

1 **Constituents of “teabacco”: A forensic analysis of cigarettes made from diverted nicotine replacement**
2 **therapy lozenges in smoke-free prisons**
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ABSTRACT

Background: Following the implementation of prison smoke-free policies, there have been reports of prisoners creating substitute cigarettes made from nicotine replacement therapy patches or lozenges infused with tea leaves (“teabacco”). No studies have analysed the chemical constituents of teabacco made from nicotine lozenges, so as to document any potential related health hazards.

Method: Teabacco samples were made by a participant who reported creating teabacco while incarcerated in a smoke-free prison in Queensland, Australia, and the process was video-recorded for replication in a laboratory. A simple linear smoking system captured the teabacco smoke for analysis. Inductively coupled plasma optical emission spectroscopy (ICP-OES) was used to analyse elemental composition and gas chromatography coupled with a mass spectrometer (GC-MS) analysed the captured smoke using the National Institute of Standards and Technology mass spectral library.

Results: Analyses determined that quantities of copper, aluminium and lead concentrations, and levels of inhaled total particulate matter, were above recommended guidelines for safe ingestion. Analysis of teabacco smoke using GC-MS identified potentially toxic compounds catechol and nicotine. However, our findings show that smoking this form of teabacco is less harmful than smoking teabacco made from nicotine patches, or smoking traditional tobacco cigarettes.

Discussion: Considering the limited potential health harm of smoking teabacco made from lozenges, and that nicotine lozenges represent the only form of smoking cessation support for individuals entering smoke-free prisons, we caution against the removal of nicotine lozenges from Queensland’s prisons, at least until further research directly establishes health harms associated with this form of teabacco.

Keywords: Smoke-Free Policy, Prisoners, Nicotine, Tobacco Use Cessation Products

46 BACKGROUND

47 Smoke-free policies are increasingly being implemented in prisons around the world in response to
48 high levels of tobacco use among people who cycle through prisons,¹⁻³ high levels of exposure to second-hand
49 smoke among non-smokers,^{4,5} and risk of litigation from those exposed to second-hand smoke.^{4,6} Such policies
50 have been introduced in prisons in Canada,⁷ most states of the United States (US),⁸ several European
51 countries,^{2,9} New Zealand,¹⁰ and in England and Wales.⁹ In Australia, complete smoke-free policies have been
52 introduced in all prisons in the Northern Territory, Queensland, Tasmania, Victoria, and New South Wales.¹¹

53 While evidence from the US shows that these smoke-free policies have significantly improved the
54 health of people in prison,^{3,12} these policies have resulted in some unintended consequences. One such
55 example is the diverted use of nicotine replacement therapy (NRT), where prisoners are substituting traditional
56 cigarettes by creating their own cigarettes out of NRT supplied by correctional authorities. This practice has
57 been reported in smoke-free prisons in Australia,¹³ New Zealand,¹⁴ and in the United Kingdom.¹⁵ The few
58 published studies^{13,14,16,17} reporting diverted use of NRT in prison describe how prisoners first mix provided
59 nicotine patches with tea leaves — earning this substance the nickname “teabacco”— then roll the mixture in
60 paper (typically from standard-issue prison Bibles or toilet paper tissue), and finally ignite the created
61 cigarettes using batteries or electronic appliances. Two qualitative studies with Australian prisoners have
62 described the use of teabacco made from nicotine patches,^{13,16} and one study has analysed the chemical
63 constituents of teabacco made from tea leaves and nicotine patches.¹⁷ This forensic analysis found that
64 smoking teabacco cigarettes made from nicotine patches released nicotine, as well as harmful toxins
65 formaldehyde, acetaldehyde, acrolein, toluene, xylene, and heavy metals—providing clear evidence for the
66 potential of this form of teabacco to result in short- and long-term health harm. Participants in both qualitative
67 studies also described fellow prisoners experiencing negative health effects as a result of smoking teabacco
68 made from nicotine patches, including nose bleeds, seizures, and strokes.^{13,16}

69 The state of Queensland in Australia is one jurisdiction in which anecdotal reports of teabacco use in
70 prison have emerged. In Queensland, a smoke-free policy was implemented in all prisons on the 5th May 2014,
71 and prisoners were provided with a free 12-week supply of nicotine patches (consistent with standard
72 community practice). Nine months later, this was reduced to one week of free patches provided to all people
73 entering prison. Unsubstantiated reports of teabacco made from nicotine patches emerged in the media,¹⁸
74 leading to Queensland correctional authorities removing all nicotine patches from their facilities. However,
75 despite the withdrawal of formal NRT provision, prisoners are still able to buy nicotine lozenges (but not
76 patches) from the prison shop in most prisons. It became known to us that prisoners in Queensland then began
77 creating teabacco from nicotine lozenges instead, with this practice also reported in the media in other states.¹⁹
78 There are no studies reporting the health effects of smoking teabacco made from nicotine lozenges. The aim
79 of this study is to identify the chemical constituents of teabacco made from nicotine lozenges, so as to
80 document any by-products that may constitute health hazards for smokers of this form of teabacco.

81 **METHOD**

82 **Recruitment**

83 During data collection for a broader study investigating return to smoking following release from
84 smoke-free prisons in Queensland,²⁰ reports of teabacco use in Queensland's prisons emerged among several
85 participants. One participant who described making teabacco cigarettes from nicotine lozenges while
86 incarcerated, and who was no longer serving a community corrections order, agreed to meet with researchers
87 in a private location in the community to create samples for analysis. After informed consent procedures, the
88 participant created several samples of teabacco cigarettes. The participant agreed to the filming of his hands
89 while creating the samples so that the process could be replicated in the laboratory, whilst assuring the
90 participant's anonymity. The participant was provided with a supermarket voucher as a reciprocity payment
91 for his time. This study received approval from Griffith University's Human Research Ethics Committee
92 (2015/581).

93 **Production of Teabacco**

94 All materials provided to the participant were the same brand as those he described using in prison.
95 Based on instructions provided by the participant to the research team prior to the video recording, the
96 provided tea leaves (Bushells Blue Label brand, removed from teabags) had already been rinsed in running
97 cold tap water until the water ran clear, and then left to dry overnight. The participant began by sucking the
98 sugar coating off of the nicotine lozenges (Nicorette Cool Drops 2mg). He then crushed the lozenges in a bowl
99 until they resembled powder. The crushed lozenges were then mixed with the rinsed and dried tea leaves at a
100 ratio of three lozenges to one teabag. The participant stirred the mixture thoroughly until the tea leaves were
101 covered in a white residue. The participant then created a cigarette filter using a small piece of cardboard. He
102 assembled the teabacco cigarette by placing the teabacco mixture and a cardboard filter onto a piece of Bible
103 paper, which he then rolled into a cigarette. He used saliva to seal the teabacco cigarette and concluded by
104 twisting each end of the cigarette to enclose the contents. In a prison setting, paper would be placed in a
105 microwave to create a flame, which would then be used to ignite the teabacco cigarette. Screenshots from the
106 video of the participant creating the teabacco samples are available as a supplementary file.

