

# Growth Inhibitory Activity of *Acronychia acidula* F. Muell. Fruit Extracts Towards Malodour-forming Bacteria

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## ABSTRACT

**Introduction:** *Acronychia acidula* F. Muell. (lemon aspen, pigeon berry) has been previously recognized for its antimicrobial properties against a broad panel of pathogenic bacteria. This study assessed the effectiveness of *A. acidula* as an inhibitory agent against bacteria associated with malodour formation. **Methodology:** *A. acidula* fruit extracts were prepared using methanol or water as the extraction solvent. Growth inhibition and minimal inhibitory concentrations were determined against *C. jeikeium*, *P. acnes* and *B. linens* through disc diffusion assays. MIC values were quantified to evaluate their efficacies as antimicrobials. Toxicity of each extract was determined using the *Artemia franciscana* nauplii bioassay. **Results:** *A. acidula* aqueous fruit extracts inhibited the growth of *B. linens* (MIC = 1258 µg/mL), *C. jeikeium* (MIC = 1630 µg/mL) and *P. acnes* (MIC = 1455 µg/mL) in the disc diffusion assay. Similarly, the methanolic fruit extracts inhibited the growth of *B. linens* (MIC = 2608 µg/mL) and *C. jeikeium* (MIC = 3044 µg/mL), although no growth inhibition of *P. acnes* was observed. Both aqueous and methanolic *A. acidula* extracts were nontoxic towards *Artemia* nauplii (LC<sub>50</sub> values of 1872 µg/mL and 1500 µg/mL). **Conclusion:**

*A. acidula* fruit extracts were non-toxic and also displayed moderate growth inhibitory bioactivity against *B. linens*, *C. jeikeium* and *P. acnes*, highlighting their potential as additives to deodorants.

**Key words:** Axillary odour, Corynebacterium, Deodorant, Anti-perspirant, Foot odour, Lemon aspen

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## INTRODUCTION

Antiperspirants and deodorants comprise one of the largest product categories within the cosmetic industry. Indeed, it is estimated that they are regularly used by more than 90% of adults in the United States.<sup>1</sup> While these products are commonly sold as a combined product, there is a distinct difference between these two methods of malodour mitigation. Deodorants are formulated to prevent the formation of odour by inhibiting the growth of the odour producing microflora, whereas antiperspirants are designed to decrease the production of perspiration, thereby inhibiting the conversion of sweat components into volatile compounds. Although body odour is a natural occurrence that occurs through bacterial decomposition of fats and other bodily secretions, its negative societal connotations have necessitated the production and commercialisation of products aimed at blocking odour production. These are sold as aerosols, roll-ons, as a powdered form or as a gel and these products combined generate over \$1 billion annually in the US alone.<sup>2</sup>

Secretion of sweat and other wastes serve as nutrient sources for bacteria present in the axillary and plantar regions of the body. Malodour of the axillary region of the body is produced by three prevailing bacterial genera; *Staphylococcus*, *Propionibacterium* and *Corynebacterium*.<sup>3-5</sup> This occurs through the enzymatic breakdown of sulfanylalkanols, short-branched chain fatty acids and steroidal compounds, with malodourous volatiles produced as a result. Whilst *Staphylococcus* spp. and *Propionibacterium* spp. play a lesser role, *Corynebacterium* spp. are widely considered the primary contributors of axillary odour. Similarly, these same processes that are also responsible for odour in the plantar region of the body. In contrast, the main contributory genera to foot odour are *Brevibacterium* and *Propionibacterium*.<sup>6</sup>

Deodorants and antiperspirants are formulated to minimize growth of odour forming bacteria. However, there are concerns that some of these

products may be hazardous to human health. For example, aluminium zirconium was used an additive in aerosolized antiperspirants since the 1950s, although it was subsequently banned by the Food and Drug Administration (FDA) in 1977 due to significant concerns surrounding its safety.<sup>7</sup> However, similar aluminium salts are still included in antiperspirant preparations in many parts of the world. More recently, triclosan (an antimicrobial compound used in deodorants) has been linked to dermal irritation and may trigger allergies in some people.<sup>8</sup> Although rigorous testing is performed today, there are still concerns surrounding the application of chemically-based deodorants or antiperspirants to the skin. Investigating biological alternatives to circumvent such concerns offers a potential alternative to current formulations. The antibacterial properties of many plants have been long recognized by many cultures and may serve as alternatives to chemically formulated deodorants and antiperspirants.

