

**Reducing the radiation sterilization dose improves mechanical and biological quality while retaining sterility assurance levels of bone allografts**

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8 **Reducing the radiation sterilization dose improves mechanical and biological quality while**  
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10 **retaining sterility assurance levels of bone allografts.**  
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4 **Abstract**  
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8 **Background:** Bone allografts carry a risk of infection, so terminal sterilization by gamma  
9 irradiation at 25 kGy is recommended; but is deleterious to bone quality. Contemporary bone  
10 banking significantly reduces initial allograft bioburden, questioning the need to sterilize at 25  
11 kGy.  
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17 **Methods:** We inoculated allograft bone with *S. epidermidis* and *B. pumilus*, then exposed them to  
18 gamma irradiation at 0, 5, 10, 15, 20 and 25 kGy. Mechanical and biological properties of  
19 allografts were also assessed. Our aim was to determine an optimal dose that achieves sterility  
20 assurance while minimizing deleterious effects on allograft tissue.  
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27 **Results:** 20-25 kGy eliminated both organisms at concentrations from  $10^1$ - $10^3$ , while 10-15 kGy  
28 sterilized bone samples to a bioburden concentration of  $10^2$ . Irradiation did not generate pro-  
29 inflammatory bone surfaces, as evidenced by macrophage activation, nor did it affect attachment  
30 or proliferation of osteoblasts. At doses above 15 kGy, both the modulus of toughness of cortical  
31 bone and attachment and fusion of osteoclasts onto irradiated bone, declined significantly. There  
32 was no change in collagen cross-links, but a significant dose-response increase in denatured  
33 collagen.  
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44 **Conclusions** Our mechanical and cell biological data converge on 15 kGy as a threshold for  
45 radiation sterilization of bone allografts. At or below this dose, bone banks can produce allografts  
46 providing an acceptable sterility assurance level, at which allograft strength and biocompatibility  
47 are improved significantly.  
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54 **Clinical Relevance:** The application of radiation sterilization doses below 15 kGy will improve  
55 bone allograft mechanical performance and promote integration, while retaining sterility  
56 assurance levels. Improved quality of allograft bone will promote superior clinical outcomes.  
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5 **Introduction**  
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7 Allogeneic tissue transplantation has been used for over 50 years. Over the past two decades,  
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9 around 10 million allografts were implanted worldwide [1]. While biomedical engineering  
10  
11 searches for effective tissue replacements, allograft bone remains a necessary graft material in  
12  
13 orthopaedic surgery. The demand for allografts continues to increase. In the US, there were  
14  
15 about 1.5 million allografts implanted in 2006, five times more than were implanted in 1996 [2].  
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18 The use of any allograft material carries with it the risk of transferring disease from the donor to  
19  
20 the recipient. Among millions of tissue implantations, the American Association of Tissue Banks  
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22 (AATB) reported an infection rate of 0.014% [1], some of which were fatal. Most of these  
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24 infections occurred in allografts that were not subjected to terminal sterilization [3].  
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29 Allograft contamination is eliminated by donor screening, aseptic techniques during retrieval,  
30  
31 processing and storage of the tissue [4]. Standards also ensure provision of allografts with a  
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33 sterility assurance level (SAL) of  $10^{-6}$  [5, 6]. These standards require that donor screening  
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35 includes socio-medical history and serology, and that aseptic techniques are used during  
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37 procurement, processing and packaging. Above all, gamma irradiation with a minimum dose of  
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39 25 kGy, the “Standard Dose”, was recommended for terminal sterilization of bone allografts to  
40  
41 provide the prescribed SAL. At the Standard Dose, gamma irradiation sterilizes bone allografts  
42  
43 but also weakens them mechanically and reduces their biological activity. For example, ultimate  
44  
45 stress, strain, and toughness of bone allografts are significantly reduced after irradiation at 25  
46  
47 kGy or more [7-9]. Allograft irradiation at 25 kGy dramatically increases the rate of allograft  
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49 fractures (39%) compared with non-irradiated allografts (18%) [10]. Irradiation at the Standard  
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51 Dose also reduces the osteoinductivity [11] and osteoconductivity [12, 13] of allografts, causing  
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53 significant delays in host incorporation of the allograft [14].  
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4 During the past decade, a revolution in quality control in tissue banking has followed from the  
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6 implementation of standards set by professional organizations such as AATB, International  
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8 Atomic Energy Agency (IAEA), European Association of Tissue Banks (EATB), and  
9  
10 government regulators such as the U.S. Food and Drug Administration (FDA) and Australian  
11  
12 Therapeutic Goods Administration (TGA). As a result, the bioburden of allografts (being the  
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14 number of microorganisms presenting on/in allografts prior to irradiation) is extremely low, or  
15  
16 even zero [15]. Yet, many such regulatory authorities require that allografts undergo secondary  
17  
18 sterilization. Recently, several tissue banks have successfully established radiation sterilization  
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20 doses (RSD) for tissue allografts that are lower than the Standard Dose [15-17], with the lowest  
21  
22 of these being 8.3 kGy [16]. The aim of lowering the RSD is to retain the prescribed SAL and to  
23  
24 preserve the mechanical and biological properties of bone allografts, thereby leading to improved  
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26 clinical outcomes for bone transplantation.  
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34 We hypothesize that tissue properties can be retained, with the required SAL of  $10^{-6}$ , at a  
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36 radiation sterilization dose between 10 and 15 kGy. Therefore, using a known bioburden, we  
37  
38 sought to determine the threshold dose of radiation at which the SAL could be achieved, and its  
39  
40 effect on the mechanical properties, biocompatibility and collagen biochemistry at different  
41  
42 gamma doses. The broad objective of this work is to recommend a radiation sterilization dose  
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44 providing the required SAL, while optimizing the biological and mechanical performance of the  
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46 allograft.  
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## 53 **Materials and methods**