107 **Analysis**

108 A simple linear smoking system²¹ (Figure 1) was designed by authors CM and AW in order to capture
109 the teabacco smoke for analysis. The smoking chamber designed was based on Klus and colleagues'²² adaption
110 of the original design by von Neurath et al.²³ The result was an aluminium chamber (side and rear views shown
111 in Figures 2 and 3 respectively) with a polytetrafluoroethylene (PTFE) cigarette holder (Figure 4). Table 1
112 describes the components of the smoking system used to capture the teabacco cigarette smoke for analysis.

113 Adjacent to the smoking chamber was a solvent based trap²⁴; consisting of a liquid solvent (methanol
114 or toluene) in a Dreschel bottle or impinger. This allowed the smoke to be bubbled through a liquid and
115 captured by either cooling or chemical interaction with the chosen solvent. As this style of trap is susceptible
116 to breakthrough of high concentration compounds,²⁴ the trap was cryogenically cooled²⁴ with dry ice in
117 isopropanol (-78°C).²⁵

118 In order to simulate a person smoking a cigarette, consideration of variables such as puff frequency
119 (puff duration and inter-puff interval), puff volume, puff duration and puff flow rate²⁶ was required. The
120 Massachusetts regime²⁷ for smoking was selected, as it was deemed the closest to the human average²⁸ (Table
121 2). A timing and switching system was designed to mimic the preferred smoking cycle. Two timers were
122 interconnected and used to control a solenoid valve (Figure 5). A manual switch was also installed to simulate
123 the quick and short puffs smokers employ until the cigarette is completely lit.

124 Table 3 describes the materials used to create teabacco samples in the laboratory. Cigarettes were
125 constructed similar in size and concentrations to those created by the participant, with the exception of the
126 rolling method; to ensure consistency when rolling multiple teabacco cigarettes, the Bible paper casing was
127 rolled around a hexagonal Allen key (4.5 mm) before saliva was applied (as adhesive) using a cotton Q-tip
128 swab. The casing was then left to dry, before a section of one end was twisted to enclose the cigarette. The
129 teabacco mixture was then created by mixing crushed nicotine lozenges (Nicorette Cool Drops 2mg) with
130 rinsed tea leaves (Bushells blue label) at a ratio of three lozenges to one teabag. The paper casing was then
131 filled with teabacco, with occasional tapping, before the rolled cardboard filter was inserted. The cigarette was
132 then smoked by the linear smoking system. Four cigarettes were smoked per trap, with three replicate traps
133 per solvent.

134 Gravimetric determination of the total particulate matter (TPM; includes water, nicotine and
135 condensable tar) ‘inhaled’ by the linear smoking system occurred through use of a second cigarette filter tip
136 located inside the PTFE cigarette holder. During smoking, recorded outcomes included the overall smoke
137 time, number of puffs, and the weight of the second filter both before and after smoking. The difference in
138 weight was used to calculate TPM/puff. A cigarette was considered successfully ‘smoked’ if a range of 12-15
139 puffs was achieved (as per average use of a commercial cigarette).

140 Prior to analysis, the liquid captured from each solvent trap was freeze dried to remove solvent. The
141 sample residues were then placed back into solution at a concentration of approximately 3000 mg/L; in either
142 methanol or dichloromethane (substituted for toluene). Analysis of the captured smoke was conducted by gas
143 chromatography coupled with a mass spectrometer (GC-MS); compounds were identified using the National
144 Institute of Standards and Technology (NIST) mass spectral library (Version 2.2, 2014). Retention indexing
145 was used to constrain the search parameters to improve library identification results. Samples were run on a
146 GC-MS with a 240°C injection port at an initial temperature of 85°C, held for two minutes, and the temperature

147 was then ramped at 20°C/min until 180°C and then held for a further minute. The oven was then ramped again
148 at 40°C/min and held isothermally at 280°C for eight minutes. Carrier gas flow was controlled by linear
149 velocity at 1.10mL/min. Mass spectral information was gathered from 40 to 600 m/z with single ion
150 monitoring (SIM) channels of 84, 133 and 162 m/z being used to monitor and quantify the nicotine within the
151 sample.

152 Elemental composition of the teabacco cigarette materials (shown in Table 3), along with other
153 identified potential materials used, were analysed by inductively coupled plasma optical emission
154 spectroscopy (ICP-OES). Each sample was run in triplicate and involved digestion using concentrated nitric
155 acid and a microwave sample preparation system, before being analysed for the presence of 23 elements,
156 including various toxic heavy metals. Table 4 describes the instruments used for analysis. The analysis was
157 conducted using a Perkin Elmer Optima 8300 ICP-OES which was operated at 1450 watts with flowrates of
158 10L/min, 0.3L/min and 0.7L/min for plasma, auxiliary and nebulising gases respectively. Sample flow rate
159 was set at 1.5mL/min.

160 Tea cigarettes (washed and unwashed), containing only tea and no nicotine lozenges, were analysed
161 by GC-MS and TPM was determined gravimetrically, as a comparison to the teabacco cigarettes; in order to
162 identify components that originated specifically from the lozenges, rather than those from the tea and the bible
163 paper. Winfield Original Blue cigarettes (a common brand available for commercial purchase) were also
164 analysed by GC-MS and ICP-OES as a comparison to teabacco cigarettes.

165 **RESULTS**

166 **Elemental Analysis by ICP-OES**

167 Elemental compositions of the teabacco cigarette materials (Table 3), along with other identified
168 potential materials used were determined by ICP-OES (Table 5). The 23 elements tested include macro and
169 trace minerals required for healthy function and development, along with toxic heavy metals that can be
170 potentially consumed through dietary intake. Considering that individuals may smoke a pack of 20 cigarettes
171 in one day, the total potential exposure of each element was calculated (Table 6) for a minimum of 20
172 cigarettes (being the smallest sized 'pack' of commercially-produced cigarettes available).

