Longitudinal study of MRS metabolites in Rasmussens encephalitis

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Summary
This study analyses the evolution of metabolite changes in an 8-year-old boy with focal Rasmussen encephalitis. Five MRI examinations, including magnetic resonance spectroscopy (MRS) were performed over 9 months. Following complex partial status, T2-weighted imaging showed transient dramatic signal increase in the left superior temporal gyrus and mesial temporal structures. Subsequent scans showed resolution of the swelling and signal normalization, with development of slight focal atrophy. MRS after status showed a reduction in N-acetylaspartate, total creatine and trimethylamines. Subsequent scans showed complete resolution of these metabolite abnormalities, followed later by development of further abnormal metabolite values. Lactate and glutamine/glutamate were elevated after status. After surgery, ex vivo high-field 1H and 31P MRS confirmed metabolite abnormalities (elevated choline and decreased aspartate, N-acetylaspartate, [1H]glutamate together with altered [31P]phospholipid ratios. These findings suggested active disease process in the anterior region of the excised superior temporal gyrus. We conclude that Rasmussen encephalitis is a combination of progressive encephalitic damage and fluctuating seizure effects, in which neuronal injury and recovery can occur. MRS measurements at a single time point should consider the fluctuating metabolite profile related to seizure activity.

Keywords: Rasmussen; chronic localized encephalitis; epilepsy; magnetic resonance spectroscopy; MRS

Abbreviations: Cho = total choline; CPS = complex partial seizure; Cr = creatine + phosphocreatine; GABA = γ-aminobutyric acid; gCOSY = gradient correlated spectroscopy; Glx = glutamine + glutamate; Lac = lactate; mI = myoinositol; MRS = magnetic resonance spectroscopy; NA = N-acetylaspartate + N-acetylaspartyl glutamate; NAA = N-acetylaspartate; PRESS = point resolved spectroscopy; ROI = region of interest; SPECT = single photon emission computed tomography; SPS = simple partial seizure.


Introduction
Rasmussen encephalitis is a rare, progressive disease beginning in the first decade in previously normal children (Rasmussen et al., 1958). It is characterized by the sudden appearance of refractory partial seizures, often with epilepsy partialis continua, or less commonly as complex partial status. The evolution of the disease is typically characterized by progressive neurological and cognitive deterioration with the eventual development of a hemiplegia. Treatment of Rasmussen encephalitis with conventional antiepileptic medication is of limited benefit. Surgical resection or disconnection of the affected hemisphere may stop the seizures and improve long-term cognitive outcome (Honavar et al., 1992).

Rasmussen encephalitis may have an autoimmune basis (Andrews et al., 1996; Hart, 1994). The pathological course has an initial inflammatory stage, followed by a chronic phase with progressive atrophy of the affected hemisphere (Rasmussen and McCann, 1968; Rasmussen et al., 1958). Histology performed during the acute stages of Rasmussen encephalitis shows signs of chronic encephalitis predomin-
MRS changes that occur in Rasmussen encephalitis and how patients suffering Rasmussen encephalitis.

Magnetic resonance spectroscopy (MRS) allows non-invasive assessment of metabolite abnormalities and their response to different treatment methods. Proton MRS can give information on the following metabolites: N-acetyl-aspartate + N-acetylaspartyl glutamate (NA), a marker of neuronal density and function (Petroff et al., 1995); choline-containing compounds (Cho), derived from soluble membrane components and reflecting membrane turnover; creatine (Cr), a component of the cellular energy cycle; myo-inositol (mI), an organic osmolyte (Gullans and Verbalis, 1993) and marker of astrocyte density (Petroff et al., 1995). Elevations of glutamine plus glutamate (Glx), measured as a single component because of spectral overlap, may reflect excess levels of the excitatory amino acid glutamate, with the potential for increased levels resulting from the action of autointerbodys on glutamate receptors. The presence of lactate indicates glycolytic metabolism.

Previous proton MRS studies of Rasmussen encephalitis have assessed metabolites in vivo at a single time-point (Matthews et al., 1990; Breiter et al., 1994; Geller et al., 1998) or with a second follow up study (Cendes et al., 1995; Turkdogan-Sozuer et al., 2000), and in tissue extracts (Peeling and Sutherland, 1993). No studies of Rasmussen encephalitis have made more than two sequential MRS measurements. The studies (at 1.5 T) focused predominantly on the levels of NA (suggestive of neuronal loss), which were usually decreased in the affected hemisphere, which was always atrophic (Matthews et al., 1990; Cendes et al., 1995; Turkdogan-Sozuer et al., 2000). An abnormally high concentration of soluble membrane precursor (Cho) was reported in one study (Turkdogan-Sozuer et al., 2000), but not in others (Matthews et al., 1990; Cendes et al., 1995) suggestive of variable changes in membrane turnover. Increases in lactate have been observed in Rasmussen encephalitis patients scanned during complex partial status epilepticus, indicative of anaerobic metabolism (Matthews et al., 1990; Cendes et al., 1995). Increased levels of lactate are short-lived and generally induced by an abnormal, anaerobic state such as during or immediately following seizure activity (Breiter et al., 1994; Turkdogan-Sozuer et al., 2000). It is believed that Rasmussen encephalitis may cause changes in membrane composition or turnover but, to date, no \(^{31}P\) MRS measurements are reported in studies of resected tissues from patients suffering Rasmussen encephalitis.