### 54 *Bone sample preparation*

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4 With consent from the donor, or the donors' next of kin, 16 femora from 8 donors were provided  
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6 by the Queensland Bone Bank (QBB). The Human Ethics Committee of the Queensland Health  
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8 Forensic and Scientific Services approved the project.  
9

10  
11  
12 Femora were processed according to QBB standards in the clean processing room and stored at -  
13  
14 75°C. Each femur provided a femoral head, four cortical (diaphyseal) portions (l = 4 cm) and two  
15  
16 cancellous blocks. It's important to note that advances in tissue banking have led to significant  
17  
18 reductions in the bioburden of processed bone allografts (ie prior to secondary sterilisation). For  
19  
20 example, a 12-month survey of QBB processing, demonstrated that bioburden of all types of  
21  
22 bone allografts manufactured at QBB were zero (H. Nguyen, unpublished data). Therefore, to  
23  
24 establish valid recovery efficiencies, specimens were inoculated with bacterial species as  
25  
26 described below.  
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33 Soft tissue and cartilage was removed from femoral heads, they were cut into small chips (0.3 g),  
34  
35 washed with warm sterile saline, and soaked in 6% hydrogen peroxide and 70% ethanol for 10  
36  
37 min. One femoral head provided 36 bone chips for bacterial inoculation experiments. Bone chips  
38  
39 were inoculated with either *Staphylococcus epidermidis* or *Bacillus pumilus* at  $10^1$ ,  $10^2$  and  $10^3$   
40  
41 organisms/chip and allocated to 6 groups (Table 1).  
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47 For 3-point bending tests, 3 cortical portions were sectioned into 6 beams ( $40 \times 4 \times 2$  mm) per  
48  
49 portion using a low speed saw (Leco saw, USA). There was no significant difference in  
50  
51 mechanical properties among cortical bone beams from the same portion (data not shown).  
52  
53 Therefore, 6 cortical bone beams from the same portion were allocated into 6 irradiation groups.  
54  
55 Eight donors provided 48 cortical portions, giving 288 cortical beams (Table 2). The remaining  
56  
57 cortical portion was sectioned longitudinally into cortical bone rods ( $40 \times 5 \times 5$  mm). These were  
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4 either sliced into 100- $\mu$ m-thick sections for tissue culture or ground for biochemical analysis  
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6 (Table 2).  
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10 Two cancellous bone blocks (60  $\times$  20  $\times$  20 mm) from femoral condyles were cut to obtain 12  
11  
12 cancellous bone cubes (15  $\times$  10  $\times$  10 mm). Six specimens from each block were randomly  
13  
14 allocated to 6 groups for compression testing (Table 2).  
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### 19 ***Gamma irradiation (cobalt-60)***

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23 Specimens in gamma treatment groups were irradiated, frozen, at 5, 10, 15, 20, and 25 kGy at the  
24  
25 Australian Nuclear Science and Technology Organisation, Lucas Heights, Australia. Control  
26  
27 specimens remained in a freezer. Dose-mapping verified that the delivered doses were 5.1 (4.7 –  
28  
29 5.5) kGy, 10.7 (9.9 – 11.5) kGy, 16.7 (15.5 – 17.9) kGy, 22.7 (21.1 – 24.3) kGy, and 26.6 (24.8 –  
30  
31 28.5) kGy.  
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### 36 ***Experimental methods***

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40 Sterility testing: The method was adopted from International Standard, ISO 11737-1.2006 [18],  
41  
42 the Australian Therapeutic Goods Administration (TGA) guideline for sterility testing of medical  
43  
44 products [19] and previous publications [20, 21].  
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47

48 *B. pumilus* (ATCC 27142 - SGM biotech, USA) and *S. epidermidis* (ATCC 12228 - Australian  
49  
50 Collection of Microorganisms - AMC) were supplied in stock suspensions. Working suspensions  
51  
52 of 10<sup>1</sup>, 10<sup>2</sup>, and 10<sup>3</sup> organisms/0.1 mL were prepared according to the provider's instructions.  
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55

56  
57 Bone chips were individually placed in 2 mL tubes according to organism type and population,  
58  
59 and gamma dose; whereupon 0.1 mL of the bacterial suspension was added to the bone. Bone  
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4 chips without bacterial inoculation, or irradiation, served as negative controls. The population in  
5  
6 each working suspension was verified by direct agar plate inoculation (Table 3).  
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10 After irradiation, sample tubes were filled with sterile saline, vortex mixed and the solution was  
11  
12 filtered through Micropressure system membranes (Millipore, USA). The filter membranes were  
13  
14 removed and placed onto either tryptic soy agar plates for *B. pumilus* or Corynebacterium agar  
15  
16 plates for *S. epidermidis*. Plates were incubated at 30°C (*B. pumilus*) or 37°C (*S. epidermidis*) for  
17  
18 7 d. For the purpose of the sterility test, plates were observed and read as growth (non-sterile) or  
19  
20 no-growth (sterile).  
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26 The TGA guideline for sterility testing [19] recommends that the efficiency of a removal method  
27  
28 must be more than 50%. Efficiency of membrane filtration in our testing was 83% for *S.*  
29  
30 *epidermidis* and 70% for *B. pumilus* (data not shown).  
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35 Three-point bending: Irradiated cortical bone specimens were thawed at room temperature for 30  
36  
37 min. Bones were tested using an Instron 8722 servo-hydraulic materials testing machine,  
38  
39 according to previously published methods [22]. Briefly, specimens were placed on two rigid  
40  
41 brass supports 24 mm apart and tested in three-point loading, with the actuator and its attached  
42  
43 load-cell applying load to the mid-span. Actuator speed was 1 mm/s. Load-displacement data  
44  
45 were acquired using Wavemaker software (Instron, UK). The yield point was defined using a 0.2  
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47 % offset.  
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53 Structural properties, determined from load-displacement curves, were used to calculate material  
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55 properties as follows [23]:  
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5  $\delta = F(3l/2wt^3)$

Where  $\delta$ : stress     $\epsilon$ : strain

S: stiffness (F/d)