173 Results from ICP-OES were compared to recommended daily intakes/recommended dietary
174 allowances and upper intake limits, preferably from the World Health Organization (WHO). These analyses
175 pertain to the potential exposure of a person to the concentrations determined in Table 5. The maximum risk
176 of exposure possible by smoking teabacco cigarettes was considered, compared to guidelines and deemed
177 excessive or not (Table 7).

178 **Gravimetric Determination of Total Particulate Matter**

179 Total particulate matter (TPM) was collected for each different type of handmade cigarette (teabacco,
180 washed and unwashed tea) by using a separate Ranch cigarette filter tip per cigarette. The average
181 experimental weights of total particulate matter were recorded by collecting 12 data points per trap polarity
182 (equivalent to 24 points per tobacco/teabacco product; see Table 8) and compared to an established maximum
183 limit and literature value for Winfield Original Blue cigarettes.

184 **Identification of Compounds by GC-MS**

185 The identity of several possible compounds collected by both the methanol and toluene solvent-based
186 traps was determined by GC-MS using the NIST mass spectral library (Table 9, Table 10). Figures 6 and 7
187 show representative GC-MS chromatograms of trap residues captured in methanol and toluene, respectively,
188 for the smoking of washed teabacco cigarettes. A number of compounds were identified by GC-MS from the
189 smoke captured in the methanol solvent-based traps from all samples (Table 9). Compounds identified in the
190 teabacco samples (both filtered and unfiltered) include (Z)-9-octadecenamide, 1,6-anhydro- β -D-
191 glucopyranose, catechol, dianhydromannitol, DL-glucitol, nicotine and octadecanoic acid. In the toluene
192 solvent-based trap (Table 10), the compounds identified in the teabacco samples (both filtered and unfiltered)
193 by GC-MS included 5-methyl-2-(1-methylethyl)-cyclohexanol, dianhydromannitol, diethyl phthalate,
194 nicotine, and octadecanoic acid. Compounds identified in teabacco cigarettes, along with washed and
195 unwashed tea cigarettes, including the likely source and potential toxicity of each are collated for comparison
196 in Table 11.

197 Nicotine levels in the teabacco cigarette were monitored to determine whether this non-standard form
198 of cigarette could deliver a reasonable level of nicotine, as opposed to the user ingesting the supplied lozenge
199 as intended (2mg nicotine), or smoking commercial cigarettes (reported nicotine levels in Winfield Blue 0.86
200 mg²⁹ (tar 9.1mg)²⁹). Nicotine levels were determined using single ion monitoring GC-MS, and a standard
201 curve was generated in a range from 1 to 250mg/L in dichloromethane, with the samples processed against
202 this. Nicotine levels accessible via the smoking process were calculated based on nicotine per gram of smoking
203 product and nicotine per gram of trap residue. Tables 12 and 13 show the resulting nicotine recovered in
204 methanol traps via the smoking process for tobacco and 'teabacco' products (represented graphically in
205 Figures 8 and 9). It was determined that as a function of grams of smoking material, the washed tea product
206 and Winfield Blue cigarette deliverable comparable values (0.092mg/g vs 0.85mg/g), with the teabacco
207 product delivering significantly less nicotine at 0.014mg/g of product. In comparison, the mass of nicotine
208 recovered from the trap residues were determined to be 3.98mg/g (Winfield Blue cigarettes), 3.77mg/g
209 (washed tea) and 2.00mg/g (teabacco). Noted is the mass of the trap residues for Winfield and washed tea,
210 delivering on average 47.6mg and 31.5mg of residue, and the teabacco residues yielding 14.7mg of residue.

DISCUSSION

Our analyses identified a number of compounds present in teabacco made from nicotine lozenges. First, when comparing results from inductively coupled plasma-optical emission spectroscopy (ICP-OES) to recommended dietary allowances and upper intake limits, typically from the World Health Organization (WHO), only copper and aluminium were identified in amounts that may be of health concern. 2932.56 $\mu\text{g/g}$ (2.9 mg) of copper was identified in samples of the Gideon's Holy Bible inked pages, which surpasses the recommended dietary allowance of copper (0.9 mg per day)³⁰ and has the potential to cause general gastric irritation in sensitive individuals.³¹ Two other Bible paper samples (The Shire of Pine Rivers and New International Version; both inked and non-inked) were found to have between 16208.56 $\mu\text{g/g}$ (16.2 mg) and 27558.84 $\mu\text{g/g}$ (27.5 mg) of aluminium, surpassing the provisional weekly intake of 2 mg per kg³² of body weight when smoking more than a 'pack-a-day' (>20 cigarettes). A possible link between increased ingestion of aluminium and Alzheimer's disease has been identified, but not established.^{31,33} However, it is important to note that these analyses pertain to the potential exposure of a person to the concentrations determined by ICP-OES for each element, and that full exposure is extremely unlikely, as consumption through inhalation depends on several parameters.³⁴

In our comparison of the upper limits of potential elemental exposure (teabacco cigarettes versus traditional tobacco cigarettes), we identified 190 μg (0.19 mg) of lead per 20 teabacco cigarettes smoked. While there is currently no universally-accepted allowance for safe lead ingestion,^{35,36} a previous tolerable weekly intake of 25 μg per kg body weight was deemed unacceptably high.^{31,37,38} As a result, any individuals smoking a 'pack-a-day' of teabacco each week are at risk of some negative health effects due to potential exposure nearing the withdrawn weekly intake. Potential health effects from lead exposure include headaches and irritability, anaemia, tremors, or paralysis.^{31,37,38} Lead has also been classified as a possible carcinogen to humans.^{31,37,38}

Total particulate matter (TPM) varied for each teabacco cigarette, which may be due to the tightness of the rolled filter or the consistency of the tea. In 2001, a maximum limit of 10 mg per cigarette³⁹ was established for TPM, but it can vary between 4.9 - 13.2 mg per cigarette.^{40,41} While the Winfield Original Blue cigarettes comply⁴² with this imposed limit, the upper TPM range for a teabacco cigarette is slightly higher than the limit at 10.91 mg per cigarette. Inhaled TPM poses an unknown aspirated risk, which could be detrimental to individuals smoking teabacco cigarettes. General health effects from the deposition of particulate matter in the respiratory system include irritation, inflammation, and decreased lung function.^{43,44} This does not take into account any health effects that could occur from the absorption of constituents contained within the total particulate matter of teabacco cigarettes.