The purpose of this study was to describe the longitudinal MRS changes that occur in Rasmussen encephalitis and how seizures may affect these findings. To do this we have intensively studied a patient with Rasmussen encephalitis using high-field in vivo MRI and spectroscopy over a 9-month period. This started 16 months after seizure onset, included an episode of status epilepticus, and continued to the time of surgery with resected tissue being further examined in vitro using high-field \(^1\)H and \(^{31}P\) spectroscopy.

Patient and methods

The written consent to the study was obtained from the subject and his parents. The ethics committees of Austin Health and Griffith University approved the study.

Patient history

This boy had normal development and was a bright student. At 8 years and 2 months, he had his first complex partial seizure (CPS) where he described difficulties hearing and became vague for 20 min. Seizures escalated in frequency with complex partial status epilepticus (lasting two hours) after 1 month. Simple partial seizures (SPSs) were characterized by a feeling in his throat and peri-umbilical region, nausea, and an auditory agnosia where he could hear voices but could not understand them. The majority of seizures lasted ~10 s. Complex partial seizures occurred with dysphasia, loss of awareness, oral automatisms, and more rapid respiration, and sometimes extension of the right upper limb with right hand automatisms. By 9.5 years, he had simple partial seizures every 5 min and complex partial seizures up to seven times per day. He had marked fluctuation in his receptive speech.

Interictal EEG studies showed interictal left hemispheric slowing most prominent over the left temporal region, and left anterior and mid-temporal epileptiform discharges. Ictal EEG studies showed focal rhythmic sharp activity emanating from the left mid-temporal region. Neuropsychological assessment showed that the patient remained of average intellect at 9.5 years; however, he had made few gains over the last year. He had mild dysphasic features with attention and executive difficulties. Rasmussen encephalitis and focal cortical dysplasia were proposed in the differential diagnosis of his epileptic encephalopathy. Antiepileptic drug treatment included valproic acid, carbamazepine, lamotrigine, gabapentin, clobazam, phenytoin and prednisolone (Table 1). The patient received four pulses of IV methylprednisone, with administration of this drug ending 2 months before the first 3 T MR study.

Structural imaging

In vivo MRI and MRS were recorded on a 3 T MRI scanner (LX2, GE Medical Systems, Milwaukee, WI, USA). Each of the five scanning sessions included MRS acquisition, a T2-weighted sequence in the coronal plane and T1 weighted anatomical imaging. T2-weighted images were acquired...
using a T2-weighted fast spin echo (FSE) sequence [TR (relaxation time) = 4500 ms; TE (echo time) = 90 ms; flip angle = 90°; number of acquisitions (NEX) = 2; 512 × 256 matrix; field of view (FOV) = 24 cm; 4 mm slices with a 1.5 mm gap]. Regional image intensities were assessed by side-to-side comparison. A coronal fast spoiled gradient recovery (FSPGR) [TR = 9 ms, TE = 1.9 ms, TI (inversion time) = 500 ms, flip angle = 20; FOV = 25 × 17.5 cm; matrix size = 512 × 512], used for volumetric assessment, was acquired at the first, second and fifth scan. Assessment included bilateral hemicerebral, temporal lobe and hippocampal volume measurements. Measurement of hippocampal and hemicerebral volumes used previously described methods (Briellmann et al., 2000). Values were not corrected for the intracerebral volume, as changes of the right and left hemicerebral volume were considered part of the pathology. To allow comparison, they were expressed as a percentage of the hemicerebral volume.

