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1 **$\delta^{15}\text{N}$ of estuarine fishes as a quantitative indicator of urbanization**

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7 **Abstract**

8 Nitrogen stable isotope values ($\delta^{15}\text{N}$) have commonly been used as a qualitative indicator of
9 catchment urbanization in estuaries, but no quantitative relationship has to date been
10 established between $\delta^{15}\text{N}$ and degree of urbanization. We sampled five species of common
11 estuarine fish (*Mugil cephalus*, *Acanthopagrus australis*, *Silago ciliata*, *Gerres subfasciatus*
12 and *Herklotsichthys castelnaui*) of different trophic levels from six estuaries in Southeast
13 Queensland, Australia, to test if a quantitative relationship exists between $\delta^{15}\text{N}$ and
14 urbanization in the catchment. Degree of urbanization (Urban %) in the catchment adjacent to
15 the tidal estuary was measured using polygons constructed in Google Earth images, and
16 verified using data from the detailed Queensland Land Use Mapping Project (QLUMP).
17 Significant linear relationships exist between fish $\delta^{15}\text{N}$ and Urban % in most cases
18 irrespective of the section of the estuary (upper, middle and lower) where the fish were
19 caught, with no difference in slope and elevation between lines established for different
20 sections. Inclusion of additional fish $\delta^{15}\text{N}$ data from other Australian estuaries in a combined
21 multiple regression model adding trophic level as a predictor generated a significant
22 relationship predicting increase in $\delta^{15}\text{N}$ values with increasing Urban % and trophic level.
23 There is therefore a generic quantitative relationship between estuarine fish $\delta^{15}\text{N}$ values and

24 degree of urbanization applicable to different fish species, geographic location or feeding
25 habit. While the generality of this relationship needs to be tested further in other geographic
26 locations, our findings potentially improve the applicability of fish $\delta^{15}\text{N}$ values as a
27 quantitative indicator of urban influence in estuaries.

28 **Key words:** estuaries, fish, $\delta^{15}\text{N}$, urbanization, trophic level, quantitative indicator, Google
29 Earth

30 **1. Introduction**

31 Urbanization, the migration of people from rural to urban areas, is increasing globally,
32 particularly in coastal areas surrounding major estuaries (Martinez et al., 2007). Urbanization
33 can alter hydrological, sedimentation or nutrient dynamics regimes within estuaries, leading
34 to structural modifications and reduced functionality of the ecosystem, causing an overall
35 reduction in estuarine productivity (Dalrymple et al., 1992; Fulton et al., 1993; Whitfield and
36 Harrison, 2008). Human population increase and the resultant demand for urban and
37 agricultural land is now recognised as a major contributing factor to wetland loss and poor
38 waterway quality in many coastal areas of the world (Lee et al., 2006; Vernberg et al., 1992).

39 Peri-urban estuarine ecosystems receive anthropogenic bioactive materials (e.g.
40 bacteria/invasive species, drugs, nutrients), which can affect primary productivity, food web
41 interactions and energy flow (Vanni et al., 2005). Introduction of excess nutrients (e.g.
42 nitrogen and phosphorus) through municipal and agricultural wastes, pollutant run-off from
43 impermeable surfaces and/or effluent input from wastewater treatment plants can change the
44 nutrient dynamics of urban catchments and have flow-on effects to the trophic ecology of
45 receiving estuaries (Carabel et al., 2006; Hansson et al., 1997; Hobson, 1999; Post, 2002;
46 Schlacher et al., 2005). Nitrogen input from sewage treatment plants, for example, has been
47 shown to alter population dynamics, change species assemblages and reduce more natural

48 food sources such as seagrass (McClelland and Valiela, 1998; Schlacher et al., 2005). Shifts
49 in organic matter source such as replacement of native seagrass by invasive algae could result
50 in changes in the abundance and composition of the macrobenthos (Bishop and Kelaher,
51 2013; Taylor et al., 2010).

52 Growing concern over the impacts of urban development on estuaries has led to an increase
53 in the demand for ecological information on which to base management plans and decisions
54 (Attrill and Depledge, 1997; Whitfield and Elliott, 2002; Whitfield and Harrison, 2008).

55 Water quality testing can provide important information on estuarine conditions (Attrill and
56 Depledge, 1997), and, if performed regularly, can detect changes to ecosystem health over
57 time. Water quality monitoring, however, only represents 'snap-shot' conditions of an
58 estuarine system, without adequately detecting long-term, complex biological interactions
59 and processes (Whitfield and Elliott, 2002; Whitfield and Harrison, 2008).

60 Bio-indicator organisms continually assimilate the environmental conditions of a system,
61 allowing long-term time-integrated changes to nutrient dynamics to be investigated (Attrill
62 and Depledge, 1997; Whitfield and Elliott, 2002; Whitfield and Harrison, 2008). Nitrogen
63 stable isotopic ratios ($\delta^{15}\text{N}$) are regularly used to indicate the trophic level of aquatic
64 organisms (Cabana and Rasmussen, 1994; Fry, 1991; Layman et al., 2012; Post, 2002), with
65 average enrichment of $\sim 3\text{-}4\text{ ‰}$ per trophic level (Faeth et al., 2005; Fry, 1991; McCutchan et
66 al., 2003). In addition, $\delta^{15}\text{N}$ has also been established as a qualitative tracer for the
67 assimilation of anthropogenic nitrogen sources, such as treated sewage effluent, which have
68 elevated $\delta^{15}\text{N}$ values (Connolly, 2003; Davis et al., 2012; Hadwen et al., 2007; Mazumder et
69 al., 2011; Post, 2002).

70 Quantitative relationships between the degree of urbanization and nitrogen isotopic ratios are,
71 however, absent from the literature. Schlacher et al. (2005) demonstrated enrichment of the

72 ^{15}N of fish over three estuaries with differing sewage inputs, but no attempt was made to
73 quantify the general urbanization- $\delta^{15}\text{N}$ relationship. While $\delta^{15}\text{N}$ values are already
74 incorporated into some routine environmental health monitoring programs (e.g. the
75 Environmental Health Monitoring Program in Southeast Queensland, Australia), a generic
76 quantitative relationship between $\delta^{15}\text{N}$ and the magnitude of urban influence on the biota, if it
77 exists, would improve the usefulness of this indicator.

78 There is also a need to test the existence of a general quantitative relationship between
79 urbanization and $\delta^{15}\text{N}$ in different locations along the tidal gradient of estuaries rather than
80 the typical proximity-to-source approach. Locations further upstream receiving concentrated
81 catchment run-off may be more impacted than the estuary, which receives significant oceanic
82 influence and dilution (Hadwen et al., 2007; Piola et al., 2006; Schlacher et al., 2005).
83 However, the mobility of potential important bio-indicators such as fish (Whitfield and
84 Harrison, 2008) and the tidal action within estuaries may result in more even and widespread
85 influence of estuarine nitrogen inputs (Hadwen et al., 2007; Loneragan and Bunn, 1999), and
86 thus decreasing the usefulness of $\delta^{15}\text{N}$ as a quantitative indicator of urban influence.