Compounds identified by gas chromatography coupled with a mass spectrometer (GC-MS) in the teabacco samples (both filtered and unfiltered) include (Z)-9-octadecenamide, 1,6-anhydro- β -D-

245 glucopyranose, 5-methyl-2-(1-methylethyl)-cyclohexanol, catechol, dianhydromannitol, diethyl phthalate,
246 DL-glucitol, nicotine, and octadecanoic acid. None of these compounds are considered toxic to humans,⁴⁵⁻⁵¹
247 with the exception of catechol and nicotine. Catechol is one of the major products from pyrolysis of
248 catechin,⁵² which is present in black tea.⁵³ Catechol is considered a tumour promoter,⁵⁴ and has been previously
249 identified in mainstream tobacco smoke.^{55,56} Nicotine is a highly addictive⁵⁷ psychoactive substance⁵⁸ present
250 in commercially available tobacco.¹⁰⁶ Exposure to nicotine promotes lung tumour progression and
251 metastasis,⁵⁹ and development of emphysema.⁵⁹ Octadecanoic acid, also known as stearic acid,⁵⁰ was also
252 identified. Octadecanoic acid is a saturated fatty acid which contributes to the aroma and flavour of black
253 tea,^{60,61} and while inhalation of octadecanoic acid may cause respiratory tract irritation, the compound is not
254 considered toxic.⁶²

255 Review of the nicotine levels in teabacco demonstrated that teabacco is on a similar scale to
256 commercial tobacco with respect to delivery of nicotine. Noted are the high levels of nicotine reported in
257 smoking of unwashed black tea. This is not to be unexpected as levels as high as 1.66µg/g have been reported
258 by Siegmund and colleagues, in tea varieties.⁶³ Large discrepancies between measured and reported values
259 may lie in three areas; the variable nature of the tea product, as described by Siegmund,⁶³ the way the nicotine
260 is sampled (i.e. smoking), and the potential signal noise in the SIM signal due to the complex nature of the tea
261 sample.

262 While a number of potentially harmful compounds were identified in our analyses of teabacco made
263 from nicotine lozenges, our findings show that smoking of this form of teabacco is still less harmful than
264 smoking teabacco made from nicotine patches,¹⁷ or smoking traditional tobacco cigarettes. However,
265 considering the presence of these potentially harmful compounds, we recommend the implementation of
266 prison-based awareness programs highlighting the potential harmful effects of smoking teabacco, and that the
267 nicotine lozenge be consumed by oral ingestion instead (as per dosage instructions). Nicotine replacement
268 therapies, when used as intended, are designed to give the therapeutic relief achieved from smoking, but
269 without the added detrimental health effects and with significantly lower toxicity.^{64,65} With nicotine lozenges
270 currently being the only smoking cessation support available to people entering Queensland's prisons—a
271 population with one of the highest levels of tobacco use in Australia^{1,66} and of all global prison populations^{2,8}—
272 our findings question the wisdom of automatically removing nicotine lozenges from correctional facilities in
273 response to the creation and use of teabacco, at least until further research directly establishes the health harms
274 resulting from smoking teabacco made from nicotine lozenges.

275 **Limitations**

276 While this is the first study to analyse the chemical constituents of teabacco made from nicotine
277 lozenges, and as such lays groundwork for future research, this study suffers four main limitations. First, we
278 were limited to a single operational sample of teabacco cigarette, and as such the samples received from the

279 participant and recreated in the laboratory may not be representative of other samples of teabacco created and
280 smoked by prisoners. Second, TPM was determined gravimetrically as a whole, and the composition was not
281 analysed to determine individual constituents. Composition of the TPM would assist with determining the
282 unknown aspiration risk. Third, GC-MS analysis was qualitative not quantitative, and quantitation of the
283 compounds present would assist with determining the overall potential toxicity of the handmade teabacco
284 cigarettes. While the quantitation of nicotine in the unwashed black tea showed a substantial amount of
285 nicotine, further exploration needs to be undertaken due to the complex and variable nature of the tea leading
286 to interference in the sample matrix. Finally, there were four cigarettes per solvent (methanol or toluene) trap,
287 with three traps per cigarette type (teabacco, washed and unwashed tea) analysed by GC-MS for this study.
288 More replicate traps per cigarette sample type would increase the reliability of the compounds identified.

289 **Conclusion**

290 While our analysis identified a number of compounds present in the smoke produced from teabacco
291 made from nicotine lozenges, the only identified compounds of potential health concern were catechol and
292 nicotine. Quantitation of nicotine across the samples showed that teabacco includes a quantity of nicotine
293 comparable to commercial cigarettes, however more work needs to be done to investigate potential
294 interferences present in our analytical methodologies. Elemental composition determined that copper,
295 aluminium and lead concentrations also raised potential health concerns, with the identified quantities of these
296 three elements being above recommended guidelines for safe ingestion. Inhaled total particulate matter poses
297 limited potential risk to the respiratory system. Overall, the potential of teabacco made from nicotine lozenges
298 to result in health harm is much lower than the risk of harm resulting from smoking teabacco made from
299 nicotine patches, or from smoking traditional tobacco cigarettes, and with nicotine lozenges representing the
300 only form of smoking cessation support to individuals entering smoke-free prisons, we caution against the
301 removal of nicotine lozenges from Queensland's correctional facilities, at least until further research directly
302 establishes the health harms associated with the use of this form of teabacco.

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590**Table 1.** *Components of the smoking system used to capture the teabacco cigarette smoke for analysis*

Equipment	Use
Smoking chamber and cigarette	Holds the cigarette during smoking
Solvent based trap	Collects the cigarette smoke for analysis
Timer and switch system	Controls the flow of smoke through the system to mimic the puffing cycle
SKC AirCheck TOUCH 220-5000TC pump	Pulls the cigarette smoke through the system at a constant rate

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593**Table 2.** *Comparison of various smoking regimes published in literature.*

Smoking Regime	Puff Volume	Puff Duration	Inter-puff Interval
ISO Standard ⁶⁷	35 mL	2 sec	60 sec
Massachusetts ⁴¹	45 mL	2 sec	30 sec
Human Average ⁶⁸	>35 mL	1.8 sec	34 sec

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596**Table 3.** *Materials used to create the teabacco cigarette samples.*

Material	Brand	Use	Quantity
Inked Bible Paper	God's Word	Cigarette paper	~36 mm x ~80 mm
Cardboard	Bushells Blue Label (box)	Makeshift filter or 'roach'	~20 mm x ~25 mm
2 mg Nicotine Lozenge	Nicorette Cool Drops	In teabacco	3 lozenges/1 teabag
Black Tea (Washed)	Bushells Blue Label	In teabacco	3 lozenges/1 teabag

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599**Table 4.** *Instruments used for analysis.*

Instrument	Use
Vacuum Freeze Dryer Lab-1 Series	Freeze dry smoke samples to remove solvent
Shimadzu GC-MS TQ8040 <i>Gas Chromatography Mass Spectrometry</i>	Separates individual components in the smoke sample and identifies components using a mass spectral library
Perkin Elmer Titan MPS Microwave Sample Preparation System	Digests the raw materials used in teabacco cigarettes for elemental analysis
Perkin Elmer Optima 8300 ICP-OES <i>Inductively Coupled Plasma Optical Emission Spectroscopy</i>	Determines the elemental composition in the digested raw materials

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Table 5. Average elemental concentration ($\mu\text{g/g}$) determined by ICP-OES from the raw materials.