*Acronychia acidula* F. Muell. (commonly known lemon aspen, lemon wood, pigeon berry or hard aspen) is a fruit-bearing tree that is native to the Queensland region of Australia. It is found in the north-eastern and central regions of that state.<sup>9,10</sup> Leaves are glossy green and bladed, spanning an average 15cm long by 8cm wide with round, yellow-white berries (Figure 1). The tree can grow upwards of 15m high. Australian Aborigines consumed *A. acidula* and the fruits were favoured by early settlers who used it as a component in drinks.<sup>11</sup> The fruit is known for its high antioxidant capacity, exceeding that of blueberries and citrus fruits.<sup>10</sup> Whilst there have been limited scientific studies into the antibacterial properties of *A. acidula*, it is likely the high antioxidant capacity may prevent the growth of malodour causing bacteria. Indeed, previous studies using high antioxidant plants within our laboratory have highlighted the inhibition of malodour forming bacteria by *Terminalia* and

*Syzygium* species.<sup>4,5,12</sup> Furthermore, *A. acidula* has been shown to have activity against other pathogens, including various autoimmune bacteria, as well as the zoonotic bacterium *Bacillus anthracis*.<sup>13,14</sup> For this work, *A. acidula* fruit extracts were prepared and assessed against a panel of malodour forming bacteria to determine their antimicrobial potential. Phytochemical compounds were identified by LC-MS fingerprinting and potential bioactive compounds were highlighted.

## MATERIALS AND METHODS

### Plant collection and extraction

*A. acidula* fruit was provided by Taste of Australia (<http://www.bush-foodshop.com.au/brands/Taste-Australia.html>). The fruit were dried using a Sunbeam food dehydrator and stored at -30°C until use. Extracts were prepared as previously described.<sup>15,16</sup> Briefly, stored fruit materials were thawed and ground into a coarse powder and 1 gram of the ground fruit was weighed into tubes in triplicate, followed by the addition of 50 mL of water or methanol (Ajax Fine Chemicals, Australia; AR grade). The fruit material was extracted in each solvent for 24 hr at 4°C with gentle shaking. The extracts were filtered using Whatman No. 54 filter paper under vacuum, followed by drying in an Eppendorf concentrator 5301. The dried extracts were weighed and resuspended in 10 mL diH<sub>2</sub>O (containing 1% DMSO).

### Qualitative phytochemical studies

Phytochemical analyses of the extracts for the presence of anthraquinones, alkaloids, saponins, phenolic compounds, cardiac glycosides, phytosterols, flavonoids, tannins and triterpenoids were conducted as previously described.<sup>17,18</sup>

### Antioxidant capacity

The antioxidant capacities of the fruit extracts were assessed using the DPPH free radical scavenging procedure with modifications.<sup>19,20</sup> Briefly, ascorbic acid references (0-25 µg) were utilised and the absorbances determined at 515 nm. All assays were run alongside controls on each plate and all tests were performed in triplicate. The antioxidant capacity (based on the DPPH free radical scavenging ability) was calculated for each extract and expressed as µg ascorbic acid equivalents per gram of the original plant material extracted.

### Test bacterial strains

Media and components were supplied by Oxoid Ltd., Australia. Reference strains of *Brevibacterium linens* (ATCC9172), *Corynebacterium*

*jeikeium* (ATCC43734) and *Propionibacterium acnes* (ATCC6919) were purchased from American Type Culture Collection, USA. To culture the bacteria, *B. linens* was inoculated into separate flasks of nutrient broth and grown aerobically at 37°C for 24 hr. Cultures of *C. jeikeium* were grown and maintained in nutrient broth supplemented with 300 µL Tween 80/L of broth at 37°C for 24 hr. *P. acnes* was cultured using a thioglycolate liquid media under induced anaerobic conditions through the use of anaerobic jars and AnaeroGen™ 3.5L atmospheric generation systems (Thermo Scientific). Incubation was at 37°C for 72 hr. All stock cultures were subcultured and maintained in liquid media at 4°C. Sub-culture purity was periodically confirmed as previously described.<sup>21,22</sup>