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8  $\epsilon = d(6t/l^2)$

E: elastic modulus

U: work to failure

9  
10  
11  $E = S(l^3/4wt^3)$

u: toughness modulus

l: the span of the loader (24 mm)

12  
13  
14  $u = U(9/lwt)$

F: applied force

w: specimen width (4 mm)

d: loader displacement

t: specimen thickness (2 mm)

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20 Compressive testing: Frozen irradiated cancellous bone cubes were thawed at room temperature  
21 for 30 min. Each specimen was compressed in the longitudinal direction between two platens at  
22 0.5 mm/s. The lower platen pivoted on a ball bearing to accommodate conformational changes  
23 during compression. The test was stopped when the sample was compressed to 25% of its  
24 original height. Structural properties taken from the load-displacement graph were used to  
25 calculate the material properties of the cancellous bone [24]. Mechanical data were subsequently  
26 normalised for bone volume fraction (BV/TV), using data from a 70  $\mu$ m-thick histological  
27 section from each specimen.  
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41  $\delta = (F/CSA)/BVF$

Where  $\delta$ : stress

BVF: bone volume fraction

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43  
44  $E_n = (S*(h/CSA))/BVF$

$E_n$ : normalized elastic modulus

S: stiffness (F/d)

45  
46  
47  $u = (U/ (h/CSA))/BVF$

u: toughness modulus

U: Work to failure

F: applied force (N)

h: specimen height (m)

CSA: cross sectional area (m)

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4 ***Tissue culture experiments***  
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8 Fluorescence Activated Cell Sorter/Flow Cytometry (FACS) analysis: RAW264.7 murine  
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10 macrophage cells stably transfected with a construct containing the E-selectin (ELAM) promoter,  
11  
12 to drive expression of enhanced green fluorescent protein (eGFP), can be used to assay pro-  
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14 inflammatory signaling [25, 26]. To determine if irradiation produced pro-inflammatory  
15  
16 inflammatory signaling [25, 26]. To determine if irradiation produced pro-inflammatory  
17  
18 mediators, RAW264.7/ELAM-eGFP cells were incubated on control and irradiated cortical bone  
19  
20 slices, and eGFP expression was analyzed by FACS. Irradiated bone slices were placed in 24  
21  
22 well tissue culture plates and RAW264.7/ELAM-eGFP macrophages were seeded on the bone  
23  
24 slices at  $3 \times 10^5$  cells/slice. Cells treated with 10 ng/mL of *S. minnesota* LPS (Sigma) served as a  
25  
26 positive control and cells cultured without bone served as a negative control. The cultures were  
27  
28 incubated for 24 h at 37°C. The cells were harvested and re-suspended in 400  $\mu$ L of PBS.  
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33 Activated cells were detected using a FACS-Calibur flow cytometer (Becton Dickinson, USA).  
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35 Data analysis was performed by analyzing 10,000 events for each assay using CELLQuest  
36  
37 software package (Becton Dickinson, USA). Fluorescence intensity was divided into two regions,  
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39 M1 (background level of cellular autofluorescence) and M2 region (the logarithmic increment of  
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41 fluorescence intensity). All events with fluorescence intensity greater than the M1 region were  
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43 accepted as cellular eGFP fluorescence events.  
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49  
50 Enzyme-linked immunoabsorbent assay (ELISA): Following FACS analysis, the supernatant was  
51  
52 harvested for ELISA detection of Tumor Necrosis Factor (TNF) secretion. TNF ELISA was  
53  
54 performed using a mouse TNF ELISA kit (BD, Biosciences cat 560478), following the  
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56 manufacturer's instructions.  
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4 Osteoblast attachment assay[27]: Sterile bone slices were placed in the corresponding wells of 96  
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6 well plates. One mL of cell suspension containing  $2 \times 10^4$  cells/mL of MC3T3-E1 cells was  
7  
8 added into each well. The plates were incubated at 37°C for 2 h, whereupon the culture medium  
9  
10 was removed from wells and bone slices were washed three times with PBS. A 50  $\mu$ L aliquot of  
11  
12 MTT reagent (1 ng/mL; Promega, USA) and a 50  $\mu$ L aliquot of complete medium were added to  
13  
14 each well. Plates were incubated for an additional 45 min at 37°C, media was removed and  
15  
16 replaced by 100  $\mu$ L of isopropanol and the plates were incubated for 10 min with gentle agitation  
17  
18 to lyse the cells. Finally, the solution was transferred to new plates and read at 570 nm. The  
19  
20 absorbance values from non-washed correspondent wells served as control.  
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28 Osteoblast proliferation assay[27]: The tissue-culture plastic was pre-coated with 30  $\mu$ L/cm<sup>2</sup> 12%  
29  
30 poly(2-hydroxyethyl methacrylate) (PHEMA) in 95% ethanol (Sigma) and allowed to harden  
31  
32 overnight at 37°C. On the following day, the bone slices were placed into wells and the MC3T3-  
33  
34 E1 cells were seeded at a density of  $2 \times 10^3$  cells/well. The wells were top up with the completed  
35  
36 medium to 200  $\mu$ L and incubated for either 2 or 4 d at 37°C.  
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41  
42 At the designated time point, the medium was removed and bone slices were washed with PBS to  
43  
44 removed residual medium and non-attached cells. A 50  $\mu$ L aliquot of MTS reagent (1 ng/mL)  
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46 (Promega, USA) was added into each well and incubated for 4 h whereupon the solution was  
47  
48 transferred to a new plates and the absorbance at 490 nm was measured using a plate reader.  
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51  
52 Osteoclast assays: Osteoclast-like cells (Oc) were induced to differentiate *in vitro* by culturing  
53  
54 bone marrow cells isolated from BALB/c mice on control or irradiated bone slices in the presence  
55  
56 of the cytokines, M-CSF and soluble RANKL. Osteoclast formation and fusion were assayed by  
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58 measuring the number of Oc, the number of their nuclei, and the Oc cell area using light  
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4 microscopy (Olympus BX60). Bone marrow cells were flushed with tissue culture medium from  
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6 femurs and tibias of 8 weeks old BALB/c mice and the suspension was further diluted with  
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8 complete DMEM medium to produce the desired bone marrow cell suspension of  $2.5 \times 10^4$   
9  
10 cells/mL.  
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14  
15 Irradiated bone slices in wells were seeded with 100  $\mu$ L of bone marrow cell suspension and 100  
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17  $\mu$ L of medium was added and incubated at 37°C for 7 d. At the end of the incubation time,  
18  
19 culture medium was removed and cells attached to the slices were fixed and stained for tartrate-  
20  
21 resistant acid phosphatase (TRAP). Bone slices were mounted onto glass slides and the number  
22  
23 of multinucleated TRAP positive cells (three or more nuclei – osteoclast-like cells, Oc) and the  
24  
25 number of nuclei in these Oc per slide was counted under light microscopy. Five pictures were  
26  
27 randomly taken from each slice. ImageJ (NIH-image software for PC) software was used to  
28  
29 measure the area of Oc on these images.  
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### 34 35 36 *Collagen biochemistry*