	Gideon's Holy Bible						God's Word					
	Inked	STD	% error	No Ink	STD	% error	Inked	STD	% error	No Ink	STD	% error
Na	311.74	73.88	23.70%	400.75	10.73	2.68%	607.97	24.28	3.99%	622.71	31.54	5.07%
K	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	46.92	12.51	26.67%
Mg	3625.95	869.43	23.98%	2718.68	609.76	22.43%	281.13	7.72	2.75%	272.23	6.40	2.35%
Ca	1332.28	130.11	9.77%	2096.06	365.23	17.42%	15952.24	1279.42	8.02%	16012.11	237.23	1.48%
Mn	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Zn	BDL	BDL	BDL	22.00	14.84	67.44%	63.80	62.76	98.36%	149.60	158.81	106.16%
Si	192.88	85.85	44.51%	185.48	153.79	82.92%	BDL	BDL	BDL	BDL	BDL	BDL
Al	2983.78	583.05	19.54%	4157.25	1403.80	33.77%	1176.15	43.87	3.73%	1047.33	44.99	4.30%
Cu	2932.56^a	5784.49	197.25%	10.56	4.92	46.60%	2.05	0.95	46.19%	1.10	0.70	64.18%
Sn	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Ni	2.06	0.20	9.82%	2.27	0.09	4.15%	1.37	0.05	4.00%	1.31	0.06	4.77%
Co	0.50	0.33	65.82%	0.59	0.10	17.93%	0.65	0.02	3.57%	0.68	0.05	6.89%
Cr	1.27	0.11	8.77%	1.78	0.12	6.62%	1.65	0.18	10.92%	1.49	0.07	4.72%
Pb	8.66	8.03	92.73%	5.08	0.36	7.06%	9.22	0.23	2.52%	8.90	0.21	2.39%
As	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Cd	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Hg	11.80	2.16	18.30%	12.21	0.45	3.69%	BDL	BDL	BDL	BDL	BDL	BDL
Se	1.74	0.16	9.03%	BDL	BDL	BDL	4.08	0.30	7.28%	BDL	BDL	BDL
Fe	86.91	18.73	21.55%	76.85	5.99	7.79%	106.21	10.50	9.89%	98.97	27.38	27.66%
Ag	3.15	4.12	130.74%	1.25	0.14	11.55%	2.39	0.07	3.07%	2.43	0.03	1.07%
S	BDL	BDL	BDL	BDL	BDL	BDL	543.40	46.81	8.61%	576.26	115.10	19.97%
P	34.00	6.59	19.38%	27.36	6.83	24.95%	48.89	5.73	11.72%	37.45	3.27	8.72%
Au	29.72	1.73	5.83%	30.57	0.38	1.23%	1.69	0.25	14.63%	1.82	0.06	3.56%

^a Elements have the potential to cause minor adverse effect if consumed in large quantities; ^b Elements have the potential to cause major adverse effects if consumed in large quantities; BDL: below detectable limits.

Table 5 cont. Average elemental concentration ($\mu\text{g/g}$) determined by ICP-OES from the raw materials.

$\mu\text{g/g}$	Holy Bible New International Version						Holy Bible Share of Pine Rivers					
	Inked	STD	% error	No Ink	STD	% error	Inked	STD	% error	No Ink	STD	% error
Na	341.86	17.72	5.18%	400.91	43.05	10.74%	1796.42	91.27	5.08%	1804.32	28.01	1.55%
K	1117.99	252.06	22.55%	1135.85	72.15	6.35%	627.71	28.89	4.60%	617.04	23.99	3.89%
Mg	178.36	38.01	21.31%	161.19	2.50	1.55%	584.10	6.83	1.17%	602.67	10.61	1.76%
Ca	97.16	10.50	10.81%	113.72	22.71	19.97%	26788.37	879.02	3.28%	26203.91	460.00	1.76%
Mn	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Zn	14.14	1.99	14.10%	18.44	7.62	41.35%	4.59	0.19	4.19%	BDL	BDL	BDL
Si	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Al	16208.56^a	4138.12	25.53%	16741.69^a	760.15	4.54%	27558.84^a	349.90	1.27%	27395.70^a	450.41	1.64%
Cu	5.46	1.31	24.04%	8.33	4.21	50.61%	2.26	0.37	16.19%	1.55	0.11	7.38%
Sn	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Ni	0.97	0.17	17.88%	1.29	0.35	27.31%	1.16	0.17	14.84%	1.19	0.09	7.42%
Co	0.56	0.12	21.70%	0.58	0.05	8.18%	0.63	0.06	8.85%	0.55	0.07	12.36%
Cr	6.20	1.17	18.95%	6.35	1.69	26.67%	4.26	0.21	4.89%	4.09	0.09	2.25%
Pb	BDL	BDL	BDL	BDL	BDL	BDL	5.15	1.25	24.31%	4.97	0.52	10.39%
As	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Cd	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Hg	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Se	4.23	0.93	22.04%	4.65	0.32	6.90%	6.27	0.87	13.93%	6.09	0.24	4.01%
Fe	344.82	76.59	22.21%	679.15	632.20	93.09%	236.25	4.21	1.78%	230.90	6.95	3.01%
Ag	1.97	0.04	2.18%	2.09	0.33	15.60%	2.19	0.22	10.13%	2.15	0.14	6.71%
S	247.01	17.20	6.96%	260.82	19.97	7.66%	111.92	0.96	0.86%	105.75	7.74	7.32%
P	61.06	12.87	21.07%	59.03	1.57	2.67%	135.27	1.92	1.42%	129.73	2.49	1.92%
Au	BDL	BDL	BDL	BDL	BDL	BDL	1.15	0.12	10.54%	2.16	1.41	65.39%

^a Elements have the potential to cause minor adverse effect if consumed in large quantities; ^b Elements have the potential to cause major adverse effects if consumed in large quantities; BDL: below detectable limits.

