997) and, thus, presumptive SPD, is not clear. The case may instead be that the prevalence of SM among children with an intellectual disability simply indicates that those children’s use of SM to maintain a homeostatic state reflects their inability to use cognitive resources to cope with new and restricting or frustrating situations (Forehand & Baumeister, 1971), to initiate alternative activities (Baumeister, MacLean, Kelly, & Kasari, 1980), or to cope with frustration. If so, an intellectual disability would, like SPD, be a condition that predisposes a child to perform SM to maintain homeostasis and might interact with sensory processing difficulties to increase the frequency or severity of SM when both conditions are present.

Research Aims

The main aim of this study was to examine relationships between SPD and SM in children with and without developmental or sensory disorders to discover whether SPD accounted for differences in the prevalence and severity of SM across and within groups—that is, to test the hypothesis that group differences in SM are mediated by differences in SPD. A second aim was to assess whether intellectual disability makes an independent contribution to SM, and if so, whether it also interacts with SPD to exacerbate SM.

Method

Research Design

To increase the feasibility of the research, we treated intellectual disability as a categorical variable or main factor in a 4 (type of disorder: autism, vision loss, hearing loss, or no sensory disturbance) × 2 (intellectual disability or no intellectual disability) between-groups study. We paired a sample of typically developing children with a sample of children with intellectual disability who had no diagnosed sensory loss or comorbid developmental disorder; these samples constituted the two levels of the No Sensory Disturbance factor. This design allowed us to assess, using analysis of covariance (ANCOVA), whether any between-
group differences in SM can be accounted for by group differences in SPD or whether additional effects are associated with type of disorder and the presence of an intellectual disability. We used additional regression and correlation analyses to assess relationships between SPD and SM within groups.

Participants

Participants were recruited after this project had been approved by the Human Research Ethics Committee of Curtin University of Technology (HREC 119/2000). Participants were 221 children (129 boys, 92 girls) 6–13 yr old (mean age = 9.40, standard deviation [SD] = 1.81) composing five groups: typically developing children (n = 30, boys = 14, girls = 16, mean age = 8.75, SD = 1.64), children with intellectual disabilities (n = 29, boys = 17, girls = 12, mean age = 10.35, SD = 2.02), children with visual impairments (n = 50, boys = 25, girls = 25, mean age = 9.02, SD = 1.59), children with hearing impairments (n = 56, boys = 31, girls = 25, mean age = 9.29, SD = 1.73), and children with autism (n = 56, boys = 42, girls = 14, mean age = 9.71, SD = 1.86). All participants were living with their families and were attending a state school, a segregated school, or a semi-inclusive school in the Haifa metropolitan region of northern Israel. Children with a developmental or sensory disorder had been diagnosed by a physician or a psychologist from medical developmental services.

Before recruitment of all children into the study, school principals gave their consent to take part in the study, as did the participants’ teachers, who gave their informed consent to participate in interviews about the children in the study sample.

Typically developing children were a convenience sample of second to fourth graders recruited from a state school. Children with an intellectual disability had been diagnosed by psychological services according to Diagnostic and Statistical Manual of Mental Disorders (4th ed., text rev., or DSM–IV–TR; American Psychiatric Association, 2000) criteria, and all had a measured IQ < 70. The educational system had also declared them as being in need of special education. These participants were recruited from three special education segregated schools, that is, schools that educated only children with an intellectual disability.

Children with visual impairments included two subgroups: those who had typical intelligence (IQ ≥ 70; n = 25) and those who also had an intellectual disability (IQ < 70; n = 25). All the children had been defined by medical services as legally blind or having visual loss and, as a result, were eligible for special education support. They were recruited from special school classes designed for them. Children with hearing impairments included the same subgroups: those who had typical intelligence (IQ ≥ 70; n = 34) and those with an intellectual disability (IQ < 70; n = 22). All of these children had been defined by medical services as requiring hearing aids and as eligible for special educational support. They were recruited from special school classes designed for them.

Children with autism were diagnosed on the basis of DSM–IV–TR criteria and by the Childhood Autism Rating Scale (Schopler, Reichler, & Renner, 1998). Half (n = 28) of the children had typical intelligence, and half had an intellectual disability. All the children were defined by psychological services as eligible for special education in a school for children with autism spectrum disorders and were recruited from two such special education schools.