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39 The collagen matrix of bone largely determines its post-yield properties. Therefore we undertook  
40  
41 biochemical analyses of collagen and its cross-links. Bone samples were cut in small pieces and  
42  
43 then defatted with methanol chloroform (1:3). Methods for measuring collagen enzymatic  
44  
45 (pyridinoline – PYD, deoxypyridinoline – DPD), and non-enzymatic (pentosidine – PEN) and  
46  
47 immature (dihydroxynorleucine – DHLNL and hydroxynorleucine - HLNL) crosslinks were then  
48  
49 assayed using methods previously published[28].  
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53  
54 Collagen degradation was determined using the alpha chymotrypsin ( $\alpha$ CT) method [29]. Bone  
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56 samples were powdered, defatted and demineralised by EDTA. Demineralised bone samples  
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58 were digested overnight at 37°C with 1 mg/mL of  $\alpha$ CT. After centrifugation, supernatants and  
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4 pellets containing  $\alpha$ CT-solubilized fragments and intact collagen molecules respectively were  
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6 analysed for hydroxyproline content. The amount of denaturated collagen was expressed as the  
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8 percentage of total collagen.  
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### 10 11 12 ***Statistical analysis***

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16 Non-parametric tests (Kruskal-Wallis Test) assessed data in bacterial experiments. The bivariate  
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18 correlation – one-tailed (Pearson’s correlation coefficient) assessed the relationship between  
19  
20 gamma dose and sterility of samples inoculated with different levels of organism populations and  
21  
22 irradiated at different doses, considered as significant if  $P < 0.05$ . The results were presented as  
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24 sterile (no-growth) or non-sterile (growth).  
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29  
30 One-way ANOVA analyzed differences among groups in mechanical, biocompatibility and  
31  
32 biochemical experiments. When significant, Tukey's Honest Significance Test defined  
33  
34 differences between groups, significant if  $P < 0.05$ . Results were presented as mean +/- SE.  
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39 The relationships between gamma dose, crosslinks, and denatured collagen percentage and  
40  
41 allograft properties *e.g.*, toughness and number of OCLs formed per bone slice were analyzed by  
42  
43 regression models. The significance was accepted at  $P < 0.05$ .  
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## 46 47 **Results**

### 48 49 50 ***Sterility status***

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54 Bone samples inoculated at  $10^3$  organisms had a very high bioburden and only samples irradiated  
55  
56 at 20 – 25 kGy were negative for growth. Growth of both *S. epidermidis* and *B. pumilus* was  
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58 observed for samples irradiated up to 15 kGy (Table 4 and 5), and their response was dose-  
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4 dependent ( $r^2 = 0.56$ ,  $P < 0.0001$ ). Samples inoculated with either organism at concentrations of  
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6  $10^1$  or even  $10^2$ , were sterilized with a dose as low as 10 kGy (Table 4 and 5).  
7  
8  
9

### 10 ***Three-point bending***

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12 ANOVA confirmed significant reductions in both yield stress and strain (Table 6), the point at  
13  
14 which damage is initiated. These reductions were significant for gamma doses of 20 and 25 kGy  
15  
16 ( $P < 0.05$ , Tukey's Test), but there was no dose-response reduction in elastic modulus.  
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20  
21 In contrast, stress at failure was not significantly altered, but a dose-related reduction in failure  
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23 strain was observed ( $P < 0.001$ ). Consequently, the toughness modulus was significantly reduced  
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25 ( $P < 0.001$ ; Table 6). Failure strain and toughness modulus declined significantly at 10 kGy (11  
26  
27 and 20%, respectively), and these reductions were much greater at 20 and 25 kGy. No significant  
28  
29 changes in cancellous bone material properties were observed (Table 7).  
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### 34 ***Pro-inflammatory analysis***

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36 Incubation with non-irradiated bone induced an activation of eGFP expression after 24 h, but  
37  
38 there was no significant dose-related increase in eGFP expression between control and irradiated  
39  
40 groups ( $P > 0.05$ ). Data from the ELISA verified that TNF production by cells was not increased  
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42 by irradiation, and corresponded to the pattern of eGFP expression (Fig. 1A).  
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### 50 ***Bone cell assays***

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52 There was growth of MC3T3E1 cells over time (Fig. 2), but there was no significant effect on  
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54 absorbance indices of attachment or proliferation (Fig. 1B) of osteoblastic cells seeded on to  
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56 irradiated bone slices. After incubation for 7 d on irradiated bone slices, the number of TRAP  
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4 positive Oc, the number of their nuclei and Oc cell area significantly decreased (Fig. 1C-F).  
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6 These changes were significant for gamma doses greater than 15 kGy ( $P < 0.01$ ). Linear  
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8 regression analysis showed a strong relationship between gamma dose and impaired Oc  
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10 formation ( $r^2 = 0.62$  and  $P < 0.001$ ).  
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### 14 15 ***Collagen Biochemistry*** 16