Table 5 cont. Average elemental concentration ($\mu\text{g/g}$) determined by ICP-OES from the raw materials.

$\mu\text{g/g}$	New Testament Psalms and Proverbs						New World Translation of the Holy Scriptures					
	Inked	STD	% error	No Ink	STD	% error	Inked	STD	% error	No Ink	STD	% error
Na	2103.88	208.87	9.93%	1855.80	248.69	13.40%	1016.64	5.33	0.52%	955.98	56.31	5.89%
K	BDL	BDL	BDL	BDL	BDL	BDL	429.59	32.16	7.49%	377.12	64.57	17.12%
Mg	715.94	95.22	13.30%	639.58	9.46	1.48%	208.49	15.56	7.46%	284.35	53.43	18.79%
Ca	97935.07	2676.03	2.73%	93979.35	1786.13	1.90%	26013.60	1017.07	3.91%	23612.08	583.90	2.47%
Mn	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Zn	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	15.14	6.76	44.62%
Si	41.45	10.44	25.18%	44.13	20.29	45.99%	173.80	70.26	40.43%	280.41	67.68	24.13%
Al	265.73	29.19	10.99%	618.00	641.20	103.75%	9597.30	1845.77	19.23%	10093.33	2366.28	23.44%
Cu	36.00	7.07	19.65%	1.59	0.58	36.70%	5.30	0.94	17.68%	3.77	0.91	24.06%
Sn	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Ni	0.95	0.09	9.42%	0.96	0.09	8.91%	1.34	0.11	8.51%	1.62	0.24	14.66%
Co	1.00	0.26	25.66%	0.58	0.05	7.84%	0.69	0.16	23.88%	0.92	0.15	16.59%
Cr	1.81	0.05	2.83%	3.94	4.66	118.29%	3.97	0.21	5.41%	3.95	0.25	6.45%
Pb	6.12	0.63	10.25%	6.18	0.24	3.94%	7.08	0.33	4.72%	7.83	1.07	13.71%
As	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Cd	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Hg	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Se	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Fe	67.02	10.73	16.01%	79.61	21.15	26.57%	250.67	28.60	11.41%	229.21	24.70	10.78%
Ag	2.01	0.07	3.35%	1.97	0.02	1.16%	2.07	0.07	3.31%	2.51	0.12	4.64%
S	76.75	19.55	25.47%	BDL	BDL	BDL	408.16	8.76	2.15%	360.71	13.67	3.79%
P	42.43	3.08	7.25%	46.46	0.53	1.14%	109.25	0.85	0.78%	95.95	1.95	2.03%
Au	1.94	0.00	0.04%	BDL	BDL	BDL	3.39	1.48	43.66%	BDL	BDL	BDL

^a Elements have the potential to cause minor adverse effect if consumed in large quantities; ^b Elements have the potential to cause major adverse effects if consumed in large quantities; BDL: below detectable limits.

Table 5 cont. Average elemental concentration ($\mu\text{g/g}$) determined by ICP-OES from the raw materials.

$\mu\text{g/g}$	Winfield Original Blue Cigarette			Nicorette Cool Drops			Bushells Blue Label Black Tea					
	(Filter Cut Off)	STD	% error	Nicotine Lozenge	STD	% error	Washed	STD	% error	Unwashed	STD	% error
Na	502.45	49.35	9.82%	4800.30	90.25	1.88%	294.70	2.39	0.81%	BDL	BDL	BDL
K	25602.75	1021.21	3.99%	1239.42	34.39	2.77%	BDL	BDL	BDL	15870.31	180.43	1.14%
Mg	5176.49	200.16	3.87%	940.42	14.33	1.52%	1625.71	23.42	1.44%	1885.64	25.99	1.38%
Ca	2580.72	79.02	3.06%	75.62	0.95	1.26%	1450.41	13.24	0.91%	480.48	11.26	2.34%
Mn	126.47	12.02	9.50%	BDL	BDL	BDL	250.29	4.35	1.74%	1148.51	21.53	1.87%
Zn	9.10	2.96	32.53%	BDL	BDL	BDL	69.34	34.89	50.32%	BDL	BDL	BDL
Si	46.32	18.08	39.02%	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Al	419.11	32.19	7.68%	53.27	1.34	2.51%	1150.54	120.70	10.49%	1267.43	15.90	1.25%
Cu	9.86	0.31	3.13%	0.28	0.14	49.69%	178.96	3.02	1.69%	14.01	0.36	2.58%
Sn	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Ni	2.57	0.08	3.14%	0.89	0.02	2.06%	6.22	0.07	1.19%	6.76	0.40	5.93%
Co	0.21	0.06	28.91%	0.58	0.02	3.88%	BDL	BDL	BDL	BDL	BDL	BDL
Cr	1.20	0.05	4.53%	1.68	0.06	3.59%	6.30	0.27	4.33%	7.65	0.84	10.98%
Pb	3.19	0.00	0.08%	5.26	0.22	4.25%	7.65	0.12	1.62%	2.93	0.75	25.44%
As	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Cd	0.51	0.10	19.91%	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL	BDL
Hg	9.01^b	1.58	17.55%	BDL	BDL	BDL	10.45	0.17	1.66%	7.32	0.36	4.95%
Se	BDL	BDL	BDL	3.19	0.18	5.52%	BDL	BDL	BDL	BDL	BDL	BDL
Fe	235.86	11.08	4.70%	11.86	0.40	3.39%	198.59	5.19	2.61%	206.92	9.06	4.38%
Ag	0.70	0.03	3.91%	2.16	0.08	3.88%	1.08	0.05	4.20%	1.16	0.05	4.17%
S	3602.50	133.32	3.70%	364.20	6.77	1.86%	2352.38	19.25	0.82%	2644.22	24.42	0.92%
P	1795.80	96.56	5.38%	20.80	0.84	4.02%	1823.18	27.11	1.49%	2359.13	46.22	1.96%
Au	22.09	1.21	5.49%	BDL	BDL	BDL	26.42	0.17	0.65%	26.06	0.13	0.51%

^a Elements have the potential to cause minor adverse effect if consumed in large quantities; ^b Elements have the potential to cause major adverse effects if consumed in large quantities; BDL: below detectable limits.

Table 5 cont. Average elemental concentration ($\mu\text{g/g}$) determined by ICP-OES from the raw materials.