**Table 1** Daily medication taken by the patient at the time of each MRS study

<table>
<thead>
<tr>
<th>First MR</th>
<th>Second MR</th>
<th>Third MR</th>
<th>Fourth MR</th>
<th>Fifth MR</th>
</tr>
</thead>
<tbody>
<tr>
<td>VPA 1500 mg</td>
<td>VPA 1500 mg</td>
<td>CBZ-CR 800 mg</td>
<td>CBZ-CR 800 mg</td>
<td>CBZ-CR 800 mg</td>
</tr>
<tr>
<td>CBZ-CR 800 mg</td>
<td>CBZ-CR 800 mg</td>
<td>LTG 150 mg</td>
<td>LTG 150 mg</td>
<td>LTG 150 mg</td>
</tr>
<tr>
<td>LTG 150 mg</td>
<td>LTG 150 mg</td>
<td>CZP 3 mg</td>
<td>CZP 3 mg</td>
<td>CZP 3 mg</td>
</tr>
<tr>
<td>CZP 3 mg</td>
<td>CZP 3 mg</td>
<td>PHT 300 mg</td>
<td>PHT 300 mg</td>
<td>PHT 300 mg</td>
</tr>
<tr>
<td>PHT 300 mg</td>
<td>PHT 300 mg</td>
<td>TPM 12.5 mg</td>
<td>TPM 12.5 mg</td>
<td>TPM 12.5 mg</td>
</tr>
<tr>
<td>TPM 12.5 mg</td>
<td>TPM 12.5 mg</td>
<td>Hcort 8 mg, 4 mg alt</td>
<td>Hcort 8 mg, 4 mg alt</td>
<td>Hcort 8 mg, 4 mg alt</td>
</tr>
<tr>
<td>PRED 25 mg alt. day</td>
<td>Hcort 8 mg, 4 mg alt</td>
<td>Hcort 8 mg, 4 mg alt</td>
<td>Hcort 8 mg, 4 mg alt</td>
<td>Hcort 8 mg, 4 mg alt</td>
</tr>
<tr>
<td>IV MP 500 mg (2.5 months)</td>
<td>IV MP 500 mg (5 days)</td>
<td>Hcort 8 mg, 4 mg alt</td>
<td>Hcort 8 mg, 4 mg alt</td>
<td>Hcort 8 mg, 4 mg alt</td>
</tr>
</tbody>
</table>

VPA = valproate; LTG = lamotrigine; PHT = phenytoin; TPM = topiramate; CZP = clonazepam; CLB = clonazepam; CBZ-CR = carbamazepine-controlled release; PRED = prednisolone; IV MP = intravenous methylprednisolone (time prior to MR when last given); Hcort = Hydrocortisone; alt = alternating; prn = as required.

In vivo MRS imaging and data analysis

Three-plane localizing images were acquired to allow prescription of isotropic 2 cm regions of interest (ROI) for MRS. Sagittal plane, 2 cm thick scout images (T1 spin-echo), followed by 2 cm thick coronal images centred in the plane of the ponto-medullary junction were acquired. A ROI in each temporal lobe was selected in the coronal plane with maximal inclusion of the high intensity area in the left superior temporal gyrus seen in the structural imaging and the medial temporal lobe (centred 45 mm from the temporal pole, outlined in Fig. 2) and an equivalent voxel in the right temporal lobe. Volume-localized spectra were recorded using a short-echo point resolved spectroscopy (PRESS) sequence with TE/TR = 30 or 35 ms/3000 ms and either 32 or 64 transients.

In vivo MRS data were analysed to provide information about NA, Cho, Cr, Glx and mI. Metabolite concentrations were determined for each ROI with LCModel software (Provencher, 1993), using a library of reference spectra in a basis set recorded specifically for the scanner and calibrated with a phantom containing 50 mM NA. The compounds N-acetylaspartate and N-acetylaspartyl glutamate are not differentiated in vivo. Therefore, for in vivo spectra, NA refers to the two compounds together. For in vitro measurements, NAA refers to N-acetylaspartate, which can be differentiated from N-acetylaspartyl glutamate.

The LCModel fitting algorithm uses the multiple peaks contributing to an individual metabolite spectrum to estimate the tissue content of each metabolite (Provencher, 1993). The residual signal corresponds to, and is fitted by, additional broad peaks representing unknown metabolites and other factors such as components with short T1 relaxation times. Results, presented as institutional units (approximating millimolar concentration) based on this process, were compared with temporal lobe spectra of 41 controls (mean age 34 ± 10 years, male/female = 15/26) scanned using a similar acquisition protocol. A normal range of ± 2 SDs from the mean was used. Individual metabolite concentrations were not corrected for incomplete relaxation.

Resected tissue was assessed by histopathology and MR spectroscopy.

Pathology

The resected specimens consisted of cerebral neocortex and white matter, including 40 × 15 × 15 mm of left superior and middle temporal gyrus, 20 × 10 × 7 mm from the depth of the superior temporal sulcus and 10 × 8 × 7 mm from the posterior superior temporal gyrus. Two segments from the resected superior temporal gyrus were used for in vitro analysis. These were included in the lateral aspect of the voxel examined by in vivo MRS.

High-field MRS studies of excised tissue

Samples of the resected superior temporal gyrus (249 mg middle part and 82 mg posterior section) were collected into liquid nitrogen within 30 s of resection and stored at −70°C until analysis. A double extraction procedure (Lehnhardt et al., 2001) was used to separate the hydrophilic (cytosolic)
components, which were analysed by $^1$H MRS (Bruker Avance 14.09 T spectrometer operating at 600 MHz), from the lipophilic (membrane phospholipids) tissue components, which were assessed with $^{31}$P MRS (Bruker Avance 7.07 T spectrometer operating at 121 MHz).