87 In this study, we analyzed five species of estuarine fish at various trophic levels
88 collected from six estuaries in catchments in Southeast Queensland, Australia, with urban
89 development ranging from 8 to 26% to investigate the direct relationship between the degree
90 of urbanization and $\delta^{15}\text{N}$. A second component involved analysis of literature $\delta^{15}\text{N}$ values
91 covering another seven estuaries in Australia spanning over between 0.1 to 59% urbanization
92 in the lower catchment. Since $\delta^{15}\text{N}$ is known to vary according to the trophic level of animals,
93 our model further attempted to address the two sources of influence simultaneously, with the
94 aim of establishing a generic quantitative relationship incorporating these two predictors of
95 the $\delta^{15}\text{N}$ of estuarine fish in per-urban estuaries in Australia.

96 **2. Methods**

97 **2.1 Estimating % urbanization in catchments**

98 **2.1.1 Southeast Queensland estuaries**

99 This study was conducted in six sub-tropical estuaries of Southeast Queensland (SEQ),
100 Australia: Noosa, Maroochy, Pimpama, Coomera, Tallebudgera and Currumbin (Figure 1).
101 These estuaries were selected due to the variations in urban land use in each catchment,
102 providing a gradient of catchment urbanization (from ~7% to ~25%) over the six estuaries.
103 The % urbanization of each estuary was estimated using Google Earth images (Google,
104 2013). Google Earth has been used as a geo-spatial tool (in conjunction with other GIS
105 programs) for environmental monitoring and analysis (including land usage, native
106 vegetation losses, population spread or disaster impacts), in many parts of the world (Chang
107 et al., 2009; Clarke et al., 2010; Giri et al., 2011; Sato and Harp, 2009) and can provide
108 current as well as historical information on global landscapes. Although arguably less
109 accurate than direct estimates from GIS approaches, Google Earth imagery, due to its
110 availability and coverage, allows for a quick and readily accessible database of urban
111 development and land uses around each estuary for analysis.

112 Due to the concentration of urban developments in coastal areas and daily tidal flushing,
113 Google Earth calculations of urban % were restricted to the lower catchment. Upper and
114 lower limits of each catchment were defined as the tidal limit and mouth respectively, and
115 lateral limits were defined by the lateral catchment boundaries. An image of each lower
116 catchment was imported into Google Earth, and a polygon was traced around the boundaries
117 to calculate the total area of each catchment. Within these lower catchment polygons,
118 additional polygons were created around the urban or built up areas (residential, industrial,

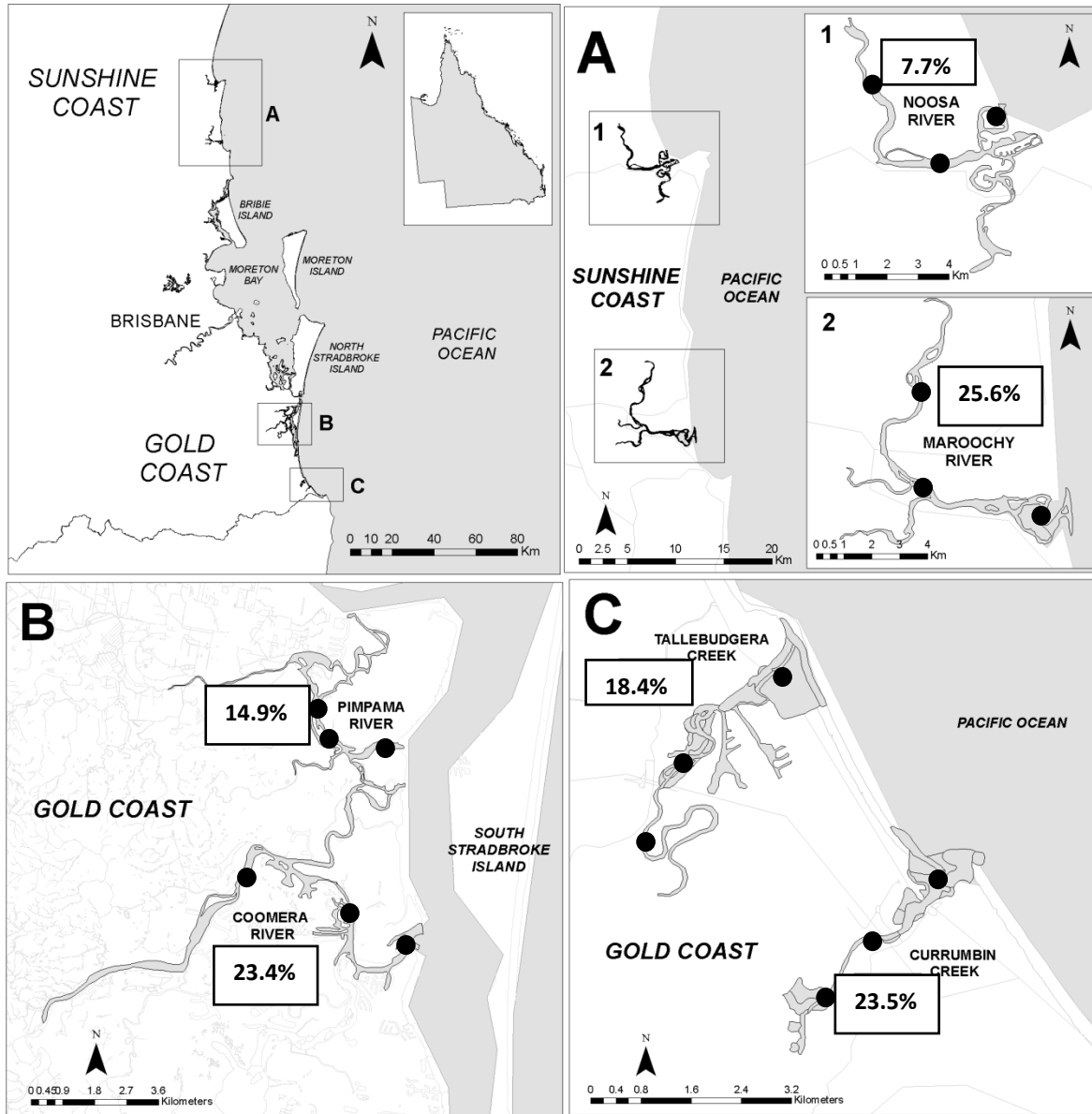
119 towns or cities). The urban % for each catchment was then calculated as sum area of urban
120 polygons divided by the total catchment area (x 100).

121 To establish the accuracy of the Google Earth method, estimates of urban % for each of the
122 six original estuaries were compared to Queensland Land Use Mapping Project (QLUMP)
123 urban % calculations. Using ArcGIS (ESRI, USA), the percentage area of urbanization
124 (urban %) for each catchment was calculated from QLUMP land use data (Queensland
125 Department of Science, 2013): the sum of urban land use categories, namely ‘manufacturing
126 and industrial’, ‘residential’, ‘services’, ‘transport and communication’, ‘utilities’ and ‘waste
127 treatment and disposal’, for each catchment was calculated as a percentage (%) of the total
128 catchment area. This is generally considered a more accurate measure of % urbanisation, but
129 these data are only available for catchments within Queensland, Australia. Direct
130 comparisons with other estuaries within within Australia or elsewhere are therefore not
131 possible, limiting the application of the QLUMP approach.