Nerada Organics Green Tea						
$\mu\text{g/g}$	Washed	STD	% error	Unwashed	STD	% error
Na	353.68	15.20	4.30%	BDL	BDL	BDL
K	BDL	BDL	BDL	10769.17	1626.92	15.11%
Mg	1376.04	30.20	2.19%	1314.83	177.46	13.50%
Ca	1459.22	48.45	3.32%	572.76	92.89	16.22%
Mn	156.97	5.44	3.47%	451.01	75.02	16.63%
Zn	27.56	13.63	49.44%	9.08	2.18	23.95%
Si	BDL	BDL	BDL	BDL	BDL	BDL
Al	1379.93	30.13	2.18%	1336.11	259.50	19.42%
Cu	76.82	2.05	2.67%	12.24	0.89	7.24%
Sn	BDL	BDL	BDL	BDL	BDL	BDL
Ni	2.59	0.21	8.09%	6.51	0.89	13.72%
Co	BDL	BDL	BDL	BDL	BDL	BDL
Cr	0.76	0.10	13.48%	0.92	0.08	8.76%
Pb	5.15	0.46	8.87%	2.08	0.21	10.27%
As	BDL	BDL	BDL	BDL	BDL	BDL
Cd	BDL	BDL	BDL	BDL	BDL	BDL
Hg	10.57	0.92	8.70%	9.48	0.39	4.16%
Se	BDL	BDL	BDL	BDL	BDL	BDL
Fe	121.84	4.92	4.04%	103.74	13.45	12.97%
Ag	1.06	0.05	4.61%	1.08	0.05	4.47%
S	2336.39	72.52	3.10%	2243.04	320.58	14.29%
P	1564.42	41.75	2.67%	1566.53	193.33	12.34%
Au	26.40	0.41	1.54%	26.44	0.07	0.26%

^a Elements have the potential to cause minor adverse effect if consumed in large quantities; ^b Elements have the potential to cause major adverse effects if consumed in large quantities; BDL: below detectable limits.

1 **Table 6.** Comparison between teabacco and commercial cigarettes by examination of the
 2 upper limits for each element.

mg/20 Cigarettes	Teabacco Cigarettes	Winfield Cigarettes
Na	105.69	10.04
K	26.69	484.56
Mg	32.05	97.85
Ca	43.08	48.41
Mn	1.78	2.52
Zn	0.96	0.22
Si	BDL	1.17
Al	12.24	8.21
Cu	1.29	0.19
Sn	BDL	BDL
Ni	0.07	0.05
Co	0.01	0.00
Cr	0.09	0.02
Pb	0.19^b	0.06
As	BDL	BDL
Cd	BDL	0.01
Hg	0.07	0.19^b
Se	0.08	BDL
Fe	1.89	4.49
Ag	0.06	0.01
S	25.41	67.99
P	13.47	34.44
Au	0.19	0.42

3 ^a Elements have the potential to cause minor adverse effect if consumed in large quantities; ^b Elements have the
 4 potential to cause major adverse effects if consumed in large quantities; BDL: below detectable limits.

5 **Table 7.** Elemental guidelines for recommended daily consumption and upper limits, used to
 6 determine if smoking teabacco cigarettes results in excessive, potentially harmful exposure.

Macro Minerals	Dietary Allowance	Upper Limit	Excessive Exposure from Teabacco
Sodium	2.0 g/day ⁶⁹	-	No
Potassium	3.5 g/day ⁷⁰	-	No
Magnesium	190-260 mg/day ⁷¹	-	No
Calcium	1 g/day ⁷¹	-	No
Phosphorous	700 mg/day ⁷²	-	No
Sulphur	4.4 mg/kg ⁷³	-	No
Trace Minerals	Dietary Allowance	Upper Limit	Excessive Exposure from Teabacco
Manganese	1.8-2.3 mg/day ⁷⁴	11 mg/day ⁷⁴	No
Zinc	1.0-1.4 mg/day ⁷¹	8.8-14.4 mg/day ⁷⁵	No
Copper	0.9 mg/day ⁷⁶	10 mg/day ⁷⁶	Yes
Selenium	20-200 µg/day ³¹	-	No

Iron	8 mg/day ⁷⁴	-	No
Other Elements	Dietary Intake and Ranges	Upper Limit	Excessive Exposure from Teabacco
Silicon	20-204 mg/day ⁷⁷	-	No
Aluminium	2 mg/kg/week ⁷⁸	-	Yes
Tin	14 mg/kg/week ^{31,79} (2 mg/kg/day ⁷⁹)	-	No
Nickel	12 µg/kg/day ⁸⁰	-	No
Cobalt	5-40 µg/day ⁸¹	-	No
Silver	7-88 µg/day ⁸²	-	No
Gold	<0.01-1.32 µg/kg ⁸³	-	No
Toxic Heavy Metals	Tolerable Intake and Dietary Ranges	Upper Limit	Excessive Exposure from Teabacco
Chromium	50 - 200 µg/day ⁸⁴	>250 µg/day ³¹	No
Lead	2 - 64 µg/kg per week ³¹	Previously 25 µg/kg/week ^{31,37,38}	Maybe
Arsenic	15 µg/kg/week ⁸⁵	-	No
Cadmium	25 µg/kg/month ⁸⁶	-	No
Mercury	-	2 µg/kg/day ^{87,88}	No

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Table 8. Average experimental values for the gravimetric determination of total particulate matter (TPM).

	Average TPM (mg)	TPM Range (mg)	Average Puffs	TPM/Puff (mg/Puff)
Teabacco Cigarette	6.56 ± 4.35	0.90 - 15.70	13.92 ± 1.91	0.46 ± 0.30
Washed Tea Cigarette	13.08 ± 6.99	0.50 - 21.90	15.04 ± 0.20	0.87 ± 0.47
Unwashed Tea Cigarette	9.32 ± 2.33	5.60 - 13.10	15.00 ± 0.00	0.62 ± 0.16

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Table 9. Compounds identified by GC-MS, from the smoke captured in the methanol solvent-based trap.