$^1$H NMR measurements were performed on a Bruker Avance DRX 600 MHz (14.09 T) spectrometer at 298 K. Typically, the $^1$H spectra were acquired over 32,000 data points, with an acquisition time of 2.3 s and 128 transients. A known quantity of 3-trimethylsilylpropionate (TSP) was added to the $^1$H NMR samples to enable estimation of metabolite concentrations. For confirmation of peak assignment, gradient correlated spectroscopy (gCOSY) (Hurd, 1990) was used to acquire spectra over 1024 data points in each dimension. In addition to the metabolites detected in vivo, signals from taurine, aspartate, lactate, acetate and gamma aminobutyric acid (GABA) were measured.

$^{31}$P NMR measurements were performed on a Bruker Avance DRX 300 MHz (7.05 T) spectrometer operating at 121.5 MHz and 298 K. Typically, the $^3$P decoupled $^{31}$P spectra were acquired over 16,000 data points with an acquisition time of 1.5 s, 6144 transients and a relaxation delay of 2 s. Identification of metabolites was based on published spectra (Arús et al., 1985; Lehnhardt et al., 2001) and normal phospholipid ratios were estimated from published spectra (Lehnhardt et al., 2001).

**Results**

**Timing of the magnetic resonance studies in relation to clinical events**

The first 3 T MR study was performed during an elective admission for seizure characterization following two CPS in the previous two weeks, and several simple partial seizures per day. During video-EEG telemetry, several SPS were recorded. The EEG showed localized left temporal interictal and ictal discharges and left temporal slowing. Ictal single photon emission computed tomography (SPECT) [Tc-99m HMPAO (hexamethylpropyleneamine oxime monoamine oxidase)] during a CPS showed left lateral temporal lobe hyper-perfusion, maximum in the superior temporal gyrus. The first MRI and MRS were performed 6.5 h after this seizure.

Four months after the first MR study or 20 months after the onset of seizures, a second 3 T MR study was performed. After increasingly frequent CPS with lengthening periods of unresponsiveness, emergency admission for complex partial status epilepticus was required. The blood levels of antiepileptic drugs were within or below normal range. This second 3 T MR study was performed 5 days after this complex partial status epilepticus, with no seizures recorded during the days between the status and the MR.

Two months after the second MR study and 22 months after seizure onset, the third 3 T MR examination was performed. During this 2-month period, the patient was relatively stable with infrequent seizures and the oral steroids were gradually weaned. The third 3 T MR examination was performed a week after a cluster of SPS and CPS.

Two weeks after the third study and one week prior to surgery, the fourth MR was performed. The patient was no longer on steroids and had been free of CPS since the third MR study. However, EEG monitoring confirmed the presence of SPS with focal epileptiform activity over the left anterior and mid temporal region. Slowing over the left temporal region was observed. Pre-operative assessment (video-EEG telemetry, MRI, SPECT, PET and neuropsychological evaluation) suggested the left superior temporal gyrus as the origin of seizure activity. Implanted subdural EEG confirmed focal seizures, confined to the left superior temporal gyrus. Language mapping excluded language in that region. With the differential diagnosis of occult dysplasia or Rasmussen encephalitis, operative resection of the left superior temporal gyrus was performed.

Histological sections from each specimen showed cerebral neocortex and white matter. Definite dyslaminar change was not identified, although single white matter neurons were noted to be frequent. Small numbers of lymphocytes and macrophages were noted in the subarachnoid space and there was focal intraparenchymal perivascular cuffing and scattered foci of neuronophagia (Fig. 1A). Immunohistochemical stains showed both T-lymphocyte subtypes CD68 and CD8 positive cells (macrophage markers) in these foci (Fig. 1B), as reported by Bien et al. (2002a). The process was present focally throughout the resected tissue specimens. A diagnosis of a low-grade meningoencephalitis was made, consistent with Rasmussen encephalitis.

Three months after the cortical resection and 25 months after seizure onset, the fifth MR was performed. Seizure frequency was not substantially different following surgery with very frequent SPS per day and 1–2 CPS per week.

**Structural MRI**

Figure 2 shows the evolution of the structural MRI findings. At the first MRI study, no definite abnormality was seen; in particular, no signal change was evident in the left superior temporal gyrus. The second scan, performed shortly after complex partial status epilepticus, showed a dramatic signal change; the left superior temporal gyrus was swollen, showed high T2-signal intensity and blurred grey–white matter distinction. In the next two MR measurements, recorded after a cluster of CPS (third MRI) and after a relatively seizure-free interval (fourth MRI), there was resolution of the left temporal swelling. Finally, the fifth scan showed the tailored post-operative defect.