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18 Although trends were observed for reductions in collagen crosslinks, these changes were not  
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20 statistically significant ( $P > 0.05$ ). Analysis of the concentration of degraded collagen revealed a  
21  
22 significant dose-dependent increase in denatured collagen ( $P < 0.001$ ). This degradation became  
23  
24 significant at a gamma dose of 15 kGy with twice the amount of degradation at 25 kGy (Table 8).  
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### 29 30 ***Relationships among collagen, toughness and osteoclast formation*** 31

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33 There was a significant, but small, correlation between gamma dose and bone toughness ( $r^2 =$   
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35  $0.20$ ,  $P < 0.05$ ). Osteoclast (Oc) numbers were significantly reduced on bone slices irradiated at  
36  
37 higher gamma doses (Fig. 2), and the concentration of denatured collagen was significantly  
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39 increased ( $r^2 = 0.7$ ,  $P < 0.0001$ , Fig. 2). Further analysis revealed that PEN predicted the changes  
40  
41 in bone toughness ( $r^2 = 0.62$  at  $P < 0.0001$ ) during gamma irradiation, while denatured collagen  
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43 predicted decreased Oc formation on bone slices ( $r^2 = 0.62$ ,  $P < 0.0001$ ).  
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50 Combining analyses for toughness, osteoclast formation and denatured collagen (Tables 6, 8 and  
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52 Fig. 2) demonstrated that these variables converge at a threshold dose around 15 kGy, below  
53  
54 which the tissue properties were maintained and above which bone quality was significantly  
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56 reduced (Fig. 3).  
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### 60 **Discussion** 61 62 63 64 65

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4 We have demonstrated that a reduction in radiation sterilization dose is justified because the  
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6 quality of the bone tissue can be maintained, while retaining the required SAL. We also observed  
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8 that collagen degradation plays a large role in the changes in mechanical properties, and that  
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10 altered osteoclast viability could explain poor clinical outcomes in remodeling and the  
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12 incorporation of the allograft into the host tissue. In the dose range encompassing 25 kGy, loss of  
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14 bone toughness was related to denaturation of collagen molecules. It is also significant, that 15  
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16 kGy emerged as a threshold dose, below which the mechanical properties, collagen degradation  
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18 and osteoclast viability were maintained at values similar to control allografts. Clinically, the  
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20 improvement in toughness modulus reflects a greater capacity of the material to absorb energy  
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22 from daily loading, increasing the resistance to crack propagation, and allograft failure[30].  
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24 Cancellous bone appears to be more resistant to irradiation so that the standard gamma dose does  
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26 not affect its biomechanical properties, consistent with the observations of others[31].  
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34 To determine a threshold gamma dose that provides the necessary SAL, *S. epidermidis* was  
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36 selected as the most common contaminant on bone allografts [32-37], and *B. pumilus* was  
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38 selected as a highly gamma-irradiation resistant organism ( $D_{10}$  value of 1.8 kGy, the dose  
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40 required to kill 90% of presenting organisms) <sup>20, 21, 37, 38</sup>. Sterility testing revealed that all  
41  
42 inoculated samples irradiated at 20 and 25 kGy were negative for growth, at any concentration.  
43  
44 Irradiation at 10 and 15 kGy, provided sterility for samples inoculated at  $10^1$  and  $10^2$  populations  
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46 (Tables 4 and 5). These represent bioburdens that are higher than those now achieved in bone  
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48 bank processing [15]. Data presented here, and our recent validations studies[15, 17], suggest that  
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50 a RSD of 10 kGy is sufficient to maintain the biological and mechanical properties of allografts,  
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52 while retaining the required SAL.  
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4 For allograft incorporation to occur, bone remodeling must replace the allograft with new bone  
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6 tissue over time. Resorption is the first stage of remodeling and is initiated when osteoclasts (Oc)  
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8 are activated. We observed a dose-dependent deterioration in osteoclastogenesis for Oc cultured  
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10 on irradiated bone slices. Critically, Oc formation and fusion were less than 40% of control  
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12 groups when cultured on bone irradiated at 25 kGy, yet the number of Oc attached to bone slices  
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14 was about 80% when bone was irradiated at 15 kGy (Fig. 3). In a clinical setting, poorly formed  
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16 Oc affect bone resorption and consequently the incorporation of the allograft[12]. Sterilizing  
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18 allograft bone at doses below 15 kGy, will therefore maintain its mechanical properties and the  
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20 potential of the bone tissue to support remodeling, and to promote incorporation. Importantly, the  
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22 level of eGFP expression was not increased when macrophages were incubated on irradiated  
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24 bone slices. This indicates that products generated in the bone matrix by irradiation do not  
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26 stimulate pro-inflammatory activity that could lead to osteolysis.  
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34 Following resorption, osteoblasts attach to the bone surface, proliferate and subsequently  
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36 differentiate. During this process they secrete factors such as receptor activator of NF- $\kappa$ B ligand  
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38 and osteoprotegerin that regulate osteoclastogenesis. Irradiation did not influence either the  
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40 attachment of osteoblasts onto irradiated bone slices or their proliferation on these slices. These  
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42 data support earlier observations [38], in which attachment and proliferation of bone marrow  
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44 stromal cells was no different on cortical bone irradiated at 30 kGy compared to fresh frozen  
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46 cortical bone slices.  
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53 Gamma irradiation did not significantly alter collagenous crosslinks; but they are disrupted if  
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55 irradiation dose approaches 60 kGy [39]. In contrast, we observed greater collagen degradation at  
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57 15 kGy, with a dose-response increase in denatured collagen to 25 kGy ( $r^2 = 0.7$ ;  $P < 0.0001$ ).  
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4 Similar observations have been made for a 41% increase in denatured collagen in bone irradiated  
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6 at 30.2 kGy [39, 40]. Although alterations in mechanical properties were related to collagen  
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8 denaturation ( $r^2 = 0.11$  at  $P < 0.05$ ), regression analysis showed that mechanical properties were  
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10 more strongly dependent on the change in crosslinks, especially the non-enzymatic crosslink  
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12 pentosidine ( $r^2 = 0.38$  at  $P < 0.001$ ). Conversely, the reduction in osteoclast formation was more  
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14 strongly dependent on the amount of denatured collagen ( $r^2 = 0.45$  at  $P < 0.001$ ), and did not  
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16 correlate significantly with crosslink content. In short, crosslink content measurements were good  
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18 predictors for mechanical alterations while denatured collagen was a good predictor for the  
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20 osteoconductivity of bone allografts.  
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## 27 **Conclusions**