Compound Identified	Teabacco (Filtered)	Teabacco (Unfiltered)	Tea (Washed)	Tea (Unwashed)	Winfield Original Blue
(Z)-9-Octadecenamide	Identified				
1,2,3-Benzenetriol			Identified	Identified	
1,2-Diacetate Glycerol			Identified	Identified	Identified
1,6-Anhydro-β-D-Glucopyranose	Identified	Identified	Identified	Identified	Identified
2,3-Dihydro-Benzofuran				Identified	
3-Pyridinol				Identified	
Caffeine			Identified		
Catechol		Identified		Identified	Identified
Dianhydromannitol	Identified	Identified			
DL-Glucitol		Identified			

Hydroquinone				Identified	Identified
Nicotine	Identified	Identified			Identified
Octadecanoic Acid	Identified				
Succinimide				Identified	
Triacetin			Identified	Identified	Identified

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15 **Table 10.** *Compounds identified by GC-MS, from the smoke captured in the toluene solvent-*
 16 *based trap.*

Compound Identified	Teabacco (Filtered)	Teabacco (Unfiltered)	Tea (Washed)	Tea (Unwashed)	Winfield Original Blue
1,2,3-Benzenetriol				Identified	
1,2-Diacetate Glycerol				Identified	Identified
1,6-Anhydro-β-D-Glucopyranose			Identified		
3-Methoxy-1,2-Benzenediol				Identified	
3-Pyridinol				Identified	
5-Methyl-2-(1-Methylethyl)-Cyclohexanol	Identified				
Caffeine				Identified	
Catechol				Identified	
Dianhydromannitol	Identified				
Diethyl Phthalate	Identified				
Hydroquinone				Identified	
Nicotine	Identified				Identified
Octadecanoic Acid	Identified				
Theobromine				Identified	
Triacetin				Identified	

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18 **Table 11.** *Compounds identified for each type of handmade cigarette, by GC-MS, the source*
 19 *of the compound and potential toxicity.*

Compounds Teabacco Cigarettes	Source	Potential Toxicity
(Z)-9-Octadecenamide	Nicotine lozenge - dispersion aid in surface coatings. ⁴⁵	Not toxic
1,6-Anhydro-β-D-Glucopyranose	Bible paper and tea - pyrolysis of carbohydrates, such as starch ⁸⁹ and cellulose ^{90,91}	Not toxic, ⁹² excreted in urine ⁹³
5-Methyl-2-(1-Methylethyl)-Cyclohexanol	Nicotine lozenge - produced from peppermint, and is used as mint flavouring plastic.	Not toxic
Catechol	Tea - pyrolysis of catechin, ⁹⁴ present in black tea ⁵³	Tumour promoter, increases cell metastasis ⁹⁵

Dianhydromannitol	Nicotine lozenge - non-toxic ⁹⁶ plasticiser ⁹⁷ which is dispersed throughout the soluble-fibre matrix and coating ⁵¹	Not toxic
Diethyl Phthalate	Highly volatile ⁴⁹ plasticiser ⁹⁸ used in pharmaceutical products ⁹⁹	Not toxic, excreted in urine ⁹⁹
DL-Glucitol	Nicotine lozenge - (sorbitol) ¹⁰⁰ sugar alcohol ^{51,100} used as a sweetener and bulking agent ⁵¹	Not toxic
Nicotine	Nicotine lozenge	Role in development of emphysema, lung tumor progression and metastasis ⁵⁷
Octadecanoic Acid	Tea - stearic acid ⁵⁰ saturated fatty acid, contributes to aroma and flavour of black tea ^{60,101}	Inhalation may cause respiratory irritation, compound is not toxic ¹⁰²
Compounds Washed Tea Cigarettes		
	Source	Potential Toxicity
1,2,3-Benzenetriol	Tea - pyrolysis product ⁶² from Gallic acid (from tannins) ⁵³	Inhalation may cause respiratory irritation, genetic mutations ⁶²
1,2-Diacetate Glycerol	Cellulose acetate cigarette filters ¹⁰³⁻¹⁰⁵ (TPM analysis)	-
1,6-Anhydro-β-D-Glucopyranose	Bible paper and tea - pyrolysis of carbohydrates, such as starch ⁸⁹ and cellulose ^{90,91}	Not toxic, ⁹² excreted in urine ⁹³
Caffeine	Tea ¹⁰⁶	Not toxic
Triacetin	Cellulose acetate cigarette filters ¹⁰³⁻¹⁰⁵ (TPM analysis)	-
Compounds Unwashed Tea Cigarettes		
	Source	Potential Toxicity
1,2,3-Benzenetriol	Tea - pyrolysis product ⁶² from Gallic acid (from tannins) ⁵³	Inhalation may cause respiratory irritation, genetic mutations ⁶²
1,2-Diacetate Glycerol	Cellulose acetate cigarette filters ¹⁰³⁻¹⁰⁵ (TPM analysis)	-
1,6-Anhydro-β-D-Glucopyranose	Bible paper and tea - pyrolysis of carbohydrates, such as starch ⁸⁹ and cellulose ^{90,91}	Not toxic, ⁹² excreted in urine ⁹³
2,3-Dihydrobenzofuran	Tea - found in <i>Camellia sinensis</i> plant ^{107,108}	Not toxic ¹⁰⁹
3-Methoxy-1,2-Benzenediol	Tea - found in <i>Camellia sinensis</i> plant ¹⁰⁷	Inhalation may cause respiratory irritation ¹¹⁰
3-Pyridinol	Tea - found in <i>Camellia sinensis</i> plant ^{60,111}	Inhalation may cause respiratory irritation ¹¹⁰
Caffeine	Tea ¹⁰⁶	Not toxic
Catechol	Tea - pyrolysis of catechin, ⁹⁴ present in black tea ⁵³	Tumour promoter, increases cell metastasis ⁹⁵

Hydroquinone	Tea - pyrolysis product from lignin ¹¹²	Tumour promoter, increases cell metastasis ⁹⁵
Succinimide	Tea - pyrolysis product ¹¹³ from glutamic acid ¹¹⁴	Inhalation may cause respiratory irritation, compound is not toxic ¹¹⁵
Theobromine	Tea ¹⁰⁶	Not toxic
Triacetin	Cellulose acetate cigarette filters ¹⁰³⁻¹⁰⁵ (TPM analysis)	-

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Table 12. Nicotine in Trap Residue - Methanol Trap

	mg/g	STD	Std. Error
Winfield Cigarette[‡]	3.96568	0.74949	0.43273
Washed Tea Cigarette	3.76561	1.97926	1.14276
Teabacco Cigarette[‡]	2.00381	0.371	0.21421
Unwashed Tea Cigarette[*]	22.23242	0.62352	0.36

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Table 13. Nicotine Extracted by Smoking Product - Methanol Trap

	mg/g	STD	Std. Error
Winfield Cigarette^{‡x}	0.08495	0.0065	0.00375
Washed Tea Cigarette[*]	0.09159	0.08352	0.04822
Teabacco Cigarette[‡]	0.01368	0.00488	0.00282
Unwashed Tea Cigarette[*]	0.52299	0.04087	0.0236

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[‡] Represent samples acquired without TPM filter in place.

^{*} Represent samples acquired with TPM filter in place

^x based on commercial average mass of 0.6145g of tobacco per cigarette¹¹⁶

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