132 Concordance in the Google Earth and QLUMP values was assessed using Pearson
133 correlation. Urban % values estimated using QLUMP and the Google Earth method for the
134 original six estuaries showed a significant correlation (Pearson r , $p = 0.036$, $r = 0.840$, $n = 6$)
135 suggesting that the Google Earth method was an acceptable substitute of the more accurate
136 but less widely available QLUMP method. To ensure consistency in the analysis, all reported
137 Urban % data in this study are therefore based on the Google Earth method.

138

139



140

141 Figure 1. Sampling sites along estuaries of South-east Queensland with different urban values
 142 (%). (A) Noosa River (5.3%) and (2) Maroochy River (17.5%); (B) Pimpama River (11.0%)
 143 and Coomera River (19.1%); and (C) Tallebudgera Creek (13.9%) and Currumbin Creek
 144 (22.5%). The filled circles represent the three sampling sites in each estuary at the mouth,
 145 middle reach and upper tidal limit.

146

147 **2.1.2 Other Australian estuaries**

148 Due to the absence of reliable GIS data similar to the QLUMP and vegetation data used in the
149 assessment of % urban in SEQ estuaries, the urban % of the catchments generating the
150 literature $\delta^{15}\text{N}$ data were

151 **2.2 Fish $\delta^{15}\text{N}$ data**

152 **2.2.1 SEQ estuaries**

153 Between August 2012 and April 2013, five common fish species were collected from three
154 sample sites along the tidal gradient of each SEQ estuary (mouth, middle reach and upper
155 tidal limit) using a 25 m seine net. Up to six individuals of each target species, namely: sea
156 mullet (*Mugil cephalus*), sand whiting (*Sillago ciliata*), yellow-fin bream (*Acanthopagrus*
157 *australis*), silver biddy (*Gerres subfasciatus*) and estuary herring (*Herklotsichthys castelnaui*)
158 were immediately euthanised in an ice-slurry and kept on ice before storage at -20°C for later
159 analysis.

160 Tallebudgera and Currumbin Creeks were sampled at both the beginning (August 2012) and
161 end (April 2013) of the study to investigate if the pattern of $\delta^{15}\text{N}$ changed significantly over
162 the course of the study due to assimilation of new or different nutrient sources influenced by
163 wet and dry seasons of the Southeast Queensland sub-tropical climate.

164 Fish were defrosted in the laboratory and dorsal white muscle (~5g), free from scale and skin,
165 was removed from each fish and dried to a constant mass at 60°C . Using a mortar and pestle,
166 each sample was homogenized into a fine powder prior to stable isotope analysis.

167 For stable isotope analysis, ~1 mg of homogenized fish tissue was accurately weighed into tin
168 capsules and the $\delta^{15}\text{N}$ values were measured using a continuous-flow isotope-ratio mass
169 spectrometer (GV Isoprime, Manchester UK; Inlet: Eurovector EA 3000, Milan, Italy) using
170 atmospheric N as a standard.

171 The $\delta^{15}\text{N}$ values, expressed as per mil (‰), were calculated using atmospheric N as standard:

$$172 \quad \delta^{15}\text{N} (\text{‰}) = [(R_{\text{sample}} / R_{\text{standard}}) - 1] \times 1000$$

173 where R = ratio of the heavy to the light isotope, i.e. $^{15}\text{N}/^{14}\text{N}$.

174 **2.2.2 Other Australian estuaries**

175 Fish $\delta^{15}\text{N}$ data reported in the literature were collated from seven other Australian estuaries
176 with urbanization ranging from 0.1% to 59%: Deluge Inlet, Queensland (0.1%; 18°25'S
177 146°12'E) (Abrantes and Sheaves, 2009), Mooloolah River, Queensland (13.1%; 26°41'S
178 153°8'E) (Schlacher et al., 2005), Nerang River, Queensland (21.3%; 27°59'S 153°25'E)
179 (Connolly, 2003), Belongil Creek, New South Wales (15.8%; 28°38'S 153°36'E) (Hadwen et
180 al., 2007); Towra Point, New South Wales (48.6%; 33°59'S 151°10'E) (Mazumder et al.,
181 2011) and Swan River, Western Australia (59%; 32°3'S 115°44'E) (Linke et al., 2001). The
182 $\delta^{15}\text{N}$ values of *M. cephalus* collected in the Logan (16.5%) and Albert Rivers (6.7%)
183 (27°42'S 153°20'E) (Queensland), in a preliminary to this study, were also included. Fish
184 Base (www.fishbase.org) was used to assign trophic level to all species represented in the
185 literature and species were grouped into these trophic levels for analysis.

186 **2.3 Statistical analysis**

187 The relationship between urban % and $\delta^{15}\text{N}$ was analysed on individual species (*Mugil*
188 *cephalus*: trophic level 2.1, *Sillago ciliata*: trophic level 3.2), as well as on *Herklotsichthys*
189 *castelnaui* and *Gerres subfasciatus* combined, as these two species share the same trophic
190 level (3.3) and feeding habits. *Acanthopagrus australis* was omitted at this stage of analysis
191 due to low replicates across the sampled sites. Linear regressions were performed between
192 $\delta^{15}\text{N}$ (mean \pm standard error) and urban % of the catchment for each species (or species
193 group) at each site within the estuary (mouth, middle and upper).

194 To test for differences in the relationships between urban % and fish $\delta^{15}\text{N}$ at the different
195 estuarine locations (upper, middle and mouth), the slopes and elevations of regression lines
196 generated for each location were compared using an analysis of covariance (ANCOVA). In
197 cases where the slopes were parallel (ANCOVA: $p > 0.05$ for location \times urban %), a full
198 factorial ANCOVA (location as the factor, $\delta^{15}\text{N}$ as the dependent variable, urban % as the
199 covariate) was performed to test differences in the elevation of the slopes between locations.
200 In cases where the ANCOVA was significant, least significant difference (LSD) post hoc
201 analysis was used to identify which locations were significantly different, and the magnitude
202 of the difference. No further analysis was done if the slopes were statistically different
203 (ANCOVA: $p < 0.05$ for location \times urban %).

204 In cases where there was no difference in the slopes and elevations of the regressions for the
205 different locations (mouth, middle, upper), the data for each estuarine location were pooled to
206 create a mean $\delta^{15}\text{N}$ (\pm standard error) for each species (or group) in each estuary. The
207 relationships between urban % and the estuarine mean $\delta^{15}\text{N}$ were subsequently investigated
208 for each species through a linear regression model. The slopes and elevations for the different
209 trophic levels were then compared using a similar ANCOVA design to the one described
210 above. To test for changes in $\delta^{15}\text{N}$ between wet and dry seasons, paired t-tests were run to
211 compare the mean $\delta^{15}\text{N}$ of each species at each site (mouth, middle and upper) collected from
212 Tallebudgera and Currumbin in 2012 to fish collected in 2013.