### Evaluation of antibacterial activity

The antibacterial activity of the *A. acidula* fruit extracts against *B. linens* and *C. jeikeium* was determined using a modified disc diffusion assay.<sup>23</sup> Briefly, 100 µL of *B. linens*, *C. jeikeium* or *P. acnes* was grown aerobically in 10 mL of fresh nutrient broth until they reached a count of ~10<sup>8</sup> cells/mL. Aliquots (100 µL) of the bacterial suspensions were spread onto plates and each extract was tested for antibacterial activity using 6 mm sterilised filter paper discs. Discs were infused with 10 µL of either extract, allowed to dry and placed onto the inoculated plates and kept at 4°C for 2 hr before incubation at 37°C for 24 hr. Plates spread with *P. acnes* cultures were kept at 4°C for 2 hr before incubation under induced anaerobic conditions at 37°C for 72 hr. Each test was performed three times, each with internal triplicates ( $n=9$ ). Mean values ( $\pm$  SEM) are reported in this study. Standard discs of vancomycin (5 µg) were prepared and used as positive controls to compare antibacterial activity. Filter discs infused with 10 µL of distilled water were used as a negative control.

### Disc diffusion MIC assay

The minimum inhibitory concentrations (MIC) of both extracts were evaluated by disc diffusion assay as previously described.<sup>24</sup> Briefly, the *A. acidula* aqueous and methanolic fruit extracts were diluted in deionised water and tested across a range of concentrations. Discs were impregnated with 10 µL of the extract dilutions, allowed to dry and placed onto treated plates. The assay was achieved as outlined above and graphs of inhibitory zones versus concentration were plotted. MIC values were determined using linear regression.

### Toxicity screening

#### Reference toxin for toxicity screening

Potassium dichromate (K<sub>2</sub>Cr<sub>2</sub>O<sub>7</sub>) (AR grade, Chem-Supply, Australia) was prepared in deionised water (4 mg/mL) and serially diluted in artificial seawater for use in the *Artemia franciscana* nauplii bioassay.

#### *Artemia franciscana* nauplii toxicity screening

Toxicity was assessed using an adapted *Artemia franciscana* nauplii lethality assay.<sup>25</sup> Briefly, 400 µL of seawater containing ~43 (mean 42.7,  $n=125$ , SD 14.7) *A. franciscana* nauplii were added to wells of a 48 well plate and immediately used in the bioassay. Volumes of 400 µL of the reference toxin or the diluted plant extracts were transferred to the wells and incubated at 25  $\pm$  1°C under artificial light (1000 Lux). For each plate, 400 µL seawater negative controls were run in triplicate. The wells were assessed at regular intervals and the number of dead counted. The nauplii were deemed dead if no movement of the appendages was observed within 10 sec. After 24 hr, all nauplii were sacrificed and counted to determine the total % mortality per well. The LC<sub>50</sub> (95% confidence limits) for each treatment were calculated using probit analysis.



**Figure 1:** Leaf and fruit of *Acronychia acidula* (lemon aspen).

## HPLC-MS QTOF metabolomics fingerprinting

Chromatographic separations were performed as previously described.<sup>26</sup> Briefly, 2  $\mu$ L of each sample was injected onto an Agilent 1290 HPLC system fitted with a Zorbax Eclipse plus C<sub>18</sub> column (2.1 x 100 mm, 1.8  $\mu$ m particle size). The mobile phases consisted of (A) ultrapure water and (B) 95:5 acetonitrile/water at a flow rate of 0.7 mL/min. Both mobile phases were modified with 0.1% (v/v) glacial acetic acid for mass spectrometry analysis in positive mode and with 5 mM ammonium acetate for analysis in negative mode. The chromatographic conditions utilised for the study consisted of the first 5 min run isocratically at 5% B, a gradient of (B) from 5% to 100% was applied from 5 min to 30 min, followed by 3 min isocratically at 100%. Mass spectrometry analysis was performed on an Agilent 6530 quadrupole time-of-flight spectrometer fitted with a Jetstream electrospray ionisation source in positive mode. Data was analysed using the Masshunter Qualitative analysis software package (Agilent Technologies). Blanks using each of the solvent extraction systems were assessed using the Find by Molecular Feature algorithm in the software package to generate a compound list of molecules with abundances greater than 10,000 counts. This was then used as an exclusion list to eliminate background contaminant compounds from the analysis of the extracts. Each extract was then analysed using the same parameters using the 'Find by Molecular Feature' function to generate a putative list of compounds in the extracts. Compound lists were then screened against three accurate mass databases; a database of known plant compounds of therapeutic importance generated specifically for this study (800 compounds); the Metlin metabolomics database (24,768 compounds); and the Forensic Toxicology Database by Agilent Technologies (7,509 compounds). Empirical formula for unidentified compounds was determined using the Find Formula function in the software package.