Volumetric assessment was performed on the first, second and fifth scans (Table 2). No hemispheric atrophy was apparent. The left temporal lobe was smaller than the right. The hippocampi were initially symmetrical, but the left hippocampus was larger (swollen) at the time of the second MRI scan.
The spectra obtained at the four MR sessions prior to surgery are shown in Fig. 3. The concentrations of different metabolites in controls and the longitudinal changes in MRS findings for both temporal lobes in the patient are shown in Table 3 and discussed below.

**MRS findings**
The spectra obtained at the four MR sessions prior to surgery are shown in Fig. 3. The concentrations of different metabolites in controls and the longitudinal changes in MRS findings for both temporal lobes in the patient are shown in Table 3 and discussed below.

The NA value on both the left and right temporal lobes was within the normal range at the first measurement but at the second measurement, following the complex partial status epilepticus, it was significantly lower than the normal range indicated by controls (Table 3; second MR, Fig. 3). After seizure control, NA recovered but subsequently had fallen again in the right temporal lobe at the time of the final scan.
after surgery, probably reflecting the chronic course of the disease. Creatine was also abnormally low in the left temporal lobe in the second study after the complex partial status (scan 2). The Cr content was within the normal range during the period of good seizure control (scans 1, 3 and 4). Total choline concentration decreased significantly following the complex partial status and returned to normal values thereafter. Total Glx content was in the upper range of normal control values on both sides. Interestingly, the increased values were more evident on the contralateral side (scans 1–3) with the greatest concentrations observed at the first scan. Lactate, which is not usually detected in spectra recorded from a normal temporal lobe, was markedly increased on the left side at the first MRI scan, which was performed 6.5 h after a seizure. Lactate was also detected at a lower level in subsequent scans 3 and 4, which were performed at least days after a CPS. Myoinositol was within the normal range for controls during the whole observation period, but was higher in the measurement prior to surgery (scan 4).

**High-resolution MRS of tissue extracts**

High-resolution 1D and 2D gCOSY $^1$H MR spectra of the two tissue samples (predominantly grey matter from the anterior and posterior regions of superior temporal gyrus) were acquired for metabolite identification. Estimated metabolite concentrations in each tissue sample together with published non-encephalitic neocortex metabolite concentrations are shown in Table 4. Compared with the reported values, both samples showed normal creatine content, but an increase in lactate and alanine and a decrease in glutamate.

Notably, the posterior sample showed a large acetate peak (1.9 ppm) that was absent from the anterior sample (Fig. 4). Tissue content of acetate-containing components (including NA) and mI was lower, and the Glx levels were greater in the anterior sample compared with the posterior sample. The acetate signal at 1.9 ppm was not evident in the in vivo spectra. Interestingly, only the anterior sample showed the presence of taurine (C-2: 3.27 ppm and C-1: 3.41 ppm). There was a greater intensity of the signal at 2.22 ppm GABA+ than could be accounted for by GABA alone, based on the other GABA signals at 1.83 and 2.94 ppm (confirmed by gCOSY assignment). This additional signal intensity is likely to arise from an unidentified metabolite and could lead to misinterpretation of elevated GABA.

**Ex vivo** $^{31}$P MRS spectra, recorded from extracts showed the expected phospholipid components (Fig. 4) of phosphatidylcholine, sphingomyelin, phosphatidylserine and phosphatidylethanolamine.

Total peak areas for inner and outer membrane phospholipids were the same in both tissue samples. However, of the inner membrane components (phosphatidylerine :
Table 3  Temporal lobe metabolite concentrations measured for the patient in comparison with control values

<table>
<thead>
<tr>
<th>Metabolite controls (mean ± SD)</th>
<th>NA</th>
<th>Cr 4.52 ± 0.74</th>
<th>GPc + PCh 1.50 ± 0.21</th>
<th>Glu + Gln 8.04 ± 1.66</th>
<th>Lac ND</th>
<th>ml 3.29 ± 0.69</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient Time after onset</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>16 months*</td>
<td>7.18 (7)</td>
<td>7.82 (6)</td>
<td>5.27 (8)</td>
<td>5.18 (9)</td>
<td>1.61 (7)</td>
<td>1.38 (8)</td>
</tr>
<tr>
<td>20 months</td>
<td><strong>3.67 (9)</strong></td>
<td><strong>4.46 (9)</strong></td>
<td><strong>2.66 (8)</strong></td>
<td><strong>3.63 (8)</strong></td>
<td><strong>1.03 (7)</strong></td>
<td><strong>1.15 (7)</strong></td>
</tr>
<tr>
<td>22 months</td>
<td>6.37 (7)</td>
<td>7.39 (5)</td>
<td>4.25 (6)</td>
<td>4.77 (6)</td>
<td>1.38 (6)</td>
<td>1.41 (6)</td>
</tr>
<tr>
<td>22.5 months</td>
<td>6.67 (5)</td>
<td>6.90 (6)</td>
<td>4.30 (15)</td>
<td>5.41 (6)</td>
<td>1.68 (6)</td>
<td><strong>1.98 (7)</strong></td>
</tr>
<tr>
<td>25 months</td>
<td>–</td>
<td><strong>4.85 (9)</strong></td>
<td>–</td>
<td>3.94 (6)</td>
<td>–</td>
<td>–</td>
</tr>
</tbody>
</table>

