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Published

2010

Conference Title

PHOTOMEDICINE AND LASER SURGERY

DOI

[10.1089/pho.2009.2487](https://doi.org/10.1089/pho.2009.2487)

Downloaded from

<http://hdl.handle.net/10072/48982>

Griffith Research Online

<https://research-repository.griffith.edu.au>

Tissue Engineering Part A

Abstracts—bone-tec 2009 Meeting Abstracts : International Bone-Tissue-Engineering Congress October 8–11, 2009 Hannover, Germany

To cite this article:

Tissue Engineering Part A. August 2010, 16(8): A-1-A-29. doi:10.1089/ten.tea.2010.1500.

Published in Volume: 16 Issue 8: August 5, 2010

P-16 Effect of 830nm Laser Phototherapy on Osteoblasts Grown in Vitro on Biosilicate Scaffolds

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The purpose of this study was to develop a method for successfully seeding osteoblasts onto a glass-ceramic scaffold designed for use in clinical settings; and, determine whether the application of laser phototherapy at 830nm would result in osteoblast proliferation on the glass-ceramic scaffold.

The use of bioscaffolds is considered a promising strategy in a number of clinical applications where tissue healing is sub-optimal. As in vitro osteoblast growth is a slow process, laser phototherapy could be used to stimulate osteoblast proliferation on bioscaffolds.

A methodology was developed to seed an osteoblastic (MC3T3) cell line on to a novel glass-ceramic scaffold. Seeded scaffolds were irradiated with a single exposure of 830nm laser at 10 J/cm² (at diode). Non-irradiated seeded scaffolds acted as negative controls. Cell proliferation was assessed 7 days after irradiation.

Osteoblastic MC3T3 cells were successfully grown on discs composed of a glass-ceramic composite. Laser irradiation produced a 13% decrease in MC3T3 cell proliferation on glass-ceramic discs (mean \pm SD \pm 0.192 \pm 0.002) compared to control (non-irradiated) discs (mean \pm SD \pm 0.22 \pm 0.002).

Despite successful seeding of bioscaffolds with osteoblasts, laser phototherapy resulted in a reduction in cell growth compared to non-irradiated controls. Future research combining laser phototherapy and glass-ceramic scaffolds should take in to account possible interactions of the laser with matrix compounds.