## Statistical analyses

Data is expressed as the mean  $\pm$  SEM of at least three independent experiments unless otherwise states.

## RESULTS

### Liquid extraction yields and qualitative phytochemical screening

Extraction of 1 g of the water and methanolic *A. acidula* fruit materials yielded dried plant extracts of 162 mg (aqueous fruit extract) to 360 mg (methanolic fruit extract) (Table 1). The dried extracts were resuspended in 10 mL of deionised water (containing 1 % DMSO) resulting in the extract concentrations shown in Table 1.

Phytochemical analyses revealed high levels of phenolics, flavonoids, as well as moderate levels of triterpenes and low levels of cardiac glycosides (Table 1). Saponins were also detected in the aqueous extract, but not in the methanolic extract. Antioxidant capacities for the plant extracts were 16.2 mg (aqueous fruit extract) and 36 mg (methanolic fruit extract) ascorbic acid equivalence per gram of dried plant material extracted.

### Antimicrobial activity

To determine the ability of the crude plant extracts to inhibit the growth of *B. linens*, *C. jeikeium* and *P. acnes*, aliquots (10  $\mu$ L) of each extract were screened using a disc diffusion assay. Bacterial growth was strongly inhibited by both the methanolic and aqueous extracts, against all three strains, except for the methanolic fruit extract and *P. acnes* (Figure 2). The aqueous fruit extract was more potent than the methanolic extract across all bacteria tested, with inhibition zones of  $8.3 \pm 0.3$  mm (*B. linens*),  $8.0 \pm 0.6$  mm (*C. jeikeium*) and  $7.7 \pm 0.3$  mm (*P. acnes*).

The antimicrobial efficacy was further quantified by determining the

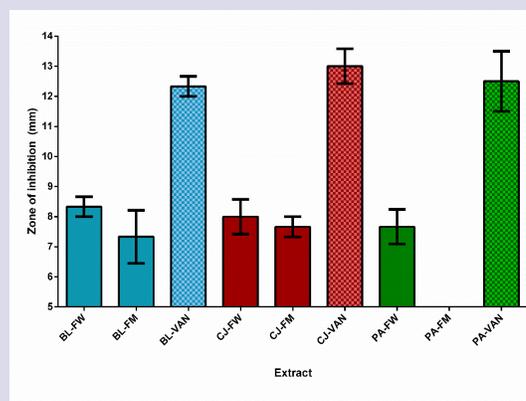
MIC values (Table 2). Several of the extracts were effective at inhibiting microbial growth, with MIC values against *A. acidula* <1000  $\mu$ g/mL (<10  $\mu$ g impregnated in the disc). The *A. acidula* aqueous extracts were more potent than the methanolic counterparts, with MIC values of 1258-1630  $\mu$ g/mL (~12-16  $\mu$ g impregnated in the disc). Although less potent, the methanolic fruit extracts were also good anti-*A. acidula* agents (MIC values 1500-3000  $\mu$ g/mL).

### Quantification of toxicity

Extracts were initially screened at 2000  $\mu$ g/mL in the assay (Figure 3). The reference potassium dichromate toxin (1000  $\mu$ g/mL) was also tested in the bioassay. The potassium dichromate reference toxin was rapid in its onset of mortality, inducing nauplii death within 3 hr of exposure, with 100 % mortality evident following 4-5 hr (results not shown). Both the methanolic and aqueous extracts displayed 100 % mortality rates at 24 hr. The toxicity of the extracts was further quantified by testing across a range of concentrations and the LC<sub>50</sub> was calculated by linear regression. As toxicity in this assay has been defined as an LC<sub>50</sub> <1000 $\mu$ g/mL, both extracts were deemed to be nontoxic.<sup>27</sup>