213 For testing a generic quantitative relationship between fish $\delta^{15}\text{N}$, Urban % and trophic level,
214 data from the six estuaries in SEQ and the other seven Australian estuaries were analysed
215 using a multiple regression model with Urban % and trophic level as predictor variables. The
216 pooled data of the mean $\delta^{15}\text{N}$ of each species for each estuary were regressed against urban %
217 in the first instance, using linear as well as polynomial (quadratic and cubic) models.
218 Anderson and Cabana (2006) found that $\delta^{15}\text{N}$ values of consumers (including fish) from 82

219 rivers in Quebec, Canada, were best described by cubic or quadratic models. Secondly,
220 trophic level (obtained from Fishbase, www.fishbase.org.) was added as a predictor in a
221 multiple linear regression model. The $\delta^{15}\text{N}$ value is commonly used for estimating the trophic
222 position of consumers such as fish, by assuming a fixed trophic enrichment factor across
223 species and trophic levels, e.g. Post (2002), Minagawa and Wada (1984), Franca et al. (2011).
224 The isotopically-derived values may not agree with conventional values derived from dietary
225 (e.g. gut contents) analysis (Pasquaud et al., 2010). Apart from uncertainties about the value
226 and the constancy of the trophic enrichment factor, this approach is problematic if the trophic
227 position of the fish needs to be included together with urbanization as a determinant of their
228 tissue $\delta^{15}\text{N}$, when trophic position is itself calculated from the observed $\delta^{15}\text{N}$ value. The
229 Fishbase trophic level value is mostly obtained based on diet studies
230 (http://www.fishbase.org/manual/english/FishbaseThe_ecology_Table.htm) independent of
231 $\delta^{15}\text{N}$ measurements and would therefore eliminate this confoundment.

232 All statistics were performed in SPSS (v.21.) and SigmaPlot (v.11), and α was set at 0.05 for
233 all tests.

234 **3. Results**

235 **3.1 Southeast Queensland estuaries**

236 The percentages of urban land in the catchment of the six estuaries were, in ascending order,
237 7.7 (Noosa), 14.9 (Pimpama), 18.4 (Tallebudgera), 23.4 (Coomera), 23.5 (Currumbin) and
238 25.6% (Maroochy).

239 **3.1.1 Fish $\delta^{15}\text{N}$ values**

240 The $\delta^{15}\text{N}$ values of all species were enriched with increasing urbanization, with the slopes
241 and elevations of regression lines of the relationship not significantly different (ANCOVA, p
242 > 0.05) between the upper, middle and lower parts of the estuary.

243 The $\delta^{15}\text{N}$ values of *Mugil cephalus* were enriched with increasing urbanization (%) at all
244 three estuarine locations (mouth, middle and upper), with an increase of $\sim 4.5\text{‰}$ from the least
245 urbanized Noosa River ($\sim 8\text{‰}$) to more urbanized Currumbin Creek ($\sim 12.5\text{‰}$) (Figure 2A).

246 The regressions at both the middle and upper sites were statistically significant ($p < 0.05$)
247 (Middle: $R^2 = 0.65$, Upper: $R^2 = 0.88$). Although the trend was similar at the mouth, the
248 relationship was not significant ($R^2 = 0.38$, $p > 0.05$), probably driven by the fact that *M.*
249 *cephalus* was not captured at the mouth of the Noosa River or Tallebudgera Creek, thus
250 reducing the sample size.

251 The $\delta^{15}\text{N}$ of *Sillago ciliata* also became enriched with increasing urbanization (%), from ~ 10
252 ‰ in Noosa River to $\sim 13\text{‰}$ at Currumbin Creek (Figure 2B). *S. ciliata* was commonly found
253 at the mouth in all six estuaries, showing a significant positive linear relationship ($R^2 = 0.64$,
254 $p \approx 0.05$). *S. ciliata* was found in the upper sites of all estuaries except Maroochy River.

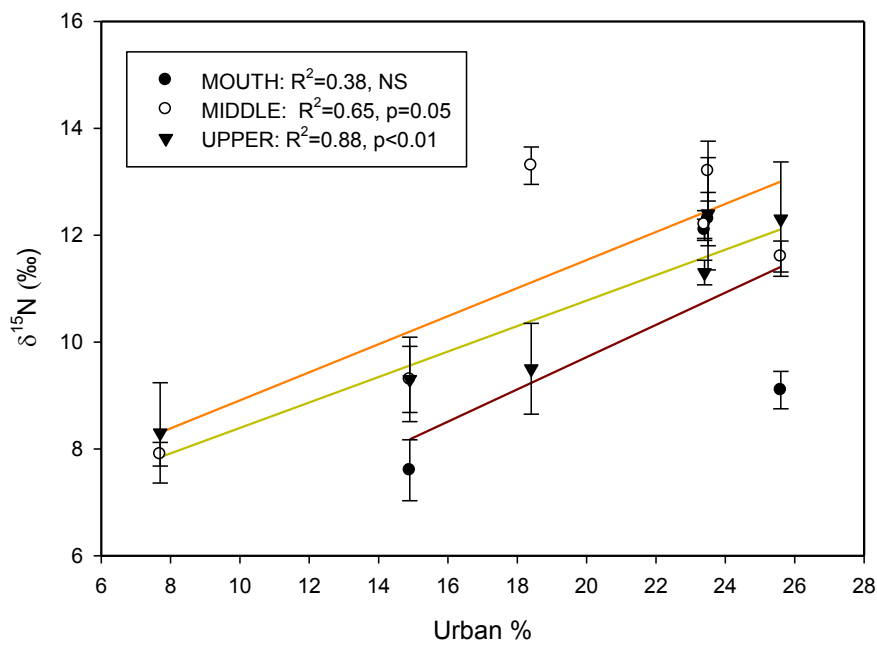
255 However, as with the mullet, sample size for Tallebudgera and Currumbin Creeks and
256 Coomera River at the upper sites were too small to show a significant relationship ($R^2 = 0.65$,
257 $p > 0.05$).

258 *Gerres subfasciatus* and *Herklotsichthys castelnaui* were grouped for analysis. The $\delta^{15}\text{N}$
259 became enriched (by $\sim 3.5\text{‰}$) between the least urban Noosa River ($\sim 10\text{‰}$) to most urban
260 Currumbin Creek ($\sim 13.5\text{‰}$) following the same trend in the individual analysis of *M.*
261 *cephalus* and *S. ciliata* (Fig. 2C). At the mouth, replicates of either species were only found
262 in Tallebudgera and Currumbin Creeks and Pimpama and Coomera Rivers and there was a
263 significant relationship ($R^2 = 0.93$, $p < 0.05$). Similarly, at the upper sites, samples were

264 available from all estuaries apart from Maroochy River and showed a strong significant
265 positive linear relationship between $\delta^{15}\text{N}$ and urban % ($R^2 = 0.98$, $p < 0.01$). *G. subfasciatus*
266 was not found in the middle site of any of the estuaries. However, *H. castelnaui* was found at
267 the middle of Pimpama and Coomera Rivers and Currumbin Creek ($\delta^{15}\text{N}$: Pimpama River 7.1
268 $\pm 0.25\text{‰}$; Coomera River $13.3 \pm 0.58\text{‰}$; Currumbin Creek $13.9 \pm 0.78\text{‰}$), suggesting that
269 further replicates across the six estuaries would fit the emerging trend.