For all samples, children were excluded if they had been diagnosed with other specific syndromes strongly associated with specific repetitive movements, including Lesch Nyhan syndrome, Cornelia de Lange syndrome, Riley–Day familial dysautonomia, fragile X syndrome, and Rett syndrome. These syndromes are associated with an abnormal metabolism or a specific X-linked gene, and children with these syndromes have known sensory abnormalities that differentiate them from other populations with intellectual disabilities. We also excluded children with tardive dyskinesia. In addition, the group with intellectual disability did not include children with a diagnosed sensory loss or impairment.

Statistical tests indicate that groups differed in age (F[4, 216] = 4.14, p = .003) and sex (χ²[4, 221] = 9.71, p = .045). Post hoc tests indicated that children in the typically developing group were younger than those in the groups with intellectual disability and autism; children in the groups with intellectual disability and autism were also older than those in the groups with visual and hearing impairment. Girls were overrepresented in the group with intellectual disability and boys were overrepresented in the group with autism; the latter result is consistent with gender differences in the prevalence of autism.

Instruments

The Short Sensory Profile (SSP; McIntosh, Miller, Shyu & Dunn, 1999) is a caregiver Likert-style rating scale that reports behavioral sensory processing difficulties in children ages 3–10 yr; however, in the context of people with disabilities, the profile is used with people ≤21 yr old.
(Dunn, 1999). The SSP was designed for screening and research use and includes 38 items that demonstrate the highest discriminative power of atypical sensory processing among the 125 items from the long version, the Sensory Profile (Dunn, 1999). The SSP includes seven sections: tactile sensitivity, taste or smell sensitivity, movement sensitivity, underresponsive or seeks sensation, auditory filtering, low energy or weak, and visual or auditory sensitivity. Item scores within each section are summed to yield a section score, and section scores are summed to yield a total summary score. Section scores are categorized within three categories: typical performance, probable difference, and definite difference. The categories are based on a classification system derived from norms, that is, the range of scores of children without disabilities as they performed on each subtest. This system allows for the construction of individual profiles that compare each child’s performance to normative performance. Internal consistency of the sections within the scale ranged from .70 to .90. Internal validity correlations for the sections ranged from .25 to .76 and were all significant at \( p < .01 \) (Dunn, 1999).

The SSP has been found to identify sensory difficulties among children with sensory modulation difficulties (Miller et al., 2001), autism and fragile X syndrome (Miller et al., 2001; Rogers, Hepburn, & Wehner, 2003), and attention deficit disorder (Mangeot et al., 2001). Given its short administration time (10 min) and value in screening for atypical sensory processing, the SSP is recommended for research protocols (Dunn, 1999). We treated both section scores and the SSP total score, which is the most sensitive indicator of sensory dysfunction, as dependent variables in this study. The SSP isolates sensory processing that is less confounded by items overlapping with the diagnostic features of autism (Tomchek & Dunn, 2007), and it is therefore appropriate for this study.

In this study, we chose special education teachers to be the designated reporters rather than caregivers because in the targeted settings, children were taught in small classes (6–8 children with two teachers), over long hours, and so their teachers knew them well and were able to fully describe their behaviors.

The Stereotyped and Self-Injurious Movement Interview (SSIMI; Turner, 1999b), an adaptation of the Repetitive Behaviors Interview (Turner, 1999b), is a 32-item clinician-administered questionnaire designed to assess stereotyped body movements, manipulation of objects, and self-injurious behavior (Gal et al., 2002, 2009). The SSIMI assesses how many different SM a child performs, the frequency with which each form of SM is performed (e.g., once or twice per week, ≥30 times per week), the duration of each performance (e.g., <60 s, >30 min), and the intensity with which SM are performed (e.g., two or three movements per 10 s, ≥10 movements per 10 s). The SSIMI is internally consistent (\( \alpha = .79 \)) and appears to be sensitive to group differences in the frequency or severity of SM (Gal et al., 2009). Because research has shown that indexes of SM frequency, intensity, and duration are strongly correlated with SM prevalence (how many different SM a child performs; Gal et al., 2009), we report results only for the prevalence index.