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31 Our data verify that doses of 20-25 kGy eliminate high levels of a known bioburden inoculated  
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33 into bone samples, but that lower doses of gamma radiation at 10-15 kGy also eliminate  
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35 bioburden within a range associated with processed allografts. Irradiation did not generate  
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37 proinflammatory bone surfaces, evidenced by macrophage activation, nor did it affect attachment  
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39 or proliferation of osteoblasts. At gamma doses  $\geq 10$  kGy, the toughness of cortical bone  
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41 declined, while the attachment and fusion of osteoclasts onto irradiated bone declined  
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43 significantly at doses  $> 15$  kGy. We observed no significant change in crosslink content, but a  
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45 dose-response increase in denatured collagen in irradiated bones, underlying the degradation in  
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47 mechanical competence and osteoclast biology.  
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54 The significant advance for bone banking is that mechanical and cell biological data converge on  
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56 15 kGy as a threshold for radiation sterilization of bone allografts. At, or below, this dose bone  
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banks can produce allografts that provide an acceptable sterility assurance level, and at which allograft strength and biocompatibility are improved significantly.

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4 **Figure Legends**  
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8 Figure 1. (A) Pro-inflammatory assays of RAW264-7/ELAM-eGFP cells show no dose-related  
9 activation of macrophages (fluorescence of eGFP by FACS after incubation with irradiated bone  
10 slices). There is also no corresponding increase in TNF levels in the supernatant (absorbance  
11 values for ELISA x 100). (B) Neither attachment nor proliferation of osteoblast-like cells,  
12 MC3T3-E1, was altered when cultured on to irradiated bone slices [absorbance values represent  
13 the intensity of the MTT or MTS reagent from the cells incubated with irradiated bone at 2 hrs  
14 (attachment assay,  $a =$  absorbance at 570 nm), 2 days and 4 days (proliferation assay,  $a =$   
15 absorbance at 490 nm)]. (C-F) Formation and fusion features of TRAP+ Oc cultured on bone  
16 slices irradiated from 0 to 25 kGy. (C) Average number of Oc per slice. (D) Average number of  
17 nuclei per Oc. (E) Average Oc size. (F) Relative Oc area (Oc.Ar/B.Ar, %). \* =  $P < 0.01$   
18 compared to 0-15 kGy.  
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36 Figure 2: The relationship between denatured collagen (% total collagen) ( $y = 0.78 * \text{Dose} +$   
37  $15.70; r^2 = 0.7, P < 0.0001$ ), osteoclast numbers (Oc.N/Slice) ( $y = 0.58 * \text{Dose} + 231.90; r^2 =$   
38  $0.62, P < 0.001$ ) and dose of gamma irradiation (kGy).  
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44 Figure 3: Percentage change in values for denatured collagen, bone toughness and Oc number (all  
45 in %) according to increasing gamma-irradiation.  
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Table 1: Bone samples taken from 16 femoral heads for sterility testing of inoculated and irradiated bone samples

Dose (kGy)		0	5	10	15	20	25
Inoculated species	Population						
<i>S. epidermidis</i>	$10^1$	16	16	16	16	16	16
	$10^2$	16	16	16	16	16	16
	$10^3$	16	16	16	16	16	16
<i>B. pumilus</i>	$10^1$	16	16	16	16	16	16
	$10^2$	16	16	16	16	16	16
	$10^3$	16	16	16	16	16	16

Table 2: Bone samples taken from eight donors for mechanical, biocompatibility and biochemical experiments

Dose (kGy)		0	5	10	15	20	25
Experiments							
Mechanical	Three-point bending	48	48	48	48	48	48
	Compression	32	32	32	32	32	32
Tissue culture	Macrophage-activation	8	8	8	8	8	8
	Osteoblast proliferation	8	8	8	8	8	8
	Osteoblast attachment	8	8	8	8	8	8
	Osteoclast formation	8	8	8	8	8	8
Biochemical	Crosslink analysis	8	8	8	8	8	8
	Denatured collagen	8	8	8	8	8	8

Table 3: The organism population (per 0.1 mL) of suspensions inoculated on to bone chips

Species	$10^3$ suspension	$10^2$ suspension	$10^1$ suspension
<i>S. epidermidis</i>	$2.0 \times 10^3$	$3.7 \times 10^2$	$4.7 \times 10^1$
<i>B. pumilus</i>	$0.6 \times 10^3$	$5.7 \times 10^2$	$0.8 \times 10^1$

Table 4: Outcome of gamma-irradiation sterility test for growth of *S. epidermidis*.

Dose (kGy)	N	Number of Positive Samples		
		10 <sup>3</sup> inoculation	10 <sup>2</sup> inoculation	10 <sup>1</sup> inoculation
0	16	16	16	16
5	16	11	5	4
10	16	2	0	0
15	16	6	0	0
20	16	0	0	0
25	16	0	0	0
<i>P</i>		< 10 <sup>-6</sup>	< 10 <sup>-6</sup>	< 10 <sup>-6</sup>

Table 5: Outcome of gamma-irradiation sterility test for growth of *B. pumilus*.