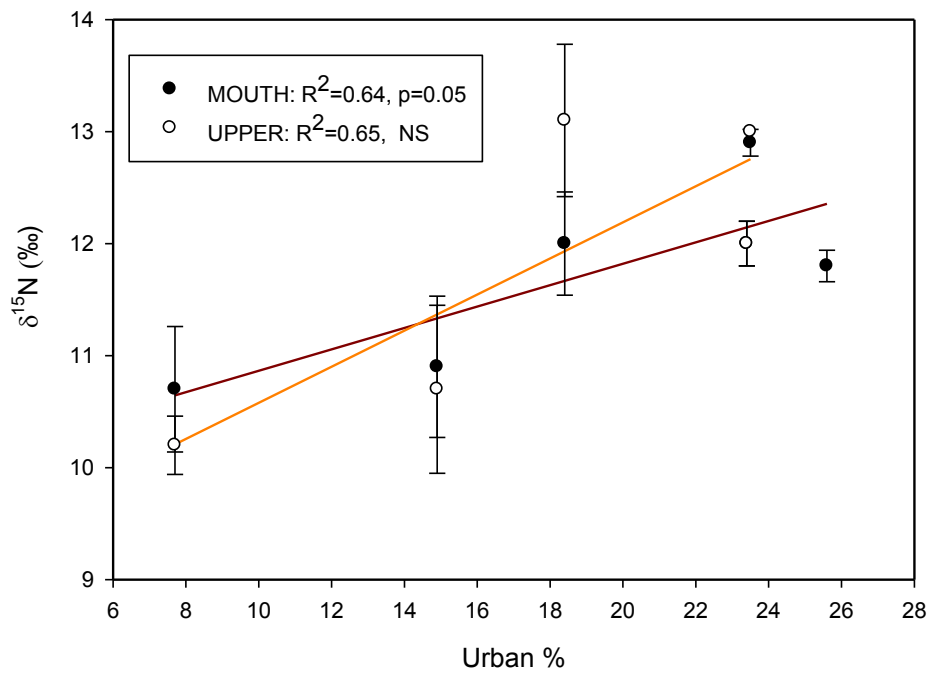
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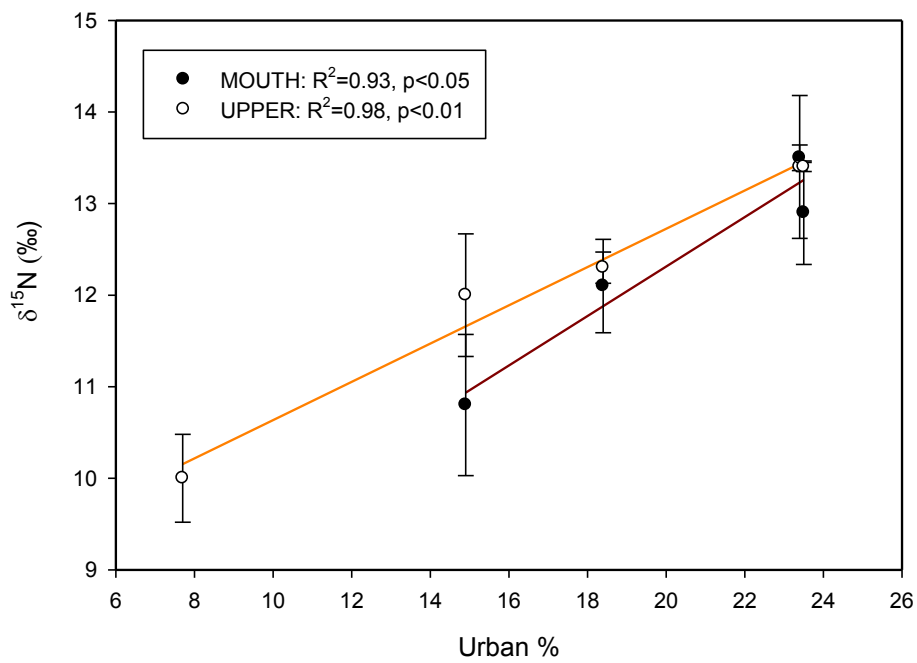
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273 Figure 2A



274

275 Figure 2B



276

277 Figure 2C

278 Figure 2. Regressions of $\delta^{15}\text{N}$ (mean \pm SE) against urban % for (A) *Mugil cephalus*; (B)
279 *Sillago ciliata*; (C) *Gerres subfasciatus* and *Herklotsichthys castelnaui* collected from the
280 mouth, middle and upper sites of six SEQ estuaries of differing urban development (see Fig.
281 1). The slopes and elevations between the sites were not significantly different (ANCOVA: p
282 > 0.05) in all species.

283

284 The equality in slope and elevation of the different estuarine locations (mouth, middle and
285 upper) for all species and groups allowed data for each estuary to be pooled. The mean
286 estuary $\delta^{15}\text{N}$ values for *M. cephalus*, *S. ciliata* and *H. castelnaui* in each estuary were
287 enriched increasing urban % with significant regressions ($R^2 \geq 0.68$, $p < 0.05$) (Figure 3). A
288 ‘universal’ quantitative relationship between $\delta^{15}\text{N}$ and urban % can therefore be established
289 for each species irrespective of where the samples were collected along the river course.

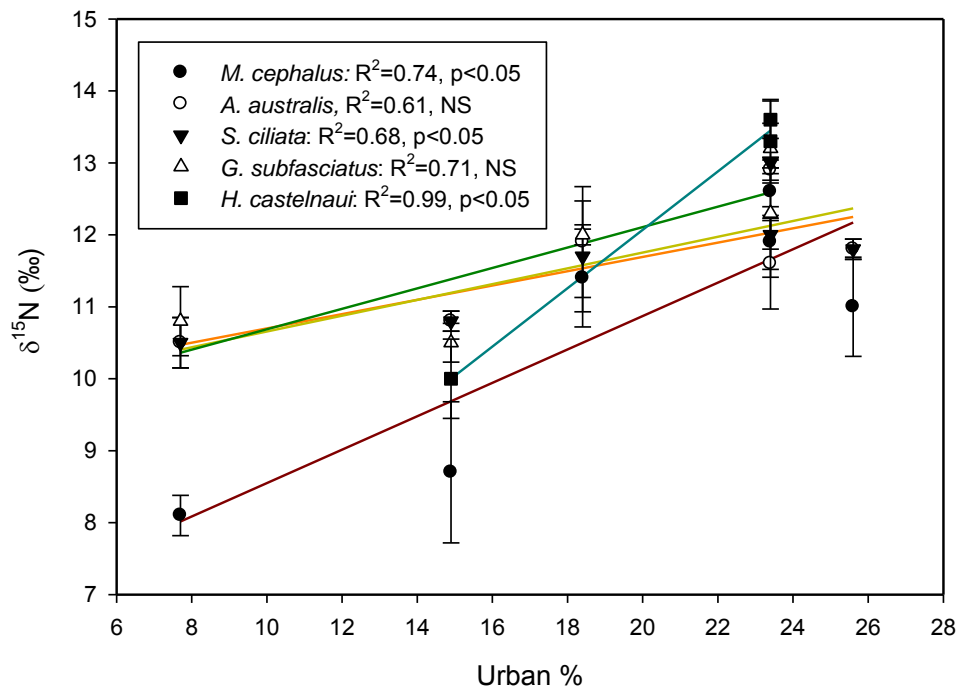
290 However, the slopes of these regressions were not parallel between trophic levels
291 (ANCOVA, $p < 0.05$). At low urban %, $\delta^{15}\text{N}$ was generally enriched by $\sim 2\text{‰}$ from trophic
292 levels 2 to 3, while at higher levels of urban %, the $\delta^{15}\text{N}$ values of all trophic levels
293 converged to a narrow range of $\sim 12\text{-}13\text{‰}$.