**Procedures**

The SSP and SSIMI were administered to the participants’ teachers by Eynat Gal, an experienced and doctorally qualified occupational therapist who developed the SSIMI, as a face-to-face interview in their home schools. Interviews lasted approximately 60 min per child.

**Data Analysis**

We conducted several analyses. First, descriptive statistics (means and SDs) were used to describe the SM and SSP scores within each sample. Second, we calculated Pearson correlation coefficients to assess the strength of any linear relationship between SSP scores and SM within and across samples. Third, we conducted a series of stepwise multiple regression analyses to discover which linear combination of SSP section scores best predicted SM within and across samples. Finally, to define whether group differences in sensory processing anomalies accounted for differences in SM, we conducted an analysis of variance (ANOVA) with disorder type and intellectual disability as the main factors and SSP summary scores as the covariate.

**Results**

Descriptive statistics (means and SDs) for the prevalence of SM and the SSP summary scores are reported in Table 1. The prevalence of SM across disorders shows marked differences, and within a disorder category, more SM are always present in the subgroups with intellectual disability. The identical pattern is evident in SSP scores, with lower scores indicating greater sensory differences, always evident in the subgroups with intellectual disability.

We calculated Pearson correlation coefficients to assess the strength of any linear relationship between SPD and SM within and across samples. The results (see Table 2) indicate significant and sometimes strong relationships between the SSP summary score and SM in each sample and in the combined sample and between each SSP section score and SM in at least one sample. Correlations tended to be strongest in the typically developing sample.
and weakest in the sample with autism; which section score is most strongly related to SM differs across samples (e.g., the best predictor of SM in the typically developing group was low energy or weak, the best predictor in the group with intellectual disability was visual–auditory, and the best predictor in the group with hearing impairment was underresponsive).

Multiple regression analyses indicated that for the combined sample, the combination of underresponsive, taste or smell, tactile, and visual–auditory section scores accounted for >50% of variance in SM \( (\text{adjusted } R^2 = .53, F[4, 216] = 65.12, p < .001). \)

For individual samples, results were as follows: typically developing sample, weak and tactile section scores, \( R^2 = .51, F(2,27) = 14.37, p < .001; \) sample with intellectual disability, visual–auditory section scores \( R^2 = .52, F(1, 27) = 29.54, p < .001; \) sample with autism, underresponsive scores, \( R^2 = .17, F(1, 54) = 12.76, p = .001; \) sample with visual impairment, tactile section scores, \( R^2 = .17, F(1, 48) = 11.54, p = .001; \) and sample with hearing impairment, underresponsive and tactile section scores, \( R^2 = .40, F(2, 53) = 17.66, p < .001. \)

Finally, we conducted a 4 (disorder type) \( \times 2 \) (intellectual disability category) ANOVA with SSP summary scores as the covariate. The analysis indicated that the model accounted for 60% of variability in SM prevalence \( (F[8, 212] = 43.74, p < .001, \varepsilon^2 = .623). \) We observed a significant effect for the covariate \( (F[1, 212] = 33.47, p < .001, \varepsilon^2 = .136), \) for disorder type \( (F[3, 212] = 15.26, p < .001, \varepsilon^2 = .178), \) for intellectual disability category \( (F[1, 212] = 29.97, p < .001, \varepsilon^2 = .124), \) and for the Disorder Type \( \times \) Intellectual Disability Category interaction \( (F[3, 212] = 4.05, p < .01, \varepsilon^2 = .054). \) Estimated marginal means for the interaction, the predicted mean SM score for each group when the covariate is taken into account (see Table 3), suggest that group differences in sensory processing anomalies account for differences in SM among the typically developing, intellectual disability, hearing impairment higher IQ, and possibly the visual impairment higher IQ samples. The results reported in Table 3 suggest that autism makes a separate contribution to SM prevalence and lower IQ interacts with autism and hearing and visual impairment to increase SM prevalence. When group differences related to sensory processing are taken into account, children with autism who do not have an intellectual disability perform more SM than children with any other combination of disabilities, and children with any one disability, including an intellectual disability, hearing impairment, or visual impairment, do not differ substantially from typically developing children. And even though children with an intellectual disability do not have increased SM when sensory processing is taken into account, comorbidity of an intellectual disability with autism, hearing impairment, and visual impairment substantially increases the prevalence of SM.