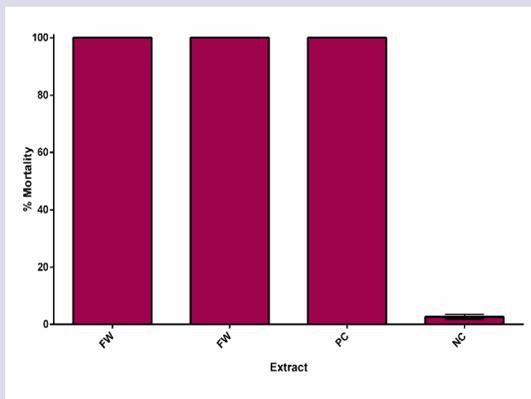
### HPLC-MS analysis

The *A. acidula* methanolic and aqueous extracts were analysed by HPLC-MS fingerprinting to identify phytochemical components. The mass signal peaks were analysed by comparison against three accurate mass databases; a database of known plant compounds of therapeutic importance generated specifically for this study (650 compounds); the Metlin metabolomics database (24,768 compounds); and the Forensic Toxicology Database by Agilent Technologies (7,509 compounds). As flavonoids and terpenoids have previously been reported to have good antibacterial activity against a broad range of bacteria, these classes of compounds were targeted in this analysis.<sup>28</sup> Optimised HPLC-MS parameters were previously developed in our group and were used to separate and identify phytoconstituents within the extracts.<sup>26</sup> The total

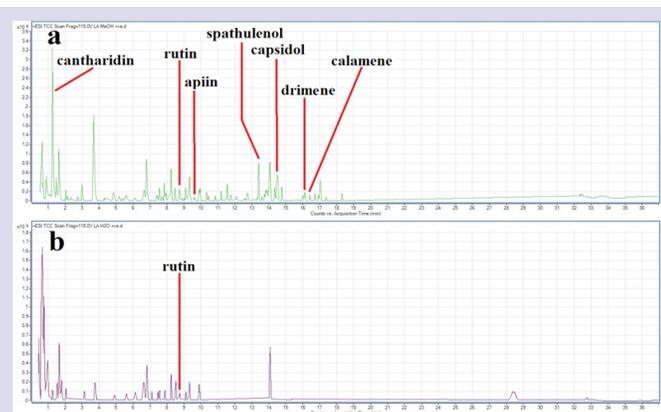


**Figure 2:** Growth inhibitory activity of *A. acidula* fruit extracts against *B. linens*, *C. jeikeium* and *P. acnes*, measured as zones of inhibition (mm). BL-FW = *B. linens* tested against the *A. acidula* aqueous fruit extract; BL-FM = *B. linens* tested against the *A. acidula* methanolic fruit extract; BL-VAN = *B. linens* tested against vancomycin (5  $\mu$ g); CJ-FW = *C. jeikeium* tested against the *A. acidula* aqueous fruit extract; CJ-FM = *C. jeikeium* tested against the *A. acidula* methanolic fruit extract; CJ-VAN = *C. jeikeium* tested against vancomycin (5  $\mu$ g); PA-FW = *P. acnes* tested against the *A. acidula* aqueous fruit extract; PA-FM = *P. acnes* tested against the *A. acidula* methanolic fruit extract; PA-VAN = *P. acnes* tested against vancomycin (5  $\mu$ g). Results are expressed as mean zones of inhibition  $\pm$  SEM.

compound chromatograms (TCC) for each extract were recorded in positive ionisation mode and are presented in Figure 4. The methanolic extract chromatogram (Figure 4a) had substantially more mass signal peaks (and greater peak intensity) than the aqueous extract (Figure 4b). The flavonoid glycoside rutin was noted in relatively high abundance (as judged by % total peak area) in both the methanolic and aqueous *A. acidula* fruit chromatograms. The methanolic extract (but not the aqueous extract) also contained a substantial amount of the flavonoid glycoside apiin. The methanolic extract also contained substantial amounts of the sesquiterpenoids calamenene, capsidol, drimene and spathulenol, as well as lower levels of kessyl alcohol. The monoterpene cantharidin was also detected in the methanolic extract in abundance. Notably, all of these terpenoid components were absent in the aqueous extract due to the relatively low polarity of these compounds. A number of other peaks were also evident in both chromatograms, particularly in the early and middle stages of the chromatogram corresponding to the elution of polar compounds. Nearly all of the methanol extract compounds had eluted by 17 min (corresponding to approximately 50 % acetonitrile).