The estimated error in the fit (% SD) is shown in brackets for each metabolite. An error of <25% was regarded as acceptable. An error of >25% is reported as not detected (ND). Abnormal values (> 2 SD) are shown in bold. *The first study was made with a TE of 35 ms. The values for 10 control subjects (mean age 33 ± 7 years, male/female = 3/7) were used to normalize the concentrations to 30 ms. See Fig. 3 legend for abbreviations.
phosphatidylcholine), phosphatidylserine comprised a lower proportion in the posterior sample (0.58) than the anterior sample (0.75) and a published control spectrum (0.88) (Lehnhardt et al., 2001). The outer membrane phospholipid ratio, sphingomyelin : phosphatidylcholine, was higher in both the anterior and posterior tissue samples (0.48 and 0.46, respectively) than in the control spectrum (0.34) (Lehnhardt et al., 2001). The ratio of total inner to outer membrane phospholipids was 1.14 (anterior) and 1.28 (posterior). This ratio was 1.26 in published control data (Lehnhardt et al., 2001).

**Table 4** Tissue metabolite concentrations estimated using high-field $^1$H NMR (14 T)

<table>
<thead>
<tr>
<th>Metabolite</th>
<th>Anterior μmol/g</th>
<th>Posterior μmol/g</th>
<th>Non-encephalitic neocortex* μmol/g</th>
<th>Temporal lobe** μmol/g</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acetate</td>
<td>nd</td>
<td>3.84</td>
<td>nr</td>
<td>0.37 ± 0.06</td>
</tr>
<tr>
<td>Aspartate</td>
<td>0.08</td>
<td>1.69</td>
<td>1.05 ± 0.10</td>
<td>1.77 ± 0.15</td>
</tr>
<tr>
<td>Alanine</td>
<td><strong>1.47</strong></td>
<td><strong>1.28</strong></td>
<td>0.29 ± 0.02</td>
<td>0.93 ± 0.09</td>
</tr>
<tr>
<td>Cholines</td>
<td>1.89</td>
<td>1.38</td>
<td>1.30 ± 0.08</td>
<td>0.49 ± 0.08</td>
</tr>
<tr>
<td>Creatine</td>
<td>7.26</td>
<td>7.90</td>
<td>7.22 ± 0.49</td>
<td>9.63 ± 0.28</td>
</tr>
<tr>
<td>Glutamine</td>
<td>4.42</td>
<td>2.56</td>
<td>nr</td>
<td>nr</td>
</tr>
<tr>
<td>Glutamate</td>
<td><strong>5.05</strong></td>
<td><strong>4.49</strong></td>
<td>8.18 ± 0.39</td>
<td>9.14 ± 0.35</td>
</tr>
<tr>
<td>Inositol</td>
<td>5.68</td>
<td>6.41</td>
<td>5.51 ± 0.27</td>
<td>9.02 ± 0.37</td>
</tr>
<tr>
<td>Lactate</td>
<td>10.52</td>
<td>14.24</td>
<td>7.66 ± 0.38</td>
<td>nr</td>
</tr>
<tr>
<td>NAA</td>
<td>2.52</td>
<td>5.98</td>
<td>5.29 ± 0.28</td>
<td>5.97 ± 0.26</td>
</tr>
<tr>
<td>Taurine</td>
<td>0.95</td>
<td>nd</td>
<td>1.33 ± 0.10</td>
<td>1.48 ± 0.07</td>
</tr>
</tbody>
</table>

*From analysis of 32 samples (Peeling and Sutherland, 1993). **From analysis of 10 samples (Petroff et al., 1989). nd = not detected. nr = not reported. Abnormal values (>2 SD) are shown in bold. NAA = N-acetylaspartate.

![Fig. 4](image-url) High-resolution MR spectra recorded from grey matter resected from the anterior and posterior margins of the supratemporal gyrus. The $^1$H MR spectra are shown on the right and the $^{31}$P MR spectra on the left. $^1$H metabolites are labelled as: A = acetate; Ala = alanine; Asp = aspartate; Cr = creatine; I = inositol; Cho = choline; GABA = γ-amino butyric acid; Glu = glutamate; Gln = glutamine; Glx = glutamine + glutamate; Gly = glycine; Lac = lactate; NAA = N-acetylaspartate; Tau = taurine. $^{31}$P metabolites are labelled: PtdCho = phosphatidylcholine; PtdEth = phosphatidylethanolamine; PtdSer = phosphatidylserine; SM = sphingomyelin; lyso-PtdEth = lysophosphatidylethanolamine.
Discussion
This high-field MRS study describes serial structural and metabolite changes in an 8-year-old boy with Rasmussen encephalitis. During this 9-month period, an episode of a complex partial status epilepticus occurred. This status was followed by focal swelling and a marked increase in T2-weighted signal intensity in the superior temporal gyrus. Transient brain swelling associated with T2-weighted signal increase following epileptic status has been described previously (VanLandingham et al., 1998). During the observation period, no hemispheric atrophy was detected, reflecting the restricted distribution of the inflammatory disease. Histopathological appearance of the tissue was consistent with an early disease stage in which atrophy is not the main feature, as described by Bien et al. (2002b).