294

295

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297



298

299 Figure 3. Mean estuary $\delta^{15}\text{N}$ (\pm SE) to urban % regressions for all species/trophic levels in
 300 the six SEQ estuaries. Results of the linear regressions indicate strong relationships for *Mugil*
 301 *cephalus* ($R^2=0.87$, $p<0.01$), *Sillago ciliata* ($R^2=0.91$, $p<0.01$) and *Gerres subfasciatus* +
 302 *Herklotsichthys castelnaui* ($R^2=0.86$, $p=0.23$). Note the narrowing difference between the
 303 $\delta^{15}\text{N}$ values of species at different trophic levels with increasing urban %.

304 3.1.2 Tallebudgera and Currumbin Creeks resample

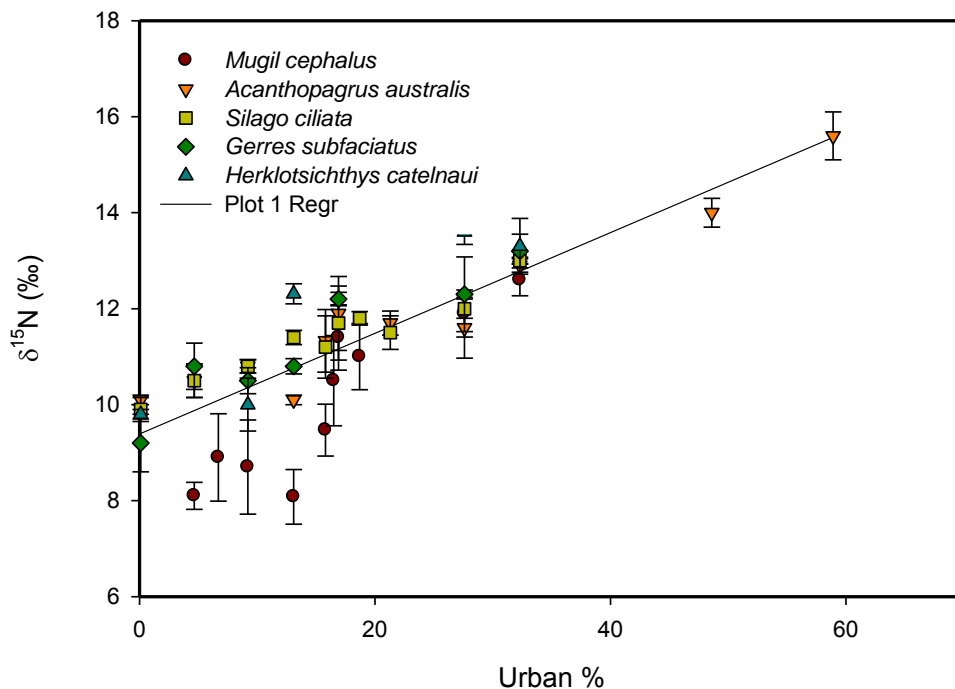
305 Re-sampling of Tallebudgera and Currumbin Creeks showed no significant difference in
 306 mean $\delta^{15}\text{N}$ for *M. cephalus*, *S. ciliata*, *A. australis* or *H. castelnaui* caught in April 2013 and
 307 August 2012 (paired t-tests: $p > 0.05$). The pattern generated in the above analysis therefore
 308 probably applies to either season.

309

310

311 **3.2 Other Australian estuaries**

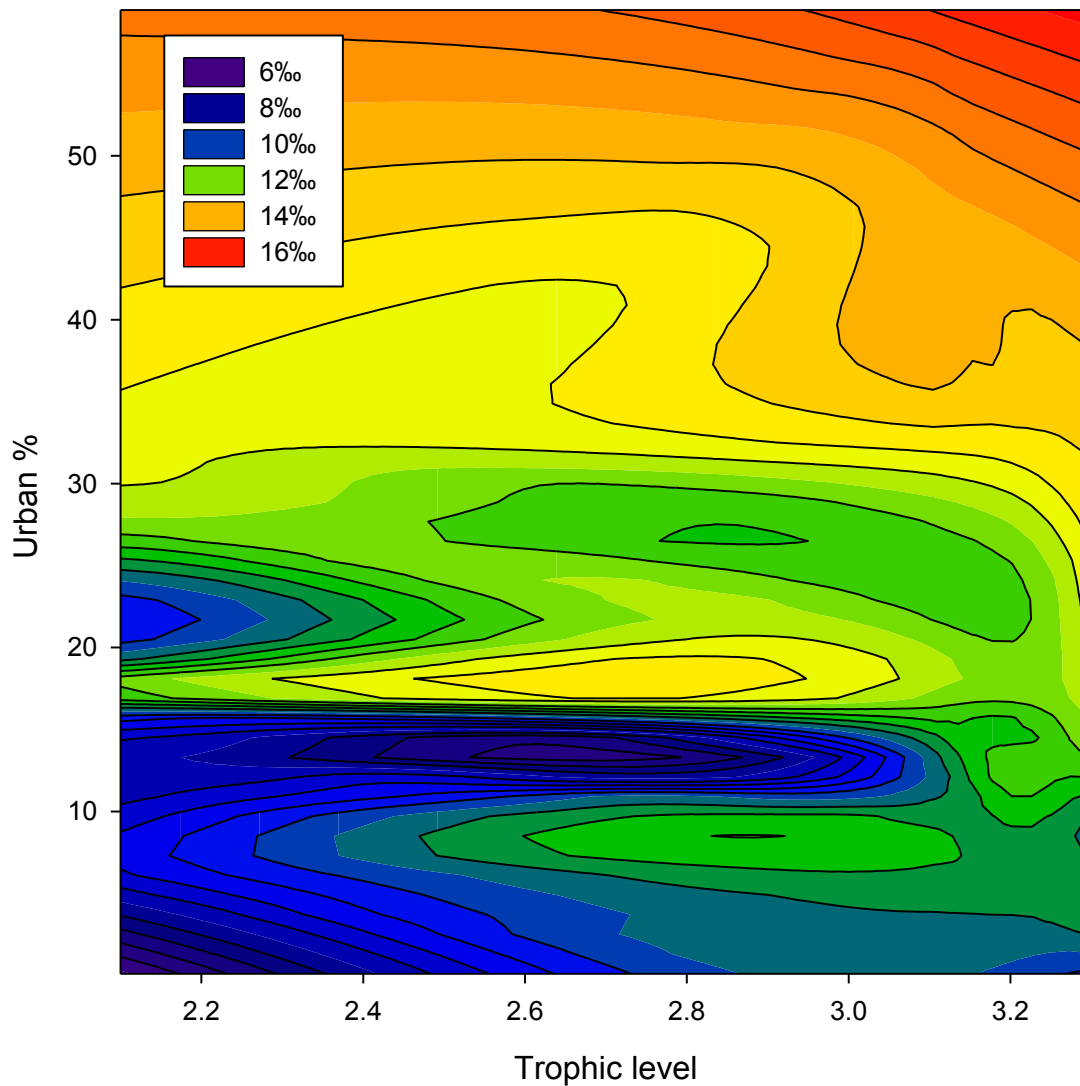
312 Regression of $\delta^{15}\text{N}$ against Urban % for the pooled data for Australian estuaries was
313 significant ($\delta^{15}\text{N} = 9.39 + 0.105 \cdot \text{Urban}\%$; $R^2 = 0.717$, $p < 0.001$, Figure 4A). Quadratic or
314 cubic polynomial models did not describe the data better than the linear model, as there is no
315 significant change in the R^2 value (quadratic model $R^2=0.717$; cubic model $R^2=0.722$, both p
316 < 0.001). A simple linear regression model is therefore sufficient to describe the relationship.
317 Inclusion of trophic level (TL) further improves the variance in $\delta^{15}\text{N}$ explained by the
318 significant positive linear relationship ($R^2 = 0.782$, $p < 0.001$; Figure 4B). Both %
319 urbanization and TL of fish are significant predictors of $\delta^{15}\text{N}$ ($p < 0.001$), resulting in an
320 overall regression relationship of $\delta^{15}\text{N} = 5.827 + 0.107 \cdot \text{Urban}\% + 1.197 \cdot \text{TL}$. $\delta^{15}\text{N}$ therefore
321 increases monotonically with increases in either Urban % and trophic level.