**Figure 3:** The lethality of the *A. acidula* extracts (2000 µg/mL) and the potassium dichromate control (1000 µg/mL) towards *A. franciscana* nauplii after 24 hr exposure. FW = aqueous *A. acidula* fruit extract; FM = methanolic *A. acidula* fruit extract; PC = potassium dichromate (positive control); NC = artificial seawater control (negative control). Results are expressed as mean % mortality ± SEM. Both of the extracts displayed 100% mortality rates at 24 hr.



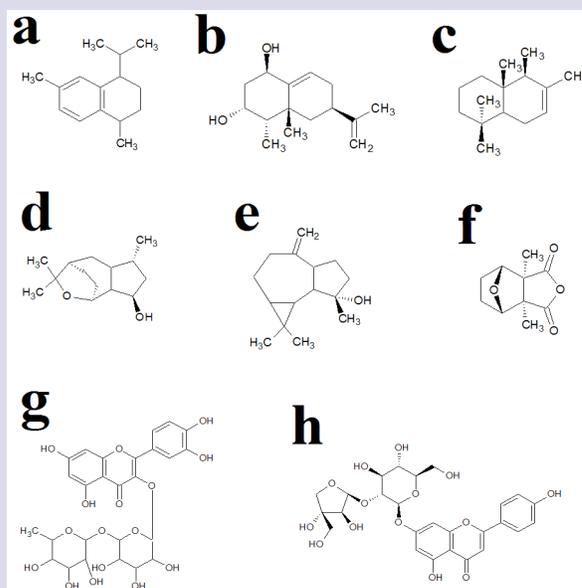
**Figure 4:** Positive RP-HPLC total compound chromatogram (TCC) of 2 µl injections of *A. acidula* (a) methanolic and (b) aqueous extracts run in positive ionisation mode.

Indeed, multiple overlapping peaks eluted in the first 2 min with 5 % acetonitrile. However, the presence of several peaks eluting later in the methanolic extract chromatogram indicate the broad spread of polarities of the compounds in this extract.

## DISCUSSION

Inefficient or incomplete mitigation of axillary/plantar malodour is often a source of embarrassment and can result in lowered self-esteem. Many factors can influence an individual's skin microbiota, including environmental conditions (temperature, humidity) as well as individual circumstances (dietary, medicine intake). Additionally, variances in bacterial distributions are noted where apocrine glands are abundant in axillary and plantar regions, when compared to other regions of the body.<sup>1</sup> Finally, different clothing types and materials trap varying amounts of heat and this can affect rates of sweat production. Undertaking a wide-ranging study that accounts for these variables is multifaceted and not within the scope of this study. Instead, we focused on the prevailing malodour-forming bacteria of the axillary and plantar regions. Finally, bacterial waste compounds may also stain clothing and footwear, necessitating their replacement.

Whilst antiperspirants reduce sweat production, these are not formulated to prevent bacterial growth and often perspiration persists irrespective of such preventative measures. Conversely, deodorants are formulated to retard bacterial growth through the incorporation of antimicrobial agents. However, these are typically synthesised chemicals and there are concerns surrounding the effects of prolonged exposure to these compounds and their perceived negative impacts on human health. The utilisation of natural resources to serve as active ingredients in these formulations is advantageous for multiple reasons. From a commercial standpoint, societal concerns surrounding the use of chemicals and the human body can be mitigated through using natural alternatives. Consumers who have a predisposition against chemicals may be less hesitant to adopt products that have been formulated with biological compounds as their active ingredients. Furthermore, the costs associated with chemi-



**Figure 5:** Chemical structures of the compounds identified in the methanolic and aqueous *A. acidula* fruit extracts (a) calamenene; (b) capsidol; (c) drimene; (d) kessyl alcohol; (e) spathulenol acid; (f) cantharidin; (g) rutin; (h) apiin.

**Table 1:** The mass of dried extracted material, concentrations after resuspension in deionised water, qualitative phytochemical screenings and antioxidant capacities of the *A. acidula* fruit extracts.