Histopathology showed signs of a low-grade meningo-encephalitis, including perivascular cuffing. There was no marked neuronal cell loss or gliosis. These features are consistent with the relatively normal structural and metabolic findings of the resected area on the pre-operative MRI. This suggests that the fluctuations of the MRS metabolites on the earlier scans reflect seizure-associated, transient changes.

The most striking MRS changes were observed following the complex partial status at the second measurement, after which metabolite concentrations returned to normal control values.

N-acetylaspartate (neurons)
There was a bilateral reduction of NA after the complex partial status (second MR), which recovered with treatment of the seizures. To our knowledge, this is the first report describing recovery of NA during the course of Rasmussen encephalitis and suggests that seizures may be important in the measured MR abnormalities. Even after disease duration of 22 months (scans 3 and 4), NA was within the normal range. This contrasts with other studies (Matthews et al., 1990; Cendes et al., 1995; Geller et al., 1998), which report reduced NA in patients with typical Rasmussen encephalitis and brain atrophy. As our patient had no hemispheric atrophy and a very localized seizure focus, the normal NA suggests that despite the focally active disease, the neuronal function was not markedly disturbed once the status was controlled.

This suggests that NA decrease associated with status epilepticus does not reflect irreversible neuron cell death and that adequate control of the status may be followed by recovery of the neuron function. The improvement in tissue NA content was associated with control of the CPS, despite ongoing SPS.

Previous MRS studies of Rasmussen encephalitis have demonstrated consistent findings of reduced NA in small groups of patients (Matthews et al., 1990; Cendes et al., 1995; Geller et al., 1998). One study had sequential data (Cendes et al., 1995) that described multi-voxel long echo time MRS in three patients twice over a period of one year. They found an NA reduction over time and attributed NA reduction to seizure frequency. However, two of the patients in that study had their second MRS measurement while suffering complex partial status, which may have contributed to the observed NA reduction. Most reports describe MRS profiles recorded after admission to hospital for status epilepticus. These measurements may, therefore, reflect seizure effects and cannot be attributed solely to disease progression. Measurements made in the absence of seizures are necessary to assess Rasmussen encephalitis related metabolite changes.

The reversible nature of the metabolite changes and the inflammation evident on histological examination provide evidence that the observed MRS changes represent the effect of seizures and the disease process rather than permanent changes in tissue composition.

Creatine and choline (cellularity and membrane turnover)
Creatine and choline concentrations of our patient decreased following complex partial status, but subsequently recovered and partly normalized after the operation. The decrease in Cr is consistent with loss of substrates following extended utilization of high-energy phosphates. The Cho decrease in scan 2 after CPS status is consistent with a transient increase in the turnover and loss of membrane components, which was unaffected by progression of the disease and independent of the short-term changes in simple partial seizure frequency.

Metabolites other than NA, Cho and Lac have been assessed by few studies of Rasmussen encephalitis (Geller et al., 1998; Sener, 2000; Turkdogan-Sozuer et al., 2000), making comparison difficult since either the scanning procedures, methods or timing of metabolite measurement with respect to the progression of Rasmussen encephalitis and recent seizure severity were not described or were variable between studies.

Lactate (anaerobic metabolism)
Lactate is typically affected by a seizure occurring immediately before scanning. Lactate increases in patients with Rasmussen encephalitis scanned during status have been described previously (Breiter et al., 1994; Cendes et al., 1995). Interestingly, in our patient lactate increase was observed 6.5 h after a CPS of 90 s duration. This seizure occurred during video-EEG telemetry and was therefore optimally documented. Ictal SPECT obtained during this seizure showed focal hyperperfusion in the left temporal lobe. Video-EEG telemetry excluded ongoing seizure activity beyond the CPS. However, simultaneous EEG was not performed during scanning, and we cannot exclude occurrence of electrographic seizures during the MRI session. The significance of low concentrations of Lac detected in later scans 3 and 4 (see Fig. 3) is unclear, since this spectral region may also contain a signal contribution from macromolecules. However, the high incidence of simple partial seizures may have contributed to lactate production.
Glutamate and glutamine (Glx – transmitter cycling)

Total Glx levels measured in vivo were increased bilaterally at the first scan and were subsequently in the upper range of normal in the contralateral hemisphere. The high Glx concentrations recorded in the initial measurement are consistent with steroid promotion of glutamate and glutamine synthesis (Sun et al., 1999). In the ipsilateral temporal lobe, a lower Glx concentration after the complex partial status is likely to reflect an osmotic response to the associated tissue oedema (Danielsen and Ross, 1999). A short-echo MRS study of two cases with Rasmussen encephalitis (Geller et al., 1998) also found increased Glx, both in the unaffected contralateral hemisphere and in the affected hemisphere.