### Discussion

The main aim of this study was to discover whether SPD, as measured by sensory difference scores from the SSP, account for within- and between-group differences in the prevalence of SM. The results indicate that they do. A second aim was to assess whether an intellectual disability

### Table 2. Mean Number (and Standard Deviation [SD]) of Stereotyped Movements and Short Sensory Profile Summary Scores, by Sample

<table>
<thead>
<tr>
<th>Sample and IQ Status</th>
<th>Stereotyped Movement</th>
<th>Short Sensory Profile Score</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean</td>
<td>SD</td>
</tr>
<tr>
<td>No sensory disorder</td>
<td></td>
<td></td>
</tr>
<tr>
<td>≥70</td>
<td>0.50</td>
<td>0.73</td>
</tr>
<tr>
<td>&lt;70</td>
<td>1.86</td>
<td>2.13</td>
</tr>
<tr>
<td>Autism</td>
<td></td>
<td></td>
</tr>
<tr>
<td>≥70</td>
<td>5.21</td>
<td>2.79</td>
</tr>
<tr>
<td>&lt;70</td>
<td>8.92</td>
<td>3.38</td>
</tr>
<tr>
<td>Vision loss</td>
<td></td>
<td></td>
</tr>
<tr>
<td>≥70</td>
<td>2.48</td>
<td>2.46</td>
</tr>
<tr>
<td>&lt;70</td>
<td>4.88</td>
<td>2.08</td>
</tr>
<tr>
<td>Hearing loss</td>
<td></td>
<td></td>
</tr>
<tr>
<td>≥70</td>
<td>1.38</td>
<td>1.72</td>
</tr>
<tr>
<td>&lt;70</td>
<td>3.77</td>
<td>2.56</td>
</tr>
</tbody>
</table>

Note. For the Short Sensory Profile, lower scores indicate greater sensory processing problems.

### Table 2. Pearson Correlation Coefficients Between Number of Different Stereotyped Movements and Short Sensory Profile Summary and Section Scores, by Sample

<table>
<thead>
<tr>
<th>Sample</th>
<th>Summary</th>
<th>Auditory</th>
<th>Movement</th>
<th>Tactile</th>
<th>Taste–Smell</th>
<th>Underresponsive</th>
<th>Visual–Auditory</th>
<th>Weak</th>
</tr>
</thead>
<tbody>
<tr>
<td>Combined</td>
<td>-.69**</td>
<td>-.53**</td>
<td>-.22**</td>
<td>-.55**</td>
<td>-.40**</td>
<td>-.62**</td>
<td>-.45**</td>
<td>-.25**</td>
</tr>
<tr>
<td>Typical</td>
<td>-.68**</td>
<td>-.55**</td>
<td>-.46**</td>
<td>-.39**</td>
<td>-.49**</td>
<td>-.46**</td>
<td>.23</td>
<td>-.64**</td>
</tr>
<tr>
<td>Intellectual disability</td>
<td>-.68**</td>
<td>-.39*</td>
<td>.019</td>
<td>-.22</td>
<td>-.30</td>
<td>-.41*</td>
<td>-.72**</td>
<td>-.36</td>
</tr>
<tr>
<td>Autism</td>
<td>-.28*</td>
<td>-.22</td>
<td>.17</td>
<td>-.11</td>
<td>-.12</td>
<td>-.43**</td>
<td>-.31*</td>
<td>.11</td>
</tr>
<tr>
<td>Vision loss</td>
<td>-.50**</td>
<td>-.29*</td>
<td>-.27</td>
<td>-.44**</td>
<td>-.14</td>
<td>-.36*</td>
<td>.12</td>
<td>-.34*</td>
</tr>
<tr>
<td>Hearing loss</td>
<td>-.55**</td>
<td>-.52**</td>
<td>-.24</td>
<td>-.50**</td>
<td>-.09</td>
<td>-.57**</td>
<td>-.37**</td>
<td>-.03</td>
</tr>
</tbody>
</table>

*\( p < .05, \) two tailed. **\( p < .01, \) two tailed.
makes an independent contribution to SM and whether it interacts with sensory-processing differences to exacerbate SM. The results suggest that an intellectual disability does not contribute directly to SM but interacts with sensory impairment and autism to increase the prevalence of SM. These results are consistent with the hypothesis that SM are an adaptive form of behavior that enable a person with SPD to cope with sensory over- and underresponsivity.