Extract	Mass of Dried Extract (mg)	Concentration of Resuspended Extract ( $\mu\text{g/mL}$ )	Antioxidant Capacity ( $\mu\text{g}$ Equivalency)	Total Phenolics	Water Soluble Phenolics	Water Insoluble Phenolics	Cardiac Glycosides	Saponins	Triterpenes	Polysteroids	Alkaloids (Mayer Test)	Alkaloids (Wagner Test)	Flavonoids	Tannins	Free Anthraquinones	Combined Anthraquinones
FW	162	16.2	7.2	+++	-	-	+	+++	++	-	-	-	+++	-	-	-
FM	360	36	15.9	+++	-	-	+	-	++	-	-	-	+++	-	-	-

FW = *A. acidula* aqueous fruit extract; FM = *A. acidula* methanolic fruit extract.

**Table 2:** Minimum inhibitory concentration ( $\mu\text{g/mL}$ ) of the plant extracts and  $\text{LC}_{50}$  values ( $\mu\text{g/mL}$ ) in the *Artemia nauplii* bioassay.

Extract	Bacterium	MIC	$\text{LC}_{50}$
FW	<i>B. linens</i>	1258	1872
	<i>C. jeikeium</i>	1630	1872
	<i>P. acnes</i>	1455	1872
FM	<i>B. linens</i>	2608	1500
	<i>C. jeikeium</i>	3044	1500
	<i>P. acnes</i>	-	1500
PC	-	-*	186 <sup>#</sup>
SW	-	-	-

FW = *A. acidula* aqueous fruit extract; FM = *A. acidula* methanolic fruit extract; SW = seawater control. Numbers indicate the mean MIC and  $\text{LC}_{50}$  values of triplicate determinations. - indicates no inhibition; PC = positive control; \* indicates that standard vancomycin discs were used as the positive control; # indicates that potassium dichromate was used as the positive control.

cal synthesis could be reduced and instead desired plants can be readily harvested and processed. Therefore, there is a need for cheap and effective new methods of decreasing body malodour production.

The *A. acidula* extracts examined in this study had comparable (albeit slightly lower) growth inhibitory efficacy against malodour-producing bacteria to the Australia, South African and Indian *Terminalia* spp. as well as the *Syzygium* spp. that were tested in our previous studies.<sup>4,12,23</sup> The results obtained in this study differ somewhat from our earlier research, as in this study, the aqueous extracts were a better inhibitor of bacterial growth than the methanolic counterparts. Moreover, there was no inhibition detected by the methanolic fruit extract against *P. acnes* whatsoever, whereas in previous studies growth inhibition of other methanolic fruit extracts were observed. While comparisons between extracts of different plants cannot be directly drawn, it is interesting that the bioactive compounds in *A. acidula* that inhibit *P. acnes* growth are specific to the aqueous extract, likely indicating the relative polarity of the bioactive compounds. In particular, rutin was highlighted in these extracts. Interestingly, rutin has been reported to have antibacterial activity against some bacterial pathogens, although it is yet to be tested against the odour-forming bacteria.<sup>29-32</sup> It is possible that it may contribute to the growth inhibitory properties reported here, although this is yet to be verified.

The phytochemical components responsible for the growth inhibitory activity of the *A. acidula* extracts were not definitively identified in this study. However, metabolomic fingerprint analysis was used to highlight some extract components in the *A. acidula* extracts that may contribute to that activity. In particular, a diversity and relative abundance of terpenoids were identified within the *A. acidula* extracts. Sesquiterpenoids were especially prevalent, with calamenene (Figure 5a), capsidol (Figure 5b), drimene (Figure 5c), kessyl alcohol (Figure 5d) and spathulenol (Figure 5e) putatively identified in the methanolic *A. acidula* extracts. The terpenoid cantharidin (Figure 5f) was also abundant in the methanolic *A. acidula* extract. Many of these terpenoids have potent broad-spectrum antibacterial activity and therefore may contribute to the growth inhibitory activity of the *A. acidula* extracts against the malodour forming bacteria.<sup>27</sup> The flavonoid glycosides rutin (Figure 5g) and apiin (Figure 5h) were also detected in the *A. acidula* extracts. Many studies have reported potent antibacterial activities for a wide variety of flavonoids.<sup>27</sup> Thus, it is likely that multiple compounds within the *A. acidula* extracts contribute to the growth inhibition of the odour forming bacteria. Future studies are required to quantify the efficacy of these components alone and also to determine whether some components potentiate the activity of other components.