Dose (kGy)	N	Number of Positive Samples		
		$10^3$ inoculation	$10^2$ inoculation	$10^1$ inoculation
0	16	16	16	16
5	16	16	5	0
10	16	0	0	0
15	16	9	0	0
20	16	0	0	0
25	16	0	0	0
<i>P</i>		$< 10^{-6}$	$< 10^{-6}$	$< 10^{-6}$

Table 6: Material properties of gamma-irradiated cortical bones (n = 48)

Dose (kGy)	$\delta_y$ (MPa)	$\varepsilon_y$ (%)	E (GPa)	$\delta_f$ (MPa)	$\varepsilon_f$ (%)	u (MJ/m <sup>3</sup> )
0	93 ± 1.17	0.87 ± 0.01	10.76 ± 0.23	166 ± 3.22	2.74 ± 0.08	3.11 ± 0.14
5	89 ± 0.87	0.84 ± 0.01	10.71 ± 0.18	158 ± 2.83	2.72 ± 0.07	2.97 ± 0.13
10	89 ± 0.78	0.83 ± 0.01	10.85 ± 0.20	157 ± 2.55	2.45 ± 0.06 <sup>a</sup>	2.57 ± 0.09 <sup>a</sup>
15	91 ± 1.17	0.82 ± 0.01	11.24 ± 0.19	162 ± 3.18	2.43 ± 0.07 <sup>a</sup>	2.72 ± 0.13 <sup>a</sup>
20	88 ± 0.89 <sup>a</sup>	0.80 ± 0.01 <sup>a</sup>	10.92 ± 0.20	156 ± 3.30	2.26 ± 0.06 <sup>a</sup>	2.34 ± 0.10 <sup>a</sup>
25	87 ± 1.89 <sup>a</sup>	0.80 ± 0.02 <sup>a</sup>	10.88 ± 0.25	155 ± 2.97	2.24 ± 0.05 <sup>a</sup>	2.31 ± 0.09 <sup>a</sup>
<i>P</i> <sup>1</sup>	< 0.01	< 0.01	NS	NS	< 0.001	< 0.001

Abbreviations:  $\delta$  – Stress,  $\varepsilon$  – strain, y – yield, f – failure, E – Elastic modulus, u – toughness modulus. 1. Analysis of variance; a =  $P < 0.05$  compared with 0-10 kGy, Tukey's test.

Table 7: Material properties of gamma-irradiated cancellous bone (n = 32)

Dose (kGy)	$\delta_y$ (MPa)	$\delta_f$ (MPa)	$E^n$ (MPa)	$u$ (MJ/m <sup>3</sup> )
0	15 ± 1.13	18 ± 1.36	467 ± 37	604 ± 39
5	15 ± 0.95	21 ± 1.49	502 ± 32	511 ± 48
10	13 ± 1.04	17 ± 1.32	465 ± 33	524 ± 55
15	15 ± 1.27	18 ± 1.52	465 ± 33	527 ± 45
20	14 ± 0.95	19 ± 1.20	489 ± 29	525 ± 53
25	15 ± 1.02	18 ± 1.15	443 ± 31	536 ± 35
<i>P</i>	> 0.05			

Table 8: Crosslink contents (mmol/mol collagen) and denatured collagen (% of total collagen) for gamma-irradiated bone

Dose (kGy)	N	PEN	DPD	PYD	HLNL	DHLNL	Denatured Collagen
0	8	6.9 ± 1.4	158 ± 13	324 ± 18	252 ± 29	607 ± 83	16.88 ± 0.76
5	8	7.3 ± 1.4	150 ± 7	320 ± 12	236 ± 15	563 ± 55	19.37 ± 0.83
10	8	7.3 ± 1.4	136 ± 8	310 ± 18	253 ± 27	587 ± 78	21.15 ± 1.11
15	8	6.5 ± 1.1	137 ± 8	308 ± 12	275 ± 26	612 ± 70	27.48 ± 1.83 <sup>a</sup>
20	8	6.3 ± 1.3	146 ± 8	310 ± 9	291 ± 25	630 ± 65	33.40 ± 2.44 <sup>a</sup>
25	8	6.5 ± 1.4	134 ± 13	288 ± 16	295 ± 26	649 ± 71	34.51 ± 1.63 <sup>a</sup>
<i>P</i>		> 0.05					< 0.001

a =  $P < 0.05$  compared to 0-10 kGy (Tukey's test).