322

323 Figure 4A.

324



325

326 Figure 4B.

327 Figure 4. (A) Mean estuary $\delta^{15}\text{N}$ (\pm SE) to urban (%) regressions for all species/trophic levels
 328 of Australian estuaries of various levels of urban development showing $\delta^{15}\text{N}$ enrichment
 329 occurring with increasing urban %; (B) a three-dimensional contour plot based on the same
 330 data to illustrate the relationship. ● - *Mugil cephalus*; ■ - *Silago ciliata*; ◆ - *Gerres*
 331 *subfasciatus*; ▲ - *Herklotsichthys castelnaui*; ▼ - *Acanthopagrus australis*.

332

333 4. Discussion

334 4.1 Southeast Queensland estuaries

335 This study revealed a strong positive relationship between the amount of urbanization in a
336 catchment and the $\delta^{15}\text{N}$ of the fish species within the estuary. Furthermore, this relationship
337 was maintained over different trophic levels and at different locations along the estuarine
338 tidal gradient, as well as when literature $\delta^{15}\text{N}$ values of fish from other Australian estuaries
339 were combined with the data collected in this study. Fish stable isotope analyses in this study
340 have therefore clearly illustrated that urban development in Australia is having an impact on
341 the nutrient sources in the estuarine environment. The results clearly indicate that $\delta^{15}\text{N}$ is
342 useful in revealing urbanization in an estuary, providing a quantitative relationship between
343 enrichment and urbanization extent (more enriched = more urban). Our study suggests that
344 there is a direct quantitative relationship between the degree of urbanization and the $\delta^{15}\text{N}$
345 values of fish, which has significant implications for the monitoring and management of
346 nitrogen pollution in peri-urban estuaries.

347 Estuaries often receive a large amount of sewage output due to increased human activity
348 within coastal zones and this excess nitrogen can be a contributing agent to estuarine
349 ecological change (Schlacher et al., 2005). Estuarine animals exposed to effluent output have
350 shown predictable shifts in $\delta^{15}\text{N}$, becoming more enriched with proximity to the output site
351 because anthropogenic nitrogen sources, such as waste-water effluent, have more enriched
352 $\delta^{15}\text{N}$ than natural sources (Piola et al., 2006; Pitt et al., 2009; Schlacher et al., 2005;
353 Schlacher et al., 2007). Estuaries with numerous nitrogen sources (e.g. industrial, sewage
354 treatment, agriculture and stormwater run-off) show further $\delta^{15}\text{N}$ enrichment due to trophic
355 discrimination occurring during numerous nitrogen transformations, which take place at
356 higher rates in urban estuaries compared to natural estuarine sites (Schlacher et al., 2005). It

357 could therefore be the combined effects of multiple urban nitrogen sources, rather than just
358 sewage, that have the strongest effect on nitrogen enrichment and the $\delta^{15}\text{N}$ value of
359 consumers in peri-urban estuaries. This was demonstrated in this study, as fish from low %
360 urban estuaries with sewage treatment plants (STPs), such as Maroochy and Tallebudgera,
361 had more depleted $\delta^{15}\text{N}$ than some higher % urban estuaries with no STPs, such as
362 Currumbin and Coomera. In a recent study covering 84 sites in New Zealand, Clapcott et al.
363 (2010) found that $\delta^{15}\text{N}$ of stream primary producers was strongly affected, in descending
364 order, by nitrogen concentration (log-transformed, log N), % removal of native vegetation
365 and % impervious cover in the catchment. Relationship between these factors and $\delta^{15}\text{N}$ of
366 primary producers were, however, mostly curvilinear. For example, log N increases $\delta^{15}\text{N}$
367 monotonically until the threshold of $\sim 3.2 \text{ mg L}^{-1}$ (log N = 0.5) but plateaued thereafter. While
368 urbanization (as indicated by % impervious cover) apparently has a weaker influence than N
369 load and vegetation changes, their study involved areas generally with little urbanization,
370 with a mean % of impervious cover in catchment at 5% (Clapcott et al., 2010).

371 The trend of fish $\delta^{15}\text{N}$ values was also consistent throughout the tidal range of estuaries, with
372 positive linear relationships between urban % and $\delta^{15}\text{N}$ at each sampling location (mouth,
373 middle and tidal limit). This suggests that the movement of fish between these sites, and the
374 subsequent distribution of nutrients, are constant factors within the estuary that reflect a time-
375 integrated average of conditions regardless of any one particular nutrient input site. These
376 results are therefore in contrast to some previous $\delta^{15}\text{N}$ fish studies that argue sewage
377 treatment plants in particular, are main drivers of $\delta^{15}\text{N}$ enrichment in estuarine systems and
378 therefore could be used to indicate the extent of urbanization (Piola et al., 2006; Pitt et al.,
379 2009; Schlacher et al., 2005). We therefore suggest that it is in fact the combined effects of
380 multiple urban nitrogen sources having the strongest effect on $\delta^{15}\text{N}$ of estuarine fish.

381 Anderson & Cabana (2006) concluded from a study involving 82 river sites in eastern Canada

382 that while $\delta^{15}\text{N}$ was a good indicator of anthropogenic N discharge into urban estuaries, this
383 metric is incapable of resolving the relative importance of individual N sources, e.g.
384 agricultural runoff and fertilizer use. Ogawa et al. (2001) demonstrated a significant positive
385 correlation between $\delta^{15}\text{N}$ of a gobiid fish and human population growth in the Lake Biwa
386 area, Japan, during the period 1910 and 1994 and attributed the increase in $\delta^{15}\text{N}$ to increased
387 N load and/or enhanced denitrification associated with urban growth.