Tissue extracts

High-resolution 1H MR studies of the excised tissue were used to compare regional variations between the anterior and posterior parts of the resected tissue with previously reported data (Table 4) (Peeling and Sutherland, 1993). The high lactate concentrations recorded from both tissue samples were consistent with tissue anoxia associated with surgical resection. The lower N-acetylaspartate (NAA) content of the anterior sample suggests substantial reduction in neuronal viability, relative to the posterior sample. Acetate was not detected in the anterior tissue sample, but was elevated in the posterior sample. Aspartate content was reduced in extracts of abnormal tissue (Peeling and Sutherland, 1993), suggesting the anterior sample was more abnormal in this study. While an increased aspartate signal associated with autolysis has been ascribed to breakdown of NAA (Petroff et al., 1988), the normal NAA content in the posterior sample suggests that the high aspartate concentration is not due to NAA degradation accompanying autolysis.

Alanine, which is associated with astrocytes (Danielsen and Ross, 1999), was increased compared with the reported concentration in non-encephalitic cortex (Peeling and Sutherland, 1993), with the greatest concentration in the anterior sample.

The increased concentration of Cho in the anterior sample is consistent with increased membrane breakdown, and with the presurgical in vivo MRS increase in Cho. While the anterior glutamine to glutamate ratio was greater than in the posterior sample, both samples had lower glutamate than previously described. Increased glutamate transamination could contribute to elevated glutamine and alanine concentrations.

The osmolyte ml concentration was higher in the posterior tissue extract and within the normal range in the anterior sample. The absence of taurine in the posterior sample may relate to its role as an organic osmolyte (Heilig et al., 1989).

Some metabolites are due to medication, we cannot exclude an

31P MRS

There are no previous reports of 31P MRS measurements in excised tissue from Rasmussen encephalitis patients. These studies provide information not available from in vivo MRS studies, such as the ability to determine the relative proportions of the membrane phospholipid components phosphatidylcholine, sphingomyelin, phosphatidylinerse and phosphatidylethanolamine (Bretscher, 1972). Variation in the ratio of individual components may alter the membrane fluidity or function. The major difference compared with the previously reported 31P spectrum was a reduced fraction of phosphatidylcholine in the outer membrane layer (suggesting reduced incorporation into membranes or membrane breakdown, consistent with the increased free Cho observed by 1H MRS). The ratio of inner membrane components phosphatidylinerse to phosphatidylethanolamine was reduced compared with the reported control. The significance of this change is unclear. While it does not appear to alter membrane fluidity (Song and Waugh, 1990), the proteins supported in the membrane may be altered. Such changes may be associated with the uncontrolled neuronal activation, responsible for the repetitive seizures in Rasmussen encephalitis. One study (Kwee and Nakada, 1988) gives ranges for grey/white matter showing that sphingomyelin is higher and phosphatidylcholine is lower in white matter compared with grey. Our samples were predominantly grey matter, suggesting that the different phospholipid proportions were disease related.

Medication effects

Although we do not believe that the fluctuations in brain metabolites are due to medication, we cannot exclude an
effect of the various drugs the patient took on the metabolites measured. Carbamazepine, lamotrigine, phenytoin and topiramate were administered throughout most of the study period (Table 1); thus their potential effects would probably have been similar over several MR sessions and not responsible for the observed fluctuations. Steroids may have influenced the results from the first two MR sessions, but steroids could be expected to affect the whole-brain.

**Conclusion**

This longitudinal high-field MR study of a patient with Rasmussen encephalitis showed a disease process primarily involving the superior temporal gyrus on the left side. This region was identified as the seizure focus on multiple video-EEG telemetry sessions, ictal SPECT and interictal PET examinations. We observed seizure-associated MR abnormalities, consisting of increased T2 signal and reduced NAA, Cr and Cho levels in the superior temporal gyrus. These abnormalities resolved completely on subsequent scans performed under better seizure control. This indicates the need for caution in the interpretation of single MRS observations that reflect a single point in a varying state with different combinations of disease and seizure-associated damage.

High-field $^{31}$P MRS studies of tissue extracts showed differences in membrane phospholipid content that were consistent with increased Cho measured by in vivo $^1$H MRS. These findings may inform discussion of the mechanism of the chronic damage to the brain and distinguish seizure related effects from primary progressive disease processes.

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