

JULY 2022

# TELE- MENTORING ANNUAL REPORT

CHANGING HEALTH SYSTEMS  
MENZIES HEALTH INSTITUTE QLD  
GRIFFITH UNIVERSITY

## PREPARED BY

Dr Wei Liu

## APPROVED BY

Dr Erinn Hawkins  
A/Prof Dianne Shanley



# SUMMARY OF SESSION ENGAGEMENT

July 1, 2021 to June 30, 2022



Our team provided *25 group sessions* for health practitioners from Gidgee Healing, covering Mount Isa, Mornington Island and Doomadgee.

Our team provided *18 individual sessions* for health practitioners from Gidgee Healing and BUSHkids.

*20 professionals* attended tele-mentoring sessions, including GPs, Allied Health clinicians, Aboriginal Health Workers and NDIS coordinators.

# SUMMARY OF SESSION TOPICS

July 1, 2021 to June 30, 2022

The focus of this year's mentoring was to deepen clinician's knowledge and practice in topic areas that were previously introduced, with additional time spent on case review and skills practice.

Specific topics included, using the ADOS and other observational measures to assess for Autism, integrating assessment information to clarify Neurodevelopmental Disorder diagnoses, differentiating Neurodevelopmental disorders from the effects of trauma, trauma informed vs trauma specific therapies, reducing challenging behaviour in children, effective supervision and leadership, and using exposure therapies in anxiety treatment for children.

We discussed process issues arising in the delivery of services, including: enhancing motivation for change, creating a shared view of the client problem, and managing countertransference.

# CLINICIAN FEEDBACK

July 1, 2021 to June 30, 2022

We collected feedback from clinicians on the tele-mentoring sessions to date. All clinicians stated that the tele-mentoring sessions were good fit for their career.

The key success factors included:

- Clinicians felt heard, understood, and respected by consultants
- The consultants worked on and talked about what clinicians wanted to work on and talk about
- Clinicians liked the approach used in the tele-mentoring sessions





# CLINICIAN QUOTES

July 1, 2021 to June 30, 2022

"The consultant's clinical knowledge and experience is an excellent fit for the work we do. I feel well supported across topics such as developmental assessments, parenting intervention, child-focused intervention, systems interventions, rural and remote clients, service delivery models/service improvement, providing supervision, leadership."

--- *Lead Psychologist*

"The consultant consistently prioritised the goals and topics I brought to supervision sessions. I always felt heard and left the session feeling like I had a way forward with the cases or concerns we had focused on."

--- *Psychologist*



# CLINICIAN QUOTES (CONT'D)

July 1, 2021 to June 30, 2022



"I have learnt a lot from my sessions with the consultant. I value her expertise and how she has encouraged me to develop my skills."

--- *Provisional Psychologist*

"The telementoring gave me much more confidence in completing the ADOS, as well as in observing and informally assessing children for possible features of ASD."

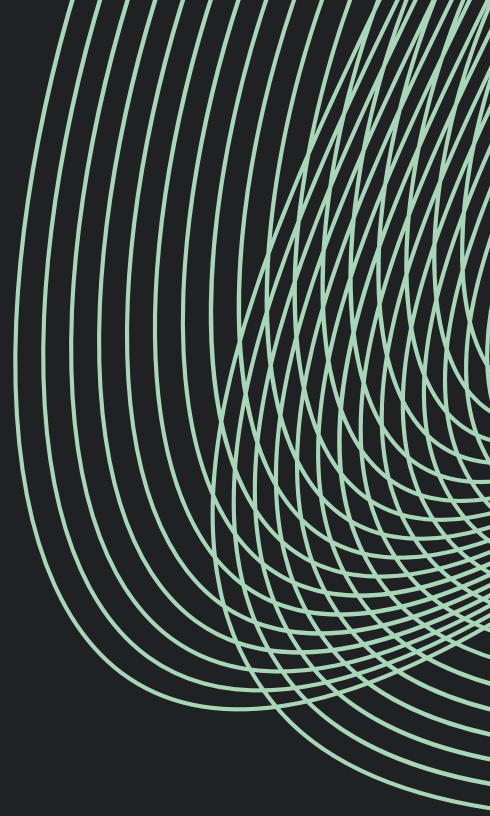
--- *Speech Pathologist*



"I found individual mentoring sessions useful and informative. The consultant is very kind with her time and always open to supporting individuals."

--- *Clinical Psychologist*

# NEED MORE INFORMATION? CONTACT US.



**Dr Erinn Hawkins**  
Consultant



**A/Prof Dianne Shanley**  
Consultant



**Dr Wei Liu**  
Manager



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Dr Wei Liu  
[wei.lliu@griffith.edu.au](mailto:wei.lliu@griffith.edu.au)  
07 5678 0367