A consistent body of evidence has indicated that atypical sensory processing is a central feature of autism (Cesaroni & Garber, 1991; Dawson & Watling, 2000; Iarocci & McDonald, 2006; Rogers & Ozonoff, 2005), but its relationship to SM in people with and without autism had not been established. What our results imply is that disorders vary according to what set of sensory-processing anomalies are affected or are the main source of overstimulation or understimulation. Although underresponsiveness was associated with SM in all samples, it was the best predictor of SM only in the groups with autism or hearing impairment (Rogers & Ozonoff, 2005); in other groups, anomalies in the low energy or weak, visual–auditory, or tactile sections were what best predicted SM.

Our results indicate that atypical sensory processing is strongly related to SM not only in children with autism but also in children with intellectual disability or hearing or vision loss or who are typically developing. Indeed, correlations between SSP section scores and SM are consistently stronger in a typically developing child sample than in other samples and account for 50% of the variability in SM among typically developing children. This finding is important because it suggests that atypical sensory processing, however caused, not atypical processing resulting from autism or some other specific disorder, contributes to increases in SM.

The finding that SPD are associated with SM in all samples allows us to conclude that an intellectual disability is unlikely to be a direct contributor to SM. Although the prevalence of SM is significantly greater in all samples with an intellectual disability, so too is the severity of SPD, and across samples, a rank ordering of SM severity is matched by the rank ordering of SPD severity. As the analysis of covariance showed, in the absence of sensory impairment or a diagnosis of autism, children with an intellectual disability do not differ from typically developing children (or from people with no intellectual disability or with hearing and, perhaps, visual impairments) when the severity of SPD is covaried. Because we did not assess participants’ intelligence, we cannot assess how directly SPD covaries with IQ, but we can speculate that the processes responsible for an intellectual disability are also those processes responsible for more severe SPD in people with intellectual disability and that these SPD are responsible for the increased prevalence of SM in these groups.

Where intellectual disability appears to exert its influence is in its interaction with sensory impairment or autism to exacerbate the severity of SM. As shown in Table 3, the estimated severity of SM for each sensory disorder is 1.5 to 2 times as great when a child also has an intellectual disability. These increases in SM are disproportionate to children’s sensory processing problems, at least as measured by the SSP, and imply a qualitative change in the disabling consequences of SPD in children with multiple disorders. Such a qualitative change might reflect the role of dynamic processes, especially the disruption of the reciprocal and mutually beneficial cognitive processes that occur during typical development (van der Maas et al., 2006). Instead of sensory processing’s facilitating intellectual and motor development and vice versa, in people with intellectual and sensory disorders processing of any kind may interfere with other systems, causing disequilibrium within the dynamic system (Glencross, 1995).

This kind of disequilibrium is illustrated by how the sample with autism was distinguished from all other samples. In this group, both SPD and SM were most prevalent and severe, such that high-functioning children with autism had more SM than low-functioning children in any other group (see Table 3). In this sample, SM were less well predicted by SPD than in any other sample, possibly because the character of autism entails such aberrant sensory processing that scales such as the SSP cannot adequately assess individual differences within a sample with autism. Increasing evidence indicates that not only sensory integration processes are disrupted in autism. Rather, at all ability levels, whatever a child with
reliance on a single rating form to assess SPD. Also, our
to be tempered by several limitations of this study, in-
additional compensatory behavior. These conclusions need
be an additional source of disequilibrium necessitating
generalized problem integrating information, which may
counted for simply by SPD but may reflect a more
impairment and an intellectual impairment are not well ac-
omena need to be assessed in future research. The SM of
suggest that functional connections between these phe-
relationships exist between SPD and SM. These results
whether these phenomena have a functional and statistical
Gal et al., 2002). Similarly, a strong rela-
tionship exists between the severity of SPD and SM
across disorders, and between-group differences in sensory
processing problems account for differences in the preva-
ence of SM between typical children, children with an
intellectual disability, and children with sensory loss who
do not have an intellectual disability. The severity of SPD,
not sensory impairment or intellectual disability per se,
appears to determine the prevalence of SM. These results
suggest that functional connections between these phe-
omena need to be assessed in future research. The SM of
children with autism and children with both sensory im-
pairment and an intellectual impairment are not well ac-
counted for simply by SPD but may reflect a more
generalized problem integrating information, which may
be an additional source of disequilibrium necessitating
additional compensatory behavior. These conclusions need
to be tempered by several limitations of this study, in-
cluding no individual assessment of intelligence and our
reliance on a single rating form to assess SPD. Also, our