**Figure 1**

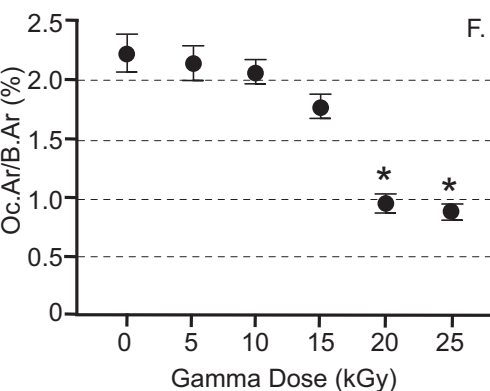
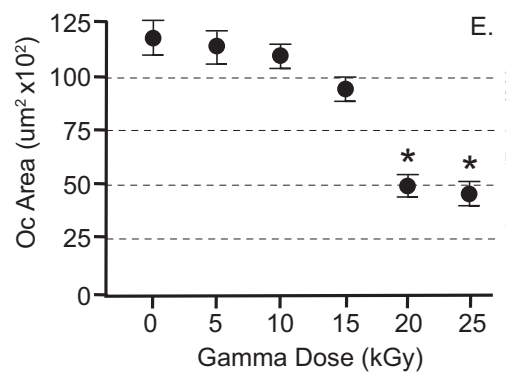
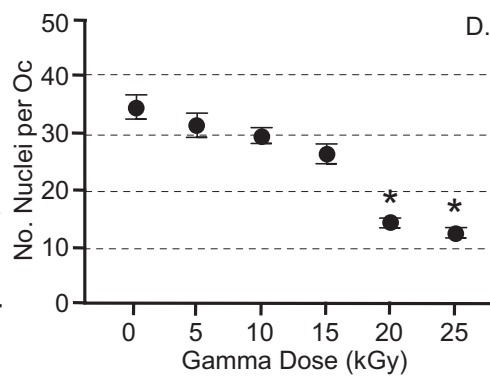
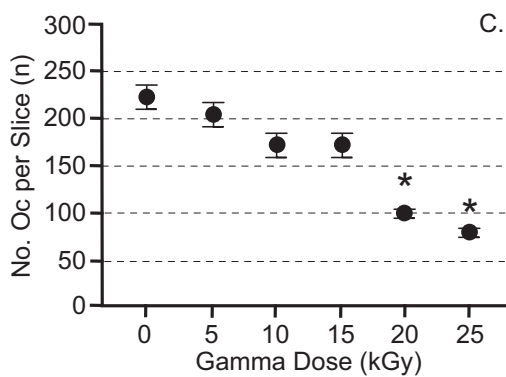
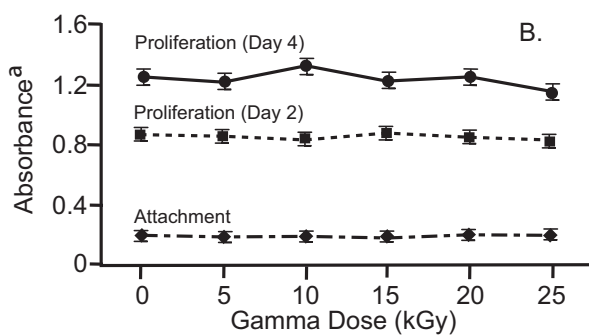
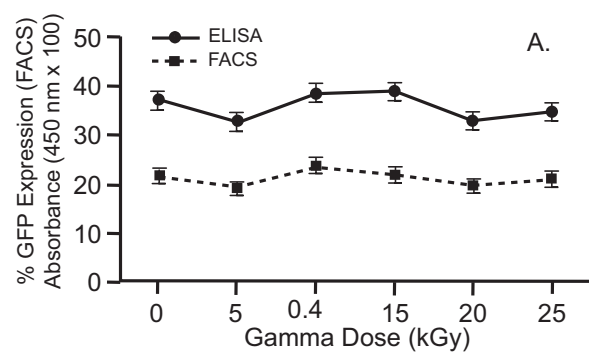


Figure 2

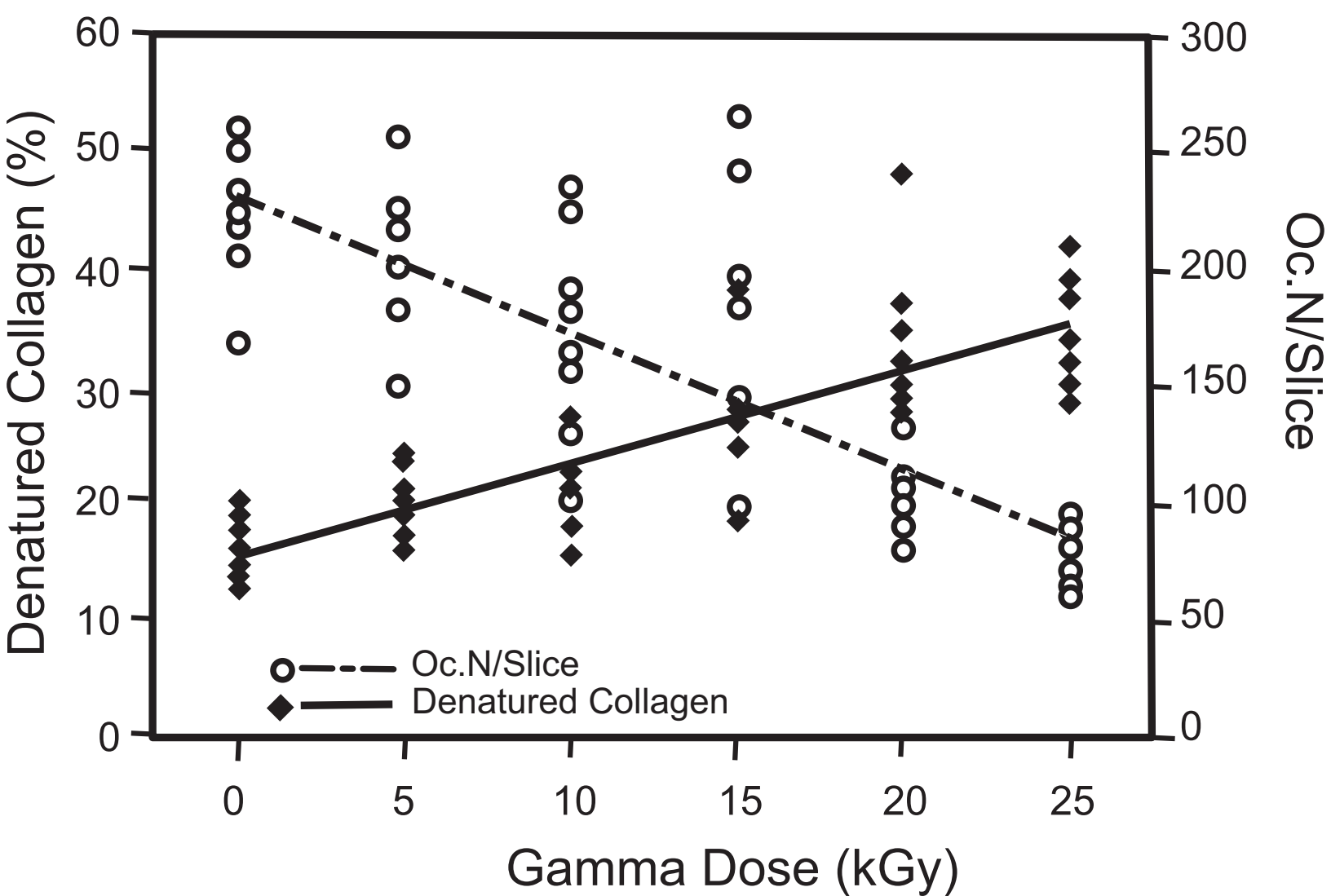


Figure 3