Whilst our studies provide insight into the phytochemical composition of these extracts, it is noteworthy that mass spectral techniques are generally not capable on their own of differentiating between structural isomers. Further studies using a wider variety of techniques are required to confirm the identity of the compounds putatively identified here. It is also likely that other phytochemical classes contribute to the growth inhibitory properties of these extracts. Our qualitative phytochemical screening studies indicate that polyphenolics, flavonoids, saponins and terpenes were present in the *A. acidula* extracts. As our study used HPLC-MS techniques to putatively identify the phytochemical composition of the extracts, many of the larger and/or lower polarity compounds may have not been identified. Future studies using GC-MS methods are required to analyse the lower polarity and volatile components of the extracts.

## CONCLUSION

The results of this study demonstrate the potential of *A. acidula* fruit extracts as natural antibacterial components for deodorant formulation. The aqueous extract in particular showed significant growth inhibition against all malodour forming bacteria tested. While our study identified multiple compounds with antibacterial activity, further analyses are

needed to fully elucidate the phytochemistry of the *A. acidula* extracts and their mechanistic action/s.

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## CONFLICT OF INTEREST

All authors report no conflicts of interest.

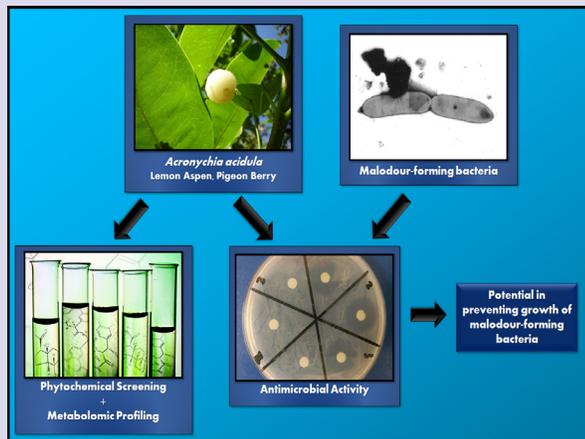
## ABBREVIATIONS

**DMSO:** Dimethyl sulfoxide; **LC<sub>50</sub>**: The concentration required to achieve 50 % mortality; **MIC:** Minimum inhibitory concentration; **ZOI:** Zone of inhibition.

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## PICTORIAL ABSTRACT



## SUMMARY

- *A. acidula* fruit extracts were screened for the ability to block the growth of body odour forming bacteria.
- The antibacterial activity was quantified by determining the MIC values of each extract.
- LC-MS metabolomics fingerprint analysis was used to identify several phytochemical compounds with known antibacterial activity.
- Toxicity of the *A. acidula* fruit extracts was determined using the *Artemia nauplii* toxicity bioassay.

## ABOUT AUTHORS



**Dr. Mitchell Henry Wright** is a Geomicrobiologist who received his Ph.D. in 2014 for his work investigating the manganese reduction/oxidation characteristics of environmental bacteria. From 2016 to 2018 he undertook a postdoctoral researcher role under the mentorship of Prof. Bradley Tebo, where he explored the bacterial oxidative formation and removal of complexed Mn(III) and the implications of these processes on the global ocean. Upon returning to Australia, Dr. Mitchell H. Wright was recruited by First Choice College and to date, oversees their Department of Research and Development.



**Dr. Anthony Carlson Greene** is a senior lecturer and researcher at Griffith University, Brisbane Australia. He obtained his PhD in Microbiology from the University of New South Wales and focuses on extreme environments, bioremediation and geomicrobiology. His specific interests include the microbial ecology of thermophilic, saline and alkaliphilic environments and the mechanisms and industrial potential of extremophilic bacteria contained therein.



**Dr. Ian Cock** leads a research team in the Environmental Futures Research Institute and the School of Natural Sciences at Griffith University, Australia. His research involves bioactivity and phytochemical studies into a variety of plant species of both Australian and international origin, including *Aloe vera*, South Asian and South American tropical fruits, as well as Australia plants including *Scaevola spinescens*, *Pittosporum phylliraeoides*, *Terminalia ferdinandiana* (Kakadu plum), Australian Acacias, Syzygiums, *Petalostigmas* and *Xanthorrhoea johnsonii* (grass trees). This range of projects has resulted in over 150 publications across a variety of peer reviewed journals.