388 This relationship between urbanization and multiple anthropogenic nitrogen inputs to
389 receiving estuaries was illustrated by the highly significant linear relationships between the
390 degree of urbanization (%) and $\delta^{15}\text{N}$ values for all fish species. This strong relationship
391 suggests that increase in $\delta^{15}\text{N}$ is directly proportional to the amount of urbanization in the
392 catchment, which further establishes the usefulness of this parameter as a quantitative
393 indicator of estuarine impact. Similarly, highly significant linear relationships between $\delta^{15}\text{N}$
394 and increasing urban % across different trophic levels demonstrate that the impact of
395 urbanization on fish $\delta^{15}\text{N}$ is consistent throughout the food web. Other factors such as fish
396 size are known to potentially influence $\delta^{15}\text{N}$ values (Reum and Marshall, 2013). Variation
397 about the regression line is expected to increase if a wider range of body sizes is used for
398 analysis. Significant ontogenetic shifts in feeding habit and thus, trophic position, may drive
399 changes in $\delta^{15}\text{N}$ with body size. However, recent data on potential effect of species and size
400 of fish on their trophic position (as indicated by the $\delta^{15}\text{N}$ value) in 23 streams in eastern
401 Canada suggest that neither fish size or species identity influenced the response of their
402 trophic position towards anthropogenic impact (Anderson and Cabana, 2009). Similar lack of
403 effect of fish size on $\delta^{15}\text{N}$ has been reported for individuals in captivity (Vinagre et al., 2011)
404 as well as species for which significant seasonal and inter-site variations have been reported
405 (Olin et al., 2012).

406 Uniformity in response of $\delta^{15}\text{N}$ among animal taxa exposed to environmental change also
407 seems to be common. An analysis of the enrichment pattern of $\delta^{15}\text{N}$ to sewage pollution on
408 the Adelaide coast, south Australia, suggests that enrichment was uniform not only among
409 related species, but organisms from different phyla (Connolly et al., 2013). Similar consistent
410 variations in $\delta^{15}\text{N}$ among different taxa of animals in response to anthropogenic N enrichment
411 have also been reported (Nixon et al., 2007). Our study collected fish individuals with a
412 relatively narrow range of sizes, further minimizing the potential influence of this factor on
413 the reported relationship.

414 Although we observed a strong relationship between urban % and fish $\delta^{15}\text{N}$ values across a
415 range of trophic levels, the magnitude of the difference in $\delta^{15}\text{N}$ between trophic levels was
416 lower than the mean discrimination value of 3-4‰ generally reported in the literature (Fry,
417 1991; Post, 2002). In addition, the differences in $\delta^{15}\text{N}$ between trophic levels were not strictly
418 consistent over the urban % gradient. For example, trophic shift in Currumbin Creek between
419 trophic level 2.1 (*M. cephalus*) and trophic level 3.3 (*G. subfasciatus* and *H. castelnaui*) was
420 0.7‰, while in the least urbanized estuary (Noosa) trophic shift was ~2.7‰. A possible
421 explanation for this is that increased urbanization to a system also impacts the rate at which
422 nitrogen is assimilated by consumers including estuary fish regardless of trophic level, with
423 lower trophic level fish in an urban estuary showing a quicker metabolic uptake of nitrogen
424 sources than those found in less urban sites. Alternatively, lower trophic level species such as
425 mullet may feed at slightly higher trophic levels at sites with significant N enrichment.
426 Indeed, any biotic or abiotic change to an estuary has the capacity to affect niche production
427 or elimination that could elicit a wide range of responses in fish including species
428 distribution, feeding and growth (Whitfield and Elliot, 2002). However, with no empirical
429 evidence in the literature to suggest fish change their trophic position in response to
430 urbanisation, this response would only be speculative. In addition, a link between

431 urbanisation and a change in fish trophic level is not supported by recent data, e.g. Anderson
432 and Cabana (2009), who found that the slope of the $\delta^{15}\text{N}$ -fish size relationship was positively
433 influenced by chlorophyll a concentration (as an indicator of productivity and N input), but
434 fish trophic position was not significantly affected. Where significant anthropogenic N
435 enrichment occurs, inter-site variability in fish trophic position (e.g. Franca et al. (2011) may
436 simply be a result of N pollution rather than shifts in the feeding ecology of the species.

437 **4.2 Australia-wide analysis**

438 In the second part of this study, we demonstrated that the relationships between %
439 urbanization and fish $\delta^{15}\text{N}$ across multiple trophic levels were maintained when literature fish
440 $\delta^{15}\text{N}$ data from other estuaries were combined with our data from SEQ. As was found in the
441 initial six estuaries, the literature fish $\delta^{15}\text{N}$ accurately reflected the impacts and extent of
442 urbanization to each system with enrichment of $\delta^{15}\text{N}$ occurring with increasing urban %. In
443 fact, the addition of estuaries in the literature extended the range in % urban from ~0% in the
444 least urbanized Deluge Inlet (National Land and Water River Audit (NLWRA) classified
445 'pristine') to ~72% in the highly urbanized Swan River (NLWRA classified 'extensively
446 modified'), with a difference of 6.5‰ $\delta^{15}\text{N}$ in the fish from these two sites. The results of the
447 multiple regressions including trophic level further validated this relationship between fish
448 $\delta^{15}\text{N}$ and increasing urban %, with highly significant positive linear relationships occurring
449 for all species in all estuaries. Overall, this study suggests that a universal relationship
450 between fish $\delta^{15}\text{N}$ and % urbanization exists for any trophic level when the extent of
451 urbanization to a system was known. This supports use of fish as bio-indicators, adding an
452 extra ecological dimension to traditional water quality monitoring techniques to assess the
453 condition of an estuary with meaningful urban impact integration.

454 With the incorporation of trophic level data of the species involved, our regression model
455 suggests that the $\delta^{15}\text{N}$ values of estuarine fishes can be predicted irrespective of feeding habit,
456 occurrence within the estuary, and location, for estuaries in Australia. The general
457 applicability of this model, however, needs to be tested further using data sets with wider
458 geographic, taxonomic and ecological coverage. This empirical relationship, if generic,
459 would support the use of $\delta^{15}\text{N}$ values of fish as a universal quantitative indicator of
460 urbanization.

461 Estimation of urban % using Google Earth as described here also provides an easily
462 accessible, universal approach to estimating urbanization in catchments world-wide. This
463 database has been used for similar large-scale spatial analyses (Huang et al., 2009;
464 Monkkonen, 2008; Seto et al., 2011). The Google Earth approach was validated through the
465 strong correlation with the more accurate, but less accessible, QLUMP data, and therefore
466 supports the universal use of Google Earth for land use analysis. This will allow estuarine and
467 catchment managers to easily assess and predict the impact of urbanization on estuarine
468 trophodynamics, and allows all future studies on the $\delta^{15}\text{N}$ of estuarine fish to be assessed
469 against the model presented here. This is an important consideration in estuarine monitoring
470 and management given the rapidly increasing global population and expansion into coastal
471 zones.

472 **5. Conclusion**

473 The consistent enrichment in fish $\delta^{15}\text{N}$ with increasing urban % and the development of a
474 quantitative model that predicts $\delta^{15}\text{N}$ with known urban % and trophic level adds a new
475 ecological tool to the evaluation of estuarine and coastal zone conditions in the presence of
476 growing urban development. Importantly, this model is based on multi-species and multi-
477 trophic level analyses rather than commonly used single species bio-indicators, creating a

478 more generic method of monitoring using $\delta^{15}\text{N}$ as a quantitative indicator of urban impact in
479 estuaries.

480

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