Conclusions, Limitations,
and Future Research

Moderate to strong relationships exist between SPD and
SM in children with a sensory impairment, an intellectual
disability, or autism or who are typically developing. These
relationships suggest that future research needs to assess
whether these phenomena have a functional and statistical
relationship (Gal et al., 2002). Similarly, a strong rela-
tionship exists between the severity of SPD and SM
across disorders, and between-group differences in sensory
processing problems account for differences in the preva-
ence of SM between typical children, children with an
intellectual disability, and children with sensory loss who
do not have an intellectual disability. The severity of SPD,
not sensory impairment or intellectual disability per se,
appears to determine the prevalence of SM. These results
suggest that functional connections between these phe-
omena need to be assessed in future research. The SM of
children with autism and children with both sensory im-
pairment and an intellectual impairment are not well ac-
counted for simply by SPD but may reflect a more
generalized problem integrating information, which may
be an additional source of disequilibrium necessitating
additional compensatory behavior. These conclusions need
to be tempered by several limitations of this study, in-
cluding no individual assessment of intelligence and our
reliance on a single rating form to assess SPD. Also, our

reliance on teachers’ ratings limits the generalizability of
the results to educational settings. Future research should
undertake analyses of the relationship between SM, sensory
processing, and occupational performance outcomes in
specific dimensions and contexts, especially noneducational
ones. At the applied level, this study may suggest that
clinicians use people’s behaviors and, specifically, their SM
as indicators for their sensory systems and extend the focus
of intervention from a behaviorally based intervention to
one that includes both addressing the individual’s sensory
differences through direct intervention and adapting the
sensory environment. ▲

References

American Psychiatric Association. (2000). Diagnostic and sta-
Washington, DC: Author.
occupational performance: An occupation-based frame-
work for practice. In C. Christiansen & C. Baum (Eds.),
Occupational therapy: Performance, participation and well-
being (pp. 242–267). Thorofare, NJ: Slack.
movements. In C. E. Meyers (Ed.), Quality of life in se-
verely and profoundly mentally retarded people: Research foun-
dations for improvement (Monograph No. 3). Washington,
DC: American Association for Mental Deficiency.
Baumeister, A. A., MacLean, W. E., Jr., Kelly, J., & Kasari, C.
(1980). Observational studies of retarded children with
multiple stereotyped movements. Journal of Abnormal
anatomy of impaired selective attention and compensatory
doi:10.1016/S0926-6410(03)00189-7
Cesaroni, L., & Garber, M. (1991). Exploring the experi-
ce of autism through firsthand accounts. Journal of Au-
tism and Developmental Disorders, 21, 303–313. doi:10.1007/
BF02207327
auditory, visual, and motor integration in autism: A review
of the evidence. Journal of Autism and Developmental Dis-
tonio, TX: Psychological Corporation.
“self-stimulatory” behavior: Analysis and treatment appli-
with autism? Journal of Clinical Child and Adolescent Psy-
chology, 35, 20–33. doi:10.1207/s15374424jccp3501_3
Forehand, R., & Baumeister, A. A. (1971). Stereotyped body
rocking as a function of situation, IQ and time. Journal of
Clinical Psychology, 27, 324–326. doi:10.1002/1097-4679(197107)27:3<324::AID-JCLP2270270307>3.0.CO